

Awakening Your Full Potential



Barbara Evans



Energy Matters

Everything is Energy... Everything is Vibration

Awakening your Full Potential

Agenda

- Vibration and Frequency
- Vibrational Medicine
- Sound, High Vibrational Art and Crystals
- Raising Frequency and Awakening YOUR Potential...
 - *Empowerment Cards*
 - *Creating Sacred Space with a Chakra Key Crystal Grid*
 - *Temple of the Heart Meditation*
 - *A Human Grid for Personal and Planetary Healing*

Relationship between Frequency and Potential

Full Potential

- Connection to Your True Essence
- Vibrant Health
- Living Your Life Purpose

Normal Range

- Healthy, Body, Mind, and Emotions
- Knowing there is more

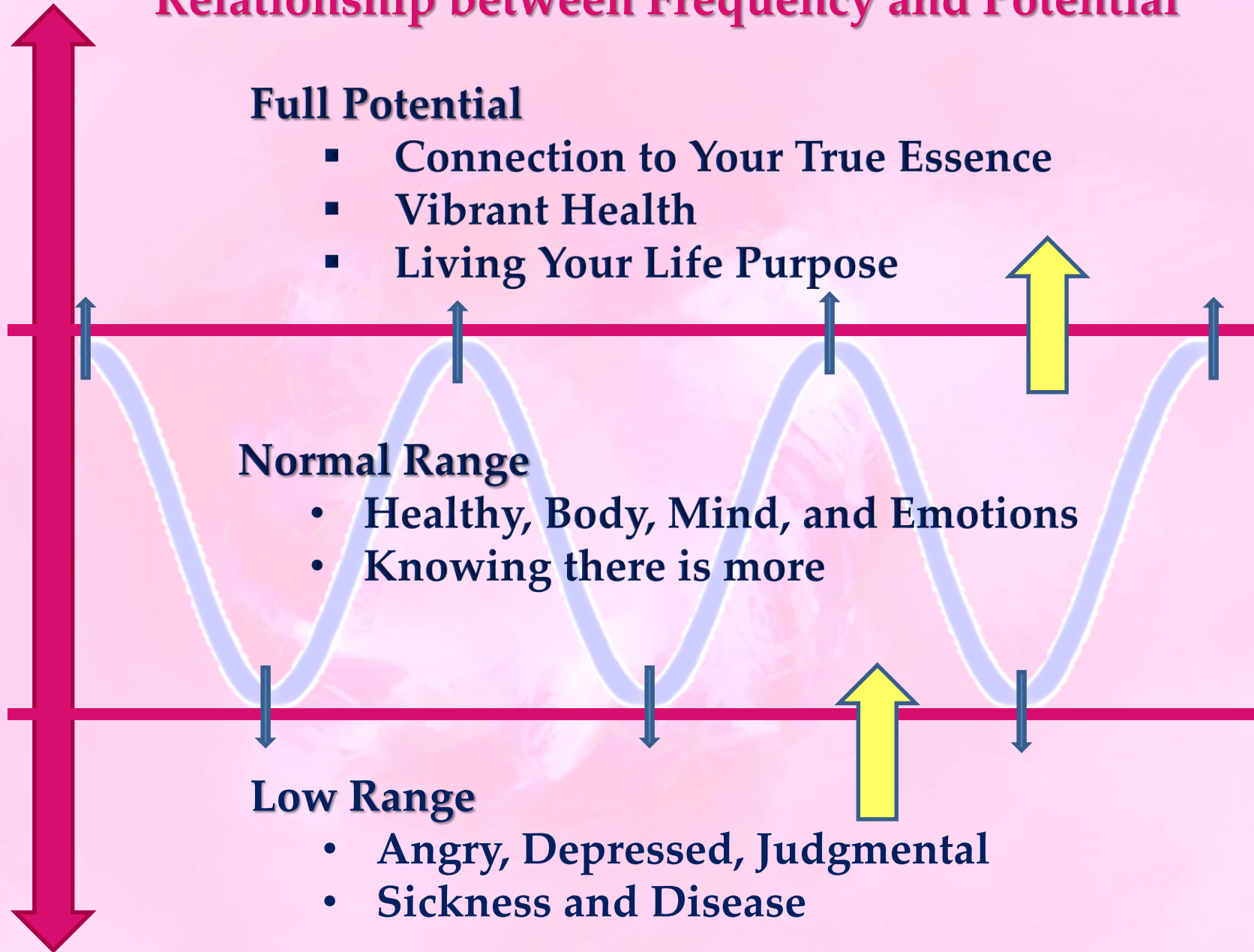
Low Range

- Angry, Depressed, Judgmental
- Sickness and Disease

Frequency

High

Low



Our Environment Matters

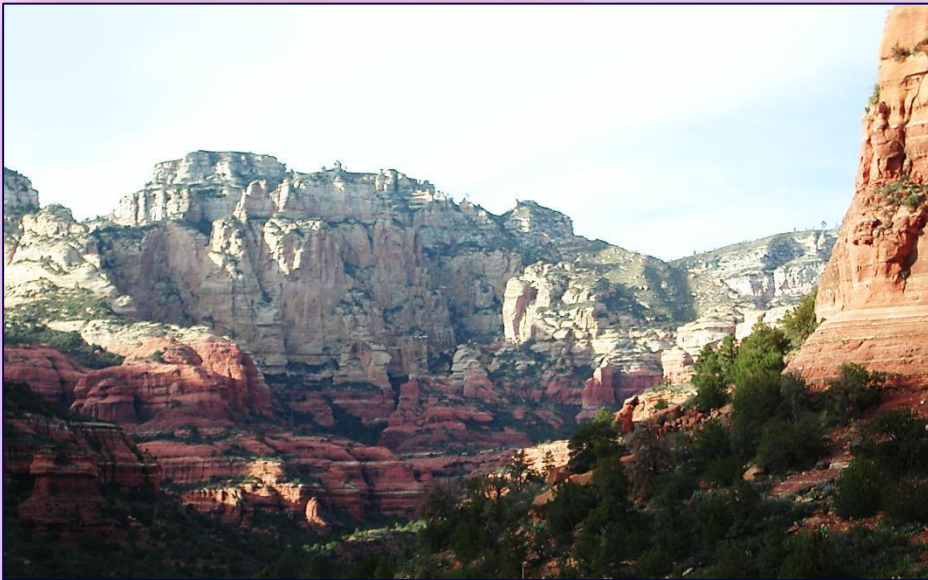
When we enter an environment it can either ...

