

# Essex Senior News

AUGUST 2019

An update from Essex Area Senior Center

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CONTACT INFORMATION

Essex Area Senior Center

2 Lincoln Street

Essex Junction, VT 05452

802-876-5087

[www.essexvtseniors.org](http://www.essexvtseniors.org)

# August

Attention Essex Area  
Senior Center Members!!!

**The Craft Fest Committee  
NEEDS you!**

The annual Fall Craft Fest is a major source of income for the Senior Center and is successful each year because of its dedicated committee volunteers. We have a current lack of committee members with only 4 active members. In order to guarantee a successful event we NEED more committee members! Just an hour of your time once every two weeks can make the difference. **The money made from the Craft Fest is used to provide supplies and funding for all Senior Center activities.**



For further information or if you would like to join the Craft Fest Committee please see Sarah in the EASC office up until August 15<sup>th</sup> or Nicole in the EASC office any day after August 15<sup>th</sup>.

## Welcome New & Renewed Members!

Sarah Entesham

Sheila Hagenhofer

Jean Young



## 2019 New & Renewal Memberships

EASC memberships are for individuals 50 years of age or older.

Annual membership dues are \$12 for Essex residents and \$15 for those living outside the Essex community. Please make checks payable to Village of Essex Junction.

If you would prefer the monthly newsletter mailed to your home, please add \$6.50 to your membership payment for the year of mailings.



## ESSEX AREA SENIOR CENTER – WHAT TO KNOW

The Essex Area Senior Center (EASC) is a warm and welcoming place for residents of the Essex community and non-residents from neighboring towns. We have grown over the years and are a vibrant group who love to gather, socialize, play games, venture on trips together, dine together, try new things and so much more. The Center is a home-away-from-home for many, and consists of a strong membership who continue to volunteer regularly, as well as fundraise for upgrades, improvements and new ideas.

Everyone at the Center is also a wealth of knowledge. You never know what you will learn, or who you will speak to that can help you with something you have been trying to work through. Staff is there to help you get the information you are searching for, but also help utilize one another to learn about new hobbies, stores, deals around the community and so much more. It truly is a small world, after all!

Our Center is strong and healthy because of its members. Alongside the membership, the Center has a long-standing relationship with the Village of Essex Junction Trustees who graciously provide the space and utilities to the membership and visitors. EASC is also staffed with a member from the Essex Parks and Recreation department; the Program Director of Senior Services – Nicole Mone-St. Marthe – is supported by both the director of Essex Parks and Recreation and Essex Junction Recreation & Parks.

Please feel free to stop by and ask questions, renew your membership, tell your non-member friends about joining the Center and to stop by to say hi and participate!

### Please Note



The Center will be closed on holidays observed by the Town of Essex municipality.

We will be closed on **Friday, August 16th** for Bennington Battle Day.

\*\* We have been so fortunate to have Sarah Raimondi at the Center during Nicole's maternity leave. Sarah's last day is coming up on August 15<sup>th</sup>, as she celebrates her upcoming birthday, goes on a family vacation and prepares for her senior year at UVM. Please be sure to thank Sarah for her time and dedication with us this summer. We will miss her bright smile at the Center. Thank you Sarah – and good luck this year! \*\*

# AUGUST LUNCHEONS AT – A - GLANCE



**SUMMER LUNCHEON SCHEDULE: READ BELOW FOR MORE DETAILS**

Typically, EASC plans luncheons every Wednesday from late August through the month of May. During this timeframe, luncheon locations may vary between an area restaurant, the Essex Middle School, or right here at 2 Lincoln Street in the main room at the Center. We work with the Culinary program through the Center for Technology – Essex (CTE) for soups provided at the hosted meal-site luncheon or for Friday soup & sandwich days.

The Meal-Site Committee will be meeting in early June to plan for the next “school year” of meals. Updates will be provided as they are confirmed and sign-ups for early fall will take place at the Center.

## In the meantime....

This summer, we are working on having meals at the parks in our beautiful community, on the lake or at area restaurants, preferably with outdoor seating.

Sign-up sheets will be at the Center and you must sign up ahead of time. Check the monthly calendar and don't forget to check in for any updates.

DATE	LOCATION	MEAL	PRICE / PROGRAM
August 21 <sup>st</sup>	EASC @ 11:30 am	Pizza Party with Ice Cream Sundae Bar!	Free! Happy National Senior Day!
August 28 <sup>th</sup>	EASC @ 11:30 am	POTLUCK	Bring a Dish!

**Regularly scheduled Luncheons begin next month!**





# BINGO Callers


August 6 <sup>th</sup>	Cathy Burke
August 13 <sup>th</sup>	Martha DiMaggio
August 20 <sup>th</sup>	Martha DiMaggio
August 27 <sup>th</sup>	Maddie Lister


Thank you to this month's BINGO callers!  
Who is ready to call in September?



Viola Beane Claire Bouchard Helen Boutah Bruce Bressack Teri Carpenter Anne-Marie Dennis Joanne Flynn Judith Houghton John Keene Anne Kelly Mary Lew Judy Moreau Sharon Palady Beverly Paquette Donna Powell Mary Lou Robinson Phylis Satink Paul Thornton Martha Vilemaire Ellen Wolosinski Patrica Yoder

## AUGUST PROGRAMS!

 **EASC Book Club** On **August 15<sup>th</sup>**, join the book club to discuss The Joy Luck Club, by Amy Tan. *"With wit and sensitivity, Amy Tan examines the sometimes painful, often tender, and always deep connection between mothers and daughters."* - Good Reads

 **Bill Torrey Story Teller** On **August 8<sup>th</sup>**, from 12:15-1:15. Bill is a dynamic storyteller that shares true stories of his childhood and his forty years working in the woods. It's sure to be a captivating experience.

