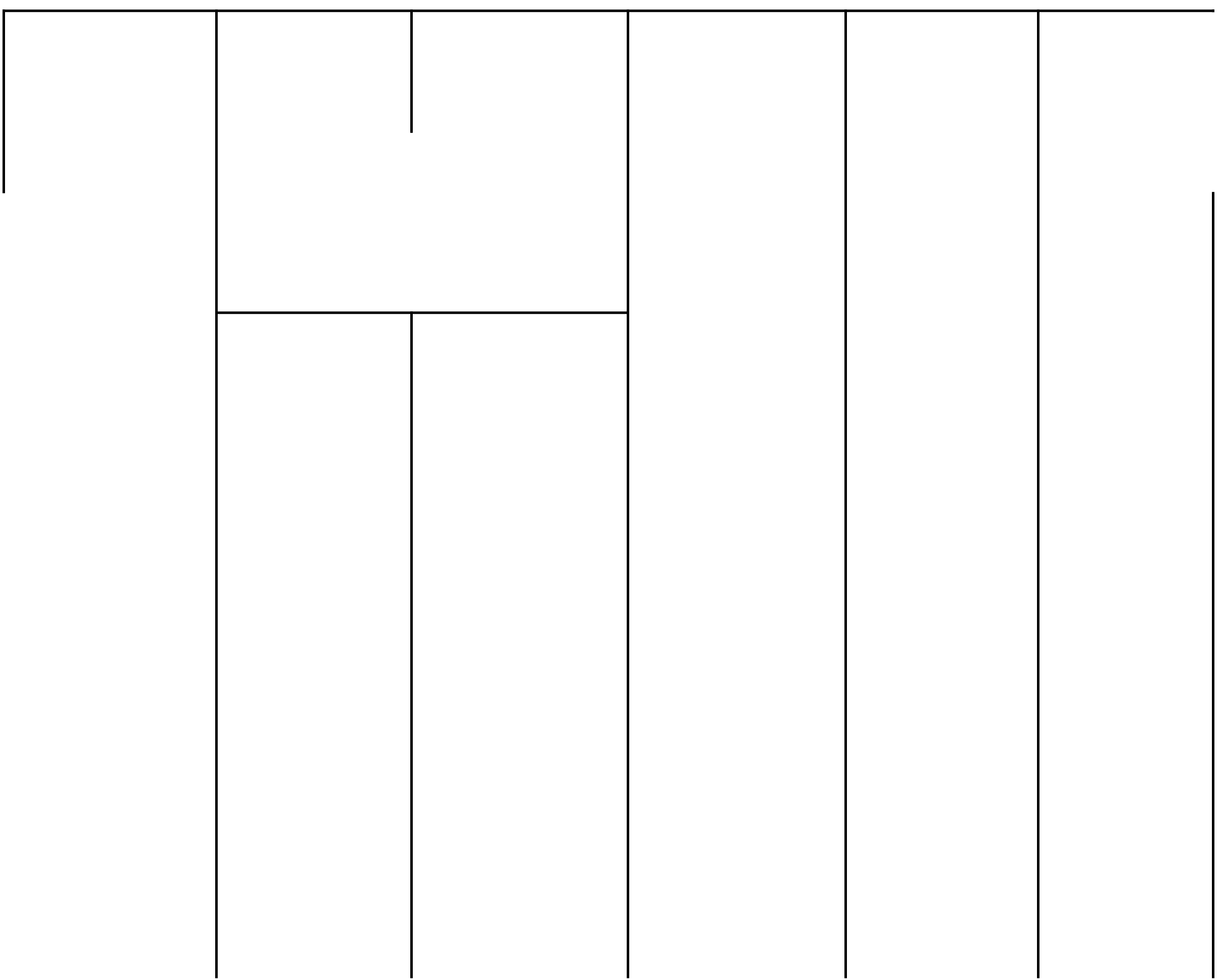
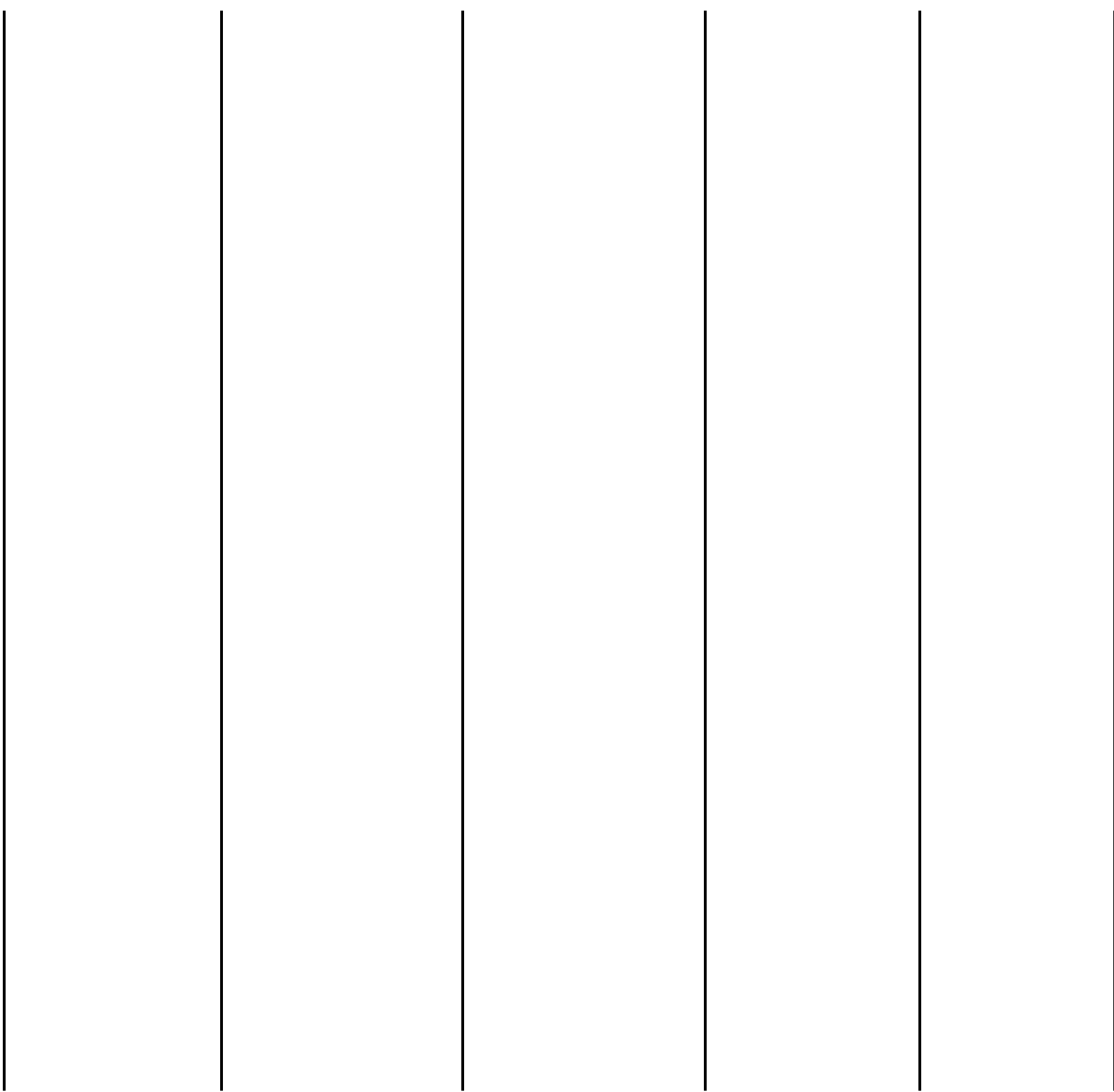
