

FEBRUARY 2021

Preston Hollow UMC Child Development

Monday

Breakfast Snack: Cinnamon buttered wheat toast **1**
Lunch: Vegetable soup w/crackers, fresh fruit
Afternoon Snack: Greek style yogurt

Tuesday

Breakfast Snack: Egg & veggie quiche **2**
Lunch: Spaghetti & turkey meat sauce, spinach salad, bananas
Afternoon Snack: Apple muffins

Wednesday

Breakfast Snack: Oatmeal w/raisins **3**
Lunch: Chicken, rice & broccoli casserole, applesauce
Afternoon Snack: Banana bread

Thursday

Breakfast Snack: Bagel "donuts" (cream cheese w/sprinkles) **4**
Lunch: Homemade veggie egg rolls, dipping sauce, edamame, peaches
Afternoon Snack: Nutri Grain bars

Friday

Breakfast Snack: Greek style yogurt **5**
Lunch: Tuna salad on croissant, baked sweet potato chips, fresh fruit
Afternoon Snack: Trail Mix

Breakfast Snack: Oatmeal w/honey **8**
Lunch: Tomato Florentine soup w/crackers, orange slices
Afternoon Snack: BelVita snack

Breakfast Snack: Raisin toast **9**
Lunch: Turkey with quinoa, green beans, applesauce
Afternoon Snack: No nut butter w/crackers

Breakfast Snack: Cascadian Farm Organic Apple Cinnamon Cereal **10**
Lunch: Turkey Bacon & Lettuce on wheat bread, cucumber & tomato salad, pineapple
Afternoon Snack: String cheese w/saltine crackers

Breakfast Snack: Greek style yogurt **11**
Lunch: Veggie lasagna w/garden salad, bananas.
Afternoon Snack: Homemade oatmeal raisin bar

Breakfast Snack: Scrambled cheesy eggs **12**
Lunch: Fish tacos, broccoli slaw, fruit cocktail
Afternoon Snack: Valentine classroom parties

Closed **15**

Breakfast Snack: Biscuits w/ jelly **16**
Lunch: Cheddar broccoli soup w/wheat crackers, fresh fruit
Afternoon Snack: Black bean brownies

Breakfast Snack: Oatmeal w/raisins **17**
Lunch: Barbeque chicken nuggets, w/baked beans, apple slices
Afternoon Snack: Fig Newton bars

Breakfast Snack: Greek style yogurt **18**
Lunch: Turkey burger on wheat bun, baked sweet potato fries, bananas
Afternoon Snack: Graham crackers w/fruit

Breakfast Snack: Bran muffins **19**
Lunch: Fish sticks with tartar sauce, coleslaw, pineapple
Afternoon Snack: Yogurt fruit smoothie

Breakfast Snack: Cascadian Farm Organic Raisin Bran **22**
Lunch: No nut butter w/jelly on bagel, garden salad, fruit cocktail
Afternoon Snack: Nutri Grain bar

Breakfast Snack: Greek style yogurt w/blueberries **23**
Lunch: Bean & cheese burritos, spinach salad, orange slices
Afternoon Snack: String cheese w/saltine crackers

Breakfast Snack: Oatmeal w/raisins **24**
Lunch: 3 bean soup w/cornbread, peach cups
Afternoon Snack: Goldfish crackers

Breakfast Snack: Cinnamon toast **25**
Lunch: Baked parmesan chicken strips, peas, applesauce
Afternoon Snack: Nilla wafers w/pudding

Breakfast Snack: Blueberry bread **26**
Lunch: Tuna pasta w/veggies, fruit salad
Afternoon Snack: No nut butter w/ Ritz crackers

