

John of God Crystal Healing Bed Information

1. What is Crystal Bed Therapy?

The concept of the Crystal Bed, also called crystal bath therapy, was channeled through John of God by the spiritual healing Doctors. It was developed for practical use and incorporated as an important healing modality at the spiritual healing center affectionately known as "the Casa Dom Inacio in Brazil." For visitors to the Casa, the Crystal Healing Beds are available to all and are prescribed by the Entities (Healing Spirit Guides) of the Casa for rejuvenation, alignment and balancing of our energy fields, which in turn aids in the process of spiritual and physical healing. When you walk before John of God during his "incorporation" by the Spirit Doctors (in Brazil commonly called Entities) for a healing, he prescribes: the day and morning or afternoon for an invisible spiritual surgery, sitting in the Current Room, taking Herbs, receiving a Crystal Healing Bath, and/or receiving a cleansing under the sacred waterfall. A physical spiritual surgery on stage must be personally requested and is only sought by approximately 1 of 400 to 500 visitors to the Casa.

2. What is a Crystal Bed?

A Crystal Bed has 7 extremely clear and highly polished Vogel cut quartz crystals suspended approximately 12 inches above the client lying on a massage table. Each of the quartz crystals has been cut to a specific frequency. Each crystal is aligned above one of the seven human energy centers or chakras. Colored lights, chosen to match the vibrational frequency of chakra colors, radiate light and energy through the crystals to each respective chakra, (energy centers of the spiritual and physical body) and shine on and off in certain rhythms to cleanse, balance, and align your energies. The individual receiving the session rests face up with eyes closed, bathing in the energy.

3. How is this a portal?

In addition to the healing power of the crystals and color therapy that the bed provides, the Healing Spirit Entities of the Casa are able to use this device as a portal so that they may more easily make their presence felt to those who seek their help in healing. Thus, those using the bed often receive a spiritual healing touch from the Spirit Master Doctors and their

spiritual healing staff, Saints or Angels; one sometimes hears or sees inner guidance from them.

4. How do I prepare for my Crystal Bath?

For the best results, the Entities request you wear white or light colored clothing, simply maintain an attitude of openness, receptivity, and create a clear mind. Remember for all healings 50% is performed spiritually. This requires the additional 50% of your input to finish the healing. Clearing and balancing the spiritual bodies is helpful in all spiritual healing. Take time before your session for at least a quiet reflection of prayer or meditation. It is also helpful, but not essential, that you form a specific intention or prayer of what you want help with. Think of all things for yourself you need assistance with; this is your mental body. Think of all emotions and interactions with others you need assistance with; is our emotional body. Then think of the healing intentions for your physical DNA body.

5. How is a "Crystal Bed Healing" Session conducted?

"Crystal Bed Healing" is safe and non-invasive. The person receiving the "Crystal Bed Healing" simply removes their shoes, all metal jewelry and crystals, then lies fully clothed on a massage table below the suspended crystals, so that each of the seven crystals aligns to their corresponding chakra. Once the person is comfortable, a white cloth is placed over their eyes, soft music is turned on, and finally the pulsating lights shining through the crystals are turned on. All the individual needs to do is relax, clear the mind of your present life situations, let go, or even fall sleep. The light, the crystals, and the Healing Spirit Entities will do the rest.

6. What will I experience?

People feel all manner of sensations during and after sessions – pressure, weight, lightness, heaviness, hot, cold, wind, all manner of body sensations, tickling, tingling, etc. The crystals can evoke feelings of peace and serenity, and typically a very deep relaxation. You may simply fall asleep and wake up feeling very refreshed and renewed. You may experience insights and release of specific personal issues and memories. You may have feelings of numbness, warmth, movement, expansion, cleansing, or a feeling of being touched. Some people feel sensations of physical healing taking place, as they feel the presence of the Entities

working directly on their physical bodies. Your awareness may even extend beyond yourself to higher states of consciousness.

7. How does the "Crystal Bed" produce healing?

The "Crystal Bed" combines the power of Color Therapy and Crystal Healing Therapy. This energy stream produces beneficial stimulation on many physical and energetic levels of being. This combination of healing energies is further GREATLY ENHANCED by the "Healing Spirits" of the Casa de Dom Inacio. These Healing Entities are the Spiritual Beings that work in and around the Casa de Dom Inacio and with all those deeply connected to the Casa family. These are also the Entities that are incorporated by the Medium Joao Teixeira de Faria, also known as "John of God." The colored light shining through the crystals is a tool that the Spiritual Doctors use to channel their healing energy into the individual receiving the "Crystal Bed Healing." As the color is transmitted through the crystal onto the corresponding chakra, the chakra is cleansed, energized, and brought into balance with all of the other chakras. This allows the other aspects of our self, whether it be mental, emotional or physical, to be brought into balance. For when the chakras are out of balance, all the other aspects of ourselves will also be out of balance. Then, as these subtle energies are brought into balance, the body's own natural healing mechanisms are able to function as they was designed to do. The "Crystal Bed Healing" cleanses, balances and recharges the body's energy and creates a deep relaxation. It is also a great preventative modality.

8. What to expect after a "Crystal Bed Healing" Session?

As with many of Subtle Energy Healing Therapies, the FDA states no claims can be made that any disease states can be cured. However, there are many, many reports of personal healings occurring daily throughout the world with medical validation. Healing can occur on many different levels, spiritual, mental, emotional, and physical. The Crystal Bed also can help open the connection with the Healing Spirit Guides.