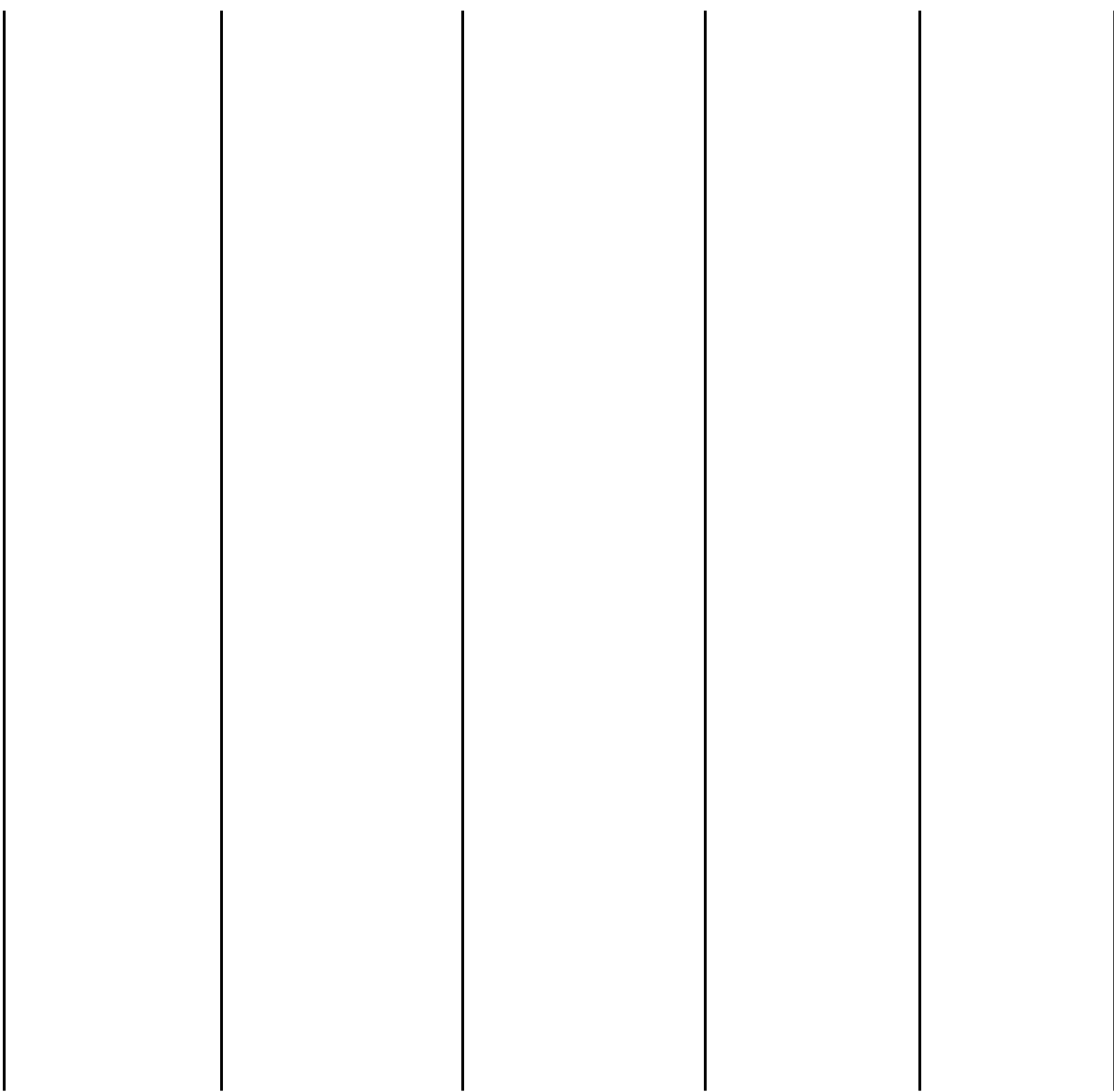
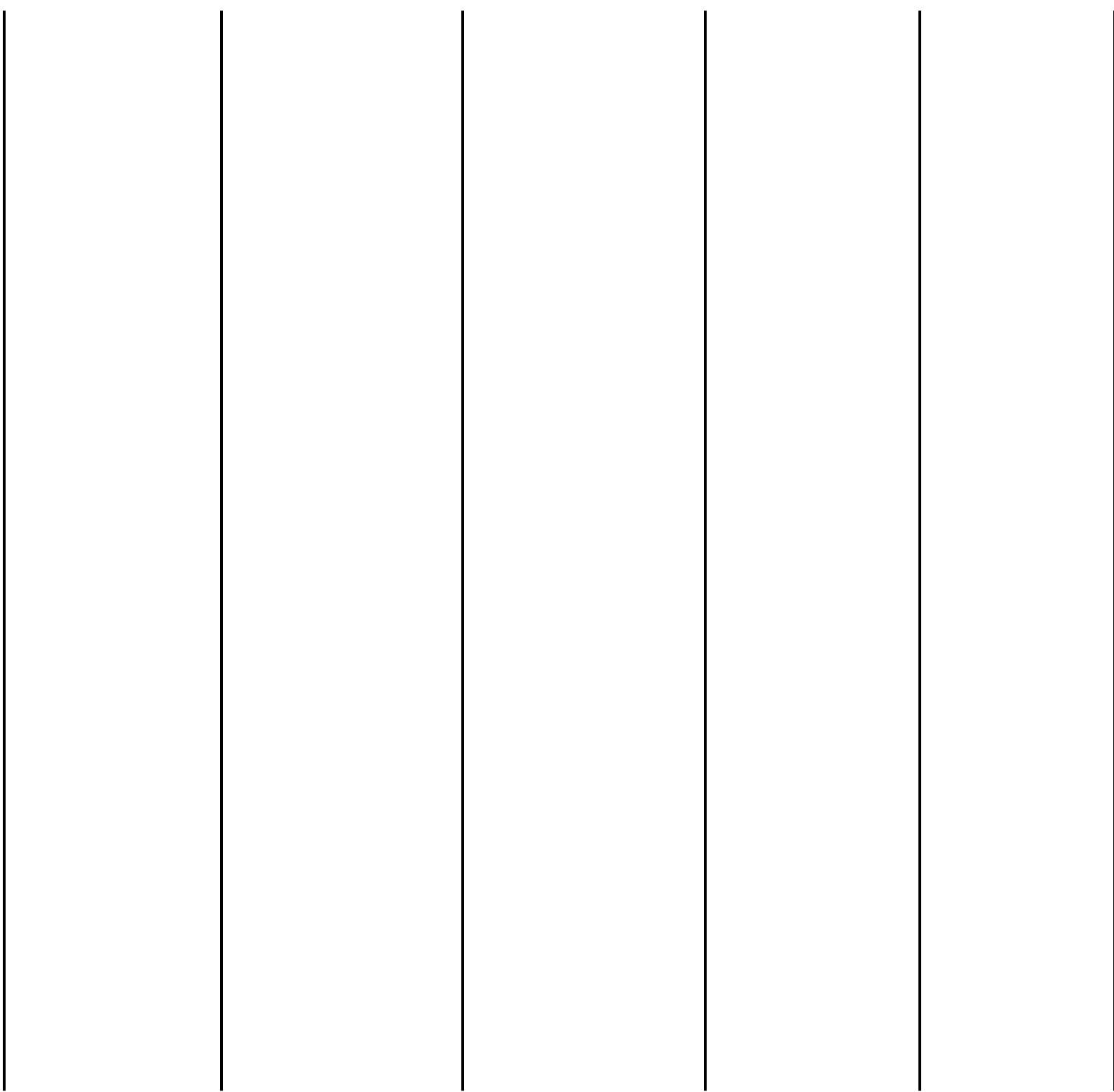


