



Summer Class Schedule

5/21/18

*Sparring Class
(No Trial Students)

	Day 1		Day 2		Day 3
	Monday	Tuesday	Wednesday	Thursday	Friday
TKD Attire:	Dobok Only	Any	Any	Any	Any

Check this month's calendar for the **Casual Day** & **Nunchuck Class** dates. See you there!

4:00 PM - 4:30 PM	<u><i>Tiny Tiger</i></u> (Ages 5-6)	<u><i>Tiny Tiger</i></u> (Ages 3-4)	<u><i>Tiny Tiger</i></u> (Ages 5-6)	<u><i>Tiny Tiger</i></u> (Ages 3-4)	Tiny Tiger (Ages 3-6) ALL BELTS
4:30 PM - 5:15 PM	White - Yellow Stripe	White - Yellow Stripe	White - Yellow Stripe	White - Yellow Stripe	(Ages 7-11) COLOR BELTS
5:15 PM - 6:00 PM	Purple - Sr. Red	ALL BELTS	Purple - Sr. Red	ALL BELTS	(Ages 12+ Color Belts) (Ages 8+ Black Belts)
6:00 PM - 6:30 PM	<u>INTRO CLASS</u>	<u><i>Tiny Tiger</i></u> (Ages 5-6)	<u>INTRO CLASS</u>	<u><i>Tiny Tiger</i></u> (Ages 5-6)	Team Hi-5 Kyoruki Competition Training 6:00 - 7:30

6:30 PM - 7:15 PM	(Ages 12+) ALL BELTS	Family Class	(Ages 12+) ALL BELTS	Family Class	* You may participate in sparring classes starting White Belt. *Sparring is Mandatory during testing starting Green Belt.
7:15 PM - 8:00 PM	Adult Class	Adult Class	Adult Class	Adult Class	

HIGH FIVE TAEKWONDO
8601 Auburn Folsom Rd. Granite Bay, CA 95746
(916)936-1484, www.hi5taekwondo.com