

# DAY 1

## *Prepare*

Let's prepare by putting everything on the table.

You will face some things as you are praying, interceding, and fasting. Please encourage at least one other person to join you in prayer during this time and as you continue your journey of prayer. Think in this way: Praying community. This means as you are praying for someone, be sure to have someone praying for you. As that person is praying for you, be sure to have someone praying for that person and so forth. Praying community means as one person is praying, they too are being covered in prayer.

### **First Week of Your 31 Days ~**

This week:

- Know how to stand, believing and trusting God as you pray.
- Be prepared when you encounter difficulty.
- Put on the whole armor of God. This is a priority in making the decision to stand and to pray.
- Come to an understanding that the only real enemy you as a Christian have is the one who is the enemy of Christ.
- Continue to pray. Push through. We are doing this together.

**Focus Scriptures:** 2 Corinthians 10:4-5, Ephesians 6:10-19, 2 Kings 6:8-17, 2 Chronicles 20:15-17, Isaiah 43:1-5

### **Deal with the Concern:**

- The moment we begin to pray individually or collectively, seeking God is the same moment things will begin to irritate you, frustrate you, and rob your time. Things will begin to break down in your home. Attacks will appear to come out of nowhere. Recognize that this is only the enemy trying to distract you and take you off course. **STAY THE COURSE.**
- You will have this thought: “Things were better when I didn’t take this time to pray.” This thought is a lie from the pit of hell. **KEEP PRAYING.**

Unless we put on the full armor of God, the devil will try to have his way with us. The enemy wants nothing more than for us to live our life as defeated individuals. The enemy wants us to walk around this world as a victim, not fully knowing who we are as a child of God. His plan is to get us to walk around in defeat, afraid, depressed, oppressed, and to some degree a loser. Remember ... “The prayers of the righteous avails much” (James 5:16).

### **Let’s Deal with the Questions**

How can I pray when the moment I make the commitment, get serious, and take time to pray, things appear worst than before? What shall I do to take my stand and put on the full armor of God and intercede

on behalf of others and pray for myself, family, and household?

- 1) We must clothe ourselves in the armor of God.
- 2) Understand that a stronghold is simply a place of strength. Strongholds represent the area of our mind and patterns of thinking that influence our words, actions, and behaviors. They affect our relationships and cloud and confuse our perceptions of reality.
- 3) Look past the surface and see with your spiritual eyes the real issue:
  - a) the real enemy;
  - b) the real distraction;
  - c) the real war that is going on.
- 4) Trust God! Walk in the authority of Jesus.
- 5) Know who you are and know 'Who' you belong to. His name is JESUS.
- 6) Pray without ceasing (1 Thessalonians 5:17).
- 7) Have someone cover you in prayer as you are praying.

The next seven days, be very clear of your kingdom priority (Matthew 6:33). Understand that the struggle for power is the game of the enemy. As Christians in this world, we are called to simply "walk" in the power and the authority of Jesus Christ through love, righteousness, faith, peace, and joy. We know that:

- Jesus has overcome the world (John 16; 1 John 2:13-14; 5:4-5).
- We are more than conquerors (Romans 8:37).
- The gates of hell will not prevail (Matthew 16:18).