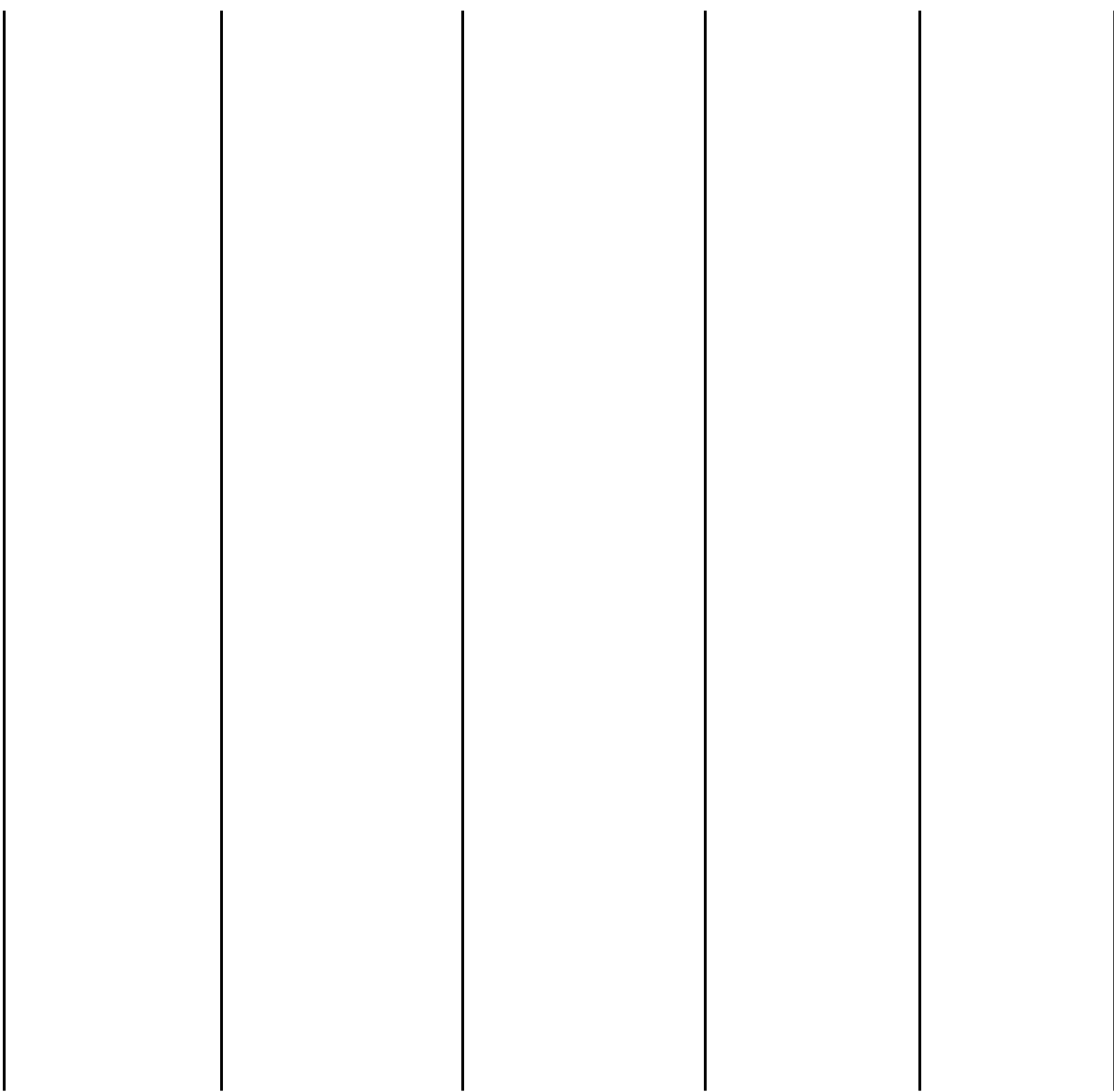
MONDAY	TUESDAY 1	WEDNESDAY 2	Thursday 3	FRIDAY 4	SATURDAY 5
<b>May 2018</b>	7:30AM STEP-C	5:00AM POWER PILATES-BT	8:30AM TABATA YOGA-TH	5:00AM CIRCUIT-BT	9:30AM BOOTYBALLET-TH
	8:30AM YOGA&STRETCH-TH	8:30AM PURPOSE PILATES-CL	9:30AM RIPPED-CG2	8:30AM FUNKIE/TONE-CL	
	9:30AM RIPPED-CG2	9:30AM BOOTYBALLET-TH	12:15PM TONING-AL	9:30AM BC EXPLOSION-SP	
	12:15PM FUNKIE FUSION-AL	12:15PM POUND-ST	4:30PM TABATA YOGA-TH		
	4:30PM BOOTYBALLET-TH	4:30PM RIPPED-EW	5:30PM SPIN-MC		
	5:30PM CARDIOKICK-BG	5:30PM TONING-TC	5:30PM BOOTY BALLET-TH		
6:30PM RIPPED-EW		6:30PM ZUMBA-BP			
7	8	9	10	11	12
5:00AM RESISTANCE-BT	7:30AM FAT BURNER-C	5:00AM POWER PILATES-BT	8:30AM TABATA YOGA-TH	5:00AM CIRCUIT-BT	9:00AM RIPPED-CG
8:30AM PILATES-KD	8:30AM YOGA&STRETCH-TH	8:30AM PURPOSE PILATES-CL	9:30AM STEP INT-KT	8:30AM FUNKIE/TONE-CL	90 min Season Rollout
9:00AM SPIN-T	9:30AM RIPPED-CG	9:30AM BOOTYBALLET-TH	12:15PM RIPPED-CG	9:30AM BC EXPLOSION-SP	
9:30AM FUNKIE/TONE-SP	12:15PM FUNKIE FUSION-TC	12:15PM POUND-ST	4:30PM YOGA&STRETCH-TH		10:30 AM ZUMBA MASTER CLASS \$10 PER PERSON
4:30PM GORGEOUSGLUTES-AD	4:30PM BOOTYBALLET-TH	4:30PM RIPPED-EW	5:30PM SPIN-BT		
5:30PM CARDIO & SCULPT -MC	5:30PM CARDIOKICK-BG	5:30PM FUNKIE FUSION-KG	5:30PM BOOTY BALLET-TH		
5:30PM SPIN-T	6:30PM RIPPED-CG2		6:30PM ZUMBA-BP		
6:30PM METABOLIC-TC					
14	15	16	17	18	19
5:00AM POWERPUMP-BT	7:30AM DRUMS-C	5:00AM POWER PILATES-BT	8:30AM TABATA YOGA-TH	5:00AM CIRCUIT-BT	9:30AM FUNKIE/TONE-TC
8:30AM PILATES-KD	8:30AM YOGA&STRETCH-TH	8:30AM PURPOSE PILATES-CL	9:30AM P90X LIVE-KT	8:30AM FUNKIE/TONE-CL	
9:00AM SPIN-T	9:30AM RIPPED-CG	9:30AM BOOTYBALLET-TH	12:15PM TONING-AL	9:30AM BUTTS & GUTS-CG	
9:30AM CARDIO/TONE-SP	12:15PM FUNKIE FUSION-AL	12:15PM POUND-ST	4:30PM TABATA YOGA-TH		
4:30PM BARBELLS&GLUTES-AD	4:30PM BOOTYBALLET-TH	4:30PM RIPPED-EW	5:30PM SPIN-MC		
5:30PM CARDIO & SCULPT-T	5:30PM CARDIOKICK-BG	5:30PM TONING-TC	5:30PM BOOTY BALLET-TH		
5:30PM SPIN-MC	6:30PM RIPPED-EW		6:30PM ZUMBA-BP		
6:30PM FUNKIE FUSION-TC					
21	22	23	24	25	26
5:00AM SPIN-BT	7:30AM CARDIO KICK-C	5:00AM POWER PILATES-BT	8:30AM TABATA YOGA-TH	5:00AM CIRCUIT-BT	9:30AM TONING-AD
8:30AM PILATES-KD	8:30AM YOGA&STRETCH-TH	8:30AM PURPOSE PILATES-CL	9:30AM STEP INT-KT	8:30AM FUNKIE/TONE-CL	
9:00AM SPIN-T	9:30AM RIPPED-CG	9:30AM BOOTYBALLET-TH	12:15PM RIPPED-CG	9:30AM DOUBLE STEP-C	
9:30AM FUNKIE/TONE-SP	12:15PM FUNKIE FUSION-AL	12:15PM POUND-ST	4:30PM YOGA&STRETCH-TH		
4:30PM GORGEOUSGLUTES-AD	4:30PM BOOTYBALLET-TH	4:30PM RIPPED-EW	5:30PM SPIN-MC		
5:30PM CARDIO & SCULPT -MC	5:30PM CARDIOKICK-BG	5:30PM FUNKIE FUSION-TC	5:30PM BOOTY BALLET-TH		
5:30PM SPIN-T	6:30PM RIPPED-CG2		6:30PM ZUMBA-BP		
6:30PM METABOLIC-TC					
28	29	30	31	<a href="http://www.physiquesfitness.com">www.physiquesfitness.com</a> Gym Hours Mon-Thurs: 5am-8pm Friday: 5am-7pm Saturday: 8am-2pm Sunday: CLOSED (337)984-2226 Nursery Hours: Mon-Fri 8:30am-11:30am Mon-Thurs 4:30pm-7:30pm Sat 9:00am-11:00am	
	7:30AM FAT BURNER-C	5:00AM POWER PILATES-BT	8:30AM TABATA YOGA-TH		
	8:30AM YOGA&STRETCH-TH	8:30AM PURPOSE PILATES-CL	9:30AM STEP INT-KT		
	9:30AM RIPPED-CG	9:30AM BOOTYBALLET-TH	12:15PM TONING-AL		
	12:15PM FUNKIE FUSION-AL	12:15PM POUND-ST	4:30PM YOGA&STRETCH-TH		
	4:30PM BOOTYBALLET-TH	4:30PM RIPPED-EW	5:30PM SPIN-MC		
	5:30PM CARDIOKICK-BG	5:30PM TONING-TC	5:30PM BOOTY BALLET-TH		
	6:30PM RIPPED-EW		6:30PM ZUMBA-BP		

