



Today's Date: \_\_\_\_\_

### Child Intake Form

Please provide the following information for your child and bring this form to your first appointment. If you are in need of additional space please feel free to write on the back of this form.

Individual(s) completing this form: \_\_\_\_\_

#### **Client Information**

Child's Name (first and last): \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender (M/F): \_\_\_\_\_ Race/Ethnicity: \_\_\_\_\_

Address: \_\_\_\_\_

1 - Parent/Guardian Name: \_\_\_\_\_

Preferred number: \_\_\_\_\_ May I leave a voicemail? **Yes No**

Email: \_\_\_\_\_ May I email you? **Yes No**

2 - Parent/Guardian Name: \_\_\_\_\_

Preferred number: \_\_\_\_\_ May I leave a voicemail? **Yes No**

Email: \_\_\_\_\_ May I email you? **Yes No**

*(Please note that email is not considered to be a confidential form of communication)*

Parents are currently:      Married              Divorced              Remarried              Never married  
Custodial Guardian (if applicable): \_\_\_\_\_

Stepparent(s) (if applicable): \_\_\_\_\_

Are you, as the parent/guardian, involved in any legal proceedings (custody disputes, divorce)?

**Yes No**

If yes, please explain: \_\_\_\_\_

\_\_\_\_\_



Has your child been involved in the legal system? **Yes No**

If yes, please explain: \_\_\_\_\_

Name/Address of financially responsible party: \_\_\_\_\_

**Family/Individuals in Your Household**

Name	Age	Gender	Relationship	Living with child?	
				Yes	No
_____	_____	_____	_____	Yes	No
_____	_____	_____	_____	Yes	No
_____	_____	_____	_____	Yes	No
_____	_____	_____	_____	Yes	No
_____	_____	_____	_____	Yes	No

**Family Mental Health History**

<i>Issue</i>		<i>Family Member(s)</i>
Depression	<b>Yes No</b>	_____
Anxiety Disorder	<b>Yes No</b>	_____
Panic Attacks	<b>Yes No</b>	_____
Bipolar Disorder	<b>Yes No</b>	_____
Obsessive Compulsive Behavior	<b>Yes No</b>	_____
Schizophrenia	<b>Yes No</b>	_____
Alcohol/Substance Abuse	<b>Yes No</b>	_____
Learning Disability	<b>Yes No</b>	_____
Trauma History	<b>Yes No</b>	_____
Domestic Violence	<b>Yes No</b>	_____
Eating disorder	<b>Yes No</b>	_____

Are there any family stressors that might be affecting your child? **Yes No**

If yes, please explain: \_\_\_\_\_

**Primary Concerns**

Main reason for bringing your child in for counseling at this time:

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**Past Psychological/Psychiatric Treatment**

Has your child received psychological, psychiatric, or counseling services in the past? **Yes No**

If applicable, which type of treatment: **Inpatient Outpatient Both**

If your child has received some form of treatment in the past, please indicate:

**When:** \_\_\_\_\_

**Provider:** \_\_\_\_\_

**Reason:** \_\_\_\_\_

**Results:** \_\_\_\_\_

Has your child been prescribed medications for psychiatric or emotional problems? **Yes No**

**If yes, please indicate:**

When: \_\_\_\_\_

Medication: \_\_\_\_\_

Prescriber of the medication: \_\_\_\_\_

Reason for medication: \_\_\_\_\_

**Medical Care**

Clinic Name: \_\_\_\_\_

Doctor's Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

May I get a release of information in order to coordinate care with your child's doctor? **Yes No**

**General Health**

Do you have any concerns about your child’s physical health? Please explain:

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Is your child on any medication for physical/medical issues? **Yes No**

Have there been any changes or difficulties with your child’s eating habits? **Yes No**

If yes, please circle: Eating less Eating more Binging Restricting

Has your child experienced any weight changes in the last 1-2 months? **Yes No**

Is your child having any trouble with his/her sleep? **Yes No**

If yes, please describe: \_\_\_\_\_

**Medical History**

Did child’s mother use any of the following during pregnancy (*please circle*):

Cigarettes Alcohol Drugs Extreme Stress

If so, please specify frequency and duration: \_\_\_\_\_

List any birth complications: \_\_\_\_\_

List any medical conditions or history of medical conditions: \_\_\_\_\_

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**Education**

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Please describe your child’s academic performance: \_\_\_\_\_

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Does your child have any learning disorders? **Yes No**

If yes, please explain: \_\_\_\_\_

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Please describe your child’s social interaction at school: \_\_\_\_\_

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**List of Symptoms/Behaviors**

Please circle any of the following that have been of concern recently.

- |                                  |                    |                     |
|----------------------------------|--------------------|---------------------|
| Alcohol/drug use                 | Eating disorder    | Oppositional        |
| Aggression                       | Fatigue            | Panic attacks       |
| Anger                            | Frustrated easily  | Phobias             |
| Anxiety                          | Hallucinations     | Repetitive thoughts |
| Bedwetting                       | Headaches          | Sadness             |
| Bowel trouble                    | Head banging       | Self-harm           |
| Bullies others                   | Homicidal thoughts | Sexual acting out   |
| Bullied by others                | Hurts animals      | Stomach aches       |
| Compulsive                       | Impulsive          | Steals              |
| Depressed mood                   | Irritable          | Suicide attempts    |
| Defiant                          | Lies frequently    | Suicidal thoughts   |
| Destructive                      | Low self-esteem    | Withdrawn           |
| Difficulty with friends/siblings | Mood swings        | Worries excessively |
| Disturbed sleep                  | Nightmares         |                     |

**Other**

Do you believe that your child is suicidal at this time? **Yes No**

If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

How is discipline generally handled with your child at home? \_\_\_\_\_  
\_\_\_\_\_

Describe your child's strengths? \_\_\_\_\_  
\_\_\_\_\_

What does your child enjoy doing (hobbies)? \_\_\_\_\_  
\_\_\_\_\_

**Goals**

What are your child’s goals for therapy?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Insurance Information**

Primary Insurance Company: \_\_\_\_\_  
Insurance Company (800) Number: \_\_\_\_\_  
Name of Insured (Subscriber): \_\_\_\_\_ Insured’s DOB: \_\_\_/\_\_\_/\_\_\_  
Relationship to Subscriber: \_\_\_\_\_ (Self, Spouse, Child, etc.)  
ID Number: \_\_\_\_\_ Group Number: \_\_\_\_\_  
Subscriber’s Employer: \_\_\_\_\_ Co-Pay: \$\_\_\_\_\_

Secondary Insurance Company: \_\_\_\_\_  
Insurance Company (800) Number: \_\_\_\_\_  
Name of Insured (Subscriber): \_\_\_\_\_ Insured’s DOB: \_\_\_/\_\_\_/\_\_\_  
Relationship to Subscriber: \_\_\_\_\_ (Self, Spouse, Child, etc.)  
ID Number: \_\_\_\_\_ Group Number: \_\_\_\_\_  
Subscriber’s Employer: \_\_\_\_\_ Co-Pay: \$\_\_\_\_\_

*I authorize Erin K. Gist, MA, LMHC, CMHS to release information to insurance carrier(s) listed and be paid directly by insurance carrier(s) for services billed. I acknowledge that I am responsible for all charges not paid by my insurance companies, including co-pays, deductibles, failed and late cancelled appointments.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_