



WESTCHESTER TRAILS ASSOC.

Join our Yahoo group: <http://groups.yahoo.com/group/westhike>

SPRING HIKING SCHEDULE JUNE, JULY and AUGUST, 2019

Hikes ratings are based on terrain (mileage is stated separately in the description). An "easy" hike is one with relatively flat terrain while "easy to moderate" adds rolling hills. A "moderate" hike has steeper grades, possibly going up and down all day, and may involve some bushwhacking or short rock scrambles (like much of Harriman Park). A "strenuous" hike has steep ascents, often with rough or difficult terrain on much of the hike (like most Schunemunk trails, Breakneck Ridge, etc.). These ratings apply during good weather. Bad weather may lead to poor footing and increase the difficulty of any hike.

Hiking boots and sufficient drinking water (1-2 liters) are required on all hikes. A trail lunch should be carried unless otherwise noted. Hikers with improper footwear, without sufficient water, or who are otherwise unprepared, may be refused or turned back by the leader. Well behaved dogs on leashes are welcome if the hike is listed as "dog friendly," but dogs are not allowed on other WTA hikes. New hikers are asked to contact the leader in advance of the hike. In fairness to yourself and others, please choose a hike that is within your abilities - contact the leader if you have any questions about the level of difficulty or experience required. All who participate in the activities of Westchester Trails Association (WTA) do so at their own risk.

A hike listing with an "NWP" designation means that the group meets in the parking lot of the North White Plains train station at the stated time for a carpool to the trailhead. (Otherwise, please contact the leader for information about the meeting time and place and whether public transportation is available.) To reach the NWP lot, take the Bronx River Parkway to Fisher Lane in North White Plains and follow the train station sign. The parking lot is half a block from the turn, on the right hand side, before the underpass. There is no charge in this lot on Saturdays or Sundays. If coming by train please notify the leader. Walk down the stairs from the train platform to the parking lot on the NYC bound side, then walk north toward the toll booth.

We encourage carpooling to the hike site. This arrangement is entirely voluntary and entails no obligation on the part of the drivers. Passengers should reimburse the driver for a share of the expenses. We suggest that you multiply the miles driven round trip (to and from the trailhead) by 30¢ per mile, add tolls and parking fees if applicable, and divide the total by the number of people in the car (including the driver). You may wish to round these amounts up or down to the nearest dollar, to make things easier.

A schedule of WTA activities is printed 4 times a year. If a leader's contact information is not listed below, please e-mail Eileen West at eileenw1000@gmail.com for details.

To become a member, please visit the "Join/Contact" page on our website for an application and dues payment options.

Our hikes are joint with ADK Mohican unless otherwise noted

Saturday, June 1 - **Hook Mountain**. 6 miles, moderate terrain. Spectacular views while walking along the top of the Palisades. Starting near Rockland State Park (near the fire house), we will take the aqua-blazed Long Path south and do a counter-clockwise circular to the white Upper Nyack trail and then return along the shore. To register contact leader Frank Lee at fleessa@yahoo.com.

Sunday, June 2 - **TWO HIKES TODAY:**

Sunday, June 2 - **Croton Circular, Plus Ice Cream**. 14-15 miles, easy to moderate terrain.

Hike from Croton into Ossining and back again by way of the Old Croton Aqueduct, Sunny Ridge Preserve, the Briarcliff Peekskill Trailway north through Teatown, then circle west to the Croton River. Continue through Croton where we'll stop for homemade ice cream at the Blue Pig before returning to our cars. Contact leader to register: Eileen West, eileenw1000@gmail.com. Awful weather cancels. *This is a New York Ramblers hike. Qualifies for the Westchester 100 (Nos. 19, 62 and 72).*

Sunday, June 2 - **Butler Sanctuary, Mt. Kisco, NY**. 4-5 miles, easy to moderate terrain. This is a nice mixture of some steep hills in between rolling hills and flat terrain and varying scenery including ferns, large boulders, several streams, and a hawk watch area. Call the leader, Jean Dolen, to register at (914) 522-4310. *Qualifies for the Westchester 100 (No. 49).*

Saturday, June 8 - **TWO HIKES TODAY:**

Saturday, June 8 - **Southern Harriman Circular**. 8-9 miles, moderate to strenuous terrain. This hike will bring us to two scenic lakes, the Dutch Doctor Shelter and Claudius Smith's Den all while providing panoramic views and over 2100 feet of elevation gain. For further information or to register contact Bob Fiscina at fis6973@verizon.net. Rain cancels. No beginners please.