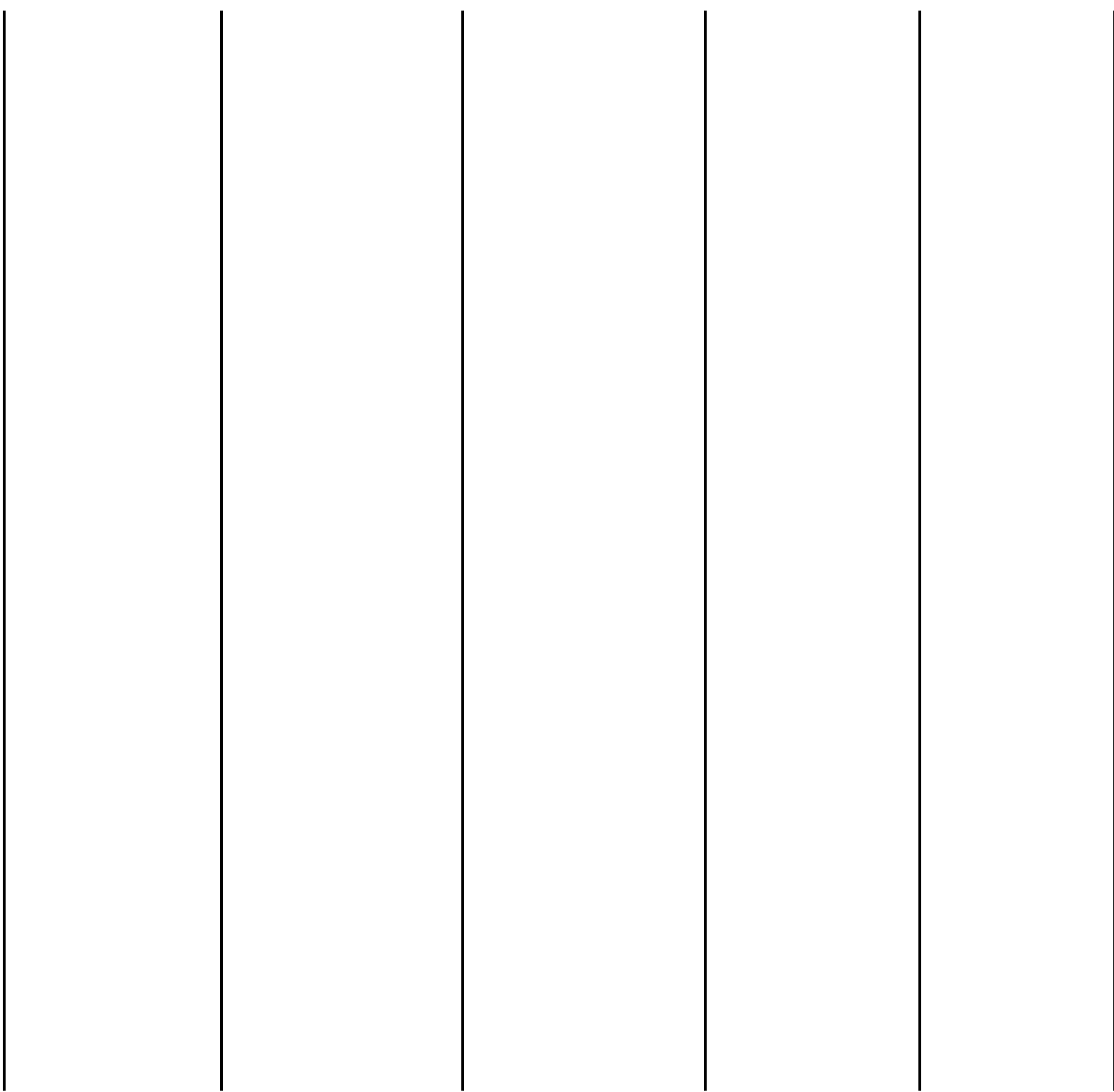


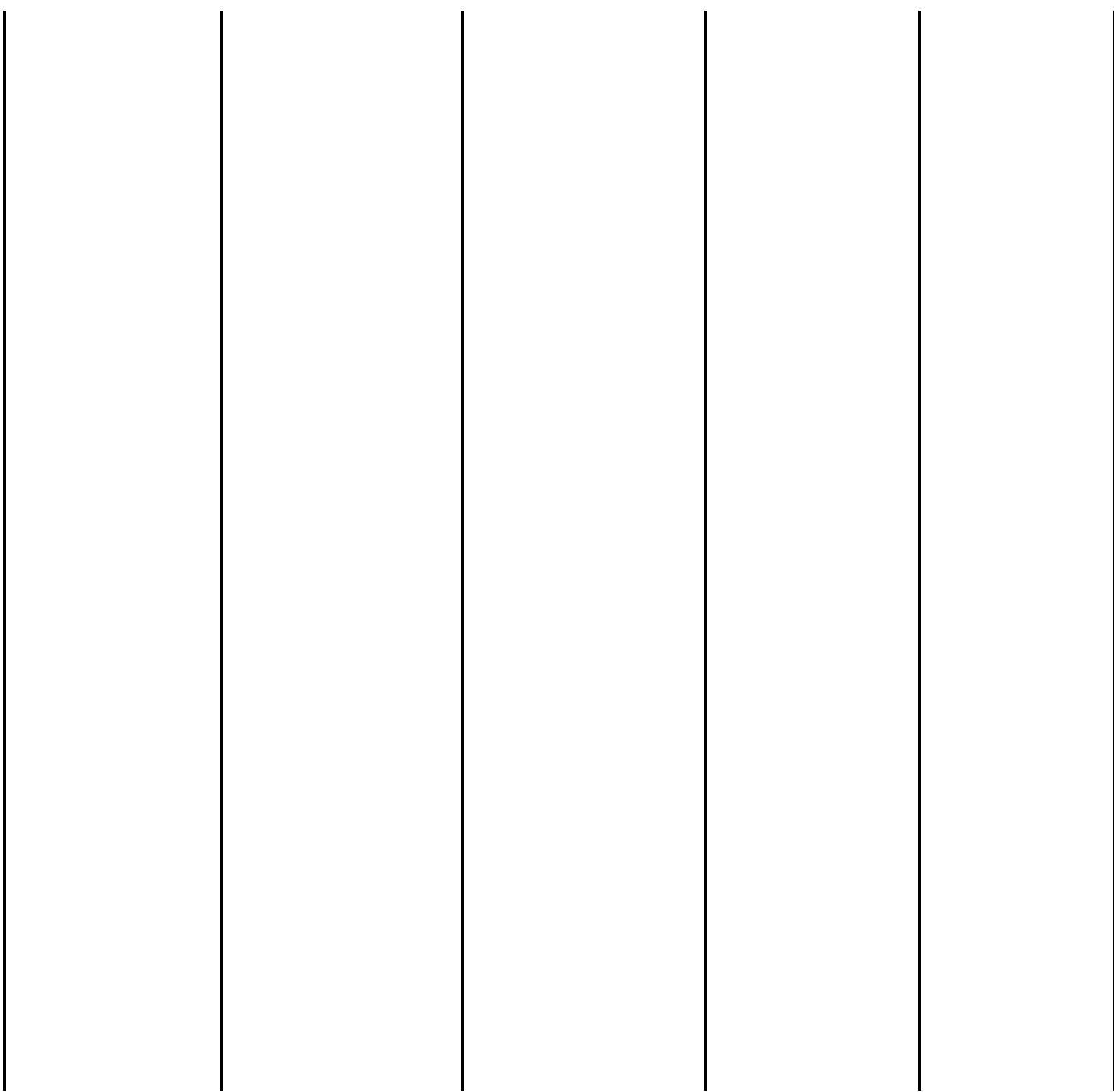




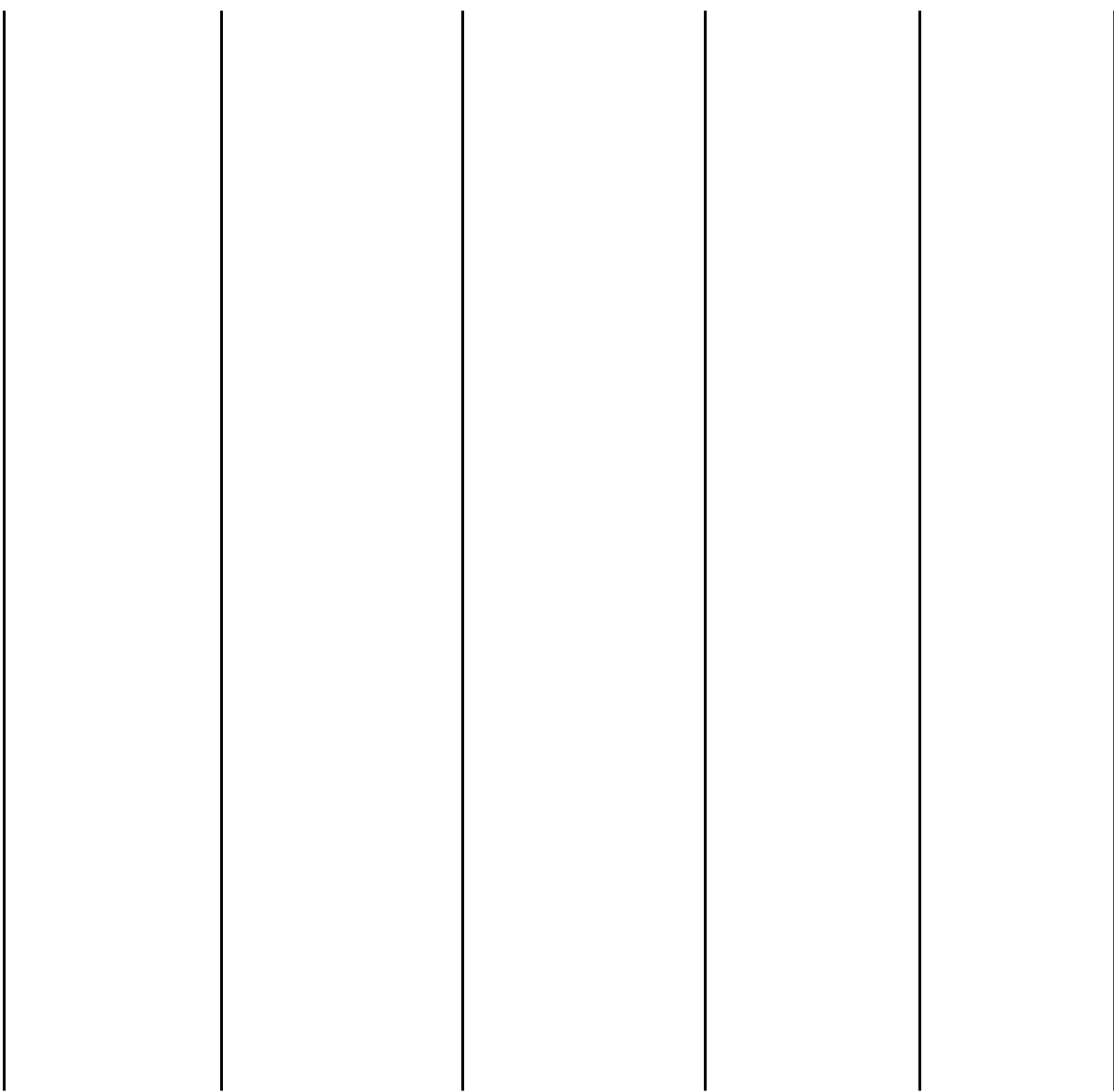


