

# This Year's HeartThrobs

**DAVID A. SANDLER, MD, FACC, FHRS (PROGRAM DIRECTOR)** is the Director of the Heart Rhythm Service at the Oklahoma Heart Institute. Dr. Sandler earned his undergraduate degree at the University of Pennsylvania in Philadelphia. He then completed his medical degree from Georgetown University in Washington, DC. Dr. Sandler then moved to New York City where he completed his Internal Medicine residency at Mount Sinai and his Cardiology and EP fellowships at NYU. The only place Dr. Sandler would rather be on Valentine's Day other than at home with his amazing wife and children, is here with you, talking about heart rhythms.

**ROYCE BARGAS, DO** is board certified in Internal Medicine, Cardiovascular Disease and Clinical Cardiac Electrophysiology and will soon be certified by the Institute for Functional Medicine. She has been in practice in Oklahoma City since 2010. In early 2019 she opened one of the only Integrative Cardiology practices in Oklahoma! At Bargas Wellness, she uses her roots as an osteopath, years of experience in the world of conventional cardiology and the fundamentals of functional medicine to team up with her patients and help them get to the root cause of disease processes. She uses the evidence-based practice of assisting individuals and families to adopt and sustain behaviors that help people function at their highest potential and feel their absolute best.

**JORDAN A. BREWSTER, MD, FACC** is a specialist in cardiac electrophysiology, with expertise in complex catheter ablation of cardiac arrhythmias and management of atrial fibrillation, ventricular tachycardia, pacemakers, defibrillators and cardiac resynchronization devices. He completed his Electrophysiology Fellowship at Indiana University in Indianapolis, Indiana, where he served as Chief Fellow and his Cardiology Fellowship at University of Kentucky Division of Cardiovascular Medicine in Lexington, Kentucky, where he also served as Chief Fellow. He earned his medical degree from University of Virginia School of Medicine in Charlottesville, Virginia. Dr. Brewster received his Bachelor of Science in Biochemistry degree from University of Oklahoma in Norman, Oklahoma

**CRAIG S. CAMERON, MD, FACC, FHRS** is a cardiac electrophysiologist with expertise in complex ablation procedures for atrial fibrillation and ventricular tachycardia, left atrial appendage closure, and device management including lead extraction. He completed his Cardiology and EP Fellowships at Baylor University Medical Center in Dallas, TX. Dr. Cameron earned his medical degree from the University of Kansas and completed his Internal Medicine Residency at Baylor College of Medicine in Houston, TX. He received his Bachelor of Science degree at Pittsburg State University in Pittsburg, KS. Dr. Cameron is currently the Director of Electrophysiology at Hillcrest Hospital South.

**JOSEPH J. GARD, MD, FACC, FHRS** is a cardiologist who specializes in electrophysiology, complex ablation and atrial fibrillation management. He completed his Cardiac Electrophysiology Fellowship and his Cardiology Fellowship at the Mayo in Rochester, Minnesota. Dr. Gard also performed his Internal Medicine Residency at Mayo. He earned his medical degree from the University of Nebraska in Omaha. Dr. Gard received his Bachelor of Science degree from Boston College in Chestnut Hill, Massachusetts.

**SANDEEP JAUHAR, MD** is Director of the Heart Failure Program at Long Island Jewish Medical Center and a contributing opinion writer at the New York Times. He has written three books, all published by Farrar, Straus, and Giroux. His first book, "Intern: A Doctor's Initiation," was a national bestseller and was optioned by NBC for a dramatic television series. His second book, "Doctored: The Disillusionment of an American Physician," was a New York Times bestseller and was named a New York Post Best Book of 2014.

"Heart: A History," his latest book, an Amazon Best Book of the Month, tells the colorful and little-known story of the doctors who risked their careers and the patients who risked their lives to know and heal our most vital organ. It has been praised as "gripping...(and) strange and captivating" by The New York Times, "fascinating" by The Washington Post, "poignant and chattily erudite" by The Wall Street Journal, and "elegiac" by The American Scholar. It was named a best book of 2018 by the Mail on Sunday, Science Friday, Zocalo Public Square, and the Los Angeles Public Library, and was the PBS NewsHour/New York Times book club pick for January 2019. It was a finalist for the 2019 Wellcome Book Prize.

**DILLON JARRETT, APRN-CNP, CCDS, FHRS** is an advanced practice nurse practitioner and certified cardiac device specialist at Oklahoma Heart Institute. He is the director of electrophysiology advanced practice provider programs – which is one of the largest in the country. He developed and supervises the EP same-day and palpitation clinics.

