



Mending Our Hearts A New Kind of Hope Lent 2021

Lent begins this Wednesday, February 17. All are encouraged to participate in the three traditional Lenten practices of *prayer, sacrifice* and *almsgiving*.



Lenten Regulations

- ◆ Ash Wednesday and Good Friday are days of **Fast and Abstinence**. (limit of one full meal and two smaller meals for persons 18 thru 59 years of age; no meat for persons 14 years and older).
- ◆ All Fridays during Lent are days of **Abstinence**. (No meat for persons 14 years and older).
- ◆ There is no obligation to fast during the weekdays of Lent. Voluntary acts of self-denial are encouraged.

Rice Bowls

Rice Bowls are available after Mass. Please take one home with you and use it as a tangible expression of putting into practice the Lenten traditions of *prayer, sacrifice* and *almsgiving*. Rice Bowls may be returned on **Holy Thursday evening** or at anytime during Holy Week.



**Ash Wednesday: February 17
8:30 a.m. and 7:00 p.m. Mass**

Mending Our Hearts....A New Kind of Hope

Located near the Baptismal Font, each week you are invited to write and place your need or intention that will cause you to:



MEND YOUR HEART

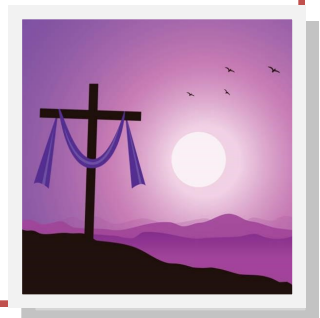
or offer

A NEW KIND OF HOPE

Cards and Pens available in the vestibule

Stations of the Cross

Every Friday during Lent
after 8:30 a.m. Mass



Holy Week 2021

at Saint William Parish



Palm Sunday – March 28

Saturday, 5:00 p.m.; Sunday, 8:30 a.m. and 11:00 a.m.

Blessing and Procession of Palms at all Masses



Holy Tuesday – March 30

Chrism Mass, 10:30 a.m. St. Columba Cathedral

Closed to the Public – Live Stream available at www.doy.org and on CTNY

Holy Thursday – April 1

Mass of the Lord's Supper, 7:00 p.m.

Adoration of Blessed Sacrament until 10:00 p.m.

Solemn Night Prayer, 10:00 p.m.



Good Friday – April 2

Good Friday Passion
and Veneration of the Cross Service, 7:00 p.m.

Holy Saturday – April 3

Blessing of Easter Food Baskets, 12:00 noon

The Easter Vigil, 8:00 p.m.



Easter Sunday – April 4

8:30 a.m. and 11:00 a.m. Mass

Saint William Parish

