

1. By Jesus' stripes I was and am fully healed and made whole – my health and wellness are perfect; I am without sickness, disease and injury; I am filled and overflowing with abundant life. My body and mind are strong. I am full of energy, vitality, endurance and stamina. Isaiah 53:5; John 10:10
2. Sickness, disease, injury, sin, darkness, evil, death, anxiety, worry, depression and fear have no power or authority over me and I rebuke, renounce and reject them in all their forms. Colossians 2; Hebrews 2:14-15 (and many others)
3. My strength is renewed and increased by God. God fills me with power and His fullness. I mount up and soar with wings like an eagle. I run and am not weary. I walk and do not faint. Isaiah 40:31; Ephesians 3:19
4. My mortal body is given life and quickened by God. Romans 8:11
5. Create in me a clean heart, O God; renew a right spirit within me; and give me the heart and mind of Jesus. Keep me fully in the utter purity and simplicity of complete devotion to Christ. Psalm 51:10; 2 Corinthians 11:3; Ezekiel 36:26
6. I have the fullness of the peace and joy of Jesus. John 15:11; 16:33
7. I am filled with strength and good courage from God. Joshua 1
8. I arise and shine and the light and glory of God is in, upon and through me. Isaiah 60:1-2
9. I am perfected and completed to the measure of the stature of the fullness of Christ and in oneness with Him, Father God and the Holy Spirit; Ephesians 4:13; John 17:21-23
10. No dark chains, ties or attachments bind me – I am fully free in Christ, and no dark strongholds exist within me. John 8:32; Colossians 2; 2 Corinthians 10:4
11. I am victorious in all things and a mighty man of valor. I am God's warrior and overcomer. Nothing stands against me, opposes me, or harms or hurts me in any way. No weapon prospers against me. John 16:33; Revelation 3:21; 2 Timothy 2:3; Romans 8:31, 37; Luke 10:19; 1 John 5:18; Isaiah 54:17
12. Please bind, expel, strike down, silence and render harmless nullities all dark powers, hosts and vessels within the areas of authority You have given me and would have me occupy and exercise authority over and make those areas beacons and strongholds of Your light, presence and glory and governed by Your Word, will, ways and government. (Many)
13. God is with me, keeps, preserves, defends and protects me wherever I go and gives me peace and rest from my enemies. 2 Samuel 7:1; 8:6,14; 1 Chronicles 22:9; Joshua 1:5-9
14. I can do all things through Christ who strengthens me and I walk, war, serve God and bring Him glory in the fullness of Jesus' complete, total and eternal victory. Philippians 4:13 (and others)
15. I have the heart of Jesus and out of it flows rivers of God's living waters. Ezekiel 36:26; Acts 4:32; John 17:21-23; 7:38
16. I am filled and overflowing with all fruits and gifts of the Holy Spirit. John 14:16-17; Galatians 2:20; 5:22-23
17. I will never be shaken, troubled, fearful, dismayed or overcome and God keeps me from stumbling. (Many)

18. I am resurrection life and shall enjoy length of years and eternal life because the Spirit of God dwells in me and rests upon me. I am His son and His chosen and anointed one and I enjoy the fullness of His love, mercy, grace, favor and blessing forevermore. Romans 8; 2 Corinthians 5:17; 1 Corinthians 6:14; Ephesians 3:19 (others)
19. I do not fear because God has redeemed me; He calls me by my name; I am His. When I pass through the waters, He is with me; And through the rivers, they shall not overflow me. When I walk through the fire, I shall not be burned, nor shall the flame scorch me. For my Father and LORD is God, The Holy One of Israel, my Savior. 2 Timothy 1:7 Isaiah 43:1-3

Lord, Your Word says that You will grant my prayers and establish my declarations. I believe, have faith, trust and expect that You will. Please do so in fullness even now without delay. Thank You – I love You. Amen.