

About ACTS New Horizons

(Agency for Community Treatment Services)

Address:
6980 SR 37 S
Mulberry, FL 33860

Phone Number:

863.428.1520

Provide long term residential treatment for adolescents, with significant substance abuse and/or co-occurring disorders, consistent with the needs of the individual. We are committed to providing a safe, supportive therapeutic environment for the clients and their families in order to promote effective coping, decision making, and life skills that are age appropriate to the clients we serve.

New Horizons Program

This level II residential program provides services to male adolescents from Polk, Highland, and Hardee Counties who have abused alcohol/other drugs. This site hosts an alternative school with teachers provided by the Polk County School Board. Residential services include short and long term treatment, usually three to six months, based on an individual's need.

Program Goals and Objectives

- To provide a safe, therapeutic environment for adolescents with diagnosed substance abuse and co-occurring mental health disorders.
- Treat clients with respect while identifying and providing service needs consistent with that of the individual.
- Promote healthy decision making abilities by dealing with the many challenging issues that each adolescent faces in their every day lives.
- To educate clients and their families to accept that substance abuse and co-occurring mental health disorders can be successfully treated.

dcf Florida Department of Children & Families

Central Florida Behavioral Health Network, Inc.

Admission Criteria

- 13-17 year old males.
- Diagnosed substance abuse disorder or co-co-occurring substance abuse and mental health disorder (low/ moderate severity level)
- Meet ASAM Level III criteria
- Meet DCF Residential Level II criteria

Exclusionary Criteria

- Adolescents younger than 13 years of age. (This exclusionary criteria may be waived for youth referred through DCF Foster Care)
- Adolescents that have earned their GED prior to admission. This will be on a case by case basis.
- Adolescents with acute mental health issues
- Developmentally Delayed Children
- Persons determined to be beyond the safe management capability of the program (clients whose medical condition or behavioral problems are such that he or she cannot be safely managed)

Staff Expertise

Our experienced staff have specialized training in youth and substance abuse issues. They include licensed therapists, master's level therapists, substance abuse professionals, case managers and access to psychiatrists, and ARNP's.



Referral Sources

- Self/Parent/Guardian
- Marchman Act(Civil court order)
- Criminal Justice System (Juvenile Justice or Diversionary Court Programs)
- Other ACTS Providers- (i.e. JARF, Outpatient)
- Other Addiction Treatment/Mental Health Providers
- Department of Children and Families
- Schools

Program Services

- Psychosocial Assessment will be facilitated to identify treatment needs
- Treatment plan will be developed and reviewed every 30 days, with input of client and family.
- Treatment services are individualized, with different types of intensities of treatment approaches, according to the specific needs, strengths, abilities, and preferences of the individual
- Daily individual, group and/or family therapy
- Family Support Groups
- 12 Step Support Services
- Psycho-educational and other support services to include Substance Abuse Education, Life Skills Training, Non-verbal Therapies, Employment, Health and Medical, and Mental Health Issues
- Psychiatric evaluation and medication management, when applicable
- Educational services provided by ACTS Alternative Education- an accredited member of the School District of Polk County
- Comprehensive Case Management and other ancillary services may be provided to support or link client with identified services needs
- Nursing Support Services
- Random Drug Screening
- 24-hour Staff Supervision