INCREASE

or

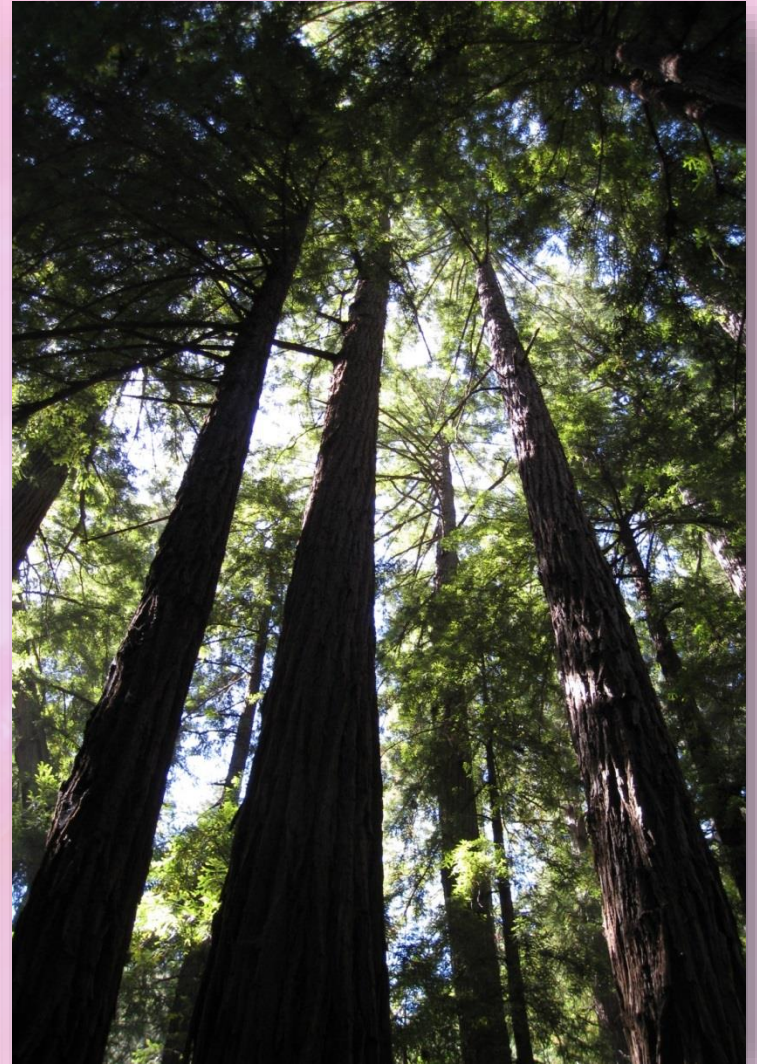
DECREASE

our Vibrational Frequency



Sacred Space

