



Weekly Specials!



Available Week Ending 2/16/19

1449 Yamato Rd, Boca Raton
Lifetime Fitness/Hampton Inn Plaza

(561) 998-GOOD (4663)

Fast Free Delivery! \$10 Minimum

www.frescofoodworks.com

Large Orders? Save time Fax them in! 995-8339

Hand Crafted Perfection!

Breakfast Specials!

Available 7am-10:30am

- #A** BBQ Chicken Breakfast Panini \$6.29
BBQ Chicken, Eggs, onion & melted Cheddar on grilled Panini
- #B** Pastrami & Swiss Breakfast Griller \$5.99
Eggs, Pastrami, imported Swiss, lite mustard on grilled Marble Rye
- #C** Cajun Chicken Breakfast Pita \$6.79
Cajun Chicken, Eggs, & melted Vermont Cheddar on a fresh Pita
- #D** Buffalo Chicken Breakfast Wrap \$6.29
Eggs, Buffalo Chicken, Bacon, Pepper Jack in a grilled Wrap

Natalie's Fresh Orange Juice -- Martinelli Apple

Tropicana Cranberry -- Monster Energy

Lunch Specials!

- #1** Backyard BBQ Chicken Panini \$8.69
Classic Traditional Ciabatta
Cattleman's Special Reserve BBQ Sauce
Grilled on premise all Natural Chicken Breast
Boar's Head Vermont Cheddar
Sautéed Onions
- #2** New Orleans Shrimp Po' Boy \$8.99
Traditional Baked on Premise Sub Baguette
Our own Cajun infused Mayo
Fresh Breaded Shrimp
Shredded Lettuce & sliced Tomatoes
Sliced Pickles
- #3** The Classic Ryebeben on Marble Rye \$8.99
Fresh thick cut Marble Rye
1000 Island & Deli Mustard
Boar's Head thinly sliced Pastrami
Imported Swiss
Baked then topped Boar's Heads Crisp Sauerkraut
- #4** Southwestern Chicken Wrap \$8.69
Fresh Traditional Wrap
Our very own Chipotle infused Ranch
Mixed Greens
Sliced Tomatoes
Grilled on premise Chicken Breast
Shredded Cheddar
Black Beans
Roasted Red Peppers
Guacamole
- #5** Chicken Bruschetta Salad \$9.19
Fresh crisp Mixed Greens (*like always, delivered FRESH daily!*)
Grape Tomatoes
Crisp Cucumber
Fresh Grilled All Natural Chicken Breast
Fresh Mozzarella
Fresh Tomato, Basil Bruschetta
Shredded Parmesan
served with side of Balsamic Vinaigrette Dressing

100% Idaho Russet Stuffed Baked Potatoes

- Bacon & Cheese Spud** - Applewood Smoked Bacon & Cheddar \$5.99
- Chili Cheese Spud** - Beef & Black Bean Chili smothered with Cheddar \$6.99
- The Plain Jane Spud** - served with a side of Sour Cream & Butter \$3.99
- BBQ Chicken Spud** - BBQ Chicken, Bacon, & Cheddar \$6.99

ALL Natural Smoothies!

- Tropical Passion** - Passion Fruit, Pineapple, Coconut, & Banana
- Trade Winds** - Mango, Pineapple and Coconut
- Banana Berry Blast** - Banana, Strawberry, Mixed Berries
- Straw-nana** - Strawberry, Banana
- Maui Breeze** - Pineapple, Coconut, Banana
- Key West Sunset** - Mango, Banana, Passion Fruit
- Verry Berry** - Strawberry, Raspberry, Mixed Berries

Add Shot Protein .99

Add Spinach .99

Add Peanut Butter .99

Add Kale .99



Our Website is now Mobile!
Scan the QR Code with Your
Smart Phone to Go to our
Website!

Fresh Soups!



