

Through funding available from the Australian Federal Government, Sprout Family Psychology is able to offer a number of options to assist children with developmental disabilities and their families to gain support.

We offer:

- Assessment of Autism Spectrum Disorder, using the gold standard Autism Diagnostic Observational Schedule (ADOS-II);
- Functional assessment in order to gain a snapshot of a child's current ability with activities of daily living;
- Strategies to reduce and manage challenging behaviours both within the home and other environments, for example at childcare or Prep;
- Parenting strategies, including focussing upon parental self-care and behavioural management strategies;
- Attachment-based interventions focussed upon developing child-parental relationships;
- Behavioural plans and intervention for sleep difficulties and toileting difficulties;
- Intervention to assist children in developing skills for the recognition of emotional cues;
- Development and training of social skills, including those for one to one communication, sharing, conversation; anger and frustration management;
- Task analyses, and the identification and chaining of required skills in order to develop more appropriate behaviours;
- Implementation of environmental enrichments/management strategies to reduce the frequency of repetitive behaviours with an environmental precipitant;
- Implementation of functionally equivalent behaviours/behavioural rules to assist in the management of socially inappropriate behaviours;
- Development of exposure programs designed to increase child's flexibility within non-routine circumstances.
- Improving access to community, including opportunities for socialisation with peers and opportunities to develop skills; and
- The treatment of anxiety, including obsessive compulsive symptoms.

Before diagnoses

Medicare – Helping Children With Autism

Medicare items are available for the assessment and creation of a treatment and management plan by a consultant paediatrician (MBS item 110-131) or a psychiatrist (MBS item 296-370) for a child aged under 13 years.

Up to four diagnostic / assessment services can be delivered by Sprout Family Psychology psychologists to assist in gathering further information to assist in your diagnoses or to contribute to a child's treatment and management plan (for a child under 13 years of age).

Department of Social Services – Better start for Children with a Disability

Medicare items are available for the assessment and creation of a treatment and management plan by a consultant physician (MBS item 104-131 or 296-370 excluding item 359) or a General Practitioner (MBS item 3-51) for a child aged under 13 years.

Up to four diagnostic / assessment services can be delivered by Sprout Family Psychology psychologists to assist in gathering further information to assist in your diagnoses or to contribute to a child's treatment and management plan (for a child under 13 years of age).

After diagnoses

Department of Social Services - Helping Children with Autism (HCWA) funding

Children (and their families) from 0 to 6, who are either an Australian citizen or the holder of a permanent resident visa or the holder of a Special Category Visa; with a diagnosis of:

- Autism
- Autism Spectrum Disorder
- Autistic Disorder
- Asperger's Disorder/Syndrome
- Childhood Disintegrative Disorder; or
- Pervasive Developmental Disorder – Not Otherwise Specified (PDD-NOS)

made by or through a State/Territory government or private multidisciplinary assessment service, a Paediatrician or a Psychiatrist.

Following diagnosis, families contact an Autism Advisor in their state or territory who will provide information regarding eligibility, available funding and Early Intervention and other support services. Funding of up to \$12,000 (maximum of \$6,000 per financial year) can be accessed until the child's seventh birthday can be used for the provision of services to assist a child, including psychology

Department of Social Services - Better Start for Children with a Disability

Children (and their families) from 0 to 6, who are either an Australian citizen or the holder of a permanent resident visa or the holder of a Special Category Visa; with a diagnosis of:

- Down syndrome
- cerebral palsy
- Fragile X syndrome
- a moderate or greater vision or hearing impairment,
- Prader Willi syndrome
- Williams syndrome
- Angelman syndrome
- Kabuki syndrome
- Smith-Magenis syndrome
- CHARGE syndrome
- Cornelia de Lange syndrome
- Cri du Chat syndrome
- Microcephaly or
- Rett's Disorder.

Following diagnosis, families contact Carers Australia (**1800 242 636**) who will provide information regarding eligibility, available funding and support services. Funding of up to \$12,000 (maximum of \$6,000 per financial year) can be accessed until the child's seventh birthday.

Medicare - Helping Children with Autism (HCWA) or Better Start for Children with a Disability funding

Up to 20 focussed psychology treatment services can be delivered for children under 15 years of age (provided a treatment and management plan is in place before their 13th birthday), with a rebate available through the Medicare system. This applies to both Autism Spectrum Diagnoses and the other disabilities listed above.