

# SENIOR MOMENTS

Morrow County's Monthly Newsletter

FEBRUARY

**Seniors on Center**

**41 W. Center St.**

**Mt. Gilead, Ohio 43338**

**419-946-4191**

**Website: [www.seniorsoncenter.org](http://www.seniorsoncenter.org)**

**Center Hours**

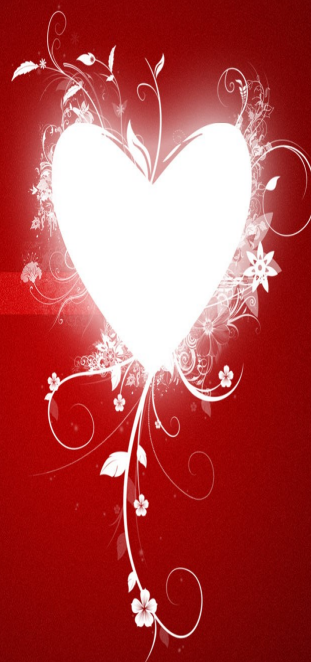
**Monday—Friday**

**8:00AM-4:30PM**

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HAPPY  
VALENTINE  
DAY



HAPPY  
VALENTINES  
DAY, FROM  
ALL OF US  
AT SENIORS  
ON CENTER!

## **EUCHRE**

**THURSDAY, FEBRUARY  
6TH, 13TH, 20TH, & 27TH**



Starting at 11:00AM, join us for a progressive game of euchre. Lunch break will be from 12:00-12:30PM.

## **BINGO**

**TUESDAY, FEBRUARY 4TH  
FRIDAY FEBRUARY 7TH &  
TUESDAY FEBRUARY 25TH**



Join us from 1:00-3:00PM for Bingo. Kingston is now coming in on the first Friday of each month. There is also a white elephant bingo once a month.

## **MUSIC AND MEAL**

**MONDAY, FEBRUARY 3RD,  
10TH, & 24TH**



Each week, we have a meal with music to follow. This starts at 5:00PM. Please call by Friday before 1:00PM, to reserve your spot.

## **LUNCH AND LEARN**

**FRIDAY, FEBRUARY 28TH**

Join us for Lunch and Learn, we will be doing a Spring related craft with Marty Barnett from the Mt. Gilead Library.

Please RSVP by February 27th by 1:00PM

## **SENIOR CENTER SINGERS**

**TUESDAY FEBRUARY 11TH  
AND FRIDAY FEBRUARY 21ST**



Are you a singer? If so, plan to join our Senior Choir from 2:30-3:30PM.

## **MEMBERSHIP**

It's that time of the year again to renew your membership. Starting January 1, 2020 Seniors on Center membership will be going up to \$20.00 for the year.

So stop on in and sign up.

## **WINNERS OF THE RAFFLE**

**DECEMBER 20TH**

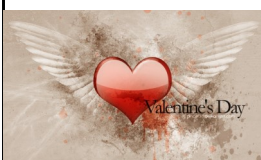
Heather Kraft– Electric Skillet, Pam Eastep-Large rug, Eileen Drake-2 small rugs. Congratulations to our winners, and thank you to all that participated!

## **VALENTINES DAY**

**PARTY**

**WEDNESDAY**

**FEBRUARY 12TH**



Come in and enjoy lunch from 12:00-1:00PM with us for Valentines Day. We will be having a contest for king and queen and enjoying punch and cookies after lunch. Lunch is a suggested donation of \$3.00.

**NASHVILLE TENNESSEE**

**MAY 11TH-15TH**

Join us on a trip to Nashville Tennessee. We will be traveling with Diamond Tours on a fun week long trip. Please call Seniors on Center at 419-946-4191 and ask to speak to Sheila Stewart for more information.

**WINTER IS HERE**

A reminder that the transportation department will not provide transportation when the schools are closed. Please be certain that you have alternate transportation if you must go out in bad weather. Also, please try to ensure your walkways and steps are cleared if you have transportation or meals. This is for the safety of you, our drivers and our volunteers. Thank you!

