

# Broward Unit



This workshop has been approved for and offers 1 Administrative contact hour. BAP-321, Exp. 03/21.

**June 3, 2020 • 6:00 p.m. – 7:00 p.m.**

## **“Yoga Skills for Mental Health Providers”**

***Presented by: Dr. Eva Nowakowski-Sims, PhD, LCSW, MPH***

Please join us for a Virtual workshop on Yoga Skills for Mental Health Providers. No mat is required. This workshop will provide an overview of mindful body movements/yoga practice.

***This is a virtual workshop.***

***You will receive a Zoom link prior to the event.***

**This workshop is free for all NASW Members, \$10 for non-members and \$5 for non-member students.**

***To register, go to [www.naswfl.org/events.html](http://www.naswfl.org/events.html).***