



**Walk for Humanity
And 5K (3.1 Mi) Race**
Downtown Baton Rouge - April 27, 2019 - 8:00am

Entry Fee: Pre-Registration is \$25.00 by April 14th. April 15th - 26th is \$30.00. Race Day fee will be \$35. Students - \$15.00. Children 12 and under - \$10.00. You may register with **CHECK OR MONEY ORDER** made out to "The Institute for Global Outreach" and mail to 1024 Pierre Ave; Shreveport, LA 71103 or sign up online with a credit card at Event Brite – www.eventbrite.com and search for the **Walk for Humanity Baton Rouge** Online link.

Packet Pick Up: Every pre-registered participant will receive an official "Walk for Humanity" 2019 T-shirt that can be picked up at **Varsity Sports**; 2055 Perkins Rd, Baton Rouge, LA 70808 beginning on Friday, April 26th from 10:00 - 5:30PM and Race Day from 7:15AM-7:45AM at the race site.

Location: Participants will meet at the corner of North Blvd. & 4th Street in Downtown Baton Rouge. The 1 mile walk will start at 8:00AM and the 5k (3.1 mile) will start at 8:30AM.

Post Event: Stick around to learn more about the Institute for Global Outreach and enjoy refreshments! You can also learn more at www.IGOCares.org.

Special Note: Under RRCA regulations, absolutely no baby joggers, strollers, bikes, skate devices.

Online Registration: www.eventbrite.com – **Walk for Humanity Baton Rouge**

Waiver & Release

In consideration of my being admitted to enter "Walk for Humanity", I, for myself, my heirs, and assigns, executors and administrators, do hereby forever release and discharge **RRCA, NWLRA, and The Institute for Global Outreach and all sponsors**, their employees and agents, of and from any and all claims or demands for damage, injuries, or liability, in any manner arising out of participation in this event. I agree to indemnify and hold harmless the parties released above from any claims or demands for damages, for injuries or liability, in any way arising out of my participation in this event. I certify that I have prepared myself for this race and that I am in adequate physical condition to complete the event I have entered. I agree to follow all rules of this race and to permit myself be removed from the competition if in the opinion of Race Management that continuing would endanger my health.



Official Walk for Humanity Form Saturday, April 27, 2019

Last Name _____ First Name _____

Address _____ City _____ State _____ Zip _____

Please Check ONE: 1 Mile Fun Run/Walk 5k Walk 5K Run Sleep Late-Donate

I am running/walking for Team: _____

Date of Birth: ____/____/____ Phone number: _____ Sex: Male or Female

Email address: _____

T-shirt Size: (PLEASE CIRCLE) YM YL S M L XL (2XL add \$2.00) (3XL add \$3.00)

I understand and agree to all conditions of waiver. Signature _____

Parent/Guardian Signature if under 18 years old _____