

PILLARS OF HERCULES

ORGANIC FARM SHOP & CAFE



Welcome to Pillars café

Well done! You've found Scotland's first and only cafe to hold the Soil Association's 5 star award for using at least 95% organic ingredients. We are part of a 25 acre organic farm supplying eggs, vegetables, salads and herbs to the kitchen, in season. We bake all our own bread and cakes and prepare all the dishes on the menu in house.

We are a vegetarian cafe and many dishes are vegan.

There is a **No Gluten Containing Ingredients Menu on the back page.**
Please tell us when you order if you have any special dietary requirements.

BREAKFAST MENU (Served 9–11.30am)

Veggie breakfast (V av) 7.5

2 soft poached Pillars hens eggs or one vegan sausage*, fried mushrooms, tomato and baked beans served with granary toast and butter

Porridge (V) 3.5

Made with coconut milk, choice of honey, maple syrup or fruit

Poached eggs on granary toast 4.7

Baked beans with grated cheese on granary toast 4.7

Fried mushroom on granary toast (V av) 4.5

Granary toast (V av) 3

Served with jam, honey, marmalade or peanut butter

Avocado & bean smash (V) 4.5

On chunky Pillars farmhouse toast

Fried egg roll One...on a roll 3.5

Vegan sausage roll* (V) 4.5

Two...on a roll

KIDS' BREAKFASTS



(Not for adults! Served 9–11.30am)

Fried egg on toast 3

Beans, toast and grated cheese 3

Banana and honey toast (V av) 3

Porridge (V) 3

Please be aware that we use nuts and gluten containing ingredients in our kitchen. All our dishes are vegetarian. (V) =vegan (V av) = vegan available *non-organic





MAIN MEALS (Served from 11.30am)

Garlic mushrooms (V av) 5

On chunky Pillars farmhouse toast with fresh leaves

Buckwheat crepe

See special menu for daily fillings.

Served with salad

Vegetable Curry (V) 8

Made from seasonal vegetable and served with your choice of flat bread or quinoa

Pillars bean burger (V) 8

Homemade burger in a granary bun served with Pillars own chutney or caramelised onions and side salad

Soup of the day (V) 4.75

Check the blackboard for today's delicious offering. Served with Pillars bread, oat cakes or rice cakes

Homemade sandwich and salad

Served with fresh salads

Hummus & roasted vegetable (V) 6

Egg mayo 6

Avocado smash with salad (V) 6.5

Brie & berry 6.5

Add small bowl of soup 2.5

Toastie and salad (V av) 7.2

2 fillings from: cheese, hummus, tomato, chutney or onion. Served with fresh salads

Add small bowl of soup 2.5

Herculean salad of the day (V av) 9

A generous bowl of fresh salads and seasonal specialties. See special menu

Savoury tart & salad 9

See special menu for today's fillings.

Served with fresh salad leaves

KIDS' MENU



(Not for adults! Served from 11.30am)

Beans on toast with cheese 3

Banana and honey on toast 3

Soup and bread (V) 3

Toastie (V av) 3.5

Choice of cheese, tomato or peanut butter

Cheese & tomato pizza 5

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All our dishes are vegetarian. (V) =vegetarian (V av) = vegan available



SIDES

Hummus with veggie sticks (V)

Homemade hummus with raw seasonal vegetables

3.5

Sweet potato wedges (V)

Served with garlic mayonnaise or chutney

3.75

DRINKS

Hot drinks

All our coffee is fairtrade and available in decaffeinated

	Regular	Large
Coffee	2.2	2.6
Latte	2.6	3.5
Cappuccino	2.6	3.5
Espresso	2	2.5
Flat white	3.3 (2 shots)	
Mocha		3.3
Extra shot of coffee		0.5
Hot chocolate	1.8 (kids)	3.3
Pot of tea		2.2
Herbal tea		2.2
Turmeric latte		3.5
Alternative milks*		
Soya & Oat		no extra
Almond & Coconut		0.4

Cold drinks

Freshly made juices

5

See blackboard for today's juice

Large glass of apple juice

2.3

Large glass of orange juice

3

Bottled juices

2.5

'Karma Cola'

2.5

cola/lemonade/gingerale/orange

Bottled water

1.6

still/sparkling

Kids 'Pips'

1.2

Whole Earth can

1.8

cola/lemonade/elderflower/apple

SWEETS

Delicious Pillars home baking

Selection of cakes, scones, biscuits and patisseries including 'no gluten' choices.



95 – 100% organic menu

*We have adjusted prices to encourage use of milks with lower environmental impact

Cafe licence no OSH16273



No Gluten Containing Ingredients Menu

Please note that the following menu items have been made with No Gluten Containing Ingredients. Although care has been taken to minimise any gluten, we cannot guarantee that they are gluten free. **Tell staff if you are ordering from this menu.**

BREAKFAST MENU (Served 9–11.30am)

Veggie Breakfast 8

2 soft poached Pillars hens eggs or one vegan sausage*, fried mushrooms, tomato and baked beans served with wheat free toast and butter

Wheat free toast 3.5

Served with jam, honey, or peanut butter

Poached eggs & wheat free toast 5.2

2 soft poached Pillars hens eggs with wheat free toast and butter

Porridge (V) 3.5

Made with gluten free oats and coconut milk, choice of honey, maple syrup or fruit

MAIN MEALS (Served from 11.30am)

Pillars bean burger (V) 9

Homemade burger in a wheat free focaccia, served with chutney or caramelised onions and side salads

Soup of the day 5.25

Check the blackboard for today's delicious offering. Served with wheat free bread

Buckwheat crepe

See special menu for daily fillings

Herculean salad of the day 9

Made with fresh seasonal produce. See special menu

Vegetable curry 8

Made from seasonal vegetable, served with quinoa

SIDES

Hummus with veggie sticks (V) 3.5

Homemade hummus with seasonal vegetables

Sweet potato wedges (V av) 3.75

Served with garlic mayonnaise

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