

We offer the most extensive training classes possible at the lowest cost in town of \$150

Below is everything you need to know above the classes and how to sign up. Don't delay classes fill up fast!

AMERICAN RED CROSS PREREQUISITES: (All prerequisites are performed on the first day of the course.)

- 300-yard swim: 100 yards' front crawl, 100 yards' breaststroke, 100 yards either breaststroke or front crawl.
- Swim 20 yards, feet first surface dive to a depth of 7-10 feet, retrieve a 10-pound object, return to the surface, and swim 20 yards back to the starting point holding the object with two hands in under 1 minute and 40 seconds.
- Tread water with your legs in deep water for 2 minutes with your head out of the water.

AMERICAN RED CROSS TRAINING

- Applicants who meet the prerequisites will attend the classroom portion of the training program followed by testing

GENERAL INFORMATION

PAYMENT DETAILS:

- All applicants must pay by cash or check before the course begins or pay by Visa, Master Card or Discover Credit Card via our website or at the time of registration. If you are paying by check, please make checks payable to Trident Aquatics,LLC.
- If you are an applicant and can't pay the cost up front you may request to take it out of your paycheck with an additional administration fee of \$25. (If you are requesting to take it out of your paycheck, you will need to fill out and sign the attached Wage Deduction Form and send it to payroll@trident-aquatics.com prior to the beginning of the course. If you are under the age of 18, please have one of your parents/guardians sign the form as well.

CANCELLATION POLICY:

- All cancellations must be in writing one week prior to the first-class date. All cancellations must be emailed to courses@trident-aquatics.com (will need to add this email as well)
- Those applicants who have paid in full prior to the cancellation will be refunded their full amount minus a \$25 administration fee. Refunds may take up to 2 weeks.

REFUND POLICY:

- No refunds will be given to an applicant who does not show up to the training class or to an applicant that fails to pass any and all portions of the training.
- Should an applicant fail to pass the training course they will be allowed a second attempt at a future training date at no additional cost.

CLASS DETAILS:

- Applicants must arrive 15 minutes prior to each scheduled class.
- Applicants are required to attend all class dates and times listed for each specific class.
- This course includes Lifeguard Training with First Aid and CPR/AED for the Professional Rescuer Training.

ITEMS PROVIDED FOR USE IN CLASSROOM:

- ARC Lifeguard Training Book
- Pocket Mask

CERTIFICATION(S) PROVIDED BY TRIDENT AQUATICS:

- American Red Cross certification cards for Lifeguard Training w/First Aid for (2 years) and CPR/AED for the Professional Rescuer for (1 Year)
- All students must pass all ARC requirements to receive all certifications required to become a lifeguard.

ITEMS NEEDED FOR CLASSES:

- Sun Screen
- Sunglasses
- Swim Suit/One Piece
- Two Towels
- Change of Clothes
- Pen or Pencil, and Notebook for Notes.
- Water or Gatorade

LUNCHES AND BREAKS:

- Lunch Breaks: PLEASE BE ADVISED THAT ALL STUDENTS ARE ENCOURAGED TO BRING A SACKED LUNCH. LUNCH BREAK IS 45 MINUTES.
- Breaks: There will be 5 to 15-minute breaks throughout the classes.

TERMS AND CONDITIONS:

- The applicant accepts the terms and conditions of Trident Aquatics, LLC and that an employment offer will not be accepted until the student is current on all certifications required for the position. It is understood that the employment offer is subjected to eligibility terms, requirements and conditions and may be changed and or terminated by Trident Aquatics on an at will basis.
- If you have any questions after reading the specifications above, please do not hesitate to contact us at our office (832) 735-2468 or email us at info@trident-aquatics.com

Training classes location and dates:

All training classes are held at the following location: 1339 Wickshire Ln Houston TX 77043. All classes will be held from 8:00am – 6:00pm.

2019 Training Dates: March 30th and 31st, April 6th and 7th, April 13th and 14th, April 20th and 21st, April 27th and 28th, May 4th and 5th, May 11th and 12th, May 18th and 19th.