**AARP Tax Aides are ready for you!**  
**On Tuesdays at Job and Family Services**

**619 W. Marion Rd., Entrance D**

**Mt. Gilead, OH 43338**

**Please call 419-946-8480 to schedule an appointment (REQUIRED), beginning Jan. 6, 2020 to have your taxes prepared and e-filed.**

**Please bring a copy of your last year's return along with a picture ID for the taxpayer(s) on the return.**

**Social Security cards or ITIN documentation for all.**

**Income documents – Forms W2, SSA 1099, 1099R, 1099G, 1099INT, 1099DIV and any other 1099 forms, self-employment income along with any other income documents you may have.**

**Brokerage statements – sale of stocks or bonds.**

**Healthcare – Form 1095 A, B, or C**

**Bank check for direct deposit/debit refund/balance due.**

**Receipts for all deductions to itemize.**

**Records of federal and state taxes paid.**

**Educational expenses – Form 1098-T and expense receipts.**

**Looking forward to helping you!**

## VOLUNTEER OF THE MONTH



The Staff of Seniors on Center, and all the people she serves, would like to thank Terri Conner, for her many years of dedication to her community.

For the past year, Terri has volunteered at the center helping with Meals on Wheels and Bingo.

Terri was born on April 15, 1962 in Columbus, Ohio. She attended school at St. Francis DeSales in Columbus. She married her husband, Lynwood Conner, Friday April 13, 1984. She has three children, and three grandchildren.

He worked 10 years at the Morrow County Hospital Kitchen, where she started in the kitchen, cooking for the schools, meals on wheels, patients and employees.

Terri volunteered at the schools when her children were young doing playground duty, library helper and running the bingo for the school.

In his spare time, Terri enjoys swimming, going for walks in the woods and going yard saling with her granddaughters.

Thank you Terri for all your service to our community.



# JUST BECAUSE WE LOVE YOU

G P Q I N O I T O V E D Z X N  
 N I T Q X G O O D W I L L S W  
 I H E R E L A T I O N S H I P  
 R S Z N U D F O N D N E S S O  
 A D X T D N S P A S S I O N N  
 C N G Z G E O O U W G Z O O O  
 T E N G E S A I P I X F A A I  
 D I I N G C M R T T V X E Q S  
 P R T I K N N U M A H K C B S  
 A F O N B U E A H E R A A S A  
 Y C D R G Q I W M V N O A O P  
 S P M A C L M Z R O B T D J M  
 U X Z E R C K Y T Z R N J A O  
 D E J Y S S E N R E D N E T C  
 S D F S R L K I N D N E S S I

FONDNESS  
 TENDERNESS  
 ENDEARMENT  
 ADORATION  
 COMPASSION  
 FRIENDSHIP  
 RELATIONSHIP  
 ROMANCE  
 DEVOTION  
 PASSION  
 YEARNING  
 CARING  
 KINDNESS  
 GOODWILL  
 DOTING

## **FUN FACTS ABOUT VALENTINES DAY**

Every year, more than 36 million heart shaped boxes of chocolates are sold across the country.

Sorry men, it looks like you'll be spending twice as much as women this year on gifts. The average man spends \$130 on Valentine's Day, while women spend about \$70.

Don't forget about your pets! Every year, around 9 million people buy their pets a Valentine's Day gift.

February 14th is the second largest card giving day of the year, just after Christmas. This year, it's expected that 1 billion cards will be exchanged around the world.

Teachers receive the most Valentine's Day cards, followed by kids, mothers, wives and girlfriends.

Hallmark was one of the first to mass produce a Valentine's Day card, all the way back in 1913.

More than one-third of men are comfortable not receiving anything from a lover on Valentine's Day.

## EVENTS AND IMPORTANT DATES

Monday	Tuesday	Wednesday
<b>3</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>5:00PM</b> MEAL, MUSIC BY THE COUNTRY TRAVELERS	<b>4</b> <b>9:00AM</b> MARENGO/FULTON SENIORS MEETING AT LEGACY <b>1:00-3:00PM</b> BINGO	<b>5</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>11:00AM</b> GAMES BREAK FOR LUNCH 12:00-12:30PM
<b>10</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>NOON</b> MARENGO/FULTON SENIORS MEETING AT AMERICAN LEGION HALL <b>5:00PM</b> MEAL, MUSIC BY THE MONDAY NIGHT RAMBLERS	<b>11</b> <b>2:30-3:30PM</b> CHOIR PRACTICE	<b>12</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>12:00-1:00PM</b> VALENTINES DAY PARTY
<b>17</b> <b>CLOSED IN OBSERVATION OF PRESIDENTS DAY</b>	<b>18</b> <b>12:30PM</b> SPARTA GOOD TIME SENIORS MEET @ HIGHLAND PIZZA	<b>19</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>11:00AM</b> GAMES BREAK FOR LUNCH 12:00-12:30PM
<b>24</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>NOON-4:00PM</b> COMMODITIES <b>5:00PM</b> MEAL, MUSIC BY THE COUNTRY TRAVELERS	<b>25</b> <b>9:00AM-NOON</b> COMMODITIES <b>1:00-3:00PM</b> BINGO	<b>26</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>11:00AM</b> GAMES BREAK FOR LUNCH 12:00-12:30PM

