



Pacific Jujitsu Alliance

PO Box 1881, Phoenix, Oregon 97535

www.pacificjujitsualliance.com

Newsletter – April 2016

A Message from Professor Bob McKean

Ohana 2016 is quickly approaching. Every two to three years the Danzan Ryu community comes together for a full weekend to honor our founder, Professor Henry Seishiro Okazaki. Attendees travel from all over the world to attend this very special event. They come to train and to socialize and to renew old friendships and to make new friends. This is also a golden opportunity to train with the most senior and experienced instructors of our ryu.

In support of *Ohana*, it has been a long standing tradition for the Danzan Ryu organizations, with the exception of one organization, to postpone their annual conventions and major events so they do not conflict with the dates and venue of the *Ohana* event.

The first *Ohana* was hosted by Shoshin Ryu Yudanshakai, September 1-3, 1990, at the Airport Inn Hotel in Irvine, California.

The DZR landscape has changed over the past twenty-six years. Many of the original students of Professor Okazaki are no longer with us. Some organizations are gone while others have joined our growing *Ohana*.

This year we celebrate the 13th Danzan Ryu *Ohana*. A big thanks goes out to all of the DZR organizations who have hosted *Ohana* over the past twenty-six years. A special thanks to the Shoshin Ryu Yudanshakai who organized the 1st *Ohana* and hosted a total of 4 *Ohana* events over the past twenty-six years.

Here is a quick break down of which DZR organizations have hosted *Ohana*, the year the event was held and its location.

1. 1990 Shoshin Ryu Yudanshakai – Irvine, CA.
2. 1992 Shoshin Ryu Yudanshakai – Reno, NV.

3. 1994 Shoshin Ryu Yudanshakai – Las Vegas, NV.
4. 1996 Jujitsu America – Santa Clara, CA.
5. 1998 American Judo & Jujitsu Federation – San Ramon, CA.
6. 2001 American Jujitsu Institute – Honolulu, HI.
7. 2003 Jujitsu America – Foster City, CA.
8. 2005 Kodengan Yudanshakai – Tucson, AZ.
9. 2007 Kodengan Danzan Ryu Jujitsu Association – Santa Clara, CA.
10. 2010 Shoshin Ryu Yudanshakai – Anaheim, CA.
11. 2012 American Jujitsu Institute – Honolulu, HI.
12. 2014 Pacific Jujitsu Alliance & Kilohana Martial Arts Association – Santa Clara, CA.
13. 2016 Bushidokan Federation – Sparks, NV.
14. 2018 Jujitsu America - TBA
15. 2020 To be determined by the DZR Ohana Alliance at *Ohana 2016*.

2016 will be the first time the Bushidokan Federation has hosted an *Ohana* event. We at the Pacific Jujitsu Alliance have given the Bushidokan Federation our full support and we wish them a successful event.

Time is running short. Get your registration in for *Ohana 2016*. I hope to see everyone there.

In this Newsletter:

- DVD's of the Pacific Jujitsu Alliance – Prof. Bob McKean
- Knives In New York (KINY) – Sensei Robert Korody
- Building Bridges – Professor Barb Gessner
- Hard Choices - *Lessons From The Old Masters* – Professor Gary Lescak
- K.I.T.W. Folding Knife Class - Professors Mike Tucker and Chris Nicholas
- The Esoteric Principles of Judo - Professor Bob McKean
- Danzan Ryu Jujitsu and Wu Yin Yan Jing Kung Fu - Sensei Robert Korody
- Japanese Martial Arts Character Dictionary – Professor Thomas Jenkins

DVDs of the Pacific Jujitsu Alliance

By: Professor Bob McKean

For several years the PJA has been producing a series of Danzan Ryu related DVD's at an affordable price. This is not a money making venture for us. No one in the PJA makes money from the sale of our DVDs. The money we do make goes back into producing more DVDs and for the future production of new DVDs. We do this as a service to the Danzan Ryu community to preserve our history and to perpetuate the teachings of our founder, Professor Henry S. Okazaki, and Professor William Montero Sr.

2015 was a very good year for us. We provided over 300 DVDs to Danzan Ryu and other martial artists in over 25 states as well as to England, Poland, Spain, Italy, Russia, Australia and Argentina. The feedback we have received from those who have obtained our DVDs has been very positive and encouraging.

Many of our DVD's are based on the thirteen years Professor William Montero trained under Professor John Cahill and Professor Henry S. Okazaki. Many of these arts, and their variations, are not typically taught today. These detailed DVDs are intended to serve as an historical record of the Montero lineage of Danzan Ryu and as a visual kata manual for those studying the many different methods of Danzan Ryu taught by Professor Okazaki to his early black belt disciples.

In addition to these DVDs, the PJA has also made available a number of historical DVDs for the DZR community. These DVDs include footage of Professors Bud Estes, Pat Browne and Bob Krull demonstrating their knowledge of the arts.

