## NEW YORK STATE OFFICE OF CHILDREN AND FAMILY SERVICES

## DISCIPLINE POLICY STATEMENT FOR CHILD DAY CARE

| Provider/Program  | Rose McCabe/Rosebud's Child Care and Learning | Date | 1/1/08 - updated 5/12/14 |  |
|---|---|------|--------------------------|--|
| Address   | 23 Jennifer Lane, Apalachin, NY 13732         |      |                          |  |
|   |   |      |                          |  |
| ❖ Child day care providers/program must establish discipline guidelines.  |   |      |                          |  |
| All substitutes, employees, volunteers and parents of children in care must be informed of the content of these guidelines. |   |      |                          |  |
| ❖ Discipline will be directed, administered and supervised only by child day care staff.                                    |   |      |                          |  |
| 1. How is your program helping children develop self-control and learn acceptable forms of social behavior?                 |   |      |                          |  |
| This program helps children learn in many ways. All employees speak to and treat all the children with                      |   |      |                          |  |
| respect. We also discuss any problems and ask the children to think about how others feel. We teach the                     |   |      |                          |  |
| children to be kind to others, share, take turns and express themselves using their words instead of taking                 |   |      |                          |  |
| action. When a child does something positive, it is reinforced with positive feedback from the caregivers.                  |   |      |                          |  |
|   |   |      |                          |  |
| 2. What are your program's expectations for the behavior of children?   |   |      |                          |  |
| As caregivers of young children, we realize that these children are learning how to behave in a socially                    |   |      |                          |  |
| acceptable way. This is the time and place when young children learn this. Our expectations are to teach the                |   |      |                          |  |
| children socially acceptable behavior by providing adult guidance when needed.  |   |      |                          |  |
|   |   |      |                          |  |
|   |   |      |                          |  |
| 3. How do you and your staff share these expectations with the children?  |   |      |                          |  |
| We share these expectations with the children during our pre-school curriculum and as issues my arise.                      |   |      |                          |  |
| Teaching pro-social skills is an important part of this program. We always make sure to compliment good                     |   |      |                          |  |

4. How do you and your staff help children resolve conflicts?

express themselves.

The way we help children resolve conflicts depends on their age. With older children, we may facilitate a discussion between two children having a conflict and help them come to a mutally agreeable resolution. If this does not work, we can redirect the children or show them how to take turns or share. Younger children do not understand, so we use redirection or offer additional toys to help them get passed a conflict.

behavior, model good behavior, have enough room for an activity, offer choices and listen to the children

## **DISCIPLINE POLICY STATEMENT FOR CHILD DAY CARE (cont'd)**

| 5. How do you and your staff encourage children to find acceptable ways to problem solve?                     |  |  |  |  |
|---|--|--|--|--|
| As explained in Question 4, we encourage children to find acceptable ways to problem solve through            |  |  |  |  |
| discussion and redirection.   |  |  |  |  |
|   |  |  |  |  |
|   |  |  |  |  |
|   |  |  |  |  |
| 6. How do you and your staff ensure that solutions are carried out?   |  |  |  |  |
| We ensure that solutions are carried out by older children by our presence and sometimes by reminding what    |  |  |  |  |
| we may have talked about. Ensuring that solutions are carried out by infants/toddlers is through direct       |  |  |  |  |
| supervision.  |  |  |  |  |
|   |  |  |  |  |
|   |  |  |  |  |
| 7. How do you and your staff set up the environment to foster positive interaction and reduce conflict:       |  |  |  |  |
| The environment is set up to foster positive interaction and reduce conflict by providing enough room for the |  |  |  |  |
| children to move and play, by having duplicates of favorite toys and by allowing children the freedom to      |  |  |  |  |
| choose what they want to play with as they arrive.  |  |  |  |  |
|   |  |  |  |  |
|   |  |  |  |  |

The following practices violate regulatory standards for appropriate discipline and are therefore prohibited:

- ❖ The use of corporal punishment is prohibited. Corporal punishment means punishment inflicted directly on the body including, but not limited to:
  - Shaking, slapping, twisting, or squeezing;
  - Demanding excessive physical exercise, excessive rest or strenuous or bizarre postures;
     and
  - Compelling a child to eat or have in his/her mouth soap, food, spices, or foreign substances.
- ❖ The use of <u>room isolation</u> is <u>prohibited</u>. No child can be isolated in an adjacent room, hallway, closet, darkened area, play area or any other area where a child cannot be seen or supervised.
- Food cannot be used or withheld as a punishment or reward.
- Toilet training methods that <u>punish</u>, <u>demean or humiliate a child are prohibited</u>.
- Any abuse or maltreatment of a child, either as an incident of discipline or otherwise, is absolutely prohibited. Any child care program must not tolerate, or in any manner condone, an act of abuse or neglect of a child by an employee, volunteer, any person under the provider's control or an individual residing in the home.