

WEST VALLEY MARTIAL ARTS CLASS SCHEDULE



Ages and Ranks

Class Days and Times

Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday**
Pre-Karate (Ages 4 – 6)	3:30 - 4:15	3:30 - 4:15	3:30 - 4:15	3:30 - 4:15	3:30 - 4:15	9:00 - 10:00am 7 yrs and up all ranks
Youth (Ages 6 - 9)*	4:20 - 5:10	5:15 - 6:05	4:20 - 5:10	5:15 - 6:05	4:20 - 5:10	
Youth (Ages 8 – 11)*	5:15 - 6:05	4:20 - 5:10	5:15 - 6:05	4:20 - 5:10	5:15 - 6:05	
Youth (Ages 10 – 14)*	6:10 - 7:00	6:10 - 7:00	6:10 - 7:00	6:10 - 7:00	6:10 - 7:00	
Adult (14 +)		7:15 - 8:45	7:15 - 8:45	7:15 - 8:45		

* **Age ranges are general, and reflect the average age range in the given class.**

* Students may start in ANY class. We will help you choose the most appropriate class for your child based on age.

** Saturday morning Karate classes are make-up classes and may be canceled due to special events.
White belts must have instructor's permission to attend Saturday classes.