



CHOCOLATE AND WHITE MILK ARE SERVED DAILY. CHOICE OF SALAD BAR IS AVAILABLE TO GRADES 3-12. MENUS ARE SUBJECT TO CHANGE.



**Fitness Tip:** MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

### Monday



### Tuesday



### Wednesday

### Thursday

### Friday

1  
CHICKEN  
MASHED POTATOES  
FRESH FRUIT  
SALAD  
BREAD

2  
BBQ RIB PATTY  
TATOR TOTS  
FRUIT SALAD  
BROCCOLI

3  
CHICKEN PATTY  
MACARONI AND CHEESE  
PEACHES  
SALAD  
BREAD

8  
CHICKEN FAJITAS  
MEXICAN RICE  
CARROT STICKS  
PINEAPPLE  
REFRIED BEANS

9  
CHEF SALAD  
HOT ROLLS  
FRUIT SALAD  
PUDDING

10  
PIZZA  
SALAD  
FRESH FRUIT  
PUDDING

15  
CHEESEBURGER  
OVEN FRIES  
COLE SLAW  
FRUIT SALAD

16  
CORN DOG  
BAKED BEANS  
FRESH FRUIT  
OATMEAL COOKIE

17  
HAM SANDWICH  
SUN CHCIPS  
FRUIT JUICE  
ICE CREAM  
CARROT STICKS

22  
GREAT

23  
SUMMER!!!!

21  
HAVE A

6  
FRITO PIE  
CARROT STICKS  
PEACHES  
GRAHAM CRACKERS

7  
HOT DOGS  
BAKED BEANS  
SUN CHIPS  
PEARS  
FRUIT SLUSHES

13  
CHICKEN PATTY  
MASHED POTATOES  
CARROTS  
PEACHES

14  
TACOS  
CORN  
APPLESAUCE  
GRAHAM CRACKER

20

21

22

23

24

27

28

29

30

31