Many people who have had "Crystal Bed Healing" Sessions have reported some of the following:

- An increase of definitions in the senses (taste-food, sight-colors, touch-awareness)
- Feeling more energized- clear thoughts- ability to focus

- Feeling a deep relaxation- a connection to the earth and/or universe
 - Feeling more at peace within themselves- a balance of the chakras
 - Feeling less stressed and an increased sense of overall well-being- increase in health
 - A deeper spiritual understanding of themselves, and their life situations
 - Gaining insights into their future life path and the evolution of Mother Earth
 - Gaining insights of the cause of disease states- looking inward into personal health
 - Receiving guidance as to how to best deal with their disease or problems
- Each and every person who receives a "Crystal Bed Healing" reports a different effect, each experience being relevant and unique to his/her own condition, needs, and level of awareness. Many people who have experienced the Crystal Bed also feel themselves in an altered state after a session. Many say they feel the sensation of being worked on by Healing Spirits, some float back into past lives, and some a feeling of great attunement to spirit. The experience is totally individual.

9. What do I do after a "Crystal Bed Healing?"

It is advisable for the individual to rest when needed and limit heavy physical activity for the next 3-5 days after a "Crystal Bed Healing" Session to fully absorb the experience and allow the body to adjust. It is also advisable to drink several glasses of water over the next 24 hours to help rid the body of any toxins or waste products which tend to be released through the cleansing action of the "Crystal Bed Healing." It also can be helpful to write down the experiences and guidance which can occur during the healing session, to help integrate and ground the experience into your life. Remember all spiritual healings require the additional 50% of our intent and energy to finish the healing.

10. Duration of Crystal Bed Healing Sessions

Sessions vary depending on individual needs from 20 -60 minutes. Sessions can be had every day if needed; however, no more than one hour of treatment is recommended in one day. Initially, sessions are of 60 minutes duration for one in average health, a less intense time of 20-40 minutes for those who are ill or weak. Once comfortable with the sessions, then the sessions can be extended. This allows the individual to become accustomed to the effects of the "Crystal Bed Healing."

11. How often should "Crystal Bed Healing" be had?

The number of sessions someone has depends on the individual's level of health and their reason for having "Crystal Bed Healing" Sessions. If someone is very ill, then sessions can be as many as two to three per week until their level of health increases, then reducing the frequency to weekly and then to monthly. If an individual is having Crystal Bed Healing Sessions for a spiritual reason, then one or two sessions weekly are adequate. Still others prefer to come when they feel the need, and others come once a month as preventive or to help them stay "tuned up."

12. The Casa de Dom Inacio Crystal Beds

At the Casa, the Healing Spirits often prescribe Crystal Bed therapy. Providing the original Casa Crystal Beds outside of the confines of the Casa I had to be granted permission by John of God to purchase the bed - with the specific recommendation and connection with the Healing Doctors - this bed brings the energy and healing vibration of the Casa to you. John of God personally guarantees the energy of the Crystal Beds and thinks of them as his children. In addition, I carefully follow my own guidance from the Spirit Doctors in how I use the Crystal Beds and work with my clients. Because space and time are an illusion, the Spirits are able to be present here and work directly with those who seek their healing and guidance through the Crystal Beds. It is a special privilege for me to be able to serve you in this unique way, where you can receive the energy generated from this powerful healing tool without having to travel to Brazil.

13. More about the Crystals

The crystals for the Crystal Beds were mined in a small town called Garimbo de Ouro in Brazil, where gold and precious stones, quartz crystals, and amethyst lie beneath the surface of most of that area resulting in a profound energy emanating from the land. Joao Teixeira de Faira (John of God) says that the crystals making up the bed were "born in beds of water, deep beneath the earth." They were extracted from the earth and personally selected and guaranteed by John of God. Each of the seven crystals came from a single stone and was carefully polished to exacting standards.

14. Scientific Observations on Crystal Therapy

Crystals have some of the highest molecular orderliness found in nature. Light passing through the crystal will resonate with the structured patterns of the crystal. Water can take on a variety of molecular patterns. It is known that when water forms well organized and geometrically shaped molecule patterns, it has increased surface tension and bonding properties. This is the pure state of water found in healthy cell tissue, while ungeometric and disorganized water molecules are found in unhealthy cells and cancer cells. Thus, one explanation for the health giving effects of crystal therapy is that the well-organized vibration resonating from the crystals helps to organize the water in our tissues and cells. Much of our understanding of crystal therapy was developed by Marcel Vogel, who spent his lifetime investigating quartz crystals and invented micro fiber technologies sending information through the vibrations of light. His research brought our civilization on Earth forward from the machinery/iron age into the computer and light age.. He designed experiments demonstrating the power of crystals to affect physical processes. The experiments of Vogel and his associates proved the following:

- A precisely cut quartz crystal produces a constant vibration of the same frequency as water in its purest state.
- Moving water will pick up the vibration from the crystal through resonant interaction and this transferred charge will restructure the water.
- A cut crystal can be charged with intent to structure water. Since we are made up of 70% water, this carries strong implications for how our body and health can be affected.

15. In Addition to each Crystal Bed Healing you will receive:

- A purifying full sized Amethyst Bio-Mat™ infrared cellular healing session. This technology was developed from the 1991 Nobel peace prize for medical physics. I have included the Amethyst Bio Mat in all healing sessions for the past 8 years whether its using the Crystal Bed or Reiki and lays under the sheets and padding on the bed.