Sacred Sites in Nature



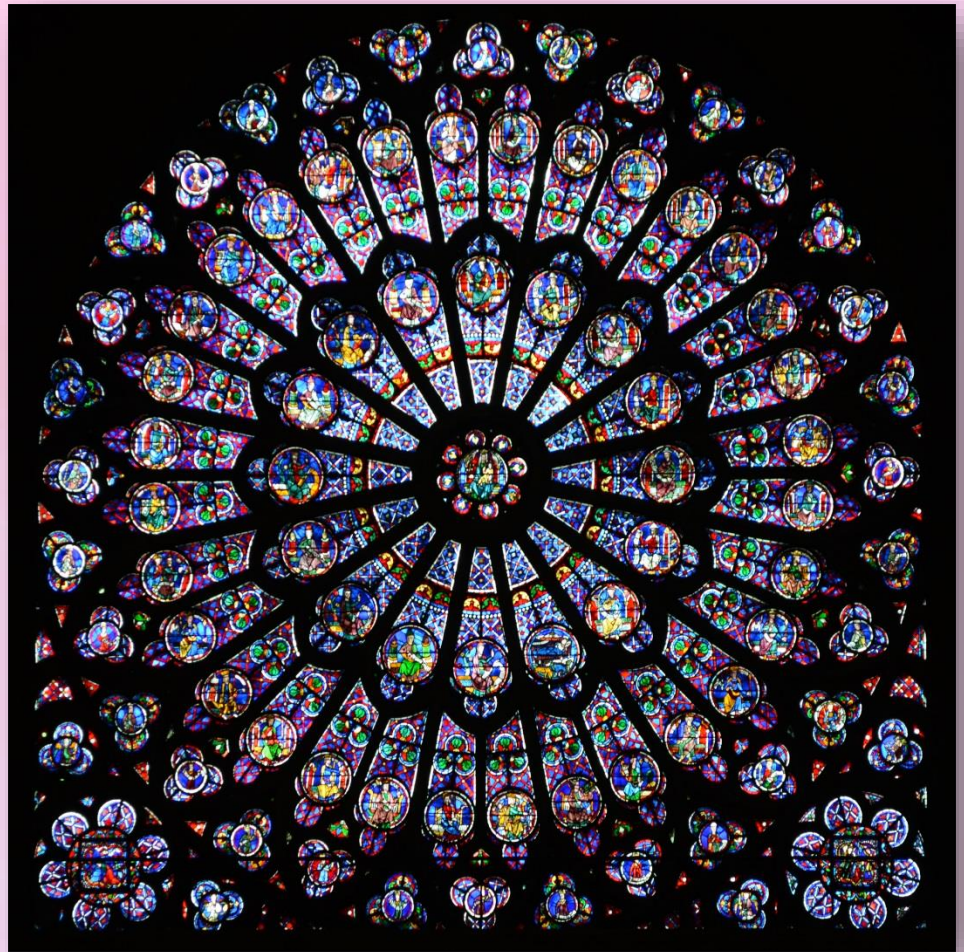
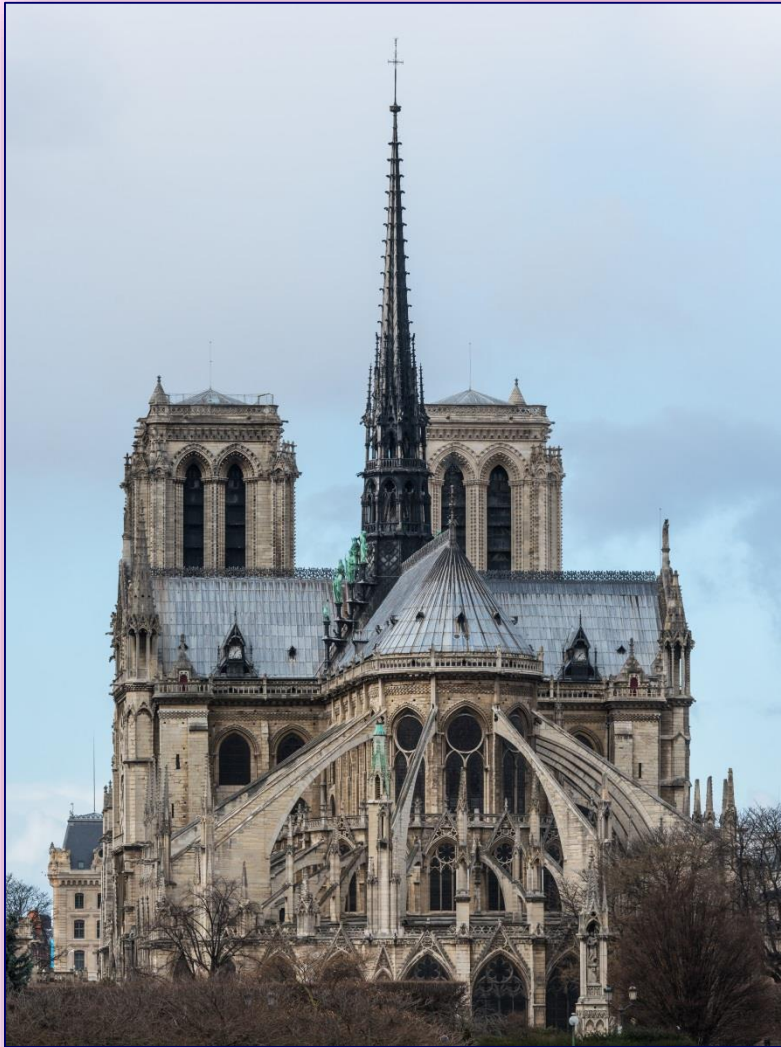
Sacred Space