Saturday, June 8 - **Taxter Ridge Park Preserve**. 3-4 miles, easy to moderate terrain. This leisurely walk with some hills will be on the preserve's reopened and reblazed trails, in lovely woods with tall trees high above. Meet 10 a.m. at the newly built parking lot on Taxter Road. From Route 119 go south on Taxter Road for about half a mile - the parking lot is on the right. If coming from U.S. 9, turn east on Sunnyside Lane. The name of the road changes to Taxter Road when it reaches the fork - stay left (on Taxter) for about a mile. The parking lot will be on your left. We will stop briefly for an early lunch or a snack. Rain cancels, but prediction of rain does not. Leader: Ellie Carren (914) 591-7038. May call up to 11 p.m. if you have any questions. *Qualifies for the Westchester 100 (No. 3).*

Sunday, June 9 - **WTA's Annual Meeting at Westmoreland Sanctuary.**

Saturday, June 15 - **TWO HIKES TODAY:**

Saturday, June 15 - **Sapphire Trail and Indian Hill**. 8-9 miles, moderate terrain. Ever wonder why you never knew of or hiked the Sapphire Trail? Well, here's your chance to fix that hiking deficiency. This lollipop starts at the Harriman railroad station on Route 17, 3/4 of a mile south of the village of (where else?) Harriman. We'll hike to and around Indian Hill in the northern end of Sterling Forest, with some enjoyable views on the Indian Hill loop...after a noteworthy climb. No steep scrambling, but some rocky terrain on the loop to deal with. A non-climbing option is available as well. For people who like to know where they are going in advance, the hike is on the Sterling Forest Map #100, upper right. The hike can be shortened depending on heat and humidity. Rain cancels. Leader: Howard Millman, hwardmillman@aol.com, (914) 439-8031.

Saturday, June 15 - **Hilltop Hanover Farm, Yorktown Heights**. 3-4 miles, easy terrain. This is a short hike through shady woods, passing a vernal pond and rock cliffs, and ascending to a leafy hilltop. Meet in the trailhead parking area: From the Taconic State Parkway, take the Millwood/Route 100 exit. At the traffic light at Route 100, turn right. Head north for 3.9 miles and then turn left onto Route 118. Take the first right turn onto Hanover St. and proceed 1.4 miles to the trailhead parking area on the right, on the opposite side of the road from Hilltop Hanover Farm. Bring water and a snack. Register with the leader, Sheila Sarkar, shechris6@gmail.com or (914) 498 2464. *Qualifies for the Westchester 100 (No. 6).*

Sunday, June 16 - **TWO HIKES TODAY:**

Sunday, June 16 - **Hudson Highlands Loop.** 7 miles, moderate terrain. Join the leader for a hike in the Hudson Highlands. The Wilkinson Memorial and Breakneck Bypass trails will be combined for an outing with moderate elevation gain. The pace will be compassionate as we want to stay together and so we don't leave the leader behind. To be clear, we will not be doing the steep Breakneck Ridge ascent. Bring a lunch and two liters of water. Leader: Steve Klepner, spk010@yahoo.com. (845) 297-7066.

Sunday, June 16 - **Mountain Lakes Camp.** 6-7 miles, easy to moderate terrain. This is a three to four hour hike through a County park on carriage roads and wooded trails with a few short steep hills and some view areas, plus a partially restored camp from the olden days. Bring lunch and water. Leader: Jean Dolen, (914) 522-4310. *Qualifies for the Westchester 100 (No. 57).*

