FALLS RISK ASSESSMENT

JERSEY SHORE GERIATRICS

☐ Admission ☐ Annual ☐ Post-Fall ☐ Other _____

Circle appropriate score for each section and total score at bottom.

	Parameter	Score	Patient Status/Condition
A.	Level of Consciousness/ Mental Status	0	Alert and oriented X 3
		2	Disoriented X 3
		4	Intermittent confusion
B.	History of Falls (past 3 months)	0	No falls
		2	1-2 falls
		4	3 or more falls
C.	Ambulation/ Elimination Status	0	Ambulatory & continent
		2	Chair bound & requires assistance with toileting
		4	Ambulatory & incontinent
D.	Vision Status	0	Adequate (with or without glasses)
		2	Poor (with or without glasses)
		4	Legally blind
E.	Gait and Balance		Have patient stand on both feet w/o any type of assist then have walk: forward, thru a doorway, then make a turn. (Mark all that apply.)
		0	Normal/safe gait and balance.
		1	Balance problem while standing.
		1	Balance problem while walking.
		1	Decreased muscular coordination.
		1	Change in gait pattern when walking through doorway.
		1	Jerking or unstable when making turns.
		1	Requires assistance (person, furniture/walls or device).
F.	Orthostatic Changes	0	No noted drop in blood pressure between lying and standing. No change to cardiac rhythm.
		2	Drop<20mmHg in BP between lying and standing. Increase of cardiac rhythm <20.
		4	Drop >20mmHg in BP between lying and standing. Increase of cardiac rhythm>20.
G.	Medications		Based upon the following types of medications: anesthetics, antihistamines, cathartics, diuretics, antihypertensive, antiseizure, benzodiazepines, hypoglycemic, psychotropic, sedative/hypnotics.
		0	None of these medications taken currently or w/in past 7 days.
		2	Takes 1-2 of these medications currently or w/in past 7 days.
		4	Takes 3-4 of these medications currently or w/in past 7 days.
		1	Mark additional point if patient has had a change in these medications or doses in past 5 days.
H.	Predisposing Diseases		Based upon the following conditions: hypertension, vertigo, CVA, Parkinsons Disease, loss of limb(s), seizures, arthritis, osteoporosis, fractures.
		0	None present
		2	1-2 present
		4	3 or more present
I.	Equipment Issues	0	No risk factors noted
		1	Oxygen tubing
		1	Inappropriate or client does not consistently use assistive device.
		1	Equipment needs:
		1	Other:
TOTAL SCORE			Score of 8 to 14 = Moderate risk for falls Score of 15 or Above = High risk for falls If score is 8 or above, the back page of this form must be completed.

Patient has been informed about fall risk assessment results and/or safety/fall prevention recommendations:

☐ Yes ☐ No

Signature of RN	Date (Month, day, year)	Time

Addressograph

You are entitled to keep your health information private. The HIPAA Privacy Authorization Form should be completed if you would like some person other than yourself to have access to your medical records information. This form gives your health care provider written authorization to release your health information to the persons you have named.

HIPAA Privacy Authorization Form

Authorization for Use or Disclosure of Protected Health Information pursuant to
the Health Insurance Portability and Accountability Act — 45 C.F.R. Parts 160 and 164

Patient Name:	Date of Birth:	Social Security Number:
Patient Address:		

1. I hereby authorize all medical service sources and health care providers to use and/or disclose the protected health information ("PHI") described below to Jersey Shore Geriatrics.
2. Authorization for release of PHI covering the period of health care (please check one)
   a. ____ From (date) _____ to (date) _____ **OR**
   b. ____ All past, present and future periods. (Check this box to include all of your medical records.)
3. I hereby authorize the release of PHI as follows (check one):
   a. ____ My complete health record (including records relating to mental health care, communicable diseases, HIV or AIDS, and treatment of alcohol/drug abuse). **OR**
   b. ____ My complete health record with the exception of the following information (check as appropriate):
      ____ Mental health records
      ____ Communicable diseases (including HIV and AIDS)
      ____ Alcohol/drug abuse treatment
      ____ Other (please specify): _____
4. In addition to the authorization for release of my PHI described in paragraphs 3a and 3b of this Authorization, I authorize Jersey Shore Geriatrics to disclose information regarding my billing, condition, treatment and prognosis to third parties to the extent JSG needs to do so in order to determine my eligibility for statutory benefits, in connection with any legal proceedings or prospective legal proceedings, in order to establish, exercise or defend its legal rights, for the purpose of fraud detection and prevention or as required and permitted to do so by law.
5. This medical information may be used by the persons I authorize to receive this information for medical treatment or consultation, billing or claims payment, or other purposes as I may direct.
6. This authorization shall be in force and effect until, _____ (date or event) at which time this authorization expires.
7. I understand that I have the right to revoke this authorization, in writing, at any time. I understand that a revocation is not effective to the extent that any person or entity has already acted in reliance on my authorization or if my authorization was obtained as a condition of obtaining statutory benefits from Jersey Shore Geriatrics.
8. I understand that my treatment, payment, or eligibility for benefits will not be conditioned on whether I sign this authorization.
9. I understand that information used or disclosed pursuant to this authorization may be disclosed by the recipient and may no longer be protected by federal or state law.