Ancient Sacred Sites



Sacred Space

Sacred Sites



*... Built at the point where
ley lines meet*

Raising our Frequency

Raises
Consciousness

*Increases...
Joy, Peace and
Harmony*

*Decreases...
negative feelings,
including anxiety*

Balances
Energetic
Systems

*Creates Health
and Well-being
at every level...*

- *Physical*
- *Emotional*
- *Mental*
- *Spiritual*

Deepens
Connection with
Our True Self

*Increases...
Insight,
Creativity and
Confidence*

*Connects us
with our Life
Purpose*

Activates Our
Full DNA
Blueprint

*Unlocks our
unlimited
Potential*

*Strengthens the
immune system*

*Enhances
innate healing
abilities*

Vibrational Medicine...

Touches every cell and Transforms us on Spiritual, Emotional, and Physical planes

Vibrational frequencies of light, color, geometry and sound ...

- **Create a pathway for raising frequency and consciousness, and deepening connection with Inner Essence**
- **Stimulate feelings of Hope, Joy, Peace and Harmony**
- **Revitalize and Repair our natural healing systems.**

Sound Healing

“Sound can redress imbalances on every level of physiologic functioning and can play a positive role in the treatment of virtually any disease”



Dr. Mitchell Gaynor, former Director of Medical Oncology at the Weill-Cornell Center for Complementary and Integrative Medicine

Crystal Healing



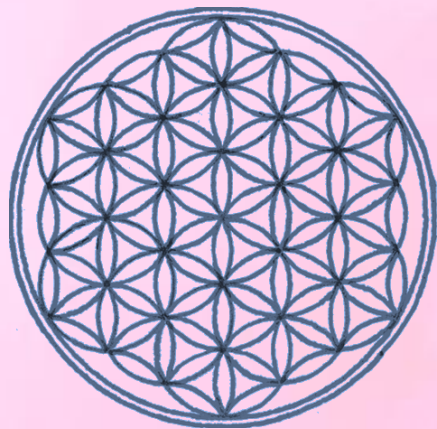
... filled with healing vibrations

High Vibrational Art



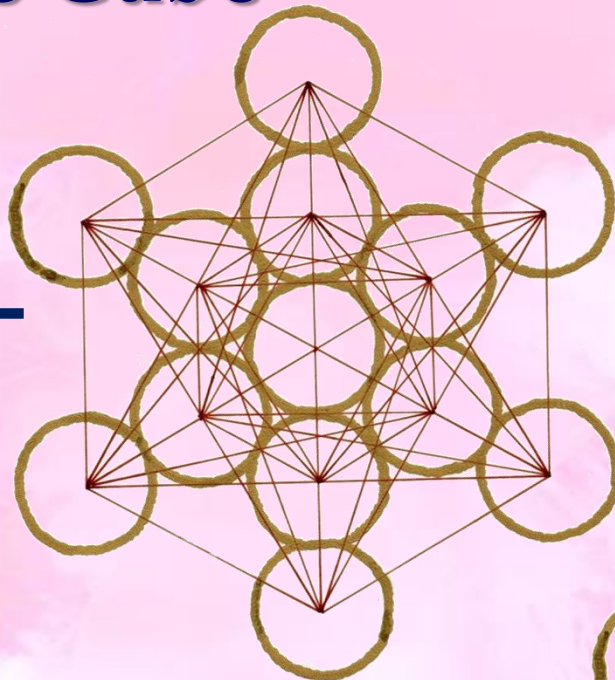
Interweaving
Geometry,
Crystals, Color
& Sound...