## SENIOR VAN TRANSPORTATION

The Essex Senior Vans are available Monday – Friday for medical appointments (priority), grocery shopping, rides to and from the Senior Center and more. This service is FREE to Essex Community residents, who are 60+ in age. Reservations can only be made one business day in advance.

Looking for a ride?

Call **878-6940** Monday thru Friday, between 9:00am – Noon for a reservation.

Please remember that rides are not being scheduled for Friday, August 16<sup>th</sup>. Any appointments called in on Thursday, Aug. 15<sup>th</sup> will be for rides on Monday, Aug. 19<sup>th</sup>.

### NEW TO THE VANS?

Call **876-5087** for a New Rider packet to be mailed to you. All necessary forms must be completed prior to your first appointment on the vans.

# VOLUNTEER



## EASC Committees – Interested in joining?

Do you have new and exciting ideas you'd like to share with the EASC community? Do you enjoy volunteering? If so, please consider joining one of our center committees and making a real difference. All committees – Programs, Craft Festival and Meal-Site are looking for new members and would be happy to hear from you. If you would like further information this summer, please see Sarah in the EASC office.

The Craft Festival Committee will be meeting at **2:00pm** on Thursday, August 1<sup>st</sup>

The Program Committee will be meeting at **3:00 pm** on Thursday, August 22<sup>nd</sup>



Karen's Kloset has recently inquired with staff to see if any members are in need of clothing items. If you are in need of certain items or know a friend or neighbor who could use some "new" things, please let Sarah know at the Center. Karen's Kloset is a resale clothing and accessories store on Park Street in Essex Junction.

## Other Programs:

### Burton Island- August 26<sup>th</sup>

The Ferry will leave Kill Kare state park at 10:30 am and return to the park at 3pm.

Transportation options

1. meet us at Kamp Kill State park at 10:30 am
2. meet us at the Senior Center at 9:00 am if you need a ride (make sure you call the van office the day before! Only 12 seats available on van!)

Enjoy a quick ferry ride from Kamp Kill State Park over to the beautiful Burton Island for the day! Take a nice walk on the shoreline, explore the nature center and museum or sit and enjoy food from the Barton Island Bistro!

**\$23/ person if you take the van**

**\$12/ person if you drive yourself**

**\*\* Did you know you can now register for these programs at 81 Main Street OR 2 Lincoln @ EASC? Cash & check payments allowed at EASC; Cash, check, Visa or Mastercard payments are allowed at 81 Main/Essex P&R. \*\***



**QUESTIONS – COMMENTS – SUGGESTIONS? WE'RE HERE TO LISTEN & HELP!**

EASC, 2 Lincoln Street, Essex Junction, VT 05452 • 802-876-5087 • [www.essexvtseiors.org](http://www.essexvtseiors.org)

Center Hours: Monday – Friday • 10:00am – 4:00pm

The Essex Senior News is a publication by the Essex Area Senior Center. Not a member? Come visit and join!

# AUGUST 2019

Essex Area Senior Center:

876-5087

www.essexvt seniors.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10-10:30am: Seated Yoga  2pm Craft meeting  12:30-4pm: Drop-in Games	10-Noon: Mah Jongg  1-3pm: Knitting / Crocheting  1-4pm: Cribbage, Cards/Games	
4	5	6	7	8	9	10
	10-Noon: Mah Jongg  12:30-3:30: Bridge	12:30-3:30: BINGO	1:15pm: Duplicate Bridge  1:30-4pm: Drop- in Games	10-10:30am: Seated Yoga Noon- 1 :Bill Torrey Story Teller 12:30-4pm: Drop-in Games	10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games	
11	12	13	14	15	16	17
	10-Noon: Mah Jongg  12:30-3:30: Bridge	12:30-3:30: BINGO	1:15pm: Duplicate Bridge  1:30-4pm: Drop- in Games	10-10:30: Seated Yoga  10:30-11:30am: Book Club  12:30-4pm: Drop-in Games Sarah's Last day ☺	<b>Bennington Battle Day: Center Closed and No Vans</b>	
18	19	20	21	22	23	24
	10-Noon: Mah Jongg 12:30-3:30: Bridge	12:30-3:30: BINGO	11:30am - National Senior Day!! 1:15pm: Duplicate Bridge  1:30-4pm: Drop- in Games	10-10:30: Seated Yoga 3pm- Program meeting  12:30-4pm: Drop-in Games	10-Noon: Mah Jongg  1-3pm: Knitting / Crocheting  1-4pm: Cribbage, Cards/Games	
25	26	27	28	29	30	31
	10-Noon: Mah Jongg 12:30-3:30: Bridge 10:30 -3 Burton Island	12:30-3:30: BINGO	11:30- Potluck 1:15pm: Duplicate Bridge 1:30-4pm: Drop- in Games	10-10:30: Seated Yoga 12:30-4pm: Drop-in Games 12:30-4pm: New Canasta in Game Room	10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games	