Saturday, June 22 - **A HIKE AND A CANOE/KAYAK TODAY:**

Saturday, June 22 - **Ward Pound Ridge.** 4-5 miles, easy to moderate terrain. Join the leader as we walk at an easy pace on one of the trails with either brown or red markers in this pleasant area. Hiking boots are strongly suggested. Bring a lunch or snack and at least a quart of water. We will car pool from the nearby shopping center so bring a few single dollar bills to contribute to the entrance fee. Please, no calls after 9 PM. Leader Steve Klepner, (845) 297-7066, spk010@yahoo.com. *Qualifies for the Westchester 100 (No. 63).*

Saturday, June 22 - **Canoe / Kayak - Bantam River, Litchfield, CT.** We'll explore the Bantam River in Connecticut. The river enters and exits the lake at the north end providing superb quiet water paddling through an extensive tract of land protective by the White Memorial Foundation. We will put in at the inlet and paddle upstream on this gently twisting river for a few miles to Little Pond; then downstream reaching the north end of the lake; explore along the shoreline and the outlet. Meet at 10:00 at the Bantam Market on the right near the junction of Rt. 202 and Rt. 209. Bring boat, paddle, lifejacket, lunch, and a willingness to explore. Call leader to register. Jane Smalley (914) 276-0413 or e-mail jsmallpt@aol.com.

Sunday, June 23 - **TWO HIKES TODAY:**

Sunday, June 23 - **To the Timp and Back.** 6 miles, moderate to strenuous terrain. This hike will start at the Timp-Torne trailhead on Route 9W. There is an initial steep ascent and breathtaking views of the Hudson. Once we reach the Timp (with more expansive vistas) we will return on the Ramapo-Dunderburg Trail to the 1777 Trail and Jones Road back to the Timp-Torne Trail. Leader: Joe Rodriguez. Please email jpr50@optonline.net for information and to register.

Sunday, June 23 - **Teatown Lake Reservation.** 5 miles, easy to moderate terrain. Come out on this summer day and enjoy a hike at Teatown. The hike combines several trails and includes a stop at scenic waterfall. Bring lunch and water. Contact Leader Elspeth Kramer at (347) 262-4802 or email elspethkramer@aol.com for time and meeting spot. *Qualifies for the Westchester 100 (No. 62).*

Saturday June 29 - **TWO HIKES TODAY:**

Saturday June 29 - **Sterling Forest Fire Tower, and More.** 6-8 miles, moderate to strenuous terrain. The length of this hike will depend on weather conditions, taking us to the fire tower plus other sites depending on how hot the day is. Rain cancels; no beginners please. Contact leader for meeting time and other information. Leader: Mike Jablonski, mjab5749@gmail.com.

Saturday, June 29 - **Butler Sanctuary in Bedford/Mt. Kisco**. 3-4 miles, easy to moderate terrain. This is a lovely hike, perfect for those who want to graduate from easy to moderate hikes. One trail is fairly level and the other trail we take is moderate as there is some elevation. Good hiking boots are suggested; bring water and a snack. To register, contact Carol Harting at c.harting@verizon.net. *Qualifies for the Westchester 100 (No. 49)*.

Sunday, June 30 - **Rockwood to Rockefeller**. 7 miles, easy to moderate terrain. This hike will be approximately four hours through rolling hills and on flat carriage roads with views of the Hudson River and Hook Mountain in Nyack. Bring lunch, water, snacks. Leader: Jean Dolen, (914) 522-4310. *Qualifies for the Westchester 100 (Nos. 38 and 59)*.

Thursday, July 4 - **Osborn Loop**. 7 miles, moderate terrain. We will start from the parking lot for Manitoaga (off Route 9D in Garrison) and hike through Manitoaga and along the Osborn Loop up to the wonderful lunch spot on Sugarloaf South overlooking the Hudson. This will be about 4 hours plus lunch. Good hiking boots are suggested; bring water and lunch. Email Carol Harting to register at c.harting@verizon.net.

Saturday, July 6 - **THREE HIKES TODAY:**

Saturday, July 6 - **Pingyp (Harriman Circuit Hike #21)**. 7.1 miles, strenuous terrain. This hike is not for the faint-hearted! Although the elevation gain is "only" 1495 feet, it includes steep climbs up craggy, pitch pine-dotted ledges and a crevice and is considered the most challenging hike in Harriman State Park. Of course you will be rewarded for all your hard work with spectacular views. Contact leader for meeting time and place. Kathie Laug, (203) 348-3993(H), (203) 722-5490(C), kfriedmanlaug@optonline.net.