Boar's Head

Fresco Foodworks will Professionally Cater your Corporate Meeting or Event!

www.frescofoodworks.com

N.Y. Bagel & Cream Cheese Platter **\$24.99**
Assortment of Fresh Warm Bagels served with sides
of Plain, Chive & Onion, Whipped Butter & Assorted Jellies *serves 12*

Deluxe Continental Platter **\$36.99**
Assortment of Bagels, fresh Baked Danish,
Croissant, Turnovers, & Muffins *serves 8-10*

Sweet Tooth Platter **\$24.99** **\$36.99**
Assortment of fresh baked *serves 8-10* *serves 16-20*
Danish, Brownies, Blondies,
Cookies & Muffins

Gourmet Muffin Platter **\$15.99** **\$34.99**
Assortment of fresh warm Muffins *serves 7-8* *serves 15-17*

Homemade Danish Platter **\$32.99** **\$53.99**
Assortment of freshly Baked Warm Danishes *serves 8-10* *serves 16-20*

Breakfast Wrap Platter **\$46.99**
Assortment of Breakfast Wraps filled with fresh scrambled eggs, assorted
Cheeses, Boar's Head Ham, Applewood Bacon, & Sausage

Croissant Sandwich Platter **\$44.99**
All Butter Croissants filled with fresh *serves 8-10*
Scrambled Eggs, and an assortment of
Applewood Bacon, Ham, Sausage & Cheese

Bagel Sandwich Platter **\$42.99**
Fresh Toasted Bagels with fresh *serves 8-10*
Scrambled Eggs, and an assortment of
Cheese, Sausage, Ham & Applewood Bacon

Multi-Grain Sandwich Platter **\$45.99**
Fresh Multi-Grain Sandwich Bread, Eggs *serves 8-10*
American, and an assortment of Cheese,
Ham, Sausage & Applewood Bacon

Breakfast Combo Platter **\$49.99**
A combination of fresh Breakfast Wraps, *serves 8-10*
Croissants, Panini's, & Bagel Sandwiches

Fresh Tropical Fruit Salad Platter **\$39.99** **\$69.99**
Assortment of Hand cut Pineapple, Melons, *serves 8-12* *serves 18-22*
Grapes, Oranges, etc

Scrambled Egg Platter *serves 15-20* *serves 30-40*
\$39.99 **\$69.99**

Breakfast Sausage Platter **\$29.99** **\$59.99**

Applewood Bacon Platter **\$28.95** **\$57.95**

Breakfast Potato Platter **\$29.99** **\$59.99**



Salad Platters

	<u>Bowl</u> <i>serves 8-10</i>	<u>Full Tray</u> <i>serves 16-20</i>
• Mediterranean Chicken Salad	\$39.99	\$75.99
• Mandarin Chicken Salad		
• Santa Fe Ranch Salad		
• Chef Salad		
• Antipasto Salad		
• Caprese Salad		
• Tuna/Chicken Salad/Chicken Fresco		
• Caesar Classico		
• Baby Spinach & Gorgonzola		
• Garden Salad	\$33.99	\$65.99
• The "Cobb" Salad	\$44.99	\$79.99

Sandwich Platters

Sub Baguette Platter **\$56.99**
Assortment of overstuffed cut Sub Baguettes *Serves 8-10*
on our Famous cooked on premise
Sub Baguettes Traditional & Wheat

Gourmet Wrap Platter **\$56.99**
Assortment of our tasty Wraps on Spinach, *Serves 8-10*
Whole Wheat & Traditional Wraps

Sandwich Platter **\$57.99**
Assortment of overstuffed Sandwiches *Serves 8-10*
on mixed Artisan Breads

Hot Gourmet Panini Platter **\$59.99**
Assortment of Panini on Traditional *Serves 8-10*
& Multi-Grain Ciabatta

Croissant Sandwich Platter **\$57.99**
Assortment of Buttery Croissant *Serves 8-10*
Sandwiches

Combination Platter **\$60.99**
Assortment of overstuffed Sandwiches, *Serves 8-10*
Wraps, & Sub Baguettes on one Delicious Platter

Breakfast & Lunch Catering Available

Please allow 24 hour notice for us to professionally prepare your order
Call after 3:00 for details

561-998-4663

Soups

Our Delicious Homemade Soups delivered in an insulated Container

\$28.99
1/2 Gallon Serves 6-10

\$54.99
1 Full Gallon Serves 12-20