**SURAJI KAPA, MD** is a board-certified cardiologist with subspecialty certification in cardiac electrophysiology. He attended the University of Medicine and Dentistry of New Jersey and obtained specialty training in internal medicine at Mayo Clinic in Rochester, Minnesota and in cardiology and cardiac electrophysiology at the University of Pennsylvania in Philadelphia, Pennsylvania. His areas of expertise include Management of patients with electrophysiological / arrhythmia problems related to specific heart conditions, Complex cardiac ablation, Epicardial ablation for complex arrhythmias, Specialized biopsy approaches using electrophysiology guidance to enhance the ability to diagnose causes of heart failure, Complex care related to ventricular arrhythmias, in coordination with heart failure and cardiac surgical team members, Clinical research trials related to the care of the arrhythmia patient and Translational research related to development of new technologies for autonomic disorders, risk stratification, and treatment of cardiac conditions. Dr. Kapa has led a number of initiatives at Mayo Clinic, where he currently serves the Department of Cardiology as the director of visiting professorships. He serves as section editor of Circulation: Arrhythmia and Electrophysiology and also as a reviewer for multiple peer-reviewed journals and has been engaged in a variety of initiatives to improve care delivery within Heart Rhythm Services.

**SIVA K. SOMA, MD, FACC, FHRS** is a cardiologist with expertise in complex catheter ablation of cardiac arrhythmias and management of atrial fibrillation, ventricular tachycardia, pacemakers, defibrillators and cardiac resynchronization devices. He completed his Fellowship in Electrophysiology at the University of Pittsburgh Medical Center in Pittsburgh, PA. Dr. Soma performed his Fellowships in Cardiovascular Disease and Advanced Heart Failure/Transplantation at Allegheny General Hospital in Pittsburgh. He completed his Internal Medicine Internship and Residency at Hahnemann University Hospital, Drexel University College of Medicine in Philadelphia, PA. Dr. Soma completed a Master's degree in public health and received his medical degree from Armed Forces Medical College in India.

**MIGUEL VADERABANO, MD, FACC** is a cardiologist with expertise in atrial fibrillation, epicardial mapping and ablation. He currently works at Houston Methodist after leaving Los Angeles where he was director of the Implanted Devices Clinic at the UCLA Cardiac Arrhythmia Center and assistant professor of medicine at UCLA Medical Center.

Dr. Valderrábano received his medical degree from Universidad Autónoma de Madrid (UAM) School of Medicine in Madrid, Spain, and internal medicine training at UCLA. He completed his cardiology and electrophysiology training at Cedars-Sinai Medical Center in Los Angeles, where he was chief cardiology fellow. He then joined the faculty at the David Geffen School of Medicine at UCLA. Dr. Valderrábano's research and clinical interests focus on finding new and more effective treatments for atrial fibrillation, including epicardial mapping and ablation.

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1265 South Utica Avenue, Third Floor  
Tulsa, Oklahoma 74104

17th  
Anniversary

LOVERS  
AT  
HEART

HEART RHYTHM  
SYMPOSIUM

Hyatt Regency Hotel Tulsa, OK  
February 14th, 2020



## LOVERS AT HEART

This year the Oklahoma Heart Research & Education Foundation presents the 17th Annual Heart Rhythm Symposium:

Because the field of Electrophysiology is advancing so quickly, the Oklahoma Heart Research & Education Foundation believes that it is critical to provide the medical community throughout our region with education that they can use in their daily practice. The 17th Annual Heart Rhythm Symposium is ideal for the “Non – EP” throughout the field of medicine to gain a better understanding of new innovations and techniques for treating encountered arrhythmias and heart conditions.

Mark your calendars and plan to spend Valentine’s Day with us

# FEBRUARY 14, 2020

for the 17th Annual Heart Rhythm Symposium:

## LOVERS AT HEART

### LOCATION

Hyatt Regency Hotel is located at 100 E. Second Street. Limited paid parking is available at the South Garage (connected to the Hyatt Regency) or the parking garage at on the corner of 1st and Cheyenne. [See map.](#)



# Tuition

PHYSICIANS ..... **\$170**

RETIRED PHYSICIANS ..... **\$65**

PHARMACISTS, FELLOWS, ..... **\$45**  
RESIDENTS, ADVANCED PRACTICE  
PROVIDERS, NURSES, AND TECHS

FULL TIME STUDENTS ..... **\$30**

### REGISTRATION

To register please call (918) 574.9744 or email Lauren Webb – Program Coordinator at [lauren.webb@oklahomaheart.com](mailto:lauren.webb@oklahomaheart.com). You may also mail the attached registration form to Oklahoma Heart Research & Education Foundation, Attn: Lauren Webb, 1265 S. Utica Ave., Suite 300, Tulsa, Oklahoma 74104. Registration fee includes tuition, free limited parking the day of the symposium (as space permits), lunch, and option post – event reception.