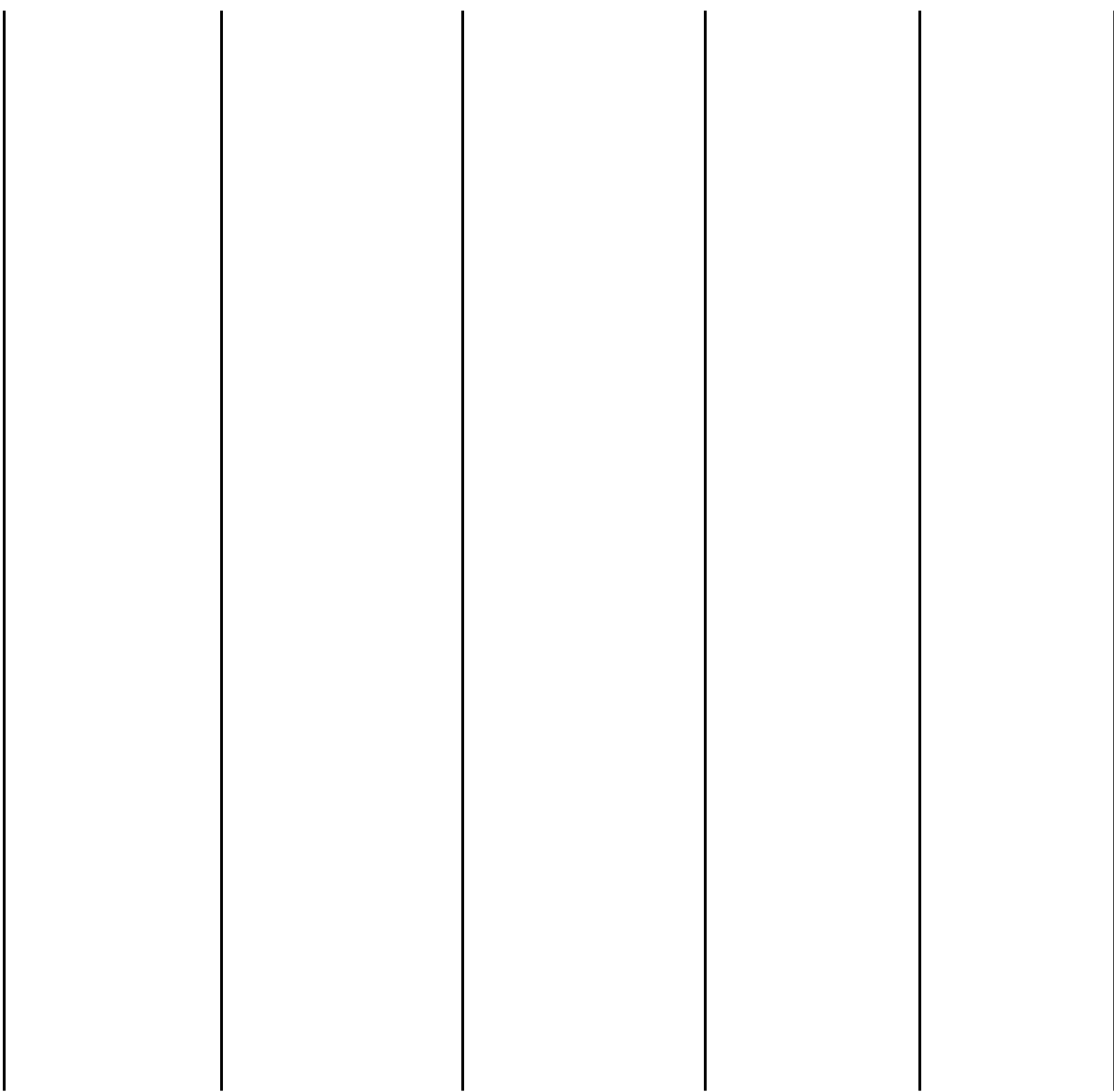


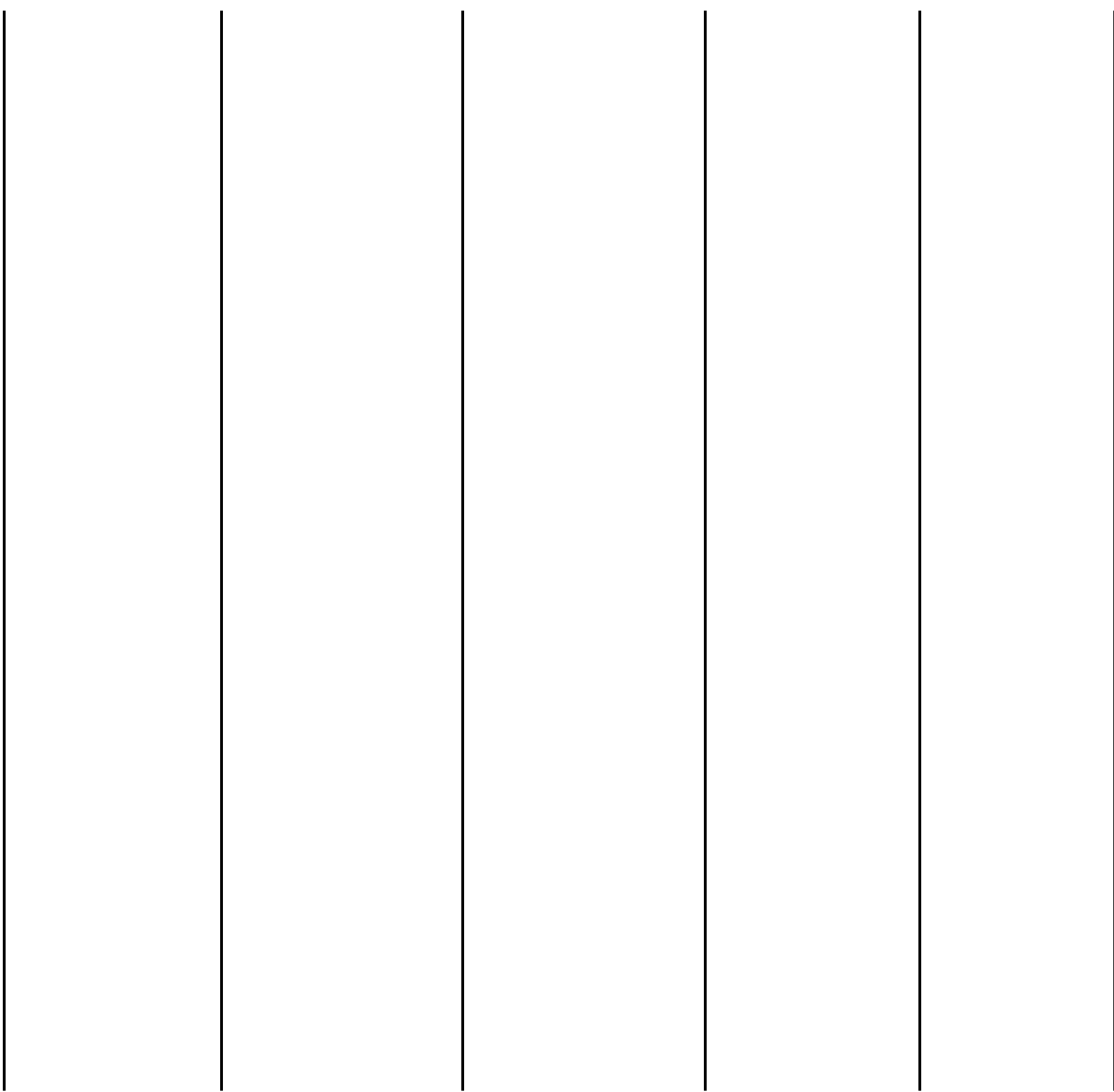


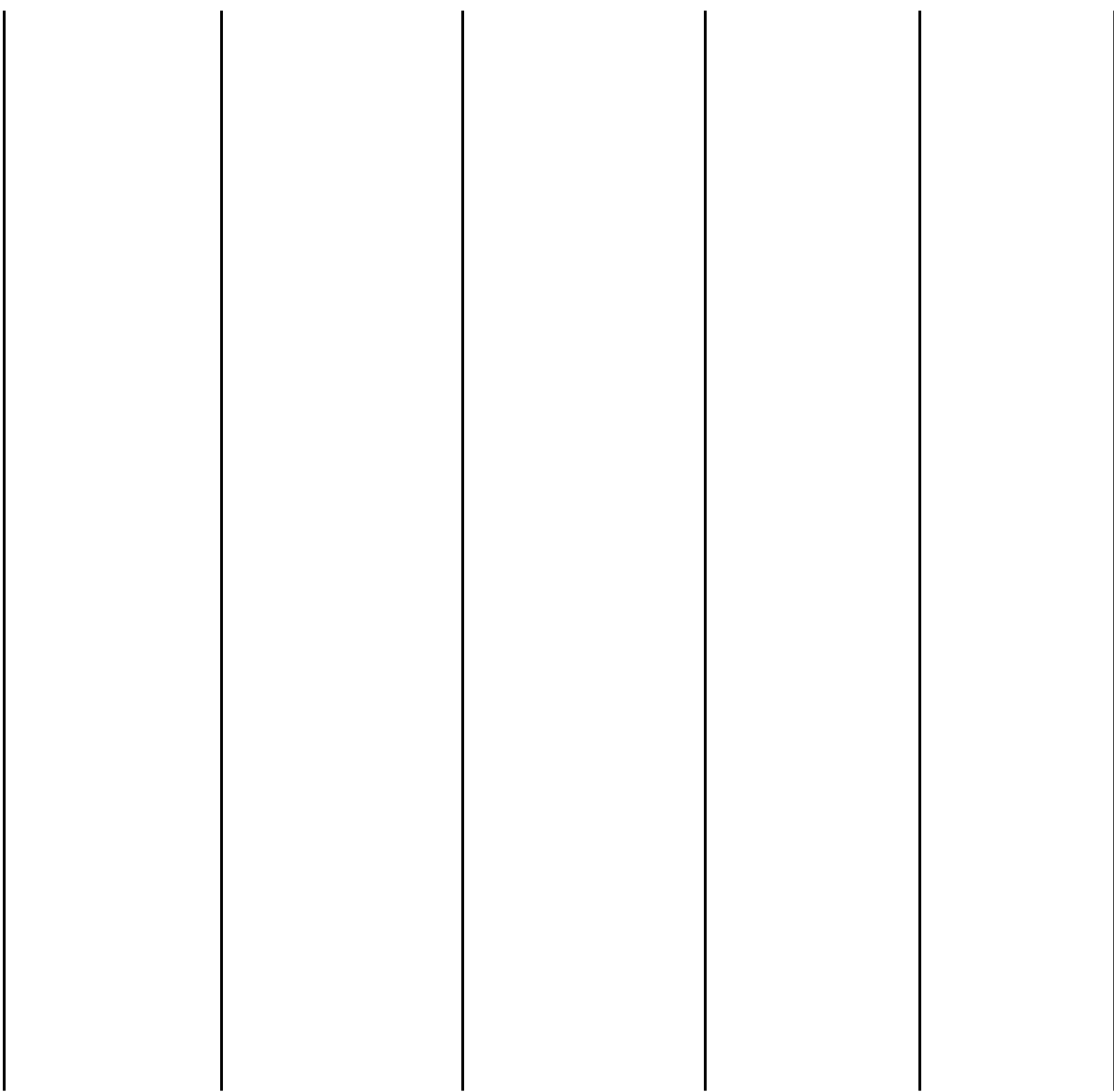


