



# NOVEMBER 2020



The following alternate fruits and/or vegetables will be served to children in our seedlings, sprouts, and little buds classrooms

\*applesauce instead of sliced apples

\*Mixed Vegetables instead of tossed salad

\* All children under the age of 3 will be served diced carrots instead of raw baby carrots

> Water will be offered throughout the day

> While we try to adhere to this menu, sometimes there are some unforeseen circumstances that occur that result in changes.

2 <b>Breakfast:</b> Cornflakes, Raisins & Milk <b>Lunch</b> Mac & Cheese w/ Diced Ham, Green Beans, Pineapple, & Milk <b>Snack</b> Vanilla Wafers, Sun Butter & Water	3 <b>Breakfast:</b> Biscuits & Turkey Bacon, Milk <b>Lunch</b> Chicken & Dumplings, Carrots, Sweet Peas, & Milk <b>Snack:</b> Chex Mix, Peaches & Water	4 <b>Breakfast:</b> Oatmeal, Blueberries & Milk <b>Lunch</b> Spaghetti w/ Meat Sauce, Roasted Broccoli, Mixed Greens Salad & Milk <b>Snack</b> Saltine Crackers, Cheese Slices, & Water	5 <b>Breakfast</b> Muffins, Pears, & Milk <b>Lunch</b> Chicken Burrito Bowl w/Rice, Black Beans, Corn, Cheese & Milk <b>Snack</b> Animal Crackers, Apple Slices & Water	6 <b>Breakfast</b> Cinnamon Toast, Applesauce & Milk <b>Lunch:</b> Sunbutter & Jelly Sandwiches, Baked French Fries, Mixed Fruit & Milk <b>Snack</b> Veggie Straws, Craisins & Water
9 <b>Breakfast:</b> Cheerios, Bananas & Milk <b>Lunch</b> Chicken Alfredo Pasta w/ Broccoli, Mixed Greens Salad & Milk <b>Snack</b> Teddy Grahams, Raisins, & Water	10 <b>Breakfast:</b> Waffles, Mandarin Oranges & Milk <b>Lunch</b> Teriyaki Meatballs, Carrots, Pineapple, Wheat Roll, & Milk <b>Snack</b> Apple Cinnamon, Strawberry or Blueberry Fruit Bar & Water	11 <b>Breakfast</b> Grits w/ Turkey Bacon & Milk <b>Lunch:</b> Chicken Nuggets, Mashed Potatoes, Green Beans, & Milk <b>Snack</b> Graham Crackers, Bananas & Water	12 <b>Breakfast</b> Vanilla Greek Yogurt, Strawberries & Milk <b>Lunch</b> Vegetable Beef Soup, Apple Slices, Cornbread & Milk <b>Snack:</b> Chex Mix, Craisins & Water	13 <b>Breakfast</b> Toast w/ Grape Jelly, Tropical Fruit & Milk <b>Lunch</b> Turkey & Cheese Sandwich, Veggie Straws, Peaches & Milk <b>Snack:</b> Goldfish, Sliced Oranges, & Water
16 <b>Breakfast</b> Rice Crispy Cereal, Bananas & Milk <b>Lunch</b> Cheese Quesadilla, Corn, Pineapple & Milk <b>Snack</b> Animal Crackers, Raisins, & Water	17 <b>Breakfast</b> Pancakes, Pears, & Milk <b>Lunch</b> Chicken Pot Pie w/Mixed Vegetables, Mixed Greens Salad & Milk <b>Snack</b> Chex Mix, Sliced Oranges & Water	18 <b>Breakfast:</b> Oatmeal, Blueberries, & Milk <b>Lunch</b> Beef & Bean Chili, Apple Slices, Cornbread & Milk <b>Snack</b> Veggie Straws, Craisins, & Water	19 <b>Breakfast</b> Mini Bagels w/Cream Cheese, Peaches & Milk <b>Lunch</b> Cheese Pizza, Carrots, Applesauce & Milk <b>Snack</b> Cheese Its, Mandarin Oranges & Water	20 <b>Breakfast</b> Cheese Toast, Pears & Milk <b>Lunch:</b> Turkey w/ Gravy, Stuffing, Green Bean Casserole, Cranberry Sauce, & Milk <b>Snack</b> Fruit Bar & Water
23 <b>Breakfast:</b> Cornflakes, Raisins & Milk <b>Lunch</b> Grilled Cheese Sandwiches, Tomato Soup, Apple Slices, & Milk <b>Snack</b> Strawberry Chex Mix & Water	24 <b>Breakfast</b> Pancakes, Bananas, & Milk <b>Lunch</b> Chicken & Broccoli Rice Casserole, Mixed Greens Salad, & Milk <b>Snack</b> Graham Crackers w/Sun Butter, & Water	25 <b>Breakfast</b> Muffins, Peaches, & Milk <b>Lunch</b> Ham Roll Up, Veggie Straws, Tropical Fruit & Milk <b>Snack</b> Vanilla Wafers, Bananas & Water	26 <b>ATP CLOSED!</b> <b>HAPPY THANKSGIVING!</b> 	27 <b>ATP CLOSED!</b> <b>HAPPY THANKSGIVING!</b> 