

PARTICIPANT RACE DAY INFORMATION

Welcome to the Mornington Running Festival! Our aim is for you to have a safe and enjoyable race, so please ensure you read the following race day and course information. We look forward to seeing you on Sunday 7 September!



RACE INFORMATION

EVENT DATE Sunday 7 September 2014

EVENT LOCATION The start/finish line and event village is located at Mornington Park, Schnapper Point, Mornington. A half road closure (beach side) will be in effect from 6am to approximately 10.30am Sunday 7 September from Mornington Park to Hearn's Road.

PARKING There is plenty of local parking areas, including car parks and off street parking. Please ensure you obey local parking restriction signs and allow time to park and walk to the event start/finish area. Bike parking is available at the event site. It's a great way to warm up! Please bring your own lock.

EVENT DAY TIME TABLE All Distances will Start and Finish from Mornington Park.

6:00am-6:40am Race day late entries

6:00am - 6:40am Race day race bib collection

7:00am Start 21.1km race start (2 lap course) (Blue race Bib)

7:20am 10km race start (Red Race Bib)

7:40am 5km race start (Green Race Bib)

9:00am 1km (under 10 only) (Orange Race Bib)

9:30am presentations

Warm Up and race briefing will commence 10mins prior to starting time for each event near the stage.

LATE ENTRIES / ON DAY ENTRIES Online entries close 5.00pm Friday 5 September. Limited late entries and on day race entries are available on Saturday 6 September 2pm-4pm (Mornington Park) and Sunday 7 September (race day) from 6.00am-6.40am. NB: Kids can enter up to 15min prior to their 1km race start.

Late & On Day Entry Prices

21km \$80

10km (adults) \$55

10km (children u/18) \$40

5km (adults) \$45

5km (children u/18) \$35

1km kids run u/10 \$25

MEDALS All competitor receives a medal after completing their race distance.

AWARDS & SPOT PRIZES 1st, 2nd & 3rd place finishers, male and female, in each category will receive a trophy and sponsor's prize.

5km - Junior (age 16 and less), Open (17-44) and Veteran (45+).

10km - Junior (age 16 and less), Open (17-44) and Veteran (45+).

21km - Open (17-44) and Veteran (45+).

Kids Race - No Awards. Each child will receive a medal and spot prizes available

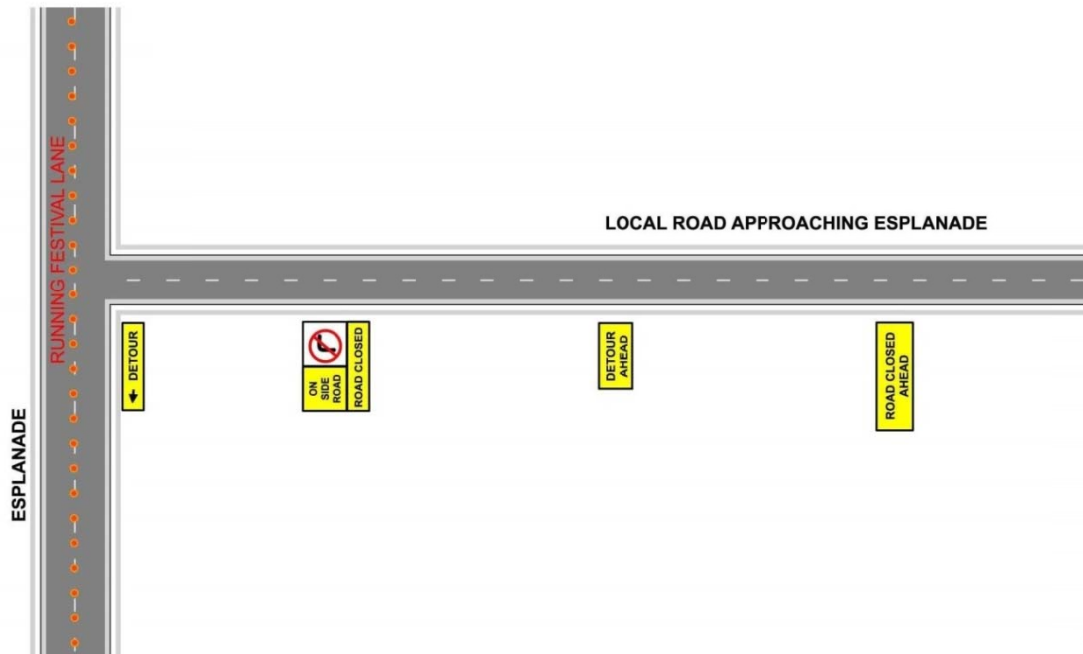
COURSE INFORMATION

CHANGE TO COURSE: The Mornington Running Festival will now have a half road closure along the Esplanade, and will be closed North bound (only) from Coollangatta Road Mount Martha to Main St Mornington. The 21km event will now be a 2 lap course.

COURSE DESCRIPTION: The course will be held along the esplanade from Mornington to Mt Martha and will be a partially closed road with the course heading southbound along the Esplanade. We will have half of the road closed being the beachside to all traffic, whilst maintaining traffic flow on the other side of road at speed of 40km per hour. The course will be easy to follow and there will have course marshals to assist you. No dogs, bikes, scooters or rollerblades are allowed on course for safety reasons. (Course map outlined below)



TRAFFIC MANAGEMENT:



DRINKS ON COURSE Water and Sport drink [SIS Go Electrolyte](#) will be on course approximately every 2.5km and at the finish line. Fruit will also be supplied at the finish line for all competitors.

TOILETS Public toilet blocks and portable toilets will be located at the event site at Mornington Park. There are also public toilet blocks on the course, which will be sign posted.

FIRST AID St John First Aid will be located at the finish line, and on the course. If you require first aid assistance on the course, please notify a drink station attendant, course marshal or a course bike rider who will be able to radio for help. St John bike crews will also be roaming the course.

CLOTHING BAG AREA A Clothing bag drop area will be located in the event site for storage of your clothing during the run/ walk. Please do not place any valuables in the clothing bags, as we cannot accept responsibility for valuables lost or stolen.

TIMING / RACE BIBS Each competitor will be given a timing device built within their race bib which will record their time on the day. Ensure you cross finish line timing mats to record your race time.
Race bibs will be mailed to ALL competitors who enter prior to 12pm Sunday 31 August. Entries after this date will be required to pick up from the race venue.

RESULTS All results will be live on website no later than 6pm on race day <http://www.morningtonrunningfestival.com/>

COURSE CONTINGENCY XOSIZE EVENTS reserves the right to alter the course, start time and/or race format without notice because of circumstances outside the control of the organiser and under the direction of sponsors, councils, police or other organisations that are associated with the event.

FOOD/COFFEE: Mocha Monkey will be onsite available for take away coffee/hot drinks; there are also plenty of fantastic café's within walking distance to the race start. We encourage competitors, friends and family to enjoy the local café's pre and post-race.

PROUDLY SUPPORTED BY: Carman's Kitchen <http://www.carmanskitchen.com.au/>

RACE COMMENTATOR: Mark Bosworth

EVENT MANAGEMENT: Scott Hollow Xosize Event Management 0458 151 306
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