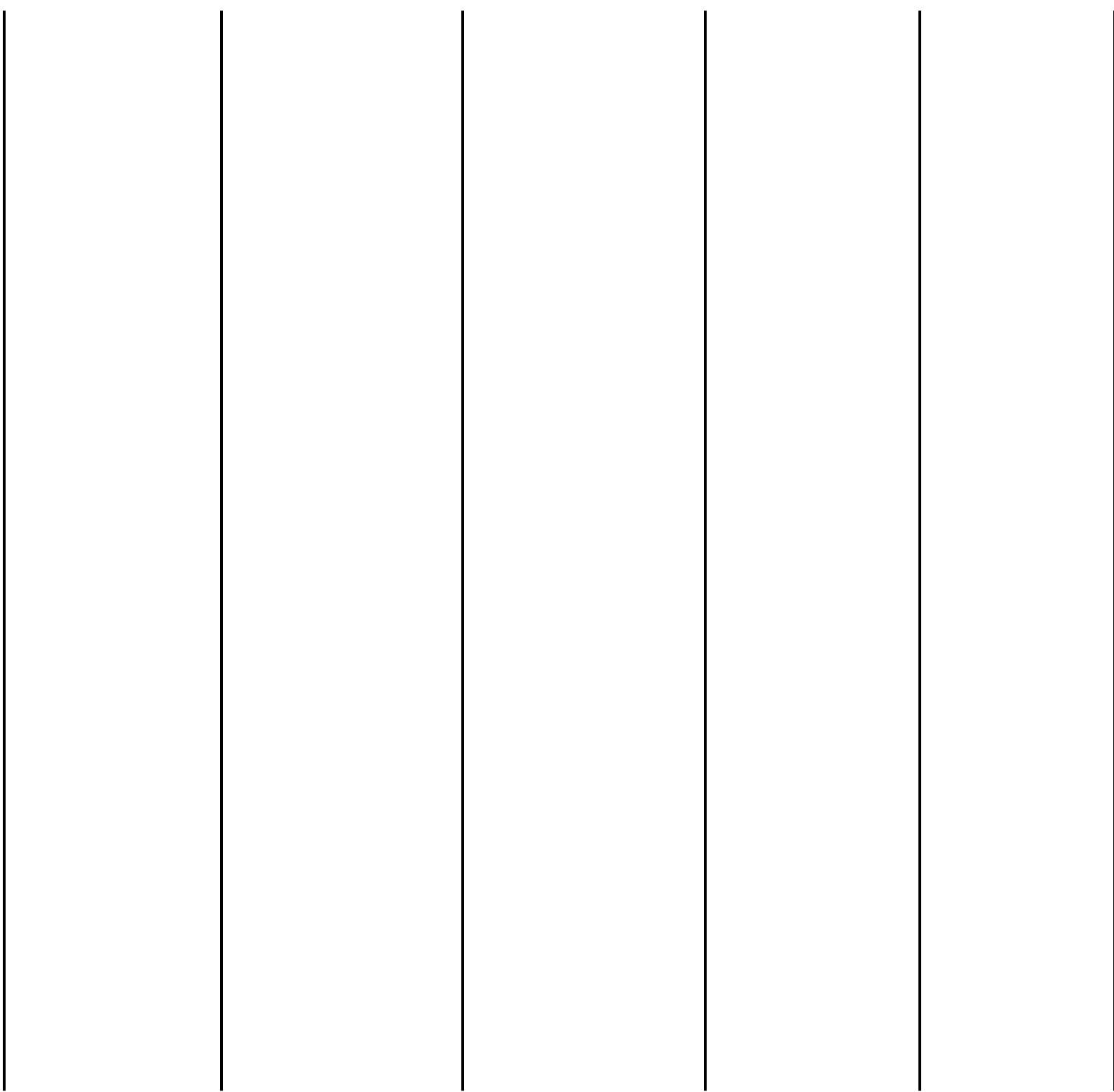


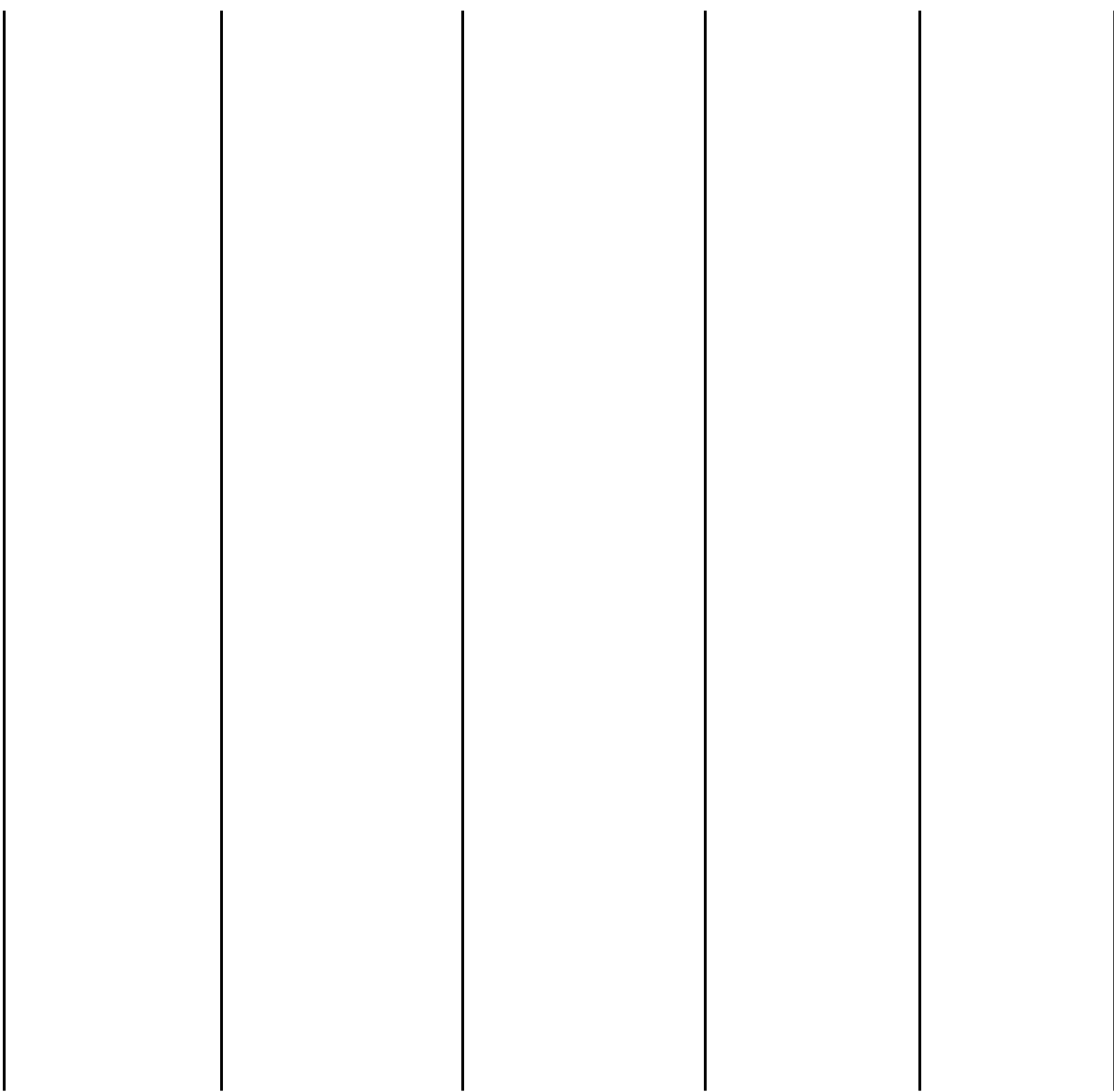


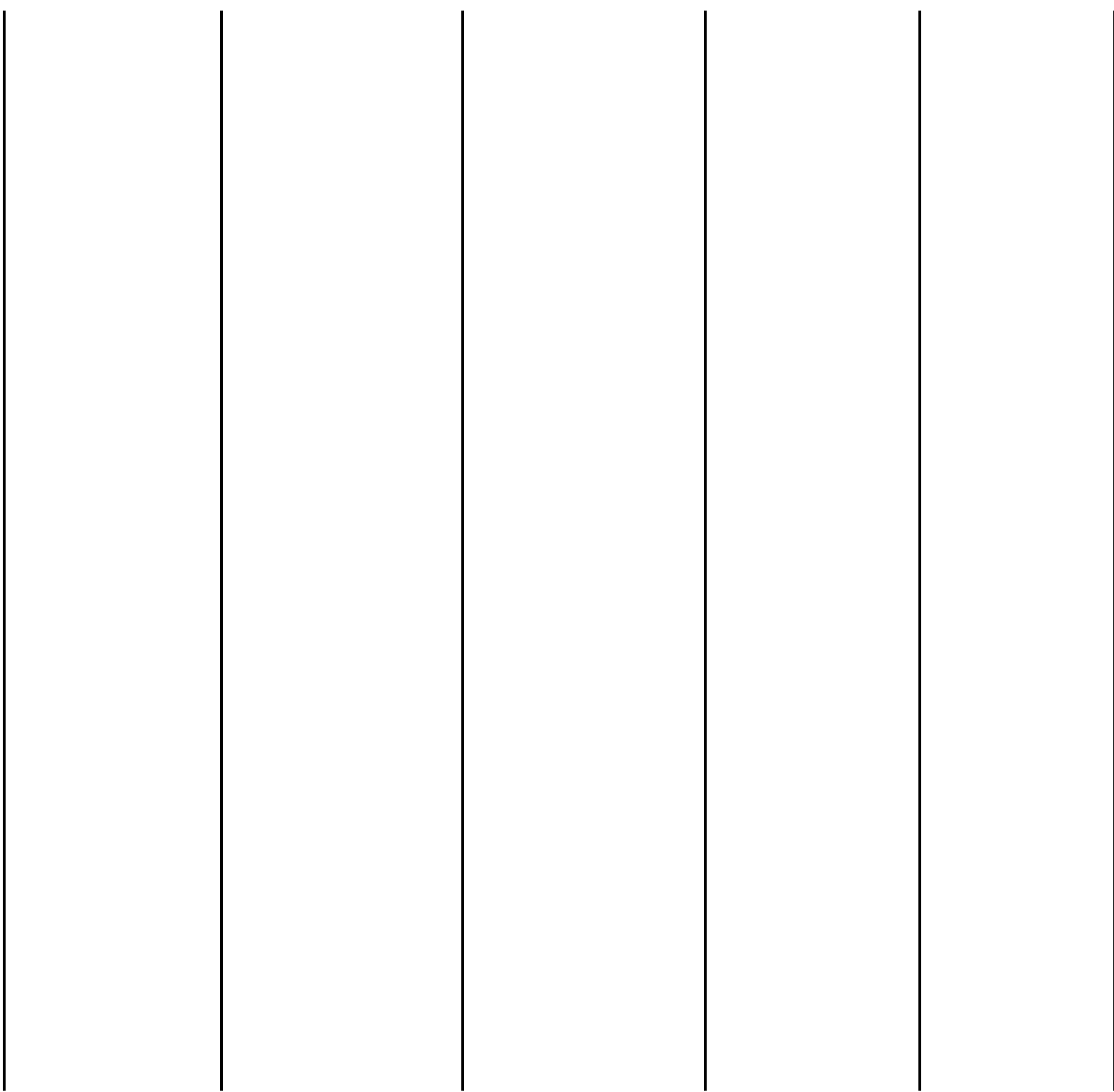