The PJA also offers a professionally made DVD by Professor Rory Rebmann showing the *Professor Ray Law's Junior Elementary Course*. Professor Rebmann is a senior student of Professor Law and is considered by many to be the authority on *Professor Ray Law's Junior Elementary Course*.

We have plans for additional DVDs in the near future. These include Shinyo No Maki, Kodenkan Police Course part III and the Kodenkan Commando Striking Course.

For additional information on our DVDs, please go to our website at www.pacificjujitsualliance.com

PJA Website

The Pacific Jujitsu Alliance website, www.pacificjujitsualliance.com, has been updated by Professor Mike Tucker.

KNIVES IN NEW YORK

March 6, 2016

By: Sensei Robert Korody



Seven NRA certified pistol instructors and one DZR black belt assembled for a day long training seminar based on the PJA's established fixed blade knife training known as *Knives in the Woods*. As the majority of the participants were not trained in martial arts but otherwise proficient and experienced shooters, the chief objective of the training was to introduce the participants in the use of a fixed blade with an emphasis on the difficulty of defending against an assailant armed and attacking with an edged weapon.

The seminar was taught by Sensei Robert Korody, an advanced instructor of The Concrete Warrior Knife Society and participant in KITW for many years.

The seminar began with a short introduction regarding the history of the organization and the roots of the training. Physical training commenced with the instruction of the 12 basic cuts and proceeded with knife against empty hand, knife against knife, and knife against gun training.

Techniques were kept very basic in keeping with participants levels of skill and the concentration and aptitude were high. Among the participants were retired and active duty law enforcement who "had their eyes opened" and wished they'd had this training years ago.

As mentioned, an underlying objective of the training was the understanding of just how deadly an edged weapon could be in skilled hands and the level of awareness necessary for survival against an attack. Physical training was completed with light knife fighting to emphasize that the best defense against a knife is the skilled use of a handgun, and that the winner of a knife fight goes to the ER while the loser goes to the morgue. Also in attendance was Sensei Korody's personal firearms instructor, Andrew Harris, who was impressed with the training and will now be offering the training with Sensei Korody as part of his certified law enforcement training programs. All participants thoroughly enjoyed the training and many expressed interest in traveling and training in our other scheduled knife seminars to further develop their skills.

Building Bridges

By: Professor Barb Gessner

Although 2016 isn't even a quarter of the way through, it is proving to be one of new growth and opportunity for me.

In the freedom I have found as a student & teacher of Danzan Ryu Jujitsu, as opposed to just identifying with just one particular organization, I am finally experiencing the joy of active bridge-building among the various groups. This New Year brought with it my appointment as Northeast Regional Advisor for the American Jujitsu Institute. As such I will have the opportunity to act as an arm of that organization reaching out to members on the far coast of the mainland. Through my existing contacts with other DZR folks, I hope also to build a broader community of practitioners of Professor Okazaki's system among the various organizations. Although there are many, we are all part of one larger Ohana.

Also, for nearly ten years I was privileged to teach jujitsu at numerous Judo Camps sponsored by the United States Judo Association up and down the east coast. I considered this a special honor as I was sharing Professor Okazaki's Danzan Ryu with the descendants of Professor Kano. It was almost like coming full circle. I also had the added bonus of growing in my Judo knowledge and experience. Through studying the various kata of Kodokan Judo, I could see where it appeared that Professor Okazaki drew much of what he incorporated in his system.

During that time I was involved in running exam boards for these students of no particular ryu, other than Kano's Jujitsu [Kodokan Judo]. Eventually I was invited to chair the USJA Jujitsu Promotion Board, which oversees all dan promotions in jujitsu within that organization. When circumstances brought that position to an end, I became almost totally inactive with the USJA. However, with this New

Year I decided to reactivate my Life Membership and was immediately invited back onto the USJA Jujitsu Committee. Policies and procedures have changed for the better and recognizing some old friends on the Committee was also an incentive to work with them, so I said yes.

So, in addition to hosting one of the two Northeast Regional Seminars for the American Judo & Jujitsu Federation each year, I am looking forward to presenting even more get-togethers for all jujitsukain the Northeast United States, particularly those representing the Pacific Jujitsu Alliance, American Jujitsu Institute, Shoshin Ryu Yudanshikai, and all the other Danzan Ryu Organizations. After all, by sharing our various perspectives on the arts, we have everything to gain and nothing to lose.

Professor Barb Gessner is a long time friend and associate. Her dedication and loyalty as a student and teacher of Danzan Ryu Jujitsu is commendable. The Pacific Jujitsu Alliance is fortunate to have her as one of our DZR Professors and one of our school heads. The PJA supports Professor Gessner in her endeavors to build bridges between the different DZR and jujitsu organizations.