_____ _____

Signature of patient or personal representative Date:

_____

Printed name of patient or personal representative and his/her relationship to patient

JERSEY SHORE GERIATRICS

AUTHORIZATION FOR TREATMENT:

The undersigned hereby consents to and authorizes the administration and performance of medical care that may be in the judgment of the physician considered advisable and necessary, which may include the performance of certain blood tests for communicable diseases such as Hepatitis and HIV infection.

RELEASE OF INFORMATION TO INSURANCE CARRIERS:

Jersey Shore Geriatrics is authorized to furnish information, necessary to process claims, to an insurer, compensation carrier, or welfare agency who may be providing financial assistance for hospital care.

MEDICARE PATIENT'S CERTIFICATION, AUTHORIZATION TO RELEASE INFORMATION, AND PAYMENT REQUEST:

I certify that the information given to me in applying for payment under Title XVIII of the Social Security Act is correct. I request payment of the authorized Medicare benefits be made to Jersey Shore Geriatrics on my behalf for any services furnished me by or in the office , including physician services. I authorize any holder of medical and any other information about me to release to Medicare and its agents or intermediaries any information needed to determine these benefits or benefits for related services.

I further authorize the Medicare program to furnish medical or other information acquired on this visit acquired by its intermediary under the Title XVIII Program to the extent necessary to process any complementary coverage claim.

I hereby certify that I have read and fully understand the above authorizations.

Date _____ Signed X_____
PATIENT

_____ OR _____
WITNESS NEAREST RELATIVE

FINANCIAL RESPONSIBILITY

In consideration of the rendering of service to the patient, the undersigned guarantees the payment of any amount due for such services rendered by Jersey Shore Geriatrics over and above the amount covered by Medicare and/or insurance.

Date _____ Signed X _____

Witness _____ Procedure _____

Jersey Shore Geriatrics
15 School Road East Suite #2
Marlboro, New Jersey 07746
jsglabs@gmail.com
Phone – 732-866-9922
Fax – 732-866-9970

CONSENT FOR RELEASE OF CONFIDENTIAL PATIENT INFORMATION

I, _____, born, _____,
(Patient Name) (Date of Birth)

Authorize and request _____
(Specify Institution, Unit or Program)
to furnish to: Jersey Shore Geriatrics
15 Schoolpigg Road East, Suite #2
Marlboro, NJ 07746
Phone: 732-866-9922
Fax: 732-866-9970
Email: jsglabs@gmail.com

the following information:_____
(Specify All or What Portions of Record)

The above information is released for the following purpose and that purpose only. Any other use is forbidden. Please Circle below any specific portions that we should request, if applicable.

LP Complete Record	Consultations
Discharge Summary	Operative Records
History and Physical	X-Ray Reports
Pathology Reports	X-Ray Films
EKG Reports	Laboratory Reports

THE FOLLOWING MUST BE COMPLETED PRIOR TO SIGNING THE AUTHORIZATION

I recognize that the information disclosed may contain drug/alcohol information that is protected by federal and state law. (*check one*) I do____ do not____ specifically consent to disclosure of such information.

I recognize that the information disclosed may contain mental health information that is protected by federal and state law. (*check one*) I do____ do not_____ specifically consent to disclosure of such information.

I recognize that the information disclosed may contain information regarding sexually transmitted diseases or HIV / AIDS testing information. (*check one*) I do ___ do not ____ specifically consent to disclosure of such information.

