

# THE MAINSTREAM



## NEW HIDDENBROOK LOGO!

Introducing the new Hiddenbrook Homes logo!

We will slowly be phasing in this new logo (as we run out of the stationary we currently have) and you'll be seeing it on the website and other places like the *Mainstream*.

We would like to say a special "Thank You" to Brian Munson from **Release:DesignWorks** who worked with us for several months and provided his services for free as we decided upon this design. Brian is a resident of Hiddenbrook and if you're in need of these types of services, you can check him out at [brian@release-designworks.com](mailto:brian@release-designworks.com) or his website [Release:DesignWorks](http://Release:DesignWorks).

Hiddenbrook Homes Association

[www.hiddenbrookhomes.org](http://www.hiddenbrookhomes.org)

1508A Sadlers Wells Drive  
Herndon, VA 20170

Facilities Manager:  
Lisa Cornaire

[hiddenbrook\\_homes@hotmail.com](mailto:hiddenbrook_homes@hotmail.com)

Office Hours

Tues. & Thurs. 2-5pm  
Or by appointment

(703) 318-7159 -office  
(703) 437-9737 -fax  
(703) 437-9736 -pool

Mailing address:

PO Box 582, Herndon, VA 20172

## POOL OPENING PARTY

Friday, May 23<sup>rd</sup>, 2014

5pm-9pm

Open to all Homeowners and  
Swim/Tennis Members!

Hamburgers, hot dogs, chips and  
drinks provided. Please feel free  
to bring desserts or sides to share.

## Hiddenbrook Board of Directors

(Meetings on the 3<sup>rd</sup> Tuesday of every month at 7:30 pm in the clubhouse)

President	Joan Koss	jekoss@cox.net
Vice President	Chaz Holland	chaz@bww.com
Secretary	Pam Spencer	pspencer11@cox.net
Director at Large	Paige Dyer	paige_dyer@icloud.com
Director at Large	Carrie Hester	breighester@yahoo.com

## Hiddenbrook Committee Chairpersons

ARC	Doug Ahlert	ahlertdoug@hotmail.com
Communications	Kendra Green	kendrargreen@gmail.com
Neighborhood Watch	Chris Shumac	Christopher.Shumac@gmail.com
Pool	Marcel van Vierssen	hiddenbrookswimteam@gmail.com
Social	Carrie Hester	breighester@yahoo.com
Swim Team	Marcel van Vierssen	hiddenbrookswimteam@gmail.com
Tennis	David Shupp	dlshupp@verizon.net

Bookkeeper	Meg Hinders	hinderssix@yahoo.com
Treasurer	Pete O'Hanlon	cubuffalo2@yahoo.com

Hiddenbrook ACC Committee	hiddenbrookACC@gmail.com
Hiddenbrook Communications Committee	hiddenbrooknews@gmail.com
Hiddenbrook Pool Committee	hiddenbrookpool@gmail.com
Hiddenbrook Social Committee	hiddenbrooksocial@gmail.com

## Important News!! – Revised ARC Guidelines Now available for Your Review

For the past 8 months a volunteer committee comprised of Board and ARC committee members has been working to revise the association's current ARC Guidelines. Typically, communities update their guidelines every so often to keep current with changing styles, changing building materials, and the current needs of the community. According to our records, Hiddenbrook's ARC guidelines have not been updated in close to 20 years. The newly drafted guidelines have recently been reviewed by our attorney and returned to us. At this juncture, the new guidelines can be put into place by a simple vote of the Board; however, the Board believes it's important to provide the community with time to review the document and be given a chance to provide their own input. The new and old guidelines have now been posted to the [www.hiddenbrookhomes.org](http://www.hiddenbrookhomes.org) website for everyone to take a look at. Time will be set-aside in the board meeting on Tuesday, May 20th for homeowners who wish to attend and provide feedback. If you are not able to attend, feel free to send an email with your feedback to [Hiddenbrook\\_homes@hotmail.com](mailto:Hiddenbrook_homes@hotmail.com). As both documents are lengthy, here is a brief summary of the types of changes that were made:

- **Clarity-** A lot of the wording in the current document is vague. An effort was made to clarify any “grey” areas and provide more specific wording. This will do two things: First of all, it will make the ARC guidelines easier to understand by the homeowner who is reading them and planning a particular project. Secondly, it will make the interpretation of what is and isn't allowed much clearer. These changes will result in the ability of future ARC committees and Boards to make fair and impartial decisions. The section on fencing in the original document is a good example of what we mean by vague. The new document shows clear pictures of styles that are allowed and styles that are not allowed.
- **Maintenance-** One of the most frequent complaints that the Board and ARC committee receive from homeowners is when there is a lack of maintenance on their neighbor(s) house. The current guidelines do not provide any specifics regarding maintenance. The new guidelines will address general maintenance issues such as, painting and maintaining the general exterior of the property.