Professor Bob McKean

Hard Choices

From the book

Lessons From The Old Masters

By: Gary Lescak

Personal protection is full of subjective, value-laden choices. If you say you can't, or won't kill another human in a mortal confrontation, then you will be the one to die. Remember that you could be making that decision for your loved ones as well. Also, understand that for many criminals your life isn't worth as much as a piece of meat at the grocery store.

Picture it! Make your choice in advance. If you decide that you want to be the one to live, then you have to be committed to do whatever it takes to achieve that end result. Remember, successful personal protection is based upon knowledge and a superior mental attitude.

I would like to thank Professor Gary Lescak for giving the PJA permission to reprint portions of his book for this newsletter and for future PJA newsletters.

Professor Bob McKean

K.I.T.W. Folding Knife Class

Hayward, CA - March 5, 2016

By: Professors Mike Tucker and Chris Nicholas



Unlike the typical combat knife classes popularized by Knives In The Woods (KITW) using fixed edge large knives, this particular class was focused on the folding knife – the type most of us carry every day. As part of the regular price of the seminar, participants were given a Benchmade Griptillian training knife to use for the day, and then take home with them.

The morning began with warm ups and an explanation of why we were doing this class. The idea of doing a folding knife class had been brewing in the minds of Chris and Mike for some time, and there have been numerous requests to apply the tried and true concepts promoted by the KITW. But would those same techniques work with a smaller “pocket knife”? As opposed to a knife-on-knife situation, we instead focused on two primary situations.

The first situation, which most of us at one time or another have found ourselves in, dealt with the idea of suddenly finding yourself in a bad part of town, or in a position where you feel that something bad could happen. In a preemptive move, you reach in your pocket and take out and open your knife, palming it in a reverse grip so as to conceal its presence. From this “prepared state”, we worked defenses against front attacks, strikes, grabs, chokes and kicks, using the knife to enhance our typical defenses. The idea was for the opponent not to know there was a knife involved until you had made several stabs and cuts. It was found that the inverted grip lent itself well to hooking onto/into your opponent, allowing for follow on strikes with knees, head-butts and the free hand. Prof. Nicholas created an acronym for this case: P.P.E. meaning *Perceive, Prepare, Engage*. *Perceive* the threat or the bad situation – *Prepare* by getting the blade out and readied. *Engage* with the threat. The entire morning half of the seminar was devoted to this concept.

After lunch, we moved on to the next concept. The second situation was more of an “oh, crap” moment, wherein the threat was not detected until we had been attacked, punched, or grabbed and required us to defend first, and then go for the knife. Of the two scenarios, this was the more difficult and it was determined that the knife isn’t so easy to get at and deploy. Defending and then making space and time to get the blade out was paramount. And because of the timing and the typical means of carrying a folder, the common grip here was a saber grip, or normal blade forward grip. This changed the defenses from hooking to more stabbing. The acronym here was D.D.D., which stands for *Defend, Disrupt, Deploy*. *Defending* at the attack is obviously your first step in surviving. *Disrupting* your opponents attack by countering/making space allows you the opportunity for the final step, which is to *Deploy* the blade. We saw again and again how, in the clinch or heat of battle, it’s extremely hard to get at your knife, and harder still to get it open. The fine motors skills we take for granted when we open our pocket knives in low/no stress situations (opening a letter, cutting the tape on a box) essentially go away when under the stress of an attack.

Again, the focus of the class was not a knife-on-knife fight, but more the idea of using the blade as an enhancement of your existing skills. In the end, there were quite a few thoughts to take home. If you use a blade, and he is empty handed, you are now the aggressor; If he sees the knife, he may escalate what was originally just an empty threat; he may take your knife and cut you; use your other defenses-don’t get totally focused on just using the knife; use a folder more like a yawara stick – more sticking and jabbing versus slashes and cuts. And the old Boy Scout saying of “a sharp knife is a safe knife” is true here as well, so keep that pocket knife well honed. You never know when you’ll really need it.

The Esoteric Principles of Judo

By: Professor Bob McKean

When was the last time you read *The Esoteric Principles of Judo*? How often do you read it? As a black belt and a sensei, how often do you discuss *The Esoteric Principles of Judo* with your students?

Professor Henry Seishiro Okazaki put a lot to time and thought into writing *The Esoteric Principles of Judo*. This document is often read and passed on to us by our seniors but how well do we actually understand its meaning? Is this something we just read and file away or do we take it seriously and attempt to follow these principles in our daily lives?

I was taught that *The Esoteric Principles of Judo* stands as a professional, ethical and moral compass to guide us in our learning of Danzan Ryu Jujitsu and how we live our daily lives.

One of the best articles I have read concerning *The Esoteric Principles of Judo* was authored by Professor Bryan Stanley of Shoshin Ryu Yudanshakai. His

article, *The Esoteric Principles, One Man's Opinion* can be found on the Shoshin Ryu Yudanshakai website. His article was printed in 7 parts in the Shoshin Ryu Newsletters.

