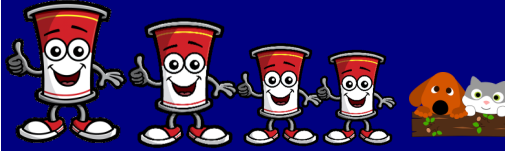


The Can Can



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INSIDE THIS ISSUE:

Food Bank in 1971	1
Staff Story	2
Food Bank Facts	2
Upcoming Events	2
Current Needs	1
A Bit of Humor	2

Current Pantry Needs

- Hamburger Helper
- Peanut Butter
- Macaroni & Cheese
- Canned Beans
- Toilet Paper
- Toothpaste/Brushes
- Shampoo/Conditioner
- Laundry Soap

Salina Emergency Aid/Food Bank was started in 1971

Salina Emergency Aid/Food Bank (EAFB) began in 1971 as a project of several local churches. Forty six years ago, there was no central community location for a needy family to seek help. It was a common practice when in need to “knock on the pastor’s door.” Churches stocked small food pantries and maintained funds to help with emergencies.

Several churches decided to pursue the idea of having one location supported by their congregations. Pooling resources would enable more people in need to be served efficiently.

Stocking that community food bank produced a city-wide drive called “Pounding Sundays” in participating churches. Members were asked to bring non-

perishable foods, in one pound quantities, to fill the shelves. That idea persists today as many Salina churches regularly donate food and money to EAFB operations.

The Move

For much of its life, EAFB operated in the basement of Memorial Hall, in space provided by the city of Salina. But as clientele and programs expanded, the agency outgrew the space. Under the leadership of Kathy Jackson, administrator, EAFB received funding to build its present quarters at 255 S. Chicago. Now 14 years old, the building houses offices, a teaching kitchen, a food pantry and a warehouse for food storage. A large garden on the premises supplies fresh vegetables for clients.

In 2016, EAFB distributed close to 340,000 food items. Over its 46-year history, the agency has become much more than just a food pantry. As payee for impaired adults, EAFB manages close to \$870,000 each year in Social Security payments for between 80 and 120 clients. The teaching kitchen program offers a variety of classes (for adults and children) in nutrition, healthful cooking and grocery budgeting. Help is available for homeless prevention by providing emergency funds for rent and utilities. As churches partnered in the early days, EAFB now partners with other community service agencies, networking to provide essential services for clients.

Throughout its 46 years, EAFB has always been a sign of hope to those less fortunate than ourselves. Our mission is to serve people in need with dignity and respect.



Staff Story by Candy Komp

Why the Food Bank??

Hi, my name is Candy and I am the newest staff member here at the Salina Emergency/Aid Food Bank. When I first started, this was the question I was asked most often—Why the Food Bank? My story actually started about 3 years ago.

A friend and I were on a normal walk, having a normal philosophical conversation (ok, maybe that's not so normal) and she asked me what I planned on doing when I retire. I told her I wanted to work at the Food Bank! I think it startled her that I so easily blurted that out! When she further questioned me, I explained that my husband had volunteered there a few times and was impressed with the organization and its commitment to the community and that the staff and volunteers were very friendly. He thought it would be a place I would like.

Fast forward 3 years.

This past Christmas my husband and I ran into old friends of the family. I commented on how great and happy they looked and that retirement really agreed with them. She proceeded

to tell me she was volunteering at the Food Bank and was really enjoying it. I mentioned that I had always wanted to work there. She informed me that there was an opening and suggested I call on it. I didn't call and inquire about the job right away. I needed time to digest this information, and pray on it.

I was a daycare provider for most of the last 30 years. I still get teary thinking of how very blessed I was to get to stay home with my 3 children and at the same time nurture and love and make a difference in the lives of other children as well. Although I was not actively seeking a change, I knew eventually the time would come when I would need to pass the proverbial baton onto the younger generation.

As I said, I was not actively seeking to change careers. I was (am) very attached to my daycare families and making a change like this was going to be emotional and affect a lot of people. But I was reading a book that my church gave us, "Resisting Happiness" by Matthew Kelly. He

talked about how we pray for God to give us signs and show us the direction or path we should take but although the signs may be presented, out of fear of change we refuse to act on them or ignore them. To me, the

timing of all of this was more than coincidence. I remember being anxious, unsure and afraid to leave what I had known for most of my adult life. I truly had to take a leap of faith and really start listening to God. Once I did that, I felt a sense of

peace and clear direction and made the phone call. And, I'm really glad I did!!

In a very large nutshell, that's the answer to "Why the Food Bank?"

Verses that helped me make my decision:

"I can do all things through him who strengthens me." (Philippians 4:13)

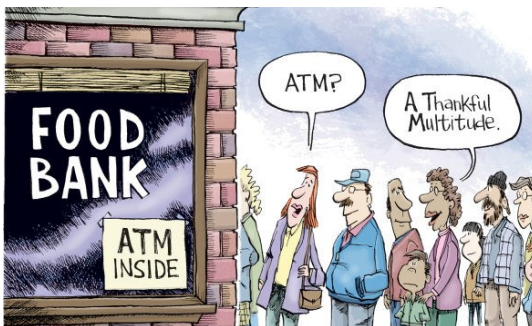
"Do not be anxious about anything." (Philippians 4:6)

"Be transformed by the renewal of your mind." (Romans 12:2)



Food Bank Facts

Bread, pastries, meat & produce are donated weekly by Walmart, Dillons, Aldi, Sam's & Target.



Upcoming Events

Volunteer Appreciation Dinner-

Sunday, October 15, 2017

The dinner will be held at Belmont Blvd Christian Church. Watch for your personal invitation in the coming weeks.

Empty Bowls Fundraiser Soup/ Supper-Sunday, October 22, 2017

Come learn about the mission and programs of the Salina Emergency Aid/Food Bank and sample soup from Salina area restaurants. The 2017 event will be held at First Covenant Church. Empty Bowls would not have success without you -thank you!



Salina Emergency Aid/Food Bank engages our community to provide emergency needs for food, shelter, and well being.