In the event of cancellation, please call Lauren Webb at (918) 574.9744 or email her at [lauren.webb@oklahomaheart.com](mailto:lauren.webb@oklahomaheart.com). No cancellations will be refunded after January 31, 2020.

# Registration Form

### LOVERS AT HEART

The 17th Annual Heart Rhythm Symposium  
February 14, 2020 | Hyatt Regency Hotel | Tulsa, Oklahoma

### TO REGISTER

**By Email:** Please email [lauren.webb@oklahomaheart.com](mailto:lauren.webb@oklahomaheart.com)  
**By Phone:** Please call Lauren Webb, Program Coordinator at (918) 574.9744  
**By Mail:** Completed registration form to  
**Oklahoma Heart Research & Education Foundation**  
Attn: Lauren Webb, 1265 S. Utica Ave. # 300, Tulsa, OK 74104

### PLEASE PRINT

Name .....  
Professional Affiliation .....  
Address .....  
City, State, ZIP .....  
Phone ..... Email .....

### TUITION

<input type="checkbox"/> Physicians	<b>\$170</b>	<input type="checkbox"/> Pharmacists, Fellows, Residents, Advanced Practice Providers, Nurses, and Techs	<b>\$45</b>
<input type="checkbox"/> Retired Physicians	<b>\$65</b>	<input type="checkbox"/> Full Time Students	<b>\$30</b>

### METHOD OF PAYMENT

Check: Make Payable to Oklahoma Heart R&E Foundation  
Pay at the Door with Cash, Check, or Money Order  
Credit Card: Visa, MasterCard, American Express, and Discover  
**Note: Credit card payments cannot be accepted the day of the symposium**

Name as it appears on the card .....  
Credit Card Number ..... Exp Date .....  
Circle One: Visa MasterCard American Express Discover  
  
Signature .....

# Agenda

8:15 - 8:30 am	<b>Introduction</b> David A. Sandler, MD
8:30 - 9:00 am	<b>The 4 Pillars of AF Management: I Want to Know What Love Is</b> Joseph Gard, MD
9:00 - 9:30 am	<b>The Future of Cardiology: Artificial Intelligence and Cardiac Monitoring: Looking for Love in All the Right Places?</b> Suraj Kapa, MD
9:30 - 10:00 am	<b>Wellness and AF: Food for the Heart</b> Royce Bargas, DO
10:00 - 10:15 am	<b>Morning Break</b>
	<b>BASIC BREAKOUT SESSION</b>
10:15 - 10:45 am	<b>Expediting High-Quality Arrhythmia Care: Love at First Sight</b> Dillon Jarrett, APRN-CNP
10:45 - 11:15 am	<b>Common ECG/Telemetry Missteps: Don't Miss a Beat!</b> Siva Soma, MD
11:15 - 11:45 am	<b>Prevention of Sudden Death After MI: Where is the Love?</b> Craig Cameron, MD
	<b>ADVANCED BREAKOUT SESSION</b>
10:15 - 11:00 am	<b>State-of-the-Art AF Management: A Labor of Love</b> Miguel Valderrábano, MD
11:00 - 11:45 am	<b>State-of-the-Art VT/PVC Management: From the Bottom of My Heart</b> Suraj Kapa, MD
12:00 - 1:00 pm	<b>Lunch - Eat Your Heart Out!</b>
1:15 - 2:15 pm	<b>ECG Rounds: Love Connection</b> Speaker Panel
2:15 - 3:00 pm	<b>The Emotional Heart: Mind and Heart Connection</b> Sandeep Jauhar, MD
3:00 - 3:15 pm	<b>Afternoon Break</b>
3:15 - 3:45 pm	<b>The Role of the Left Atrial Appendage: Take Another Little Piece of My Heart?</b> Miguel Valderrabano, MD
3:45 - 4:00 pm	<b>AF Burden and Anticoagulation: When Have We Crossed the Threshold?</b> Craig Cameron, MD
4:00 - 4:30 pm	<b>Can I Stop Anticoagulation After AF Ablation? An Indecent Proposal?</b> Jordan Brewster, MD
4:30 - 4:45 pm	<b>Closing Remarks</b>
5:00 - 7:00 pm	<b>Reception</b>