I highly recommend anyone who is a student of Danzan Ryu Jujitsu to read this article. Again, when was the last time you read *The Esoteric Principles of Judo*?

Danzan Ryu Jujitsu and Wu Yin Yan Jing Kung Fu

By: Sensei Robert Korody



On the weekend of March 18, 2016, I was invited to San Diego to teach a brown belt seminar for my first instructor, Sifu John Furey, who is currently the head of the American Wu Yin Yan Jing Federation, an American system of martial arts developed by Grandmaster Ray Miles in the early 1970s and recognized by the American Martial Arts Association in 1975.

I began my martial arts training in the fall of 1981 as a freshman at SUNY Geneseo where I first met Sifu Furey and we have had a close relationship for 35 years. Sifu Furey now resides in San Diego CA and currently has a thriving school with 30 - 35 students with a large group of talented brown belts. Also in

attendance was my black belt Craig Phildius, recently home from assignment in Dubai with the Department of Commerce, who uke'd for me throughout the day.

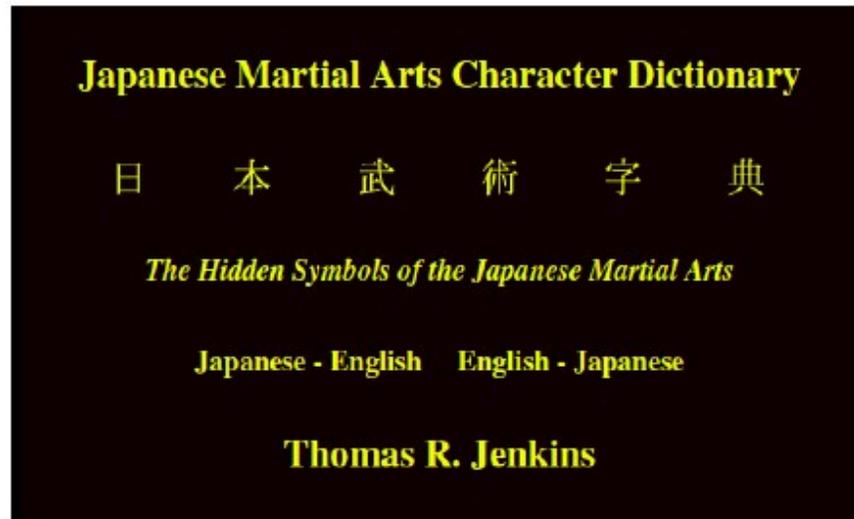
As the majority of Sifu Furey's students were young teens, the majority of the techniques taught were yawara, takedowns, and escapes age appropriate for those attending. The underlying objective of the class was the introduction to the close quarter aspects of jujitsu vs. the fighting concepts of Wu Yin Yan Jing and its foundations of striking and kicking. All techniques and training methods were well received and a number of Sifu Furey's students are now serious about beginning jujitsu training and will be working with Craig who is excited about getting back on the mat. For myself, I was very proud and humbled to be invited to my teacher's school and be able to demonstrate what I have learned in the years since my initial training and also to have so many new students interested in learning Danzan Ryu Jujitsu and expanding our family.



Japanese Martial Arts Character Dictionary

Contact Professor Jenkins for discount pricing.

tjenkns@saber.net



Some of the many subjects found in this dictionary: Aikido (way of harmony) Aikijujutsu (techniques of gentle accord) Anma (Japanese massage) Battojutsu (sword cutting) Bungel (literary arts) Bushido (way of the samurai) Butsido (Buddhism) Chado (way of tea) Haiku (Japanese poetry) Heiho (military strategy) Iaido (way of sword drawing) Jodo (way of the staff) Jojutsu (staff techniques) Judo (way of suppleness) Jujutsu (techniques of suppleness) Kabogaku (anatomical terms) Kappo (resuscitation methods) Karate (empty hand combat) Kendo (way of the sword) Kempo/Kenpo (Chinese fist method) Kyudo (way of archery) Kyusho (vital points of the body) Naginata (halberd techniques) Ninjutsu (arts of subterfuge) Reigisaho (Japanese etiquette) Ryuha (Japanese martial systems) Selfukujutsu (healing arts) Shinto (Japanese ancestral religion) Sumo (Japanese wrestling) Zen (meditation).

The Japanese Martial Arts Character Dictionary is now directly available to you as an INTERNET DOWNLOAD for \$40.00. This unique, meticulously researched 960 page Kanji Dictionary is a must have for the serious student of the Japanese martial arts. Great gift for all levels of Japanese martial artists. The Dictionary is in PDF format which is compatible with most media devices. Not sold in stores. To order your Dictionary please contact the author at: tjenkins@saber.net