Significance of Geometry... & Metatron's Cube



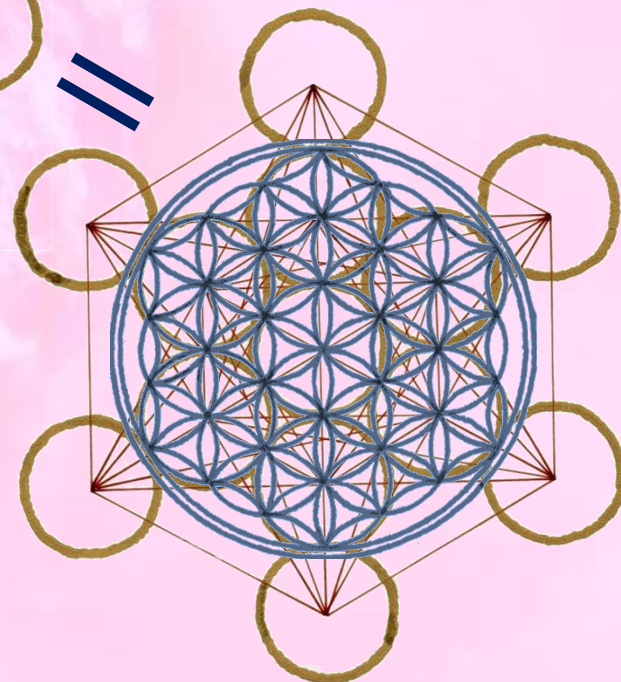
Flower of Life

+



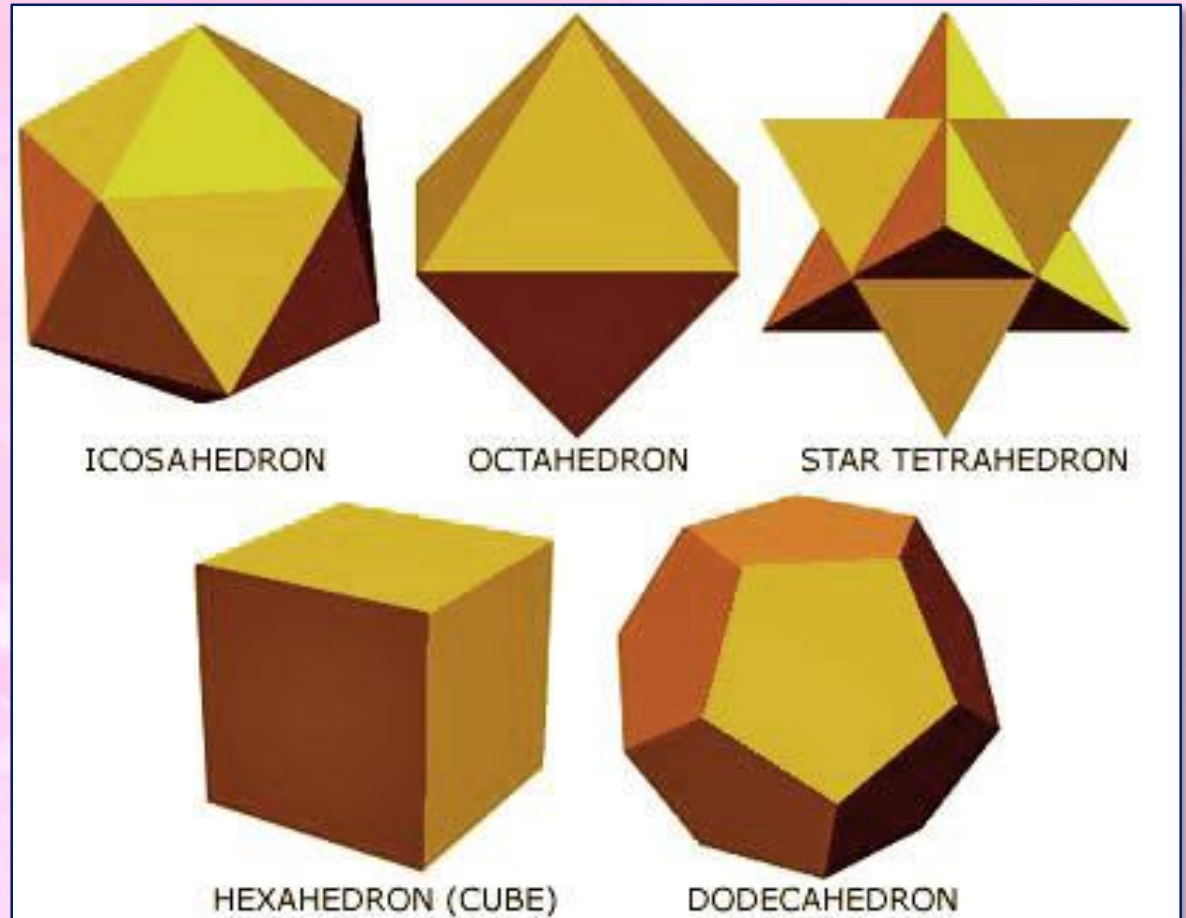
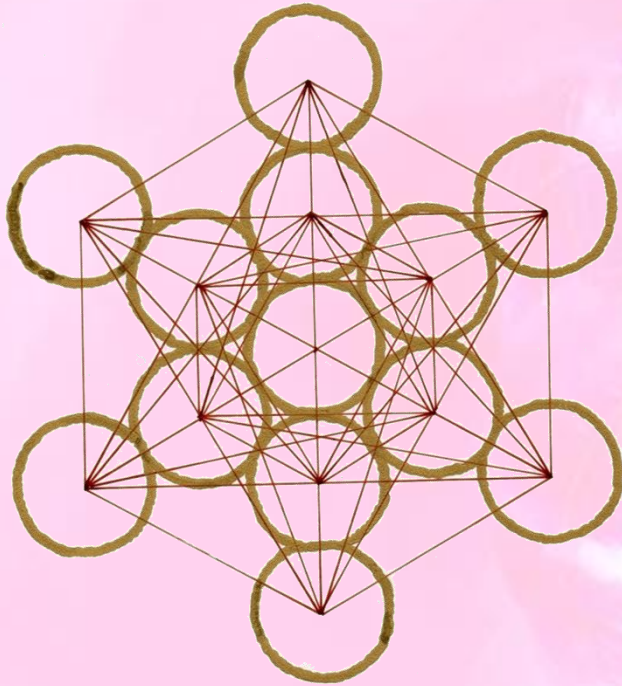
Metatron's Cube

