

Fall Soccer House Rules:

Division Teams will play as follow: U8s Boys & Girls 4v4+K, U11 Boys 6v6 +K, U11 Girls 6V6+K and 12/U14 Coed 10v10+K. (Coed League U12/14- player's in field 7 Boys, 4 Girls..... at all times)

Schedules: Schedules are available on line approximately 2 weeks prior to the start of the season. Please check your schedule each week for any changes.

If you cannot field a full team: Team with at least one sub, it is permissible for both teams to play down (i.e., 5 v 5, etc.). Both coaches must agree to this. It is also permissible to borrow a player from the opposing team for that particular game.

Play involves 1 goalie and 5 field players for 6v6 format.

No player will be permitted or required to play in any single position for the entire time they are in the game. This is particularly true for the goal position. Rotation of players to different positions is extremely beneficial to each player's development.

There is a 50 % playing rule and all games shall be played in quarters.

The length of games will be: U-8 Boys & Girls, four 10 minute quarters. U11 Boys & Girls, four 12 minute quarters. U14 Boys & Girls, four 30 minute quarters (there is off sides for U11, U12/U14 Division's only). No overtime periods are played.

No player will play 4 quarters before every player has played 3 quarters. Substitutions at any time with Referee Permission. (4th qtr. or Injury anytime). Players playing for only ½ of a game should rotate from week to week.

There will be a two-minute break between the 1st and 2nd quarters and the 3rd and 4th quarters. At half time there will be a 2-minute break. Each quarter will begin with a face off at mid-field. Goal kicks can be taken anywhere inside the penalty area.

Persists in misconduct after having received a caution.

Any player receiving a Red Card will not be allowed to play in the next game.

Only the head coach and his/her assistant, along with the players, are allowed to be in the “player’s box” which is clearly marked with orange or white paint. All other individuals are required to be on the other side of the field spectators should not be allowed on the end lines either side.

Any coach or assistant coach who does not conduct himself/herself in a sportsmanlike manner, or is, in the opinion of the referee, being abusive to the referee, players or opposing coaches will be asked to leave the field. If this situation happens, that coach or assistant coach will not be allowed to attend the next game and could face a disciplinary hearing before the Board of Directors.

Player Equipment: Players will be provided with a club uniform. The club uniform includes team jersey, shorts, and matching socks - U8, U10, and U12/14 only. In addition to the provided uniform, players are responsible for bringing the following items to each game: Shin Guards. Players may not participate without shin guards. Appropriate Footwear: Soccer shoes are suggested but not required. No player may participate while wearing shoes with a toe cleat (baseball cleats).

Game Results: No standings will be kept in the recreational league.

Trash: All coaches are to see to it that all trash is picked up on both sides of the field at the conclusion of their games

Inclement Weather: In the event of inclement weather, cancellations will be posted on the website www.npysa.org. If games are canceled on Saturday, most likely the games will be played on Sunday (TBA). Coaches will be notified.

8s Rules - there is modification game rules for U8s it’s posted on the web site under Small Sided Rules

Any rules modifications will be specified and distributed to every coach prior to the season or Game time.

Thank you for volunteering to coach! Keep in mind that the experience the players have with you as a coach will stay with them for life! Be positive, be organized, and set a good example.