



TRACKS

BREW PUB & GRILL

Dear Loyal Customer,

Welcome to Tracks Brew Pub. We invite you on a journey that started over a century ago when this historic building once held Brampton's Knitting Mill. Built in 1918, this structure inhabits countless memories and is a prominent piece of Brampton's heritage. When Exploring...

Take a glance at the history of your surroundings! The BKM above the fireplace is an acronym for Brampton Knitting Mill; the mirrors on the wall are converted doors, the wheels hanging from the ceiling are pulleys and the wooden socks were used decades ago as sock stretchers.

Tracks combines the significance of the past the best of current times. We strive to maintain our prestige by providing you with some scrumptious dishes and our unique Old Mill Lager.

We hope that this insight into our past makes your eating experience that much more pleasurable and meaningful. Sit back, relax, and let us ensure your stay will be memorable one, as you too become a part of Tracks fine history!

*Yours truly,
The Management and Staff*

SOUP

HOMEMADE SOUP OF THE DAY \$5.95

APPETIZERS

GARLIC BREAD \$6.25

MADE WITH 9 GRAINS CIABATTA BUN

*ADD CHEESE \$3.00

*ADD JALAPENOS \$1.50

BRUSCHETTA \$9.25

MADE WITH 9 GRAIN CIABATTA BUN, DICED TOMATOES,
FETA CHEESE, GARLIC, OLIVE OIL, ONIONS AND HERBS

CALAMARI \$13.95

FRIED BREADED RINGS SERVED WITH REMOULADE DIP

SPINACH & ARTICHOKE DIP \$14.50

SERVED WITH TORTILLA CHIP & PITA BREAD

*SUBSTITUTE TO ALL PITA BREAD \$2.50

MUNCHIES

MOZZARELLA STICKS \$9.25

WITH MARINARA SAUCE

SPRING ROLLS \$9.25

WITH PLUM SAUCE

DEEP FRIED PICKLES \$9.25

WITH CHIPOTLE RANCH DIP

SWEET POTATO FRIES \$9.25

WITH CHIPOTLE RANCH DIP

CHICKEN TENDERS (3) \$14.25

WITH OUR FAMOUS TRACKS POTATO WEDGES

& PLUM SAUCE

ONION RINGS \$9.25

TRACKS POTATO WEDGES \$6.50

GRAVY \$1.50

SALADS

*CHICKEN \$5.00 * 6OZ STEAK \$9.00 * BABY SHRIMP \$6.00

HOUSE SML \$6.50 / REG \$9.50

BABY SPINACH TOSSED IN OUR HOMEMADE BALSAMIC
VINAIGRETTE WITH TOMATOES, CUCUMBER AND RED ONIONS

CAESAR SML \$8.50 / REG \$12.50

ROMAINE LETTUCE TOSSED IN OUR SIGNATURE CAESAR
DRESSING WITH BACON, CROUTONS, PARMESAN CHEESE
AND LEMON

GREEK SML \$8.50 / REG \$12.50

ROMAINE LETTUCE TOSSED IN OUR ZESTY GREEK DRESSING
WITH FETA CHEESE, TOMATOES, CUCUMBER, KALAMATA
OLIVES AND RED ONIONS

THE BIG COBB \$16.75

ROMAINE LETTUCE TOSSED IN RANCH DRESSING,
TOPPED WITH CHICKEN, BACON, CHEESE, BOILED EGG,
CUCUMBERS AND TOMATOES

SMOKED SALMON - GF/SV \$18.75

BABY SPINACH TOSSED IN OUR HOMEMADE BALSAMIC
VINAIGRETTE, CAPERS, RED ONION AND LEMON

BUFFALO STYLE WINGS

1LBS \$14.50 / 2LBS \$27.00 / 3LBS \$39.00

*MILD

*MEDIUM

*CHIPOTLE RANCH

*SUICIDE

*HONEY GARLIC

*BUFFALO HOT

*FIRE & ICE

*BUFFALO RANCH

*LEMON & PEPPER

*CAJUN RUB

*FRANKS RED HOT

*EXTRA DIPPING SAUCE \$0.75

*EXTRA CELERY AND CARROT STICKS \$3.00

NACHOS

PLATTER \$14.95 PERSONAL \$ 9.95

TRI-COLOUR CORN TORTILLA CHIPS TOPPED
WITH A BLEND OF CHEESES, LETTUCE,
TOMATOES, SALSA AND SOUR CREAM

*CHICKEN \$5.00

*JALAPENOS \$1.50

*PULLED PORK \$7.00

*EXTRA CHEESE \$3.00

*EXTRA DIPPING SAUCE \$0.75

SANDWICHES AND BURGERS

*OUR BURGERS ARE ½ LB AAA GROUND BEEF COOKED TO 165 DEGREES

*ALL SANDWICHES AND BURGERS ARE SERVED WITH OUR FAMOUS TRACKS POTATO WEDGES.