(*check one*) I do___ do not _____ consent to transmission of my records via facsimile (FAX) machine.

I hereby release and forever discharge Jersey Shore Geriatrics; it's employees, and agents from any liability arising out of the release of my medical records as specified above and pursuant to this signed authorization.

This consent is subject to revocation at any time, except to the extent that the disclosure has already taken action in reliance on it. If not previously revoked, this consent will terminate on:

_____
(Specify Date, Event, or Condition)
If left blank, this consent expires in ninety (90) days.

_____ _____
(Signature of Patient) (Date)

_____ _____
(Signature of Witness) (Date)

Medication List (Including Vitamins)

Start Date	Medication	Route	Dosage	Frequency

NAME: _____

Allergies: _____

Pharmacy: _____ **TEL:** _____ **Fax:** _____

Yesavage Geriatric Depression Scale
(Please circle YES/NO)

Choose the **best** answer for how you have felt ***over the past week*:**

1. Are you basically satisfied with your life?..... YES / ***NO***

2. Have you dropped many of your activities and interests? .....***YES*** / NO

3. Do you feel that your life is empty?.....***YES*** / NO

4. Do you often get bored? .....***YES*** / NO

5. Are you in good spirits most of the time? .....YES / ***NO***

6. Are you afraid that something bad is going to happen to you? .....***YES*** / NO

7. Do you feel happy most of the time? .....YES / ***NO***

8. Do you often feel helpless? .....***YES*** / NO

9. Do you prefer to stay at home, rather than going out and doing new?

things? .....***YES*** / NO

10. Do you feel you have more problems with memory than most?....***YES*** / NO

11. Do you think it is wonderful to be alive now?.....YES / ***NO***

12. Do you feel pretty worthless the way you are now?.....***YES*** / NO

13. Do you feel full of energy?.....YES / ***NO***

14. Do you feel that your situation is hopeless?.....***YES*** / NO

15. Do you think that most people are better off than you are?.....***YES*** / NO

Name: _____ **Date:** _____

Total:_____**(1pt for each answer circled in BOLD)**

Psychiatric History

Please List all mental health/Psychiatric conditions or treatments the person has had, with the appropriate date of onset of each.
(Including any inpatient treatment)

Date	Condition or Treatment
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Family History

Please indicate which family members have had any of the following medical conditions. Give the relationship to the patient (ex: Mother, Father, Sister, Brother). If known, please document the age of the family member when the diagnosis was made.

Condition	**Family Member(s)**	**Age at Diagnosis**
Dementia	_____	_____
Parkinson's Disease	_____	_____
Depression	_____	_____
Stroke	_____	_____
Heart Disease	_____	_____
Down Syndrome	_____	_____
Diabetes	_____	_____
Autism	_____	_____
Obsessive-Compulsive Disorder	_____	_____
ADHD	_____	_____
Cancer (Type)	_____	_____

ADL & IADL SCORES

ADL- Activities of Daily Living	Independent 1 point	Needs Assistance 2 points	Dependent 3 points
1. Bathing	☐	☐	☐
2. Dressing	☐	☐	☐
3. Toileting	☐	☐	☐
4. Transfer	☐	☐	☐
5. Continence	☐	☐	☐
6. Feeding	☐	☐	☐

IADL- Instrumental Activities of Daily Living	Independent 1 point	Needs Assistance 2 points	Dependent 3 points
1. Ability to telephone	☐	☐	☐
2. Shopping	☐	☐	☐
3. Food preparation	☐	☐	☐
4. Housekeeping	☐	☐	☐
5. Laundry	☐	☐	☐
6. Mode of transportation	☐	☐	☐
7. Driving	☐	☐	☐
8. Responsibility for own medication	☐	☐	☐
9. Ability to handle finances	☐	☐	☐

SCORES: **ADL:_____/18** **IADL:_____/27**

Patient Name:_____ **Date:**_____

Review of Symptoms

Have you (the patient) been having any of these problems? Check Yes or No. Please describe

