

## *Tying Phil Rowley's Caddis Larva with Tom Regina*

### Materials

**Hook:** Mustad C49S, size 10  
**Weight:** .020 lead-free wire  
**Thread:** 6/0 brown  
**1<sup>st</sup>. Rib:** Pearl Flashabou  
**2<sup>nd</sup>. Rib:** 6/0 clear mono thread or 4X tippet  
**Shellback:** 1/8-inch dark olive scud back  
**Body:** Medium olive Life Cycle Nymph dubbing  
**Thorax:** Brown ostrich herl



### Tying Instructions



1. Debarb and mount the hook in the vise. Cut a 4-inch piece of .020 lead-free wire from the spool. At a point on the hook shank directly above the hook barb, start the wire on the hook and wrap it forward in ten neat, tight, touching turns. The last turn of wire should be about three hook eyes distance back from the hook eye. *Do not crowd the hook eye.* Attach the tying thread and build a tapered thread dam at each end of the wire to lock it in place. Move the thread to the front thread dam.



2. Tie both the Flashabou and mono ribs to the near side of the hook. Bind both ribs to the near side of the hook back to the rear thread dam. In several spiral thread turns take the thread forward to the front thread dam. Cut a 2-inch piece of scud back from the skein and trim one end to a point. Tie the pointed end of the scud back to the top of the hook directly over the front thread dam. *Do not crowd the hook eye.* With several spiral thread turns bind the scud back to the top of the hook back to the rear thread dam.



3. Dub a slender body forward to the front thread dam. In about 8 evenly spaced spiral turns wrap the Flashabou rib forward to the front thread dam. Tie off the Flashabou and cut away the excess material.



4. Select 2 peacock herls and strip away the barbs exposing about ¼-inch of bare quill at the base of each herl. Tie in the exposed quills of both herls at the front thread dam. Cut away the excess bare quills. Together wrap both herls forward in 2 or 3 turns to form the thorax. *Do not crowd the hook eye.* Tie off and cut away excess herl.

## *Tying Phil Rowley's Caddis Larva with Tom Regina (continued)*



5. With your moistened thumb and forefinger, stroke the herl barbs down and rearward to form a part or path at the top of the thorax for the shellback. Pull the scud back forward over the top of the body and thorax to form the shellback. Just back from the hook eye, tie off the shellback and cut away the tag end.



6. In about 6 or 8 evenly spaced spiral turns, wrap the mono rib forward over the body. Work the mono rib through the thorax without trapping herl barbs. Tie off the mono rib and cut away the tag end. Form a neat thread head. Apply a small amount of head cement without applying cement to the herl or hook eye.

## *Casting & Tying at the Club.... Tom Regina*

The December 10 Bull Session is cancelled. The Casting and Tying Clinic will be held Saturday December 19 from 9:00 AM until about 1:00 PM. Starting at 9:00 AM I will lead the fly tying session. This time we will tie Phil Rowley's Stillwater Caddis Larva. The materials list and tying instructions for this wet fly are included in this newsletter. Your club will provide all materials needed to tie the fly. If you have them, bring your fly tying tools. If you need, your club has tools for both you and your guest.

John Brand will conduct the casting clinic on Saturday December 19. John can teach you basic fly-casting or help you improve your more advanced casting skills. John will start the casting clinic at 9:00 AM. Bring your long rod or use one of your club's sticks.

Many club members attend the monthly casting clinics and bring one or more of their fly rods to practice casting. Most are happy to let others try their rods.

Did you get some of that crab chowder and home made bread Lowell Weaner fixed us for lunch at the November casting and tying clinic? It was top drawer. If you missed it... shame on you.

Russ Shields and Jerry Giles will fix us a mighty fine lunch of Chile con Carne at the casting and tying clinic. If you do not want to tie flies, do not want to take advantage of the casting instruction, at least join us for a free lunch and fermented adult beverages, and little people drinks. In addition, there will be plenty of time for lying to your fishing buddies.

As always, you are encouraged to bring guests to all club functions. If you or your guest need fly rods or fly tying tools your club is ready to provide them for use during the clinics and guests are more than welcome to partake in our free food and drink.