Saturday, July 6 - **NYC Walk**. 11 miles, easy terrain. From the Harlem 125th St Metro North Station we will walk to the George Washington Bridge to see the "Little Red Lighthouse under the Great Gray Bridge" (this is the name of a book for children) where we will have a bring-your-own-picnic-lunch and leader will bring the cookies. From the bridge we will walk south on Convent Avenue, historic, charming and beautiful. We will see the house in the movie "The Royal Tenebaums", stop at Hamilton Grange and walk through the City College of New York campus. There will be options to shorten the walk. For questions and to register, contact the leader, Linda Wildman, at lindawildman88@verizon.net or text/call (914) 316-5674.

Saturday, July 6 - **Pound Ridge Ice Cream Hike**. 7-8 miles, easy to moderate terrain. Explore the trails within the Armstrong and Richards Preserves, then head over to Ward Pound Ridge where we'll check out the Leatherman's Cave and the sights along the Rocks Trail before stopping near the end of the hike for one of the unique flavors offered at Bluebird Homemade Ice Cream. Short shuttle required. Contact leader to register: Eileen West, eileenw1000@gmail.com. Rain cancels. *Qualifies for the Westchester 100 (Nos. 63 and 95a)*.

Sunday, July 7 - **TWO HIKES TODAY:**

Sunday, July 7 - **Cornell Mine-Doodletown Circular**. (NWP). 5-6 miles, moderate terrain. We will start this hike with a steady climb up the Cornell Mine trail in Harriman State Park, then have lunch at the Bald Mountain viewpoint before descending on the 1777 and other trails in an exploration of Doodletown. Contact the leader for meeting time and information: Alice Benash, ajrb3@verizon.net. Rain cancels.

Sunday, July 7 - **Mianus River Gorge, Bedford NY**. 5 miles, easy to moderate terrain. We hope to explore the new Cliff Trail on this morning hike, which will be done at a moderate pace. Bring water and, if you wish, a snack. Register with leader Jane Restani at irabjanea@aol.com by 5 PM on Saturday. *Qualifies for the Westchester 100 (No. 56).*

Saturday, July 13 - **TWO HIKES AND A CANOE/KAYAK TODAY:**

Saturday, July 13 - **Let's Explore the Lemon Squeezer**. 9 miles, moderate terrain. We will take in parts of the Long Path, Appalachian Trail, and the Arden-Surebridge trail in this extended Lemon Squeezer hike in Harriman State Park. In case of extreme heat, the hike may be shortened. Please contact the leader, Judy Hirschman, at hirschmanjudith@gmail.com no later than 48 hours prior to confirm and get location/time. Heavy rain cancels.

Saturday, July 13 - **Ice Cream Hike on the Bronx River Trailway**. 4 miles, easy terrain. We will walk on scenic paths along the Bronx River from the Crestwood train station down to Bronxville, pause to refresh at a local Häagen-Dazs, and then return to Crestwood. Meet the leader, Toby Garfinkel, (914) 337-6612, at 10 AM on the west side of the Crestwood station, which is just off Exit 8 of the Bronx River Parkway. Rain cancels.

Saturday, July 13 - **Canoe / Kayak - Basher Kill**. This is the largest freshwater wetland in southeastern New York which protects acres of habitat for all kinds of wildlife. We will keep an eye out for the eagle's nest high in an evergreen tree near shore. The leader will set up a shuttle for a one way paddle through the entire wetlands. There are no rentals nearby. Bring lifejacket, binoculars, lunch, and a sense of adventure. We will meet at 10:00 at the first put in above Haven Road. Call to register. Jane Smalley (914) 276-0413 or e-mail jsmallpt@aol.com.

Saturday, July 13 - **Run the Mild Rapids on the Delaware River**. RSVP required - please see "News and Notices" for details.

