# R L SARPINE & SPOIL Let's Talk About It!-

## Isaiah 41:10,13 & 54:10 | Courage

<sup>10</sup>"So don't worry, because I am always with you. Don't be afraid, because I am your God. I will fill you with my strength and help you in every situation. I hold you firmly with my victorious right hand."

<sup>13</sup> "I am the Lord your God. I hold your right hand and won't let you go! I whisper to you: "Don't be afraid; I am here to help you!"

<sup>10</sup> "Even if the mountains were to crumble and the hills disappear, my heart of steadfast, faithful love will never leave you. Yes, my promise of peace with you will never be shaken," says God whose love and kindness will never give up on you.

### COURAGE AFFIRMATION

I am loved. I am chosen. I was born on purpose--for a purpose. I am destined for greatness. I know Who is with me and Who is for me. And with God on my side, I can courageously do hard things. Today, I might feel afraid, but I don't have to be afraid. I choose courage. I choose peace. I will say and do what is kind and right. I am courageous!

#### What does courage look like and sound like? Can you think of a time when you were courageous? How did you feel? Was it a choice?

What's one thing your grown-up does that makes you feel safe? How do you feel when you are alone? Why?

When someone holds your hand or whispers are they close or far away? Why might your parent/guardian or teacher hold your hand?

In Isaiah 41:13, it says that God is holding our hand and whispers to us to not be afraid. How do you think God feels about our fears?

How does knowing you are not alone help you courageously do hard things?

God makes us a promise in Isaiah 54:10 that no matter what happens He will never leave or give up on us. How does this promise help us be courageous? Help us to take risks? Help us deal with our mistakes or failures?

Does it take courage to be kind sometimes? Why or why not? How does courage help us persevere, be determined or have self-control?

## Due Friday, April 30