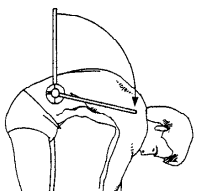

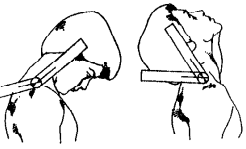
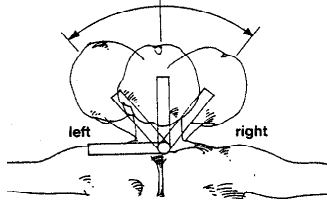

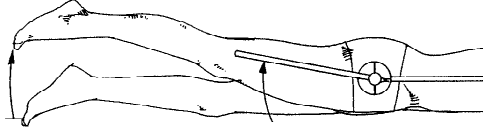
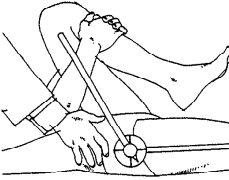

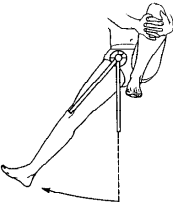
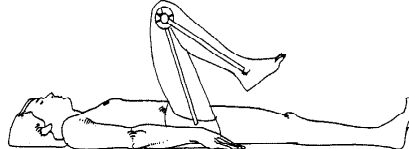


Range of Joint Motion Evaluation Chart

| | |
|-----------------|------------------------|
| NAME OF PATIENT | SOCIAL SECURITY NUMBER |
|-----------------|------------------------|

INSTRUCTIONS: For each affected joint, please indicate the existing limitation of motion by drawing a line(s) on the figures below, showing the maximum possible range of motion or by notating the chart in degrees. Provide a complete description of all affected joints in your narrative summary. If range of motion was normal for all joints, please comment in your narrative summary. If joints which do not appear on this chart are affected, please indicate the degree of limited motion in your narrative.

| 1. Back | | 2. Lateral (flexion) | | | |
|---|------------------|-----------------------------|--|------------------|--------------------|
|  | Extension 25° | Flexion 90° |  | | |
| | Degrees | Degrees | | Left 25° | Right 25° |
| | | | Degrees | Degrees | |
| 3. Neck | | 4. Neck (lateral bending) | | | |
|  | Extension 60° | Flexion 50° |  | | |
| | Degrees | Degrees | | Left 45° | Right 45° |
| | | | Degrees | Degrees | |
| 5. Neck (rotation) | | 6. Hip (backward extension) | | | |
|  | Left 80° | Right 80° |  | | |
| | Degrees | Degrees | | Left 30° | Right 30° |
| | | | Degrees | Degrees | |
| 7. Hip (flexion) | | 8. Hip (adduction) | | | |
|  | Left | |  | | |
| | Knee Flexed 100° | Knee Extended 100° | | Left 20° | Right 20° |
| | Degrees | Degrees | | Degrees | Degrees |
| | Right | | | Knee Flexed 100° | Knee Extended 100° |
| | Degrees | Degrees | Degrees | Degrees | |
| 9. Hip (abduction) | | 10. Knee (flexion) | | | |
|  | Left 40° | Right 40° |  | | |
| | Degrees | Degrees | | Left 150° | Right 150° |
| | | | Degrees | Degrees | |

| 11. Shoulder (Abduction – Adduction) | | 12. Shoulder (Flexion – Extension) | | | |
|--------------------------------------|---------------------------------|---|---------------------------|---------------|----------------|
| | Left | | | | |
| | Abduction 150° | Adduction 30° | | Left | |
| | Extension 50° | Flexion 150° | | Right | |
| | Degrees | Degrees | | Extension 50° | Flexion 150° |
| Right | | Right | | | |
| Abduction 150° | Adduction 30° | Degrees | Degrees | | |
| Degrees | Degrees | Degrees | Degrees | | |
| 13. Elbow | | 14. Forearm (Pronation – Supination) | | | |
| | Left | | | | |
| | Extension 0° | Flexion 150° | | Left | |
| | Degrees | Degrees | | Pronation 80° | Supination 80° |
| | Degrees | Degrees | | Degrees | Degrees |
| Right | | Right | | | |
| Extension 0° | Flexion 150° | Pronation 80° | Supination 80° | | |
| Degrees | Degrees | Degrees | Degrees | | |
| 15. Ankle | | 16. Ankle (Flexion – Extension) | | | |
| | Left | | | | |
| | Inversion 30° | Eversion 20° | | Left | |
| | Degrees | Degrees | | Plantar 40° | Dorsal 20° |
| | Degrees | Degrees | | Degrees | Degrees |
| Right | | Right | | | |
| Inversion 30° | Eversion 20° | Plantar 40° | Dorsal 20° | | |
| Degrees | Degrees | Degrees | Degrees | | |
| 17. Wrist (radial, ulnar) | | 18. Wrist | | | |
| | Left | | | | |
| | Radial 20° | Ulnar 30° | | Left | |
| | Degrees | Degrees | | Extension 60° | Flexion 60° |
| | Degrees | Degrees | | Degrees | Degrees |
| Right | | Right | | | |
| Radial 20° | Ulnar 30° | Extension 60° | Flexion 60° | | |
| Degrees | Degrees | Degrees | Degrees | | |
| 19. Thumb (MP Joint) | | Medscape® www.medscape.com | | | |
| | Left | Right | Modified MRC Grade | | |
| | Flexion 60° | Flexion 60° | Degree of Strength | | |
| | Degrees | Degrees | | | |
| DATE OF EXAMINATION | EXAMINING PHYSICIAN'S SIGNATURE | | | | |

| Modified MRC Grade | Degree of Strength |
|--------------------|---|
| 5 | Normal power |
| 5 – | Equivocal, barely detectable weakness |
| 4 + | Definite but slight weakness |
| 4 | Able to move the joint against combination of gravity and some resistance |
| 4 – | Capable of minimal resistance |
| 3 + | Capable of transient resistance but collapses abruptly |
| 3 | Active movement against gravity |
| 3 – | Able to move against gravity but not through full range |
| 2 | Able to move with gravity eliminated |
| 1 | Trace contraction |
| 0 | No contraction |

*Medical Research Council of Great Britain.
Source: Semin Neurol © 2008 Thieme Medical Publishers
*Medical Research Council of Great Britain.

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|--------------------|---|
| 5 | Normal power |
| 5 – | Equivocal, barely detectable weakness |
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| 4 | Able to move the joint against combination of gravity and some resistance |
| 4 – | Capable of minimal resistance |