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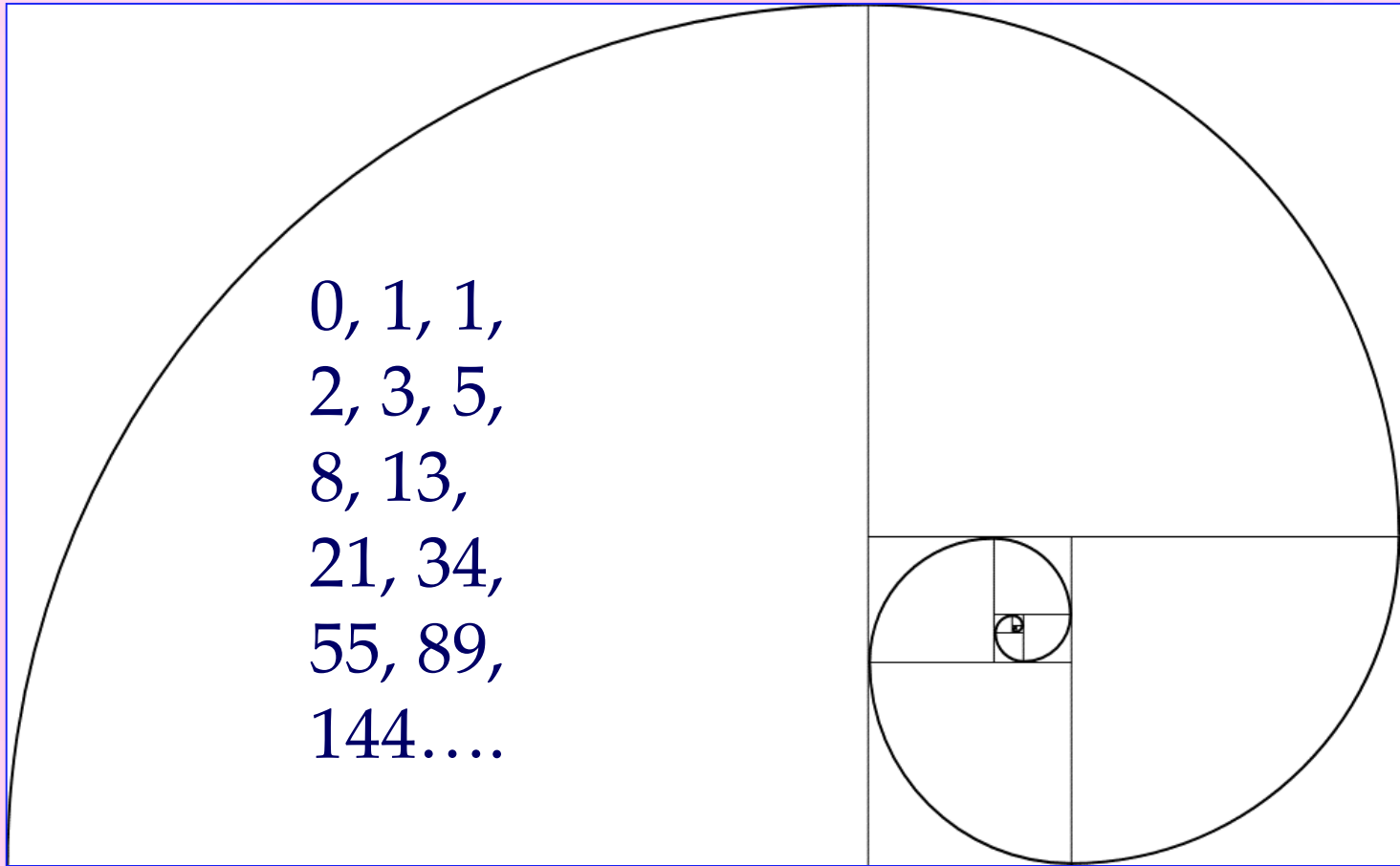
...hold all of the Platonic Solids

