



# Latina Saludable es Familia Saludable

¿Do you like helping people in your community? Then this training is for you!

During this highly interactive training participants will learn to:

- Work more effectively as a Promotor and strengthen your role as a community leader
- Improve communication and create a dialogue with others in your community
- Create an effective team and develop a positive interaction among its members.
- Share information with adults based on Adult Learning Styles and the Adult Learning Cycle
- Use Popular Education techniques to present information in a small group presentations
- Motivate community members to participate in community projects
- And much more!



**April 16, 23, 30 & May 7, 2016**

8:30 am – 5:00 pm  
(must attend all 5 session to graduate)

**Marian Regional Medical Center  
Conference Room B  
1400 E. Church St.  
Santa Maria CA, 93548**

*This training will be offered in Spanish.*

**Limited number of seats – you must registration to attend**

*Register by email or by phone:*

**Maribel Landeros:** [mlanders@sbceo.org](mailto:mlanders@sbceo.org) (805) 680-7805

**Josefa Rios:** [jrios@sbceo.org](mailto:jrios@sbceo.org) (805) 448-2578

*Please provide the following information:*

**Your name | phone number | email | address | agency**