Good morning!

Hope you had a great weekend and start to this week.....some scrimmages tonight and tomorrow then HOPEFULLY some school can get us rolling on Friday! Fingers crossed!

Today's clip is <u>here</u>. What do you have on the throw-in? Back court violation? Let's just consider the throw-in and catch by the player in-bounds. Per rule 9.9.3, the player in-bounds may make a normal landing an essentially the division line in non-existent until both feet are on the floor.

violation.

ART. 1... A player shall not be the first to touch the ball after it has been in team control in the frontcourt, if he/she or a teammate last touched or was touched by the ball in the frontcourt before it went to the backcourt.

EXCEPTION: A ball in team control of Team A in the frontcourt that is deflected by a defensive player, which causes the ball to go into the backcourt, may be recovered by either team unless the offense was the last to touch the ball before it went into the backcourt. If the offense was last to touch the ball in its frontcourt, only the defense can legally recover the basketball.

ART. 2... While in player and team control in its backcourt, a player shall not cause the ball to go from backcourt to frontcourt and return to backcourt, without the ball touching a player in the frontcourt, such that he/she or a teammate is the first to touch it in the backcourt.

ART. 3... During a jump ball, throw-in or while on defense, a player may legally jump from his/her frontcourt, secure control of the ball with both feet off the floor and return to the floor with one or both feet in the backcourt. The player may make a normal landing and it makes no difference whether the first foot down is in the frontcourt or backcourt.

PENALTY: (Section 9) The ball is dead when the violation occurs and is awarded to the opponents for a throw-in from the designated out-of-bounds spot nearest the violation

In this play, white 4 jumps in the air from his front court and receives the throw-in pass while in the air. He lands with his left foot in the front court (this is his pivot foot) then his right foot in the back court. This is legal! He makes a 'normal' landing as in 9.9.3. Play on!!!!

These are RULES that we need to KNOW and happen often! KNOWING the rules is something we should strive be better at daily!

Have a great day today and stay well!

Tim