



**CHOCOLATE AND WHITE MILK ARE SERVED DAILY. CHOICE OF SALAD BAR IS AVAILABLE FOR GRADES 3-12. MENUS ARE SUBJECT TO CHANGE..**



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

CHICKEN STIR- FRY **4**  
RICE  
GREEN BEANS  
APPLESAUCE

NACHOS AND DIP **5**  
CORN  
CELERY STICKS  
FRUIT SALAD

BBQ PORK ON BUN **6**  
TATOR TOTS  
FRESH FRUIT  
FRUIT AND YOGURT PARFAIT  
CARROT STICKS

CHILI FRITO PIE **7**  
FRUIT CRISP  
PEACHES  
SALAD

HOT DOG ON BUN **8**  
BAKED BEANS  
PEARS  
GRAHAM CRACKERS

SAUSAGE GRAVY AND **11**  
BISCUITS  
HASHBROWNS  
ORANGES  
BROCCOLI

TACOS **12**  
CORN  
PEACHES  
YOGURT

CHICKEN PATTY **13**  
GREEN BEANS  
PEACHES  
BROWN BREAD

CORN DOG **14**  
BAKED BERANS  
SALAD  
PEARS

NO SCHOOL TODAY **15**

NO SCHOOL TODAY **18**

CHEESE BURGERON BU **19**  
TATOR TOTS  
PEACHES  
BROCCOLI  
CARROTS

COUNTRY FRIED STEAK **20**  
MASHED POTATOES  
PEAS  
GRAPES BREAD

SLOPPY JOE ON BUN **21**  
GREEN BEANS  
ORANGES  
PEACHES

PIZZA **22**  
SALAD  
PEACHES  
FRUIT JUICE  
GRAHAM CRACKER

SAUSAGE PATTY **25**  
PANCAKES  
HASHBROWNS  
ORANGES  
CARROT STICKS

HOT HAM AND CHEESE **26**  
SPAGETTI AND SAUCE  
PEARS  
BROCCOLI AND CAULIFLOWER

CHICKEN ALFREDO **27**  
GREEN BEANS  
CELERY STICKS  
APPLES  
BREAD

LASAGNA **28**  
HOT ROLLS  
SALAD  
FRESH FRUIT