The Platonic Solids

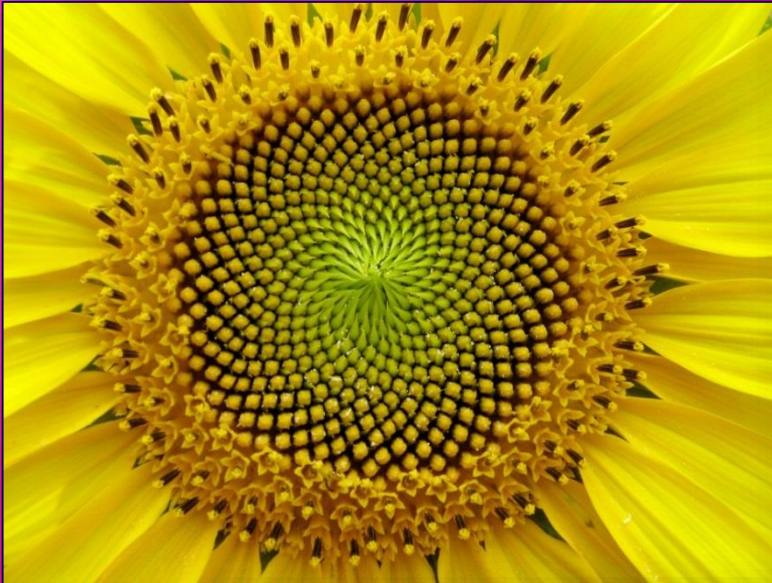


...the building blocks of life

The Golden Spiral and the Fibonacci Numbers



Geometry in Nature



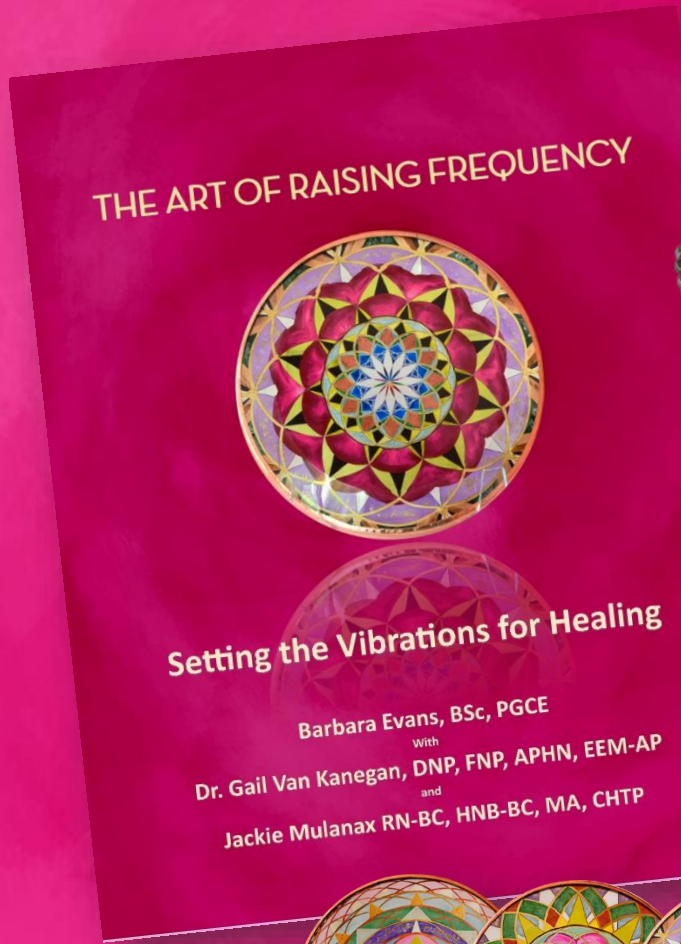
*Geometry... is the
Language of the Universe*

High Vibrational Art, Crystals and Sound...



Raise Frequency and Ignite Potential

THE ART OF RAISING FREQUENCY



Raising Frequency in Action



The Empowerment Cards

Going Deeper...

- **Crystal Grids as a tool for Raising Frequency**
- ***Chakra Keys, and the Chakra Key Healing Grid***
- **Building a *Chakra Key Healing Grid* to Activate Potential**



**By Connecting to the
Heart of Creation and
the Heart of the Earth...**

**We Deepen Connection
to our Inner Essence**



2004



2014

Guidance for *the Chakra Key Healing Grid*



Eleven Chakra Keys for Eleven Chakras...

