**FIRST DEGREE CANDIDATE SHORT ANSWER #1 – 8TH GRADE & YOUNGER**

*Directions: Answer the questions below. All answers should be typed into this document. For the second question, please double space your answer. Do not change the font or margins.*

1. How do you learn best? It is helpful for our instructors to know how you like to learn so they can try to incorporate these different methods into our candidate instruction. Please rank the following methods from 1 to 5 with one being the most helpful method to five being the least helpful.

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|  | Visual – Watching demonstrations and/or videos |
|  | High Repetition – Repeating techniques over and over |
|  | Reading – Written instructions and/or diagrams |
|  | Verbal – Listening to someone explain how to do it |
|  | Modeling – Doing it with someone and following along |

1. What is your plan to be successful in candidacy? Think about preparing for phase tests, home practice, and balancing Taekwondo with your other commitments. (Write at least two paragraphs but provide as much information and detail as possible)