

November Menu 2019

				Friday 1 Breakfast: Kix Cereal, Banana & Milk Lunch: Turkey & Cheese Wrap, Tropical Fruit & Milk Snack: Rice Krispies Treat & Water
Monday 4 Breakfast: French Toast Stick, Peaches & Milk Lunch: Cheese Quesadilla, Pinto Beans, Sliced Apples Snack: Bunnies Graham & Water	Tuesday 5 Breakfast: Blueberry Muffins, Pears & Milk Lunch: Meatloaf, Mashed Potatoes, Green Beans & Milk Snack: Strawberry Chex Mix and Water	Wednesday 6 Breakfast: Buttered Toast w/ Fruit Spread, Pineapple & Milk Lunch: Chicken Nuggets, Blackeye Peas, Peaches Snack: Teddy Graham & Water	Thursday 7 Breakfast: Turkey Sausage Biscuit, Mandarin Oranges & Milk Lunch: Beef Nuggets, Mixed Vegetable, Tropical Fruit & Milk Snack: Cheez-It & Water	Friday 8 Breakfast: Pancake, Applesauce & Milk Lunch: Chicken Alfredo, Sweet Peas, Pineapple & Milk Snack: Animal Crackers & Water
Monday 11 Breakfast: Cinnamon Toast, Mandarin Oranges & Milk Lunch: Macaroni & Cheese, Blackeye Peas, Sliced Apple & Milk Snack: Rice Krispies Treat & Water	Tuesday 12 Breakfast: Kix Cereal, Banana & Milk Lunch: Teriyaki Chicken, Steamed Broccoli, Pears & Milk Snack: Goldfish Crackers & Water	Wednesday 13 Breakfast: Pancake Applesauce & Milk Lunch: Spaghetti, Salad, Pears & Milk Snack: Cheese & Crackers & Water	Thursday 14 Breakfast: Yogurt w/ Sliced Strawberry & Milk Lunch: Pancake, Turkey Sausage, Applesauce & Milk Snack: Trail Mix & Water	Friday 15 Breakfast: French Toast Stick, Peaches & Milk Lunch: Turkey & Cheese Wrap, Veggie Stix, Sliced Apples & Milk Snack: Cheez-It & Water
Monday 18 Breakfast: Blueberry Muffins, Peaches & Milk Lunch: Taco, Corn, Pears & Milk Snack: Bunnies Graham & Water	Tuesday 19 Breakfast: French Toast Sticks, Applesauce & Milk Lunch: Chicken Patty, Tater Tots, Mandarin Oranges & Milk Snack: Animal Cracker & Water	Wednesday 20 Breakfast: Blueberry Bagel, Cream Cheese, Pears & Milk Lunch: Lunch: Beef Nuggets, Mixed Vegetable, Tropical Fruit & Milk Snack: Cheez-It & 100% Grape Juice	Thursday 21 Breakfast: Cheese Toast, Tropical Fruit & Milk Lunch: Turkey Meatball w/Rice & Gravy, Sweet Peas, & Milk Snack: Teddy Graham & Water	Friday 22 Breakfast: Biscuit w/ Fruit Spread, Pineapple & Milk Lunch: Cheese Quesadilla, Pinto Beans, Sliced Apples Snack: Pretzels & Water
Monday 25 Breakfast: Blueberry Muffin Pears & Milk Lunch: Pancake, Turkey Sausage, Applesauce & Milk Snack: Trail Mix & 100% Grape Juice	Tuesday 26 Breakfast: Cinnamon Toast, & Milk Lunch: Turkey & Cheese Wrap, Veggie Stix, Sliced Apples & Milk Snack: Cheez-It & Water	Wednesday 27 Breakfast: Kix Cereal, Banana & Milk Lunch: Thanksgiving Luncheon Snack: Goldfish Crackers & 100% Grape Juice	Thursday 28 <p style="text-align: center;">Thanksgiving</p>	Friday 29 <p style="text-align: center;">Holiday</p>