

MSJ Girls Volleyball Program Playing Time Policies

We strive to create an environment that is fair, highly competitive, provides equal opportunities for everyone to earn playing time, and encourages hard work and learning. Our goal is to field the most competitive team possible during games, which often means that some players will receive more playing time than others. This is a normal function of a competitive team because every team will have varying skill levels. However, we do not lock players into a “starting position”. We do not give any athlete special treatment. We believe that each player must earn their starting position every game and every practice. The coaching staff works hard to develop every player, not just the starters. With that said, here is what we expect of each player regarding playing time.

1. Each athlete must meet the following criteria before being considered for playing time:
 - a. Positive attitude – Works hard during practices, games, and tournaments, supportive teammate, respectful to coaches, teammates, and opponents.
 - b. Coachable – Responsive to feedback, listens to coaches, applies what coaches teach
 - c. Attends practices and tournaments regularly
 - i. If you make the team, you are expected to attend every team function, which includes practices, games, and tournaments. You can miss no more than 5 units for the entire season
 - ii. 1 practice = 1 unit, 1 game = 1.5 units, 1 tournament = 2units. This does not include illness or family emergencies.
 - iii. Cannot play the 1st set of the 1st game if you miss the practice before a game or tournament.
 - iv. Missing more than 6 units will result in a game suspension.
 - d. If you are sick or injured, we encourage you to be at practice to support the team and watch. You can still learn by watching and listening to what’s going on in practice. However, we understand
2. Playing time must be earned and is not guaranteed. We encourage everyone to compete for playing time, but also be a supportive teammate if they are on the bench.
3. We encourage players to talk to their coaches if they have concerns about their playing time.

Player Name _____

Date _____

Player Signature _____

Parent Name _____

Date _____

Parents Signature _____