



Whittier Falls Newsletter

Volume 9 Issue 2 February 2022

Special points of interest:

- Winter Tips
- Tax Time
- Valentine's Day
- Free Lunch Application
- Like us on Face book!
- FSS & SOCC News
- It's Holiday Season!

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Whittier Falls Winter Tips



Whittier Falls residents are reminded that it's still two months to go before Spring so don't remove those shovels just yet. Keep your walkways and steps clear of snow and ice and remember the City of Dover offers free salted sand to residents. Winter Parking Bans are here until April 1, so pay attention to City announcements of parking bans to avoid a \$50 fine. If someone is parked in your assigned Whittier Falls parking spot you can call Cass Towing to have the vehicle removed. When Cass arrives you will need to show your ID and sign a form to verify that it is your parking spot. Cass Towing can be reached at 603.692.4884. Finally, please watch for children in the roadway and always drive slowly. Let's keep Whittier Falls safe .

HOUSEHOLD APPLICATION FOR FREE AND REDUCED LUNCH

As a service to many of our residents we have attached a 2021-2022 application for free and reduced price school meals to this newsletter. Residents who are presently participating in, or interested, in this program are encouraged to fill the form out and return it with your child to give to their teacher or bring it to the school office. If a household member is participating in one or more of the following programs: TANF, SNAP, or FDPIR all you need to do is write in the case number to avoid completing the household income portion of the application. You will still need to add the child(ren)s name (s) and complete Step 4—your contact information and signature. Additional forms will be available at the FSS Office and at the RSC Office located in the Police Sub-station.

**DOVER HOUSING
AUTHORITY &
SEYMOUR OSMAN
COMMUNITY
CENTER**

62 Whittier Street
Dover NH 03820

Phone: 603.742.5804

We're on the Web
Doverhousingauthority.org

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Spring Gardening, Winter Safety Tips, FSS & SOCC News

SOCC News: FSS Coordinator Michele Bourasso is temporarily running the SOCC Afterschool Program while Ms. Stacey is out on maternity leave. If you have any questions, Michele can be reached at 742-5804 X 140.

Trash Talk: Residents are reminded that all trash has to be placed along the curb on trash day in city (green) trash bags. Residents who do not have an outside barrel to store their trash can call RSC Mark Leno at 603-742-5804 X 141 to request one.

Helpful Reminder: Place all outside toys, recycling bins etc. BEHIND your residence, not on the front steps or in the front yards. All Whittier Falls families are asked to keep the front yards free of storage items.

February Holidays, February Holidays, February Holidays: Did you know there are four "major" holidays in February? Chinese New Year on February 1, Valentines Day on February 14, President's Day February 21 and the best of all: Ground Hog Day on February 2! Speaking of Ground Hog Day—what's it mean when the ground hog sees his shadow? (See below for answer)

Spring Gardening????? Yup, you read it right! We're looking forward to getting our resident's green thumbs out and will soon be asking if you're interested in reserving one of our garden plots near the Mineral Park playground or by the SOCC. Look for Whittier Falls Gardens flyers in a month.

Don't Be Scammed: Be extra careful during tax season of calls from people saying they're from the IRS and they need personal information or offer deals that sound too good to be true. The IRS uses the official US mail and does not make calls for personal information. Protect your information.

Valentines Day Facts: Valentines Day means 144 million cards sold, 75% of all candy sales are chocolates, roses are the most popular flower and it is the #1 day to get engaged in America.

Washers and Dryers: Do not over load the washers and dryers. When you overload your washing machine, you put extra strain on your appliance. If you overload the washing machine, clothes won't be free to move around and get clean, because they can't be properly soaked in water and detergent.

TV's and Monitors Are NOT Trash: Work Orders must be made in order for TV's and computer monitors to be picked up as Waste Management will not take these as trash. Call the office to request a work order for pickup. Maintenance will pick up the TV and/or monitor and charge according to the size. Monitors are \$10 each—as are TV's up to 36 inches. TV's over 36" are \$20. Prices of all electronics to be disposed of are listed on the City website under trash pickup.

Ground Hog Day Answer: When the ground hog sees his shadow it means six more weeks of winter.

FSS News: We are looking for additional participants for the FSS Program. This is an excellent way to reach your goals, save some money and work toward a better job and self-sufficiency. Give FSS a call and set up an appointment to learn about this amazing opportunity to improve your life. Call Deb Nace 603-742-5804 X 142 or Michele Bourasso 603-742-5804 X 140. What have you got to lose????



Dover Fire Department Winter Safety Tips: When outdoors, wear warm clothing, such as hats, gloves and jackets. Avoid staying outside unprotected for long periods. At the first signs of skin redness or pain, get out of the cold and protect any exposed skin. Watch for skin that has turned white or grayish, and feels firm, waxy or numb. Seek immediate medical attention if you have any of these symptoms. Limit your time outdoors, including with pets. Watch for signs of hypothermia and frostbite among elderly adults, babies, and others at risk. Seek immediate medical attention if you suspect someone has hypothermia or frostbite. Walk carefully on snowy, icy, walkways. Keep dry. Change wet clothing frequently to prevent a loss of body heat. Wet clothing loses all of its insulating value and transmits heat rapidly.