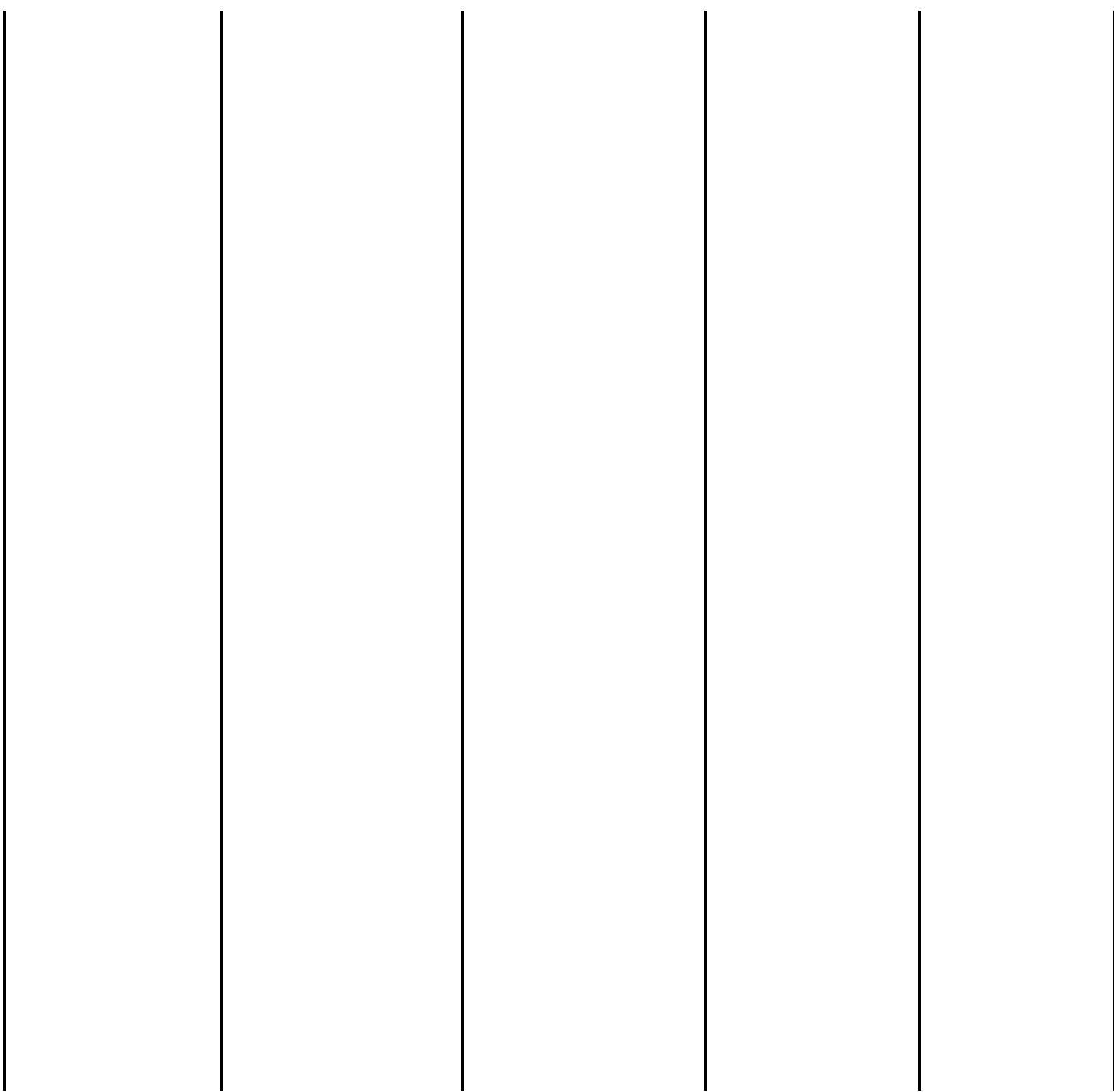




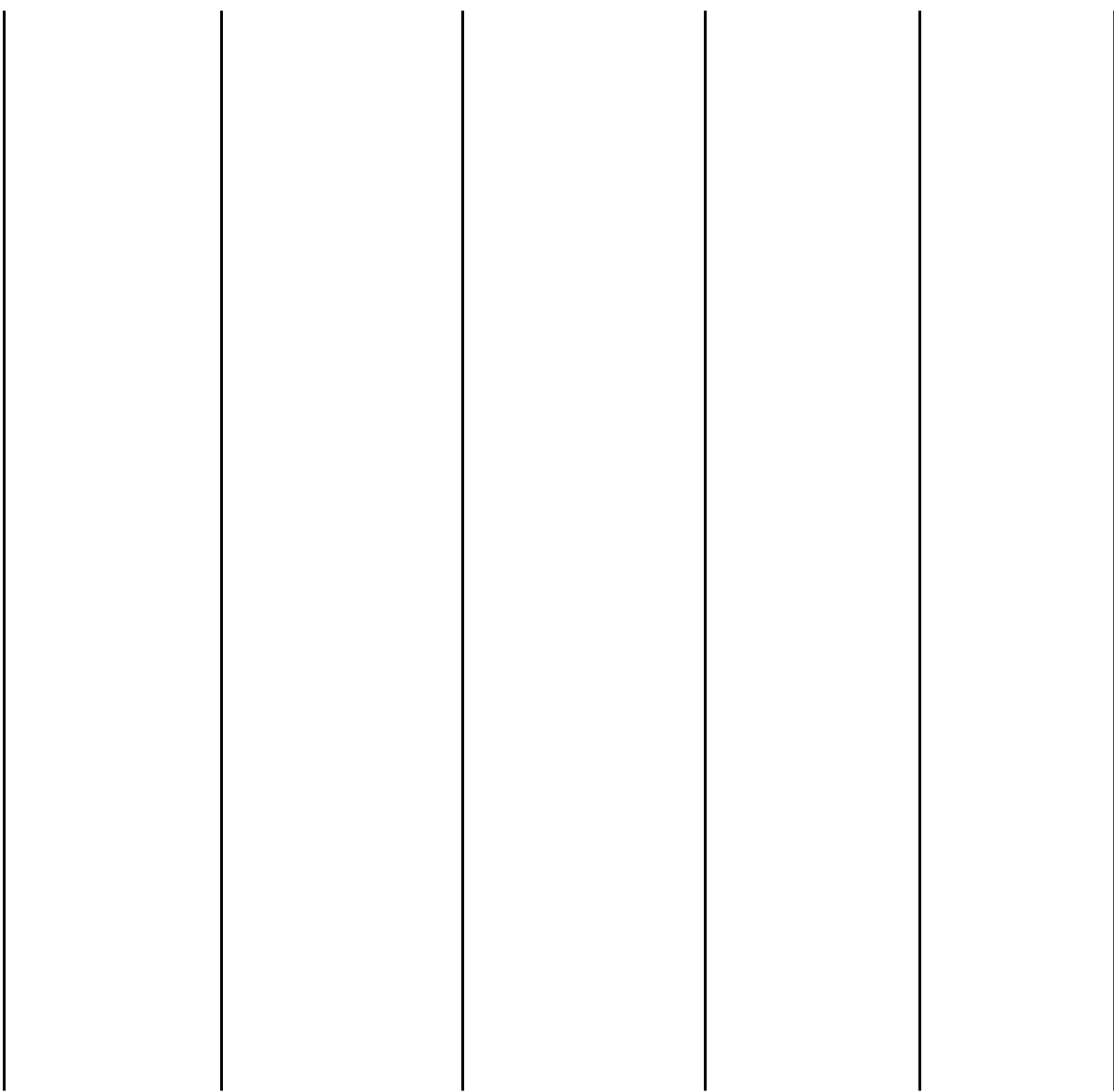


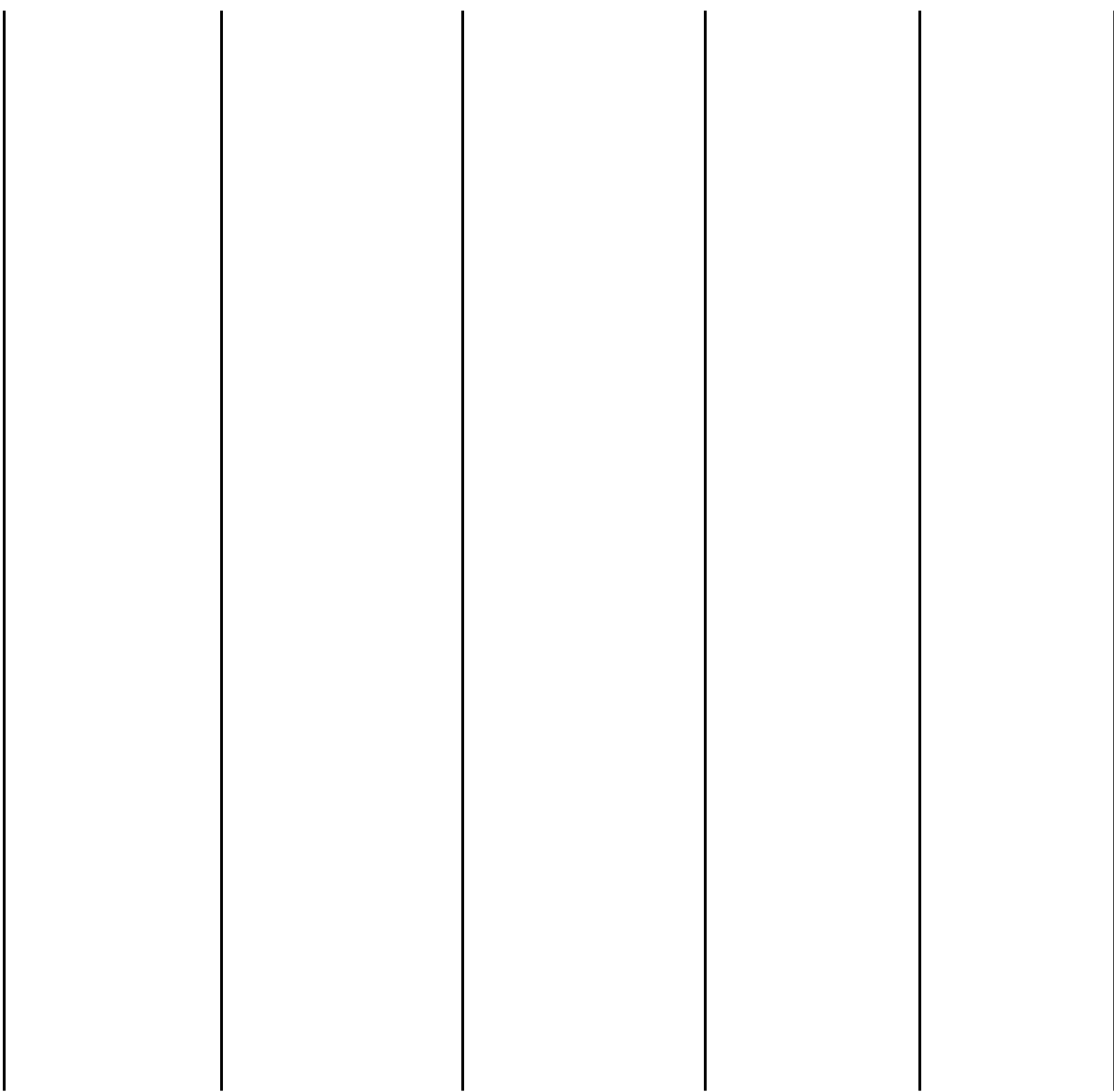


