



## **MASSAGE & BODYWORK**

### ***MOBILE SERVICE***

STATE LICENSED & INSURED

Always client centered & sensitive to your needs. Appropriate techniques & modalities used for best results. Not fluff massage! In depth focus & detail work as required.

### ***SO GOOD FOR YOU!***

*releases endorphins > eases stress >  
improves circulation > decreases  
inflammation > helps to remove  
toxins > loosens tight fascia &  
muscles > stretches for mobilization  
& flexibility > supports healing*

### **SPECIALTIES**

***GOLF/SPORTS BODY TUNE UP***

***OFFICE BODY GRATEFUL RELIEF***

***AGING BODY CARE & SUPPORT***

***PRENATAL BODY NURTURE***

***MOMMY BODY RENEWAL***

***YOUR BODY RESET***

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