Setting the vibrations for healing



Raising Frequency & Awakening Potential



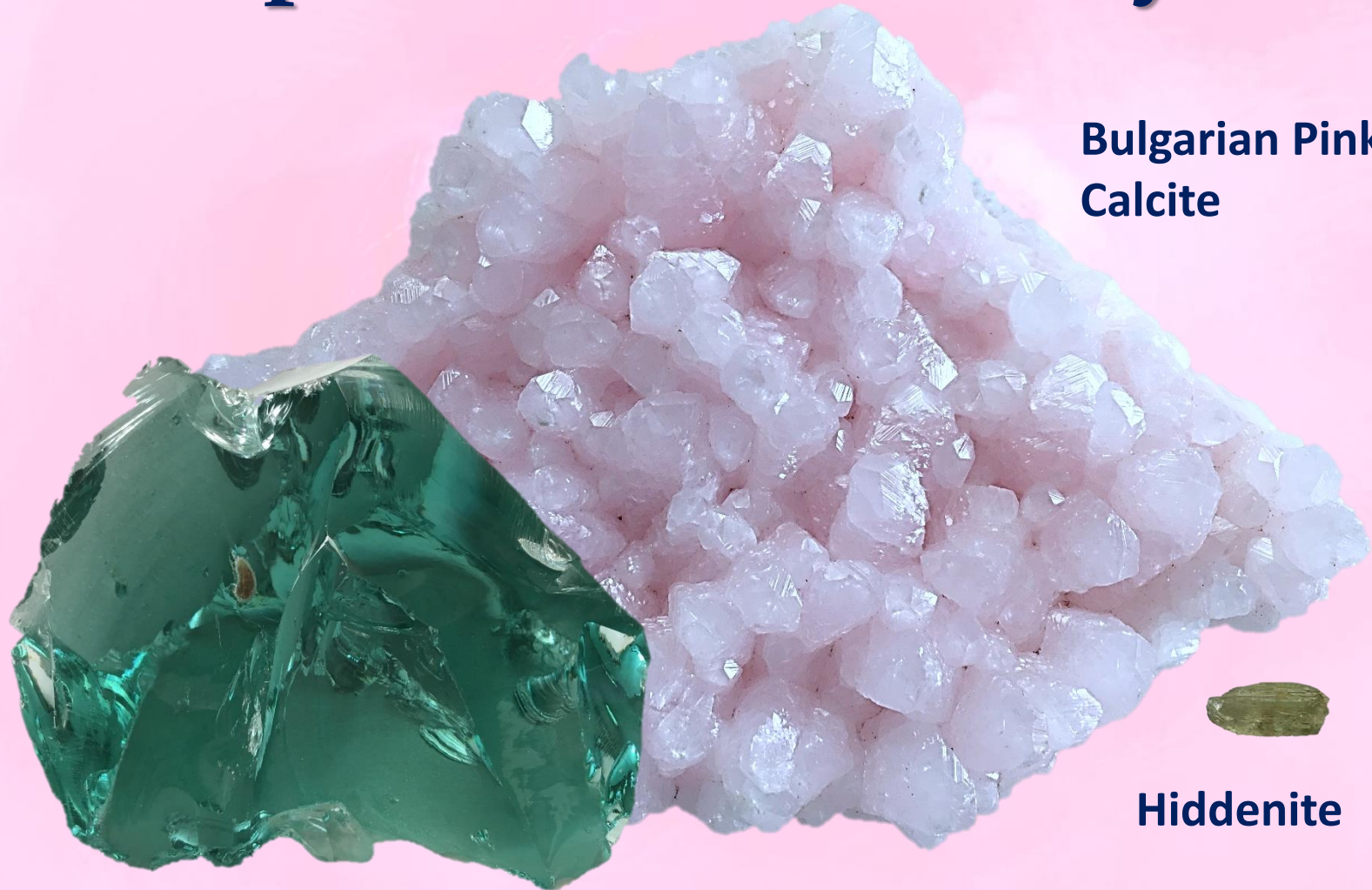
Let's Take a Break



Temple of the Heart Meditation



Temple of the Heart Crystals



**Bulgarian Pink
Calcite**

Hiddenite

Indonesian Andara



**Raising
Frequency &
Awakening
Potential...
Going
Deeper**

Crystals



High Vibrational Art



**A Human
Chakra Key
Healing Grid**

Summary



- **Everything is Energy**
- **Creating an environment, both within and around us, that sets the vibrations for healing is vital for vibrant health and awakening potential**
- **Vibrational Medicine offers us many tools and a pathway for raising frequency & connecting with our true essence**
- **You have experienced frequency-raising, high vibrational tools that touch every level of Body Mind and Spirit... including every cell of your physical body.**
- **How do you feel? Be aware of new inspirations and insights, significant dreams, opening doorways to new directions in your life, or a sense of rejuvenation!**

Awakening Your Full Potential

Thank



YOU!!!

Barbara Evans