

1 year old Snack and Meal List

Monday:

Morning Snack: Granola Bars

Lunch: Mac & Cheese or Chicken Noodle Soup **Cost:** 4.50 **Extra Side:** \$2.50 (side options see order form)

Afternoon Snack: Peanut Butter Crackers

Tuesday:

Morning Snack: Graham cracker w/ raisins

Lunch: Grilled or Fried Chicken Strips **Cost:** 4.50 **Extra Side:** \$2.50 (side options see order form)

Afternoon Snack: Cheese Sticks, Saltines

Wednesday:

Morning Snack: Graham Crackers

Lunch: Grilled Cheese or Turkey Lurkey **Cost:** 4.50 **Extra Side:** \$2.50 (side options see order form)

Afternoon Snack: Animal Crackers or Vanilla Wafers

Thursday:

Morning Snack: Rice Chex Cereal

Lunch: Cheeseburger or Hamburger **Cost:** \$4.50 **Extra Side:** \$2.50 (side options see order form)

Afternoon Snack: Pretzels or Veggie Straws

Friday:

Morning Snack: Cheerios

Lunch: Cheese Pizza **Cost:** \$3.00 per slice

Afternoon Snack: Cheese Crackers or Pirates Booty or Sensible Portions Cheddar Puffs

**Late Afternoon snack given CHEERIOS

Child's Name _____

Known Allergies _____

Parent Signature _____ Date _____

I Do not wish for my child to eat the snacks that Destiny Learning Center provides. I will provide

My child's snacks weekly. *** if we run out of a snack, we will substitute any snack on this list for that day.**

***Note: Parents will provide a packed lunch, formula, anything given in a bottle, or baby food for their child. Please do not send items that have to be heated, as teachers are not permitted to warm up your child's food. If you forget your child's lunch, lunch will be provided from Bob Evans at cost of \$4.50 or on Fridays Pizza L'Appetito at a cost of \$3.00, which will be added to your tuition bill for the following week. Filtered water is given to each child throughout the day. By signing this, you give Destiny Learning Center permission to feed your child all Snacks listed above and release Destiny Learning Center from any responsibility for allergic reactions that may be caused from Snack foods listed above.