## EVENTS AND IMPORTANT DATES

Thursday	Friday
<p>6</p> <p><b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM 1:00-3:00PM MARC FOLLIN MEDICARE</p>	<p>7</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS <b>1:00-3:00PM</b> KINGSTON BINGO GAMES</p>
<p>13</p> <p><b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM</p>	<p>14</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS GAMES</p>
<p>20</p> <p><b>9:30-10:30AM</b> BELTONE <b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM</p>	<p>21</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS <b>2:30-3:30PM</b> CHOIR PRACTICE GAMES</p>
<p>27</p> <p><b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM</p>	<p>28</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS <b>NOON</b> CARDINGTON SENIORS MEET @ SENIORS ON CENTER <b>NOON</b> LUNCH AND LEARN A CRAFT WITH MARTY BARNETT FROM THE MT. GILEAD LIBRARY GAMES</p>

## Happy Anniversary

Marilyn & Richard  
Short  
2/9



## NEW MEMBERS

Joanne Trainer  
Sandra Law  
James Law  
Glen Klosterman  
Luella Klosterman  
Dottie Cooper McAvoy  
Kathy Cooper  
Al Miller



## IMPORTANT INFORMATION

### Emergency Food Pantry

Never leave your cupboards bare. Keep a variety of nutritious foods on hand for quick, easy, economical meals when weather, natural disaster or illness keeps you at home. Purchase several foods from each group. Use or replace items every 6 months.

### Meat and Meat Substitutes

Tuna fish, canned chicken, beef stew, macaroni & cheese, spaghetti and meatballs, baked beans, hearty or chunky soups, condensed soups (split pea or minestrone), peanut butter.

### Cereals, Breads, Pasta

Hot cereal, cold cereal, rice, noodles, spaghetti, corn muffin mix, whole wheat crackers, sesame bread sticks, oatmeal cookies.

### Fruit and Vegetables

Canned vegetables (green beans, spinach, corn, peas, beets, carrots, mixed vegetables): Canned fruit (apricots, peaches, pears, applesauce, plums, raisins, grapefruit): fruit, tomato, and vegetable juice, bean salad, beets.

### Milk and Milk Products

Non-fat dried or evaporated milk. Pasteurized process cheese spread.

### Other Foods

Instant soups, coffee or tea, hot chocolate mix, Jam or jelly, vegetable oil, bottled salad dressing, jello, instant pudding mix.



### LEGAL AID

Karen McVay is available (by appointment only) to assist you in any legal questions you may have. Please give her a call and set up your appointment today! 740-383-2161



### MEDICARE



Marc Follin will be in for Medicare , February 6th 1-3PM to suit your needs at the Seniors on Center

### BELTONE

Whitney Neal will be here for your hearing aid needs, February 20th from 9:30-10:30. Please call the center 419-946-4191 or Beltone at 740-389-5566, to set up your appointment.



### HOME DELIVERED MEALS

A hot, well-balanced lunch is available daily to shut-ins living in Morrow County. Weekend and Holiday frozen meals are also available upon request.

### LUNCH AT SENIORS ON CENTER

A hot lunch is served daily from 11:30AM to 12:30PM. Reservations are required at least 24 hours in advance.



