



**PARISH OF OUR MOTHER OF PERPETUAL HELP**  
**Redemptorist Community**  
**Rev Fr Patrick Massang, C.Ss.R.** (Parish Priest)  
**Rev Fr Philip Lai, C.Ss.R.** (Assistant Parish Priest)

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**INFANT BAPTISM:**

Please contact the Parish Priest at least **ONE MONTH** in advance.

Our next infant baptism will be held on Sunday, 29 May, 2022 during the 8.00 a.m mass. Sessions and Rehearsals on Sat. 28 May at 12 noon. All MKN/MNU/KKM SOPs applies.

**MARRIAGE:** Please contact the Parish Priest at least **SIX MONTHS** in advance.

**ASCENSION THURSDAY – 26 May, 2022**  
 Mass (E ) at 7 a.m. & 7.30p.m in the church  
 Mass (T) at 8 p.m. in the parish hall.

**PENTECOST TRIDUUM 2022**  
 "Renewed by the Holy Spirit" (Rom 12:2)  
 Preached Masses:-  
 Triduum # 1 – Thurs, 2/6/22 @ 7 p.m  
 Triduum # 2 – Fri., 3/6/22 @ 7 p.m  
 Triduum # 3 – Sat. 4/6/22 @ 6.15p.m  
 (Pentecost Vigil Mass) and  
**Pentecost Vigil Prayers** from  
 8.30 p.m. till 10.00 p.m  
 Pentecost Sunday Mass – 5/6/22 @  
 8 a.m



**UPDATED SOPS for Attending Masses and Activities in OMPH Parish effective 1st May 2022** (in compliance with MKN/KKM directives)

**Who can attend?**

Everyone (regardless of vaccination status) **EXCEPT**  
 1. those under High Risk category or who are subject to Home Surveillance Order (HSO)  
 2. those who are unwell (flu symptoms)  
 3. children who can't wear facemasks indoors (according to W.H.O, children below 5years old are not encouraged to wear facemasks for a long period of time).

**Wearing of Face Masks is COMPULSORY INDOORS** (inside the Church, Hall, Classrooms, Meeting rooms, et)

All persons **are encouraged** to wear masks even if they are outdoors while still inside church premises (open air compound, car parks, etc)

**Things to Do (MySejahtera)**

Please show your risk status on your MySejahtera App to persons checking this before you enter church. Only those with low risk status will be allowed to enter. Scanning to check in using MySejahtera is no longer mandatory. You may continue to do so for the purpose of contact tracing.

**Physical Distancing** is no longer required.

Family members are encouraged to sit together to minimise risk and maximise seating capacity. Please continue to sanitise your hands before you enter church as an additional hygienic measure.

(food for thought) (Bulletin 8 May, 2022)  
 Gospel: Jn 10: 27-30. ***"Tending Sheep"***

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The resurrection appearances of Jesus are filled with surprises and mystifying details. His friends do not recognize Him; He appears through locked doors; He has broken out of a tomb, but carries the wounds of His dying. He speaks of peace and forgiveness. He promises the gift of His Spirit. He sends His disciples to change the world.

We have been chosen to witness to Christ's call to Life. Each of us has been sent to feed one other - to nourish and be nourished through community. We are each challenged to proclaim to the world that our God is a God who takes life with absolute seriousness, a God who enters fully into suffering and death and does not allow it the final victory. We do this just by living our daily lives as best we can by raising our children, by teaching, listening, comforting and encouraging others, guiding and defending life.

Today's Gospel is a wonderful lesson for each of us, struggling with our own very personal efforts to love Jesus and to be faithful to Him. We are so often slow to understand, eager to deny. We are strong on words and weak on action, afraid to pay the price of discipleship, but always hanging in, and always knowing that Jesus will walk with us, forgive us, heal us, and wait patiently for us to mature in our faith and our love. He is waiting for us to reach the point when we can say with Peter: "Lord, you know that I love You."

And Jesus will smile back at us, and say, "Follow me." And we will follow. And the Risen Lord will be very much with us, to help us understand, to supply answers to our deepest questions and fears, and to reveal Himself again to us in the Breaking of the Bread.

**SELAMAT HARI POLIS 2022**

