



Walkers are Welcome

**Most Patriotic Costume Promenade will begin promptly at 7:45 am
 Followed by the Star Spangle Banner
 Race Day: Thursday, July 4th
 Race Time: 8:00 am**

**New Family 1Mile Fun Run Division (Non-timed) 8:15 am
 Packet Pick-Up:**

**MRC Gym Lobby Wednesday July 3rd from 5:00-7:00 pm
 Or Race Day starting at 6:45 am**

Awards and Prizes will be done after the last runner completes the course.

Please select shirt size:	
Womens	Mens
__ S	S__
__ M	M__
__ L	L__
__ XL	XL__
__ 2XL	2XL__

Last name: First Name: Age:

Address: City: Date of Birth:

State: Zip:

Email: Phone:

Female Male 1 Mile Run

**Entry Fee: \$25 thru July 1st / After July 1st \$30 (cash or check only on day of race) NO REFUNDS!
 *(Register before June 20th to be guaranteed a gender specific T-shirt)*Make Checks Payable to:
 Muskingum Recreation Center**

Recreation Center Release of Liability: *I hereby waive and release any and all rights and claims for damages I may have against Muskingum Recreation Center, Ohio University Zanesville, Zane State College, and Muskingum Multisport and Staff for any and all injuries which may be suffered in connection with my involvement with "Red White & Run". I also waive and release any and all rights by my heirs, executors, and/or administrator, and give permission for y photograph to be used in any media related tote vent on this day and in the future*

Signature: _____ Date: _____