

## OUR PHILOSOPHY:

Our mission as farmers is to provide a local, sustainable food source for you and your family, with our fresh, chemical-free fruits and vegetables.

### *Grown by us...Grown for you*

Here on our family farm, we grow all of your foods in **certified organic**, rich, biologically-active soils. We practice sustainable farming practices using cover crops, minerals, and natural composts. All of our animals are free range and no antibiotics or hormones are used. Therefore, we produce the healthiest and highest quality foods for YOU & YOURS!

By joining our CSA, you are choosing to support your local economy and keep money circulating within Iowa.

You are supporting responsible farming practices that help to sustain the rich farmlands that we were blessed with in our great state of IOWA.

Most importantly, you are investing in the health of yourself and your family by consuming fresher, fruits and vegetables!

## **“Invest in Your Health”**

*Thank you for supporting your local farmer!*

**Fruits & Vegetables:** Listed below are some of the fruits and vegetables we grow. Types and availability are dependent on the seasonal weather and annual cycles.

### Fruits & Veggies A -- Z

|                |              |             |
|----------------|--------------|-------------|
| Apples         | Arugula      | Asparagus   |
| Beans          | Beets        | Broccoli    |
| Cabbage        | Cantaloupe   | Carrots     |
| Cucumbers      | Dill         | Eggplant    |
| Garlic         | Grapes       | Herbs       |
| Kale           | Kohlrabi     | Leeks       |
| Lettuce(leaf)  | Okra         | Onions      |
| Peas           | Peppers      | Potatoes    |
| Pumpkins       | Radishes     | Raspberries |
| Squash         | Strawberries | Sweet Corn  |
| Sweet Potatoes |              | Tomatoes    |
| Turnips        | Watermelons  | Zucchini    |

### Sample CSA boxes:

**Week 3:** Asparagus, Kale, Lettuce, Green Onions, Radishes, Spinach, Garlic, Rhubarb, Strawberries

**Week 13:** Onions, Tomatoes, Green Beans, Potatoes, Zucchini, Peppers, Okra, Watermelon, Cantaloupe, Sweet Corn, Cucumbers

**Week 18:** Sweet Potatoes, Onions, Lettuce, Peppers, Radishes, Spaghetti & Butternut Squash, Pears, Apples, Basil



## **Bridgewater Farm CSA**

**Dale & Marcie Raasch**

**Tyler Raasch**

**Family and Friends**

**2409 Brown Avenue  
Bridgewater, IA 50837**

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www.bfproduce.com**

**Find us on Facebook!**

# Community Supported Agriculture (CSA)

By joining a CSA, you, the member are making a commitment to that farm. Your contribution helps the farm build and prosper in many ways that sometimes go unseen. The weekly mouth-watering taste we are able to provide through our produce is a direct reflection of your commitment and dedication to us. As a farmer, it is our priority to provide you with the highest-quality, chemical-free nutrition possible!

We participate in local farmers markets and also provide produce for local restaurants and wholesalers, but at Bridgewater Farm, **CSA members come first.** We have a strong passion in making sure you get your weekly or bi weekly “share basket” complete with the freshest and juiciest fruits and veggies from our farm to your family.

**SIGN UP TODAY**

## Pick Up Locations

Creston – Johnston/Des Moines –  
Atlantic – Greenfield - Winterset

2019 Days/Locations TBD

## CHOOSE YOUR SHARE(S)

Circle selection below(s)

The CSA will run for 20 weeks from May to October  
(weather dependent)

| Produce Shares              | Quantity | Price* | Length   |
|-----------------------------|----------|--------|----------|
| Weekly Full Share (2-5 ppl) |          | \$550  | 20 Weeks |
| Weekly Half Share (1-3 ppl) |          | \$325  | 20 Weeks |
| Bi-Weekly Share (2-5 ppl)   |          | \$325  | 10 Weeks |
| Egg Shares                  | Quantity | Price  | Length   |
| Weekly Egg Share            |          | \$80   | 20 Weeks |
| Bi-Weekly Egg Share         |          | \$40   | 10 Weeks |
| Work Share**                | Quantity | Price  | Length   |
| 60 hours                    | Full     |        | 20 Weeks |
| 40 hours                    | Half     |        | 20 Weeks |

**\*Limited Memberships for 2019  
to maintain quality for each member**

\*\*Accepting work shares: email or call for more information  
(Half Share: 2 hrs avg. per week./Full Share: 3 hrs avg. per week)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Pick up locale: \_\_\_\_\_

**Sign-up EARLY to secure your CSA share**

**Application must be received by March 15, 2019**

By signing below I understand the CSA program is an investment into the farm and produce received depends on the weather, there are no refunds, and I will pay for my share in full by the first CSA delivery.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Amount enclosed: \_\_\_\_\_

OFFICE USE ONLY: Payment: \$/ck/# \_\_\_\_\_

Welcome\_\_\_ P/U list\_\_\_ Label\_\_\_

EM \_\_\_ CSA EM\_\_\_ CSA SS\_\_\_