Yes	No	Problem	Description
		Change in personality	
		Change in speech	
		Any weakness	
		Change in Judgment	
		Confusion	
		Change in alertness	
		Delusions or hallucinations (circle one)	
		Emotional difficulties	
		Sensation problems	
		Dryness of the mouth	
		Any recent falls or injuries	
		Difficulty with balance	
		Snoring	
		Shortness of breath	
		Coughing	
		Change in bowel habits	
		Blood in the stools	
		Increased or decreased sex interest (circle one)	
		Trouble with urination or incontinence	
		Pain in joints or bones	
		Limited movement of arms or legs	
		Unusual skin dryness or sweating (circle one)	
		Bleeding or enlarged spots on the skin	
		Unusual thirst	
		Extreme fatigue	
		Changes in sleep habits	
		Weight loss or gain (circle one)	
		Inability to prepare or eat food (circle one)	

Social History

Where were you born? _____

How many years have you been married? _____

How many children do you have? _____

List their names and where they live. _____

_____

_____

Closest relative that is active in your daily life? _____

Current Medical History

Please List the medical conditions currently affecting the person or that they are currently recieving treatments

When did it begin?	Condition
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	

Surgical History

Please list all operations that you have had, with appropriate dates, and where was it performed.

Please be as specific as possible.

Date:

_____ _____

_____ _____

_____ _____

What hobbies are you involved in?

_____

_____

Please list al medical providers you have seen in the last 5 years. Include reason and contact information.

_____

_____

How is your sleep schedule? _____

What is the largest meal you eat during the day?_____

Education and Employment

What is the highest level of formal education that you (the patient) completed?

_____

What was the primary type of work that you (the patient) performed?

_____

What other jobs have you (the patient) had?

_____

Have you (the patient) ever worked with chemicals, solvents, or heavy metals (for example, lead)?
No_____ Yes_____ If Yes, which ones? _____

Do you (the patient) have a history of exposure to radiation or radiation therapy?
No _____ Yes _____

Have you (the patient) ever had electroconvulsive (ECT) or "shock" therapy?
No _____ Yes _____

Have you (the patient) ever been a boxer?
No _____ Yes _____

Prior Evaluation

Have you had a brain imaging study (CT brain or MRI)?
NO _____ Yes _____ Location_____

Have you had blood tests for memory loss?
No _____ Yes _____ If yes, where and when _____

Have you had an evaluation for memory loss before?
No _____ Yes _____ If yes, where and when _____

Health Habits

Did you ever smoke, if so, how many packs per day and for how many years?

_____

Do you smoke currently? _____How many per day?_____
Do you drink alcoholic beverages on most days?
No _____ Yes _____ If yes, how many drinks per day? _____

7. Do you (the patient) sometimes have trouble keeping track of current events?

Unable ☐ Need help ☐ Have trouble, but able ☐ Normal ☐

8. Do you (the patient) sometimes have trouble paying attention to, understanding, or discussing a TV show or book?

Unable ☐ Need help ☐ Have trouble, but able ☐ Normal ☐

9. Do you (the patient) sometimes have trouble remembering appointments, family occasions, holidays, medications?

Unable ☐ Need help ☐ Have trouble, but able ☐ Normal ☐

10. Do you (the patient) sometimes have trouble traveling out of the neighborhood, driving, or arranging to take buses?

Unable ☐ Need help ☐ Have trouble, but able ☐ Normal ☐

11. What was the ***very first*** sign that something had changed in the person's memory and thinking? When was the change noticed?

12. Please describe all other signs of problems with memory and thinking, along with the approximate time that they developed. Include here the ***story of the memory problem from start to now.***

Family Report: Patient Behavior and Memory Problems

The information provided in this questionnaire helps the doctor decide if an important memory problem is present. It is best if this is filled out by someone with close, frequent contact with the patient. Many people have had minor and subtle problems with higher mental functions for years before they come to a doctor with questions about changes in memory. Please take a moment and go back in your mind a few months at a time and think about possible signs of memory problems. You may not be having any of these problems, and in that case please just record that information. We thank you for taking the time to complete this information.