### TRANSPORTATION

Handicapped accessible transportation for doctor appointments, beauty shop, grocery shopping, social activities, therapy, etc.. is available. Transportation for medical appointments outside the county can usually be arranged with a 48 hour notice

### CARDINGTON SENIORS

FRIDAY, FEBRUARY 28TH, AT 12 NOON  
RESERVATION REQUIRED—\$3.00 SUGGESTED  
DONATION

SENIORS ON CENTER,  
41 W. CENTER ST., MT. GILEAD  
MARIE CHRISTIANO 419-751-7579

### CHESTERVILLE SENIORS

NO MEETINGS IN FEBRUARY OR MARCH  
SELOVER LIBRARY, 31 STATE ROUTE  
95,CHESTERVILLE  
SUZI LYLE 419-768-3431



### SPARTA GOOD TIMES SENIORS

TUESDAY, FEBRUARY 18TH, AT 12:30PM  
YOUR OWN COST  
HIGHLAND PIZZA  
6530 STATE ROUTE 229, SPARTA  
DICK SEARS 419-768-2050

### MARENGO/FULTON SENIORS

BREAKFAST AT LEGACY  
TUESDAY FEBRUARY 4TH, AT 9AM,  
AMERICAN LEGION HALL  
1549 COUNTY RD 26, MARENGO, OH  
MONDAY FEBRUARY 17TH, AT 12 NOON  
JOYCE TAYLOR 419-253-0727

# MENU (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Veal Patty Bun Baked Beans Corn Malibu Fruit Mix Milk</p>	<p>4</p> <p>Sliced Turkey Peas &amp; Carrots Mashed Potatoes Peaches Roll Milk</p>	<p>5</p> <p>Spaghetti w/ Meat Sauce Green Beans Cauliflower Mandarin Oranges Milk</p>	<p>6</p> <p>Burger Bun Vegetable Soup Beet Salad Applesauce Milk</p>	<p>7</p> <p>Taco Meat Tortilla Lettuce Corn &amp; Black Bean Mix Pineapple Milk</p>
<p>10</p> <p>Chicken Breast Prince Charles Veggie Blend Lima Beans Strawberries Pasta Sauce Milk</p>	<p>11</p> <p>Beef Stroganoff Broccoli Corn Mandarin Oranges Cookie Milk</p>	<p>12</p> <p>Salisbury Steak Mashed Potatoes Peas &amp; Onions Cinnamon Apple Crisp Bread Milk</p>	<p>13</p> <p>Pizza Patty Bun Mediterranean White Bean Soup Beet Salad Mandarin Oranges Milk</p>	<p>14</p> <p>Chicken Alfredo Cooked Spinach Cooked Carrots Pears &amp; Blueberries Milk</p>
<p>17</p> <p>CLOSED IN OBSERVATION OF PRESIDENTS DAY</p>	<p>18</p> <p>Chicken Leg Green Beans Cauliflower Peaches Roll Milk</p>	<p>19</p> <p>Roast Pork Scalloped Potatoes California Blend Veggies Sliced Apples Roll Milk</p>	<p>20</p> <p>Ham &amp; Swiss Bun Vegetable Soup Cucumber Salad Apricots Milk</p>	<p>21</p> <p>Hungarian Goulash Prince Charles Veggie Blend Corn Pineapple Roll Gingerbread Cookie Milk</p>
<p>24</p> <p>Ham &amp; Turkey Sandwich Cooked Carrots Wax Beans Cinnamon Apple Crisp Cookie Milk</p>	<p>25</p> <p>Pot Roast Mashed Potatoes California Blend Veggies Pears Breadstick Milk</p>	<p>26</p> <p>Cheese Ravioli w/ Marinara Sauce Cooked Spinach Carrot Raisin Salad Milk</p>	<p>27</p> <p>Burger Bun Tomato Basil Soup Tossed Salad Pineapple Milk</p>	<p>28</p> <p>Breaded Eggplant w/ Marinara Sauce Green Beans Malibu Fruit Mix Garlic Bread Marshmallow Crispy Bites Milk</p>

## HAPPY BIRTHDAY

Gertrude Arnold

John Batier

Marie Bishop

Janet Burns

Nancy Cooper

Barbara Dendinger

William Goodman

Naomi Gorman

Ralph Hawk

Rose Hayes

Donald Helman

Wilma Hinkle

Martha Kubbs

Darrell Levings

Pam Lyons

Pat Marshall

Floyd McKee

Jamie Palmer

Robert Quinn

Barbara Ronk

Goldie Sheets

Sandy Snyder

Carolyn Stockdale

Audrey Swango

Jeannette Warwick

Marilyn Weiler

Fred Williamson

Tony Amato

Shirley Morris

Happy Birthday!

**This Newsletter is published by:**

Morrow County Services for  
Older Citizens, Inc.  
dba Seniors on Center  
41 West Center Street  
Mt. Gilead, OH 43338

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43338  
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**MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.**

**419.946.4191 \* 419.946.1037 facsimile**

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.