SUBSTITUTE TO:

*HOUSE SALAD \$4.50

*CAESAR SALAD \$6.00

*GREEK SALAD \$6.00

*COLESLAW \$3.50

*ONION RINGS \$3.50

*SWEET POTATO FRIES \$5.00

*POUTINE WEDGES \$7.50

CLASSIC BURGER \$12.50

LETTUCE, TOMATOES, PICKLES AND ONIONS

VEGGIE BURGER \$13.25

LETTUCE, TOMATOES, PICKLES AND RED ONIONS

FRENCH SWISS DIP \$15.50

OVEN ROASTED BEEF, THINLY SLICED, PILED ON A ITALIAN BUN WITH MELTED SWISS CHEESE, CARAMELIZED ONIONS AND A SIDE OF HORSERADISH MAYONNAISE

TRACKS BACON N CHEDDAR \$14.50

BACON, CHEDDAR CHEESE AND LETTUCE
*ADD TOMATO, PICKLE AND ONION \$1.50

BLACKENED CHICKEN \$14.50

ON A 9 GRAIN CIABATTA BUN WITH A SUNDRIED TOMATO AIOLI, CARAMELIZED ONIONS, FETA CHEESE AND BABY SPINACH

TRACKS CHIPOTLE CLUB \$14.50

GRILLED CHICKEN BREAST, BACON, LETTUCE, TOMATOES AND CHEDDAR CHEESE ON A KAISER WITH OUR SIGNATURE CHIPOTLE MAYO

FAJITA SIZZLERS

OUR SIZZLERS ARE SERVED WITH SAUTÉED PEPPERS AND ONIONS, WARM TORTILLA SHELLS (4), SALSA AND SOUR CREAM

*EXTRA TORTILLAS (2) \$1.00

*EXTRA SALSA OR SOUR CREAM \$0.75

CHICKEN \$18.75

GRILLED CHICKEN BREAST

VEGGIE \$16.75

GRILLED SEASONAL VEGETABLES

AAA STEAK \$21.50

COOKED TO MEDIUM

POUTINES

CLASSIC \$9.50

CHEESE CURDS AND GRAVY

PULLED PORK \$13.50

PULLED PORK, CHEESE CURDS AND GRAVY

CLUB HOUSE \$14.25

CHICKEN, BACON, CHEESE CURDS, LETTUCE, TOMATOES AND GRAVY

TRACKS COMBO PLATTERS \$27.95

BUFFALO WINGS, CHICKEN TENDERS, SAMOSAS, DEEP FRIED PICKLES, SPRING ROLLS, ONION RINGS AND TRACKS POTATO WEDGES, SERVED WITH CHIPOTLE RANCH, PLUM SAUCE & TAMARIND CHUTNEY

*EXTRA DIPPING SAUCES \$0.75

MAIN COURSES

10 OZ TOP SIRLOIN STEAK \$32.95

TOPPED WITH A GREEN PEPPERCORN CREAM SAUCE,
SERVED WITH HOMEMADE GARLIC MASHED POTATOES AND
SEASONAL VEGETABLES

*ADD SAUTÉED MUSHROOMS \$3.00

*ADD SAUTÉED ONIONS \$1.50

PORK BACK RIBS

HALF RACK \$17.50 / FULL RACK \$29.50

OUR RIBS ARE BRAISED IN OUR OLD MILL LAGER,
BRUSHED WITH OUR SIGNATURE SAUCE AND SERVED
WITH OUR FAMOUS TRACKS POTATO WEDGES AND
HOMEMADE SLAW

RIB AND WING COMBO \$21.50

½ RACK WITH A ½ LB OF OUR BUFFALO WINGS
(YOUR CHOICE OF WING SAUCE) SERVED WITH OUR
FAMOUS TRACKS POTATO WEDGES AND HOMEMADE
SLAW

CHICKEN SOUVLAKI \$16.95

CHICKEN, ROASTED POTATOES AND GREEK SALAD
WITH A SIDE OF TZATZIKI SAUCE

*EXTRA TZATZIKI SAUCE \$0.75

LIVER AND ONIONS \$16.50

OUR PAN SEARED LIVER IS COOKED TO MEDIUM,
TOPPED WITH SAUTÉED ONIONS AND GRAVY,
SERVED WITH OUR FAMOUS TRACKS POTATO
WEDGES AND HOMEMADE SLAW

*SUBSTITUTE GARLIC MASHED POTATOES \$2.75

NON-ALCOHOLIC BEVERAGES

SOFT DRINKS SML 2.25 LRG 3.25

COKE, DIET COKE, GINGERALE, ROOT BEER,
SODA WATER, SPRITE, TONIC WATER

JUICE:

*CRANBERRY, APPLE, ORANGE, \$4.00 *BOTTLED WATER 500ML \$1.75
CLAMATOE

*ICED TEA SML \$2.50 *WHITE MILK \$3.25
LRG \$4.00

*VIRGIN CAESAR \$5.25 *CHOCOLATE MILK \$3.95

*PERRIER SPARKLING WATER 300ML \$4.25 *NON-ALCOHOLIC HENIKEN \$6.25

SEA FOOD

FISH AND CHIPS

1PC \$17.50 / 2PC \$23.50

HADDOCK BATTERED WITH OUR EXCLUSIVE
HOME BREW, SERVED WITH OUR FAMOUS
TRACKS POTATO WEDGES & HOMEMADE
COLESLAW

CATCH OF THE DAY

MARKET PRICE / ASK SERVER FOR DETAILS

PASTA

*ALL PASTA DISHES ARE GARNISHED WITH
PARMESAN CHEESE*

PENNE ALLA VODKA \$16.50

PENNE TOSSED IN A ROSE VODKA CREAM
SAUCE, WITH BACON AND GREEN ONIONS

PASTA OF THE DAY

MARKET PRICE / ASK SERVER FOR DETAILS

CHILDRENS MENU

UNDER 10 YEARS OF AGE

CHICKEN TENDERS \$9.00

SERVED WITH TRACKS POTATO
WEDGES AND PLUM SAUCE

BUFFALO WINGS \$8.00

NACHOS \$8.25

PENNE PASTA \$7.25