Sunday, July 14 - **TWO HIKES TODAY:**

Sunday, July 14 - **Bear Mountain**. 7 miles, moderate plus terrain. We will take about 1000 winding steps up to the summit on the Appalachian Trail, with a return through woods and rocky sections on the 1777 and Suffern Bear Mt. Trails. A beautiful view from the top surrounding Perkins Tower, an historical museum. There is a parking fee of \$10 per car without an Empire Passport. Call the leader, Jean Dolen, to register at (914) 522-4310.

Sunday, July 14 - **Black Rock Forest Hike & Swim**. 5 miles, moderate terrain. We'll hike around Black Rock Forest, then head to Sutherland Pond for a swim. May also see waterfall and "Jupiter's boulder." Blueberries may abound. Contact leader for time and place. Short shuttle involved. Leader: Carolyn Hoffman, carohof2@gmail.com, home (914) 948- 0608, cell (914) 420-5778.

Saturday, July 20 - **TWO HIKES TODAY:**

Saturday, July 20 - **Shady Side of the Hook**. 6 miles, moderate terrain, with an easy return on the Shore Path. We will take the Long Path north from Landing Road to take advantage of shade for our summer hike, both on the ridge and our return on the shore path. Contact leader to register: Catharine Raffaele, raffaele.catharine@yahoo.com.

Saturday, July 20 - **Bennett's Pond State Park, Ridgefield CT**. 4-5 miles, easy to moderate terrain. Enjoy a 2-3 hour walk through meadows, along a lake with beaver dams and water fowl, then onto a woods trail. Sturdy shoes and water are recommended. 10:00 AM start. Contact the leader,

Rosanne Schepis, to register at rschep@yahoo.com or (203) 417-5552.

Sunday, July 21 - TWO HIKES TODAY:

Sunday, July 21 - Sterling Mountain to the Bellvale Creamery. 7-8 miles, moderate terrain. Celebrate National Ice Cream Day on this linear hike featuring views from Sterling and Bellvale Mountains, lunch at Fitzgerald Falls, a fun scramble or two over Cat Rocks, and a reward at the end of the hike with a great view and some of the best ice cream in the area. Short shuttle required. Contact leader to register: Eileen West, eileenw1000@gmail.com. Rain cancels.

Sunday, July 21 - Teatown Lake Reservation. 4-6 miles, easy to moderate terrain. We will hike on various wooded trails including the Hidden Valley trail - depending on the weather and the group there is the possibility of one steep hill on the Overlook Trail. Meet the leader at 10 a.m. at the Nature Center. For directions check the preserve's website at www.teatown.org or call them at (914) 762-2912. There is a \$5 parking fee, so carpooling is encouraged. Leader: Sue Soni, surekhasoni1968@gmail.com, (914) 747-2452. *Qualifies for the Westchester 100 (No. 62).*

Saturday, July 27 - TWO HIKES TODAY:

Saturday, July 27 - Timp-Torne Trail. 11 miles, moderate to strenuous. This trail, which connects Harriman and Bear Mountain State Parks, runs from Route 9W up Dunderberg Mountain all the way north to Fort Montgomery while offering panoramic vistas of the Hudson. For information or to register contact Bob Fiscina at fis6973@verizon.net. Rain cancels. No beginners please.

Saturday, July 27 - Manitou Preserve. 4 miles, easy to moderate terrain. They have done a great deal of work in this preserve off Route 9D in Garrison – redesigning and blazing trails, addition of a stone stream crossing and construction of a riverfront cantilevered bridge on the river trail. This hike is perfect for a summer day, and 40% of the route is right along the Hudson River. It is considered a relatively easy hike but the trails are “rugged” meaning that they are narrow and rocky, but we will take our time. Good hiking boots and hiking poles are suggested. Bring sufficient water and a snack/lunch. To register, contact Carol Harting at c.harting@verizon.net.

Sunday, July 28 - Silver Lake Preserve, West Harrison, NY. 4-5 miles, easy to moderate terrain. The route of this 3 hour hike is through the woods with some fallen trees to navigate, and along a lovely lake. Leader: Jean Dolen, (914) 522-4310. *Qualifies for the Westchester 100 (No. 40).*

Saturday, August 3 - TWO HIKES AND A CANOE/KAYAK TODAY:

Saturday, August 3 - Silvermine Lake, Black Mountain and the A.T. 7 miles, moderate terrain. We will do a circular from the Silvermine parking lot, with an option at the end of the hike to ascend the old ski run, if folks want. Rain cancels. Leader Mike Kaplan, kaplanm2001@yahoo.com.

