



How to thrive in the practice of medicine

REGISTER NOW!
SPACE IS LIMITED!

June 16, 2018

7:30 a.m.: Breakfast and networking

8 a.m. – noon: Program

[Click here to register today](#)

Program Description: This half-day symposium is specifically designed to help physicians and senior health care leaders recognize, address and minimize risk for burnout in clinical practice.

Participants will learn how to:

- Recognize symptoms of burnout in self and others
- Access and utilize resources and practices to manage risk factors and improve health
- Adopt tools and habits which enable optimal use of the electronic health record

Target Audience: Physicians, Advanced Practice Providers, Senior Healthcare Leaders

Learning Objectives

At the conclusion of this program, attendees should be able to:

- Contrast national rates of burnout by specialty showing that acute and primary care specialties appear to have higher rates than specialties that aren't dependent on others such as dermatology and psychiatry
- List serious consequences of burnout including turnover, safety issues, increased malpractice claims, and poorer patient satisfaction
- Explain system contributions to burnout including hours worked, EHR interactions, staffing, "job creep," and relationships with leadership

Cancellation policy: In the unlikely event of cancellation, registered participants will be notified by email.

Featuring presentations from Dr Darrell G. Kirch and Dr Daniel Shapiro, followed by panel discussions on:

- Optimizing the medical record
- Mindfulness, resiliency and wellbeing in medicine
- Recognizing and addressing early signs of burnout in self and others

Dr. Darrell G. Kirch

Darrell G. Kirch, MD, is president and chief executive officer of the Association of American Medical Colleges (AAMC)

A distinguished physician, educator, and medical scientist, Dr. Kirch has a career that spans all aspects of academic medicine and includes leadership positions at two medical schools and academic health systems, as well as at the National Institutes of Health. He speaks and publishes widely on the need for transformation in the nation's health care system and how academic medicine can lead change across medical education, biomedical research, and patient care. He has been a champion for interprofessional education and practice, helping establish the Interprofessional Education Collaborative. Currently, he also co-chairs the National Academy of Medicine Action Collaborative on Clinician Well-Being.



Darrell G. Kirch, MD

Dr Daniel Shapiro

Dan Shapiro, PhD, is the Vice Dean for Faculty and Administrative Affairs at the Penn State College of Medicine.

Dr. Shapiro earned his Ph.D in Clinical Psychology at the University of Florida and went on to Harvard Medical School where he completed an internship and an endowed post-doctoral fellowship. His writings about the patient experience and physician patient relationships have appeared or been featured in The New York Times, the New England Journal of Medicine, JAMA, Academic Medicine, NPR's All Things Considered, the Today Show and he has consulted to the ABC hit television shows "Grey's Anatomy," "Private Practice," and "How to get away with murder." He also co-starred on-camera in three television series on National Geographic, A & E, and the Discovery Channel.



Dan Shapiro, PhD

Heather Espino

Heather Espino, Manager - Consulting Services, Culbert Healthcare Solutions

Heather L. Espino, MPA, brings more than 15 years of healthcare and information technology experience and is currently working as an Epic manager with Culbert Healthcare Solutions. Heather is a senior consultant with Epic transformation expertise. Before joining Culbert, Heather served as director of ambulatory and ancillary Epic programs, systems and applications with Centura Health in Denver, Colorado. In this role, Heather worked as part of a team to install Epic applications enterprise wide. Heather was responsible for 17 Epic applications and oversaw a team of 45, to include two managers. Heather holds a Six Sigma master black belt and started the PEP program at Centura Health. Heather is passionate about the patient and keeps the patient in mind when doing her work. Before Centura Health, Heather has worked in various consulting, provider training and practice administration roles for various primary care and multi-specialty groups in Colorado.



Heather Espino

Dr. Wendy Plante

Wendy Plante, PhD, is a staff psychologist at the Bradley Hasbro Children's Research Center/Rhode Island Hospital and clinical assistant professor of Psychiatry and Human Behavior at The Warren Alpert Medical School of Brown University.

Dr. Plante is associate clinical director of SibLink, a clinical research program dedicated to the adjustment of healthy siblings to medical, developmental, and psychiatric disorders in their brothers and sisters. She also provides clinical services to children at Hasbro Children's Hospital, including the pediatric gastroenterology, nutrition and liver diseases clinic.

Her clinical interests include individual and family adjustment to pediatric chronic illness, pain management, and pediatric clinical hypnosis. Plante participates in the teaching of residents and fellows in clinical psychology, child psychiatry, and gastroenterology. She has an interest in bioethics and psychology practice issues, serving on several hospital, state psychological association, and national psychological association committees devoted to ethics, disaster mental health, and colleague assistance.

Plante earned her bachelor of arts degree in psychology from Clark University, and her master's and doctoral degrees in clinical psychology from the State University of New York at Buffalo. She completed a predoctoral clinical internship at duPont Hospital for Children in Wilmington, Delaware and a postdoctoral fellowship at The Warren Alpert Medical School of Brown University. She joined the staff of Rhode Island Hospital and Alpert Medical School in 2001.



Wendy Plante, PhD

Milad Pooran, MD

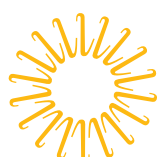
**Chief Executive Officer, Principal and Managing Partner
PHI Medicine**

Dr. Pooran is an internist with specialty skills in critical care medicine, allergy and immunology. Dr. Pooran completed medical school at the University of Maryland Baltimore and his residency in internal medicine at the University of Maryland Medical System. Dr. Pooran entered private practice as part of the Surgical ICU team at Washington, D.C.'s only level one trauma center. In 2013 Dr. Pooran started PHI Medicine, and serves as its president and CEO. PHI Medicine provides the continuum of care from outpatient, inpatient, to post-acute care.

Dr. Pooran also holds the rank of Colonel in the United States Air Force, and serves as the State Air Surgeon for the Connecticut Air National Guard, where he is the principle medical liaison between state medical units, the Adjutant General and the ANG Air Surgeon. As Public Health Emergency Officer, he coordinates with local, regional, and federal agencies concerning medical capabilities and emergency response requirements, ensuring the State's medical mission readiness. Col. Pooran is a veteran of Operations Southern Watch, Iraqi Freedom, Enduring Freedom, and Deep Freeze.



Milad Pooran, MD



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Accreditation: This activity has been planned and implemented in accordance with the accreditation criteria and policies of the Rhode Island Medical Society (RIMS) through the joint providership of Rhode Island Hospital and Lifespan. Rhode Island Hospital is accredited by the Rhode Island Medical Society to provide continuing medical education for physicians.

Credit Designation: Rhode Island Hospital designates this live activity for a maximum of 3.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.