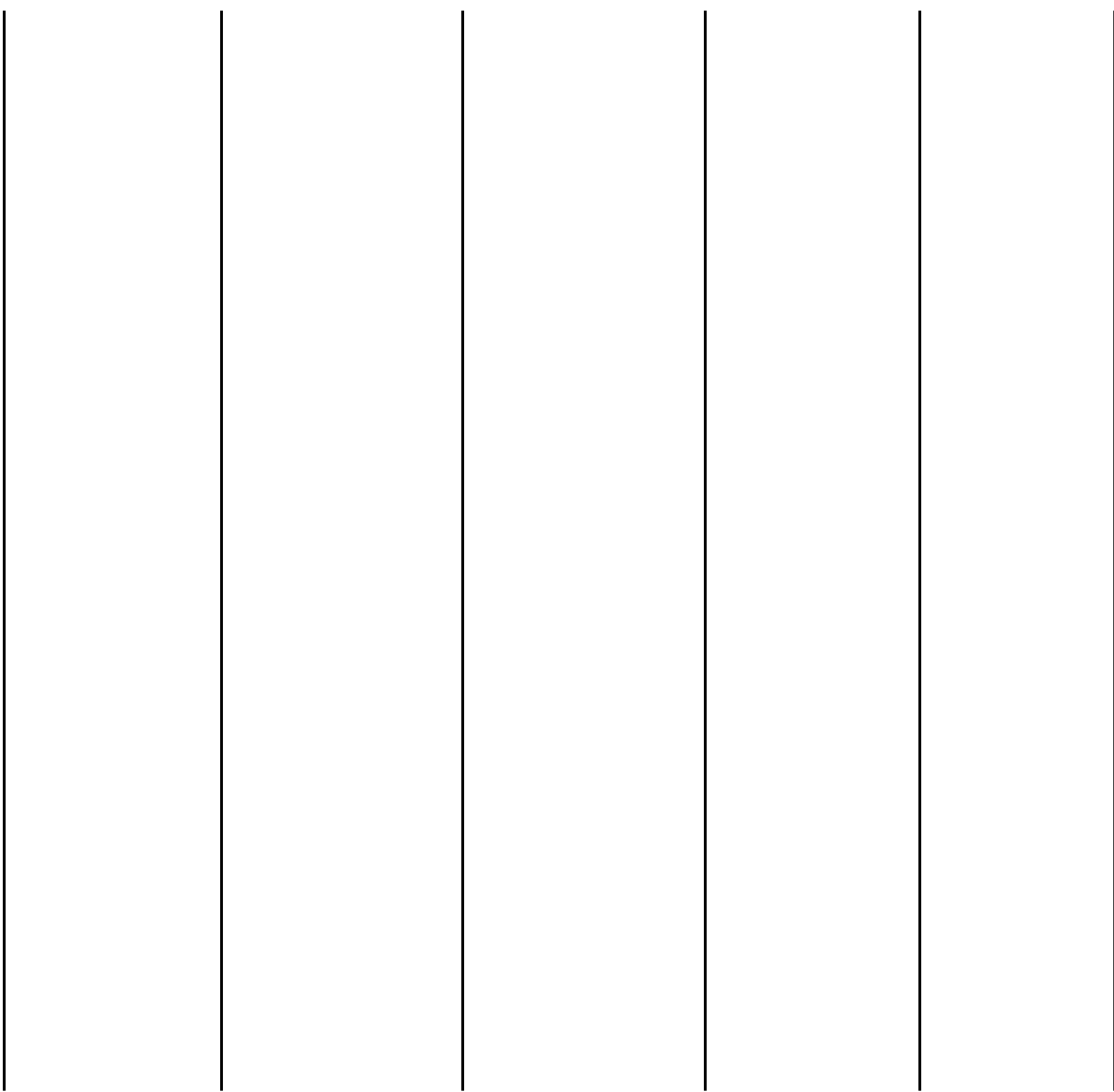


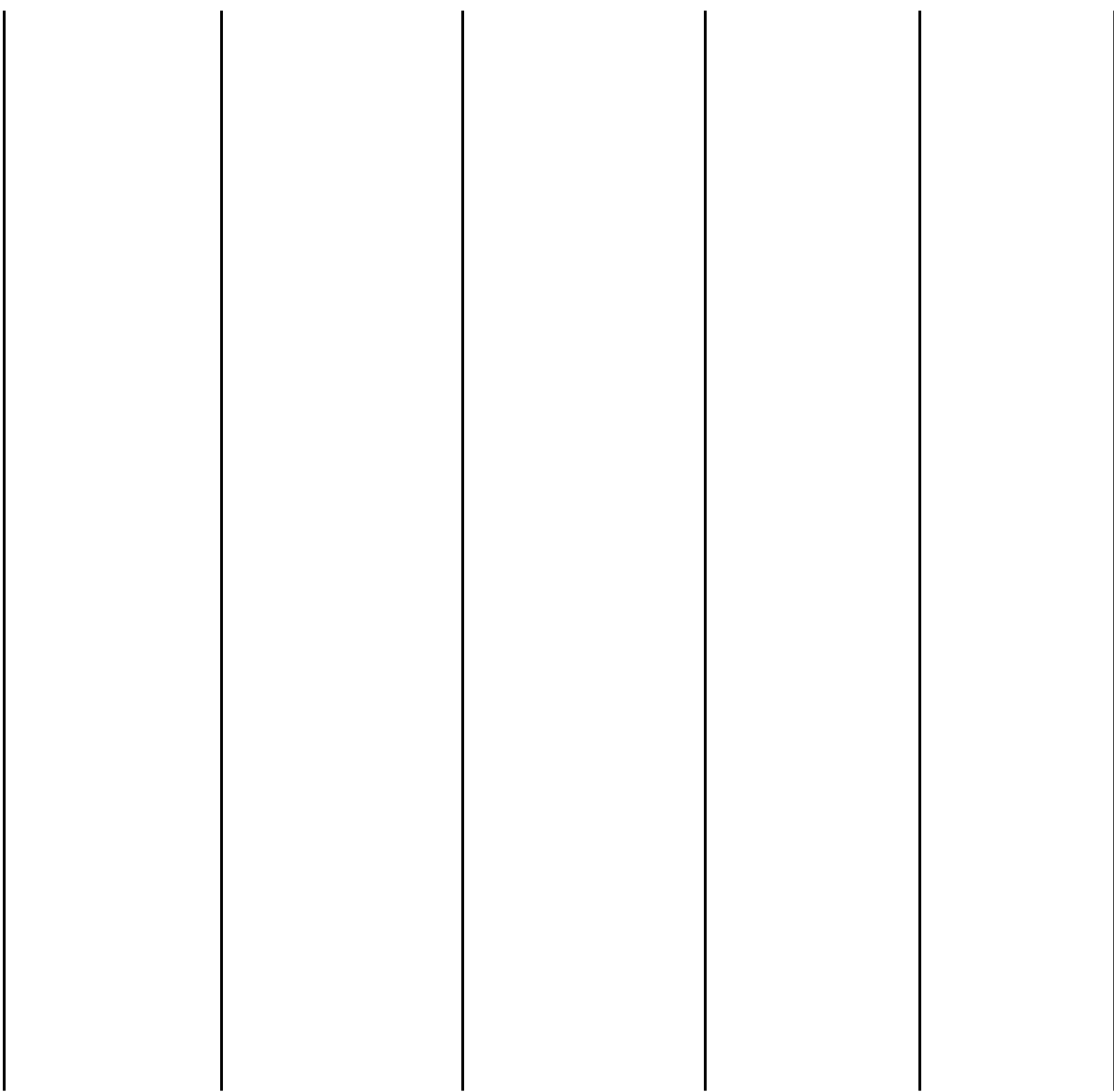












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