The name of the person assisting you in completing this form: _____

Their telephone number: _____

1. Do you (the patient) sometimes have trouble writing checks, paying bills, or balancing a checkbook? (circle your answer)

   Unable ☐ Need help ☐ Have trouble, but able ☐ Normal ☐

2. Do you (the patient) sometimes have trouble assembling tax records, business affairs, or papers?

   Unable ☐ Need help ☐ Have trouble, but able ☐ Normal ☐

3. Do you (the patient) sometimes have trouble shopping alone for clothes, household necessities, or groceries?

   Unable ☐ Need help ☐ Have trouble, but able ☐ Normal ☐

4. Do you (the patient) sometimes have trouble playing a game of skill or working on a hobby?

   Unable ☐ Need help ☐ Have trouble but able ☐ Normal ☐

5. Do you (the patient) sometimes have trouble heating water, making a cup of coffee, or turning off the stove?

   Unable ☐ Need help ☐ Have trouble, but able ☐ Normal ☐

6. Do you (the patient) sometimes have trouble preparing a complete meal?

   Unable ☐ Need help ☐ Have trouble, but able ☐ Normal ☐

JERSEY SHORE GERIATRICS

Patient Name: _____ **Today's Date:** _____

Medical History

Have you (the patient) been affected by any of the following medical conditions; If so, when was it first found? Answer to the best of your knowledge. Please be specific. Check Yes or No.

Yes	No	When?	Condition
			High Blood Pressure
			Heart Disease, Angina
			Thyroid trouble
			High cholesterol
			Stroke
			Neuropathy
			Poor circulation
			Diabetes
			Hepatitis
			Serious Head Injury
			Parkinson's Disease
			Drinking Problem
			Depression
			Syphilis or other venereal disease
			Seizures
			Street drug use
			Cancer (Specify type)
			Brain hemorrhage or hematoma (circle one)
			Meningitis or encephalitis (circle one)
			Severe vision or hearing loss (circle one)
			Vitamin deficiency (specify Which)

JERSEY SHORE GERIATRICS

Patient Intake Form

Name:_____ D.O.B. ___/___/____ Age:_____
(first) (last)

Sex: (check one) ☐ (Male) ☐ (Female)

Home address:_____ Apt#_____ City:_____State:_____Zip Code_____

Billing Address:_____Apt# _____ City:_____State:_____Zip Code_____

Telephone Number: _____Cell #_____

Email Address:_____Marital Status : W D M S (circle one) Religion:_____

Medical Plan:_____ Secondary Insurance:_____

Primary Insurance Number_____ Secondary Insurance Number:_____
(Please include copy of cards- front and back)

Nearest Relative:_____Relationship:_____

Email address:_____

Emergency or alternate Contact (can be a friend or family member)

Name:_____Telephone Number:_____Relationship:_____

Primary reason for your visit today and what the doctor can help you with?

_____

_____

How did you hear about Jersey Shore Geriatrics?_____

_____

_____

(check box if applicable)

Do you have a living Will? ☐ Advanced Directives? ☐ Durable POA? ☐

What physicians have you seen in the past two years? Primary?_____Phone Number:_____

Other :_____Phone Number :_____

Who may we speak to on your behalf?_____ Telephone:_____

Name:_____ Telephone :_____

JERSEY SHORE GERIATRICS

Dear New Patient:

Welcome to Jersey Shore Geriatrics. Thank you for choosing this practice to assist you in your health care needs.

Jersey Shore Geriatrics is not a traditional medical practice.

- **Our staff of doctors and nurse practitioners visit 30 other facilities (assisted living, independent living and rehabilitation centers and nursing homes) during the week.**
- **Dr. Pass is in the Lakewood office on Mondays and the Marlboro office on Thursdays -**
  9 am to 5 pm
- **We have a nurse practitioner in the Lakewood office on Wednesdays and Fridays - 9 am to 5 pm**

Our office in Marlboro is open from 9 am to 5 pm, Monday through Friday to assist you and to help with your medical issues. Our office in Lakewood is also open from 9 am to 5 pm, Monday, Wednesday and Friday to assist you and to help with your medical issues. You can reach a doctor or nurse practitioner 24 hours a day, 7 days a week if there is an emergency, by calling us. Dr. Pass is affiliated with Jersey Shore University Medical Center.

In our efforts to give you the best possible geriatric care we ask that you fill out the enclosed forms and return it to us prior to your first appointment. This will assist the doctor in evaluating and treating your medical conditions. We also ask that you send us a copy of your Medicare and other insurance cards. In addition, we ask that you have all of your prescription and over-the-counter medication, including vitamins, with you. Lastly, if you have any of the following documents: Living Will and/or Advanced Directive or Power of Attorney, have them available so we can make copies to complete our files.

We appreciate your assistance with this process. We look forward to helping you with your most important assets, your health and well-being. Should you have any questions or concerns, please do not hesitate to contact us at 732-866-9922.

Jersey Shore Geriatrics
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