Saturday, August 3 - Muscoot Farm, Somers. 4-5 miles, easy to moderate terrain. We'll hike on several trails, through woods and across rolling farmland, stopping for lunch/snack in the gazebo if it is not too hot. Meet in the main parking lot for Muscoot Farm. From I-684, take exit 6 (Route 35) and head west. At route 100, turn left and go 1.5 miles to the farm. Register with the leader, Sheila Sarkar, shechris6@gmail.com or (914) 498 2464. *Qualifies for the Westchester 100 (No. 58).*

Saturday, August 3 - Canoe / Kayak - Chodikey Lake, Highland, NY. About 5 or 6 miles of lake and stream paddling. We will explore the meandering streams at both ends of the lake. They provide wildlife habitat with extensive wooded swamps plus stands of cattails and other marsh

vegetation. We may encounter several beaver dams on the south stream. Directions: New York State Thruway to Exit 18, New Paltz. We'll meet at 10:00 at the Mall. Turn left onto 299 and then a right into the mall. Call leader to register. Jane Smalley (914) 276-0413 or e-mail jsmallpt@aol.com.

Sunday, August 4 - **TWO HIKES TODAY:**

Sunday, August 4 - **Minnewaska Hike and Swim**. 8 miles, easy to moderate terrain. This is a scenic hike on carriage roads with spectacular views, plus lunch and a cooling swim at Lake Awosting (a dressing area is available). There is a \$10 per car parking fee unless you have an Empire Passport, so carpooling is encouraged. From the Thruway (I-87), head west on Rt. 299. Turn right at Rt. 44 - it is 4-5 miles to the park entrance. Park in the upper lot. Call the leader, Jean Dolen, to register at (914) 522-4310.

Sunday, August 4 - **Marshlands Conservancy**. 3-4 miles, easy terrain. Enjoy a two hour hike in this Rye preserve on a network of trails through a field, a deciduous forest and a salt marsh. Meet at 10:00 AM at the Conservancy parking lot, located at 220 Boston Post Road near the Rye Golf Course. Leader: Leslie Millman. Contact leader by e-mail at oooleslie@aol.com. Cell number is for day of hike changes only: (914) 552-7720. *Qualifies for the Westchester 100 (No. 9).*

Saturday, August 10 - **Blue Mountain Ice Cream Hike**. 7-8 miles, moderate terrain in Blue Mountain, easy after that. Discover some of the lesser-used trails in Peekskill's Blue Mountain Reservation, have lunch at the mountain's summit, and then head to the waterfront for ice cream at The Hudson Creamery (a 2018 "Best of Westchester" winner). Afterwards we'll check out the art at Riverfront Green Park and continue south along the Riverwalk to Fleishman's Pier, where the hike will end. Short shuttle required. Contact leader to register: Eileen West, eileenw1000@gmail.com. Rain cancels. *Qualifies for the Westchester 100 (No. 48).*

Sunday, August 11 - **TWO HIKES TODAY:**

Sunday, August 11 - **Mt. Taurus, Cold Spring**. 8.5 miles, moderate to strenuous terrain. This moderately paced hike with significant elevation will leave from Nelsonville and will likely climb Taurus from 2 sides. Register with leader Jane Restani at irabjanea@aol.com by 5 PM on Saturday.

Sunday, August 11 - **Cranberry Lake Preserve**. 3-4 miles, easy to moderate terrain. This is a two to three hour hike through a North White Plains preserve in an area of quarry used to build the Kensico Dam a century ago. Trails, some of which may be rocky, go past various ponds, woods, rock formations, bridges and the foundation of an old quarry building (the quarry climb is optional). Leader: Jean Dolen, (914) 522-4310. *Qualifies for the Westchester 100 (No. 51).*

Saturday, August 17 - **TWO HIKES TODAY:**

Saturday, August 17 - **Northern Harriman, Lake Skannatati Circular**. 8 miles, moderate terrain. The hike begins at the Lake Skannatati parking area off of Seven Lakes Drive. We use the Long Path and Dunning trails enroute to Island Pond for a scenic lunch before returning on the RD and ASB. Meet in the Lake Skannatati parking lot at 10 am. Leader: Marvin Pasternak, marvp7025@gmail.com, (917) 733-2259. Rain cancels.

Saturday, August 17 - **"Dog Days of Summer" at Baxter Preserve**. 3-4 miles, easy terrain. Let's do a short, easy hike in this North Salem preserve on this August day. Contact the leader, Barry Leibowitz, during the week before the hike to register at cell (914) 774-5321 or home (845) 278-2479 for the exact location and meeting time. Rain cancels. *Qualifies for the Westchester 100 (No. 46).*

Sunday, August 18 – **TWO HIKES TODAY:**

Sunday, August 18 – **Island Pond**. 5-6 miles, moderate terrain. This will be a circular hike with climbs and a stop at Island Pond in Harriman State Park. Pace will be adjusted to weather conditions. Leader: Catharine Raffaele, raffaele.catharine@yahoo.com.

Sunday, August 18 - **Bronx River Pathway Ice Cream Hike: NWP to Kensico Dam Plaza and Back**. 6 miles, easy terrain. Our ice cream stop on a hot summer day will be at the Village Creamery in Valhalla, which I find to be the best ice cream in Westchester. Option for going up to the top of the dam if we want to have a great view and warm up before ice cream. Meet at NWP, 10:00 a.m. Leader: Carolyn Hoffman, carhof123@aol.com, home (914) 948- 0608, cell(914) 420-5778.

Saturday, August 24 - **TWO HIKES TODAY:**

Saturday, August 24 - **Three Lakes/AT Loop**. 6-7 miles, moderate terrain. Enjoy a circular hike through the woods of Fahnestock State Park with some ups and downs on the Appalachian and Three Lakes Trails. Meet the leader at 9:30 AM at the large Canopus Lake roadside parking area on Route 301. Leader Minu Chaudhuri, minuch50@gmail.com or (914) 391-5918.

Saturday, August 24 - **Harts Brook Preserve**. 2-3 miles, easy terrain. Come for a pretty morning hike in Hartsdale in this preserve with a pond, greenhouse, specimen trees and shady woods. Meet the leader, Toby Garfinkel, (914) 337-6612, at 10 AM in the main parking lot, 156 Ridge Road, Hartsdale. From the Sprain Brook Parkway, take the Route 100B exit and head east. Turn right at West Hartsdale Avenue (Route 100A), continue for about 3 miles to Ridge Road, turn right again, and follow Ridge Road for 0.3 miles to the entrance on the left. Rain cancels. *Qualifies for the Westchester 100 (No. 5).*

Sunday, August 25 - **TWO HIKES TODAY:**

Sunday, August 25 - **Hubbard Perkins Round Hill in Fahnestock**. 7.5 miles, moderate terrain. This delightful hike starts at the "Hubbard Lodge", one-third mile north of the intersection of Routes 9 and 301 in Cold Spring. We will do a circular hike on School Mt. Road, to the East Mt. Loop, to the Perkins Trail, then take the Fahnestock trail back to the cars. Good hiking boots are suggested as well as water and lunch. Contact Carol Harting at c.harting@verizon.net for meeting time and place.

Sunday, August 25 - **Van Cortlandt Park**. 5-6 miles, easy to moderate terrain. We will walk along several trails, including John Muir, John Kieran, Cass Gallagher and the Old Croton Aqueduct . Forests are diverse here, and we will see many birds, weather permitting. Leader: Diana Catz (718) 549-1735; dscatz@gmail.com. Meet at 10 AM at the Van Cortlandt Stables parking lot: Broadway and Mosholu Avenue. Please contact the leader for directions and to confirm attendance.

Saturday, August 31 - **Woods & Water**. 5 miles, easy to moderate terrain. We'll hike past intriguing Native American and archeological sites on this hike along the Riverwalk, Georges Island and Montrose Point State Forest in Montrose. Contact the leader, Debbie Farrell, to register. debfarpr@gmail.com, (914) 282-9942. *Qualifies for the Westchester 100 (No. 26).*