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(New ARC Guidelines: Continued from page 3)

- **Updating Styles & Adding New Items-** The original document required that only colors similar to the original concept of the community would be allowed (remember our community was built in the 1970's). This section was removed. The new document speaks to the importance of getting permission before changing the color but does not restrict homeowners to only certain color selections (as some HOA's do) but rather allows everyone to put their own unique touch on their homes in selecting a color(s) of their liking as long as they blend well aesthetically with the rest of the community. There is also new clarification that trim and garage door colors should remain a neutral color, but additional flexibility was given to allow for the selection of accent colors to be used on a front door and shutters. Additionally, the restriction that storm doors only be painted the same color as the front door was eliminated. Another addition is that pre-manufactured sheds will now also be allowed.
- **Applications-** The ARC application was revised and the application process was clarified.

Many of the guidelines remained the same with simple corrections or additions to the wording for clarity. Anyone with a style selection currently in place on their property, which is not in compliance in the new documents, will **not** be required to immediately make a change; however, when the time comes to replace or significantly repair the item, you will be required to comply with the new guidelines.

## House Beautiful Contest



Please submit your nomination for entry in the annual Hiddenbrook "House Beautiful" Contest to Doug Ahlert at [ahlertdoug@hotmail.com](mailto:ahlertdoug@hotmail.com) by June 1, 2014.

Members of the HOA board and Architectural Review Committee will vote on the nominees by June 15 and the top 3 winners will receive gift certificates. Landscaping, general condition of the house, and adherence to HOA guidelines will be taken into consideration in the judging. We received over 20 nominees last year and hope there will be an even greater response this year!

## Neighborhood Watch Committee News

### SAFETY IS IN THE EYE OF THE BEHOLDER !

The Hiddenbrook Community is forming a new Neighborhood Watch. “ What can a Neighborhood Watch do for our community?” It can assist with Crime Prevention, Disaster Preparedness and help build a stronger community. To meet these goals, participation from members of the community is strongly encouraged.

Our community recently experienced several incidents of **Car Vandalism**. The Police Department can only allocate additional resources to protect our neighborhood if acts of vandalism and other crimes are reported. Please report suspicious activities to the Reston Police Department’s Non-Emergency Number at 703-691-2131. You can send Anonymous text messages: 'TIP187' plus your message to CRIMES (274637). You can also report crimes that are NOT in progress at the following email address: <http://www.fairfaxcounty.gov/police/reportcrime/> . As always, in case of an emergency, dial 911

Here are several useful tips, which can help prevent vehicle vandalism:

- Park your car in a well-lit area. If you have a driveway or garage light consider leaving it on overnight.
- Consider installing **Motion Detector Lights**, which will illuminate your vehicle in the evening, when most vandalism occurs.
- If you have a garage, park your car in the garage and be certain your **garage is locked** at night.
- If you have a garage, **close and lock** it when not in use. Leaving an unattended Garage open can encourage acts of vandalism and theft.
- **Get to know your neighbors**. Good neighbors frequently notice and report suspicious activity, which can prevent vandalism.

**If you are interested in joining our Neighborhood Watch team, contact Lisa Cornaire at the clubhouse # 703-318-7159 or email at her at:**

**[Hiddenbrook\\_homes@hotmail.com](mailto:Hiddenbrook_homes@hotmail.com). Together, we can strengthen the safety of our neighborhood by looking out for each other!**

**Chris Shumac  
Chairman - Hiddenbrook Neighborhood Watch**

## Air Quality and Your Health

Spring is in the air and summer is right around the corner. Before exercising or working outside, it is important to check the air quality, or the AQI. The AQI is an index for reporting daily air quality. It tells you how clean or polluted your air is, and what associated health effects might be a concern for you. The AQI focuses on health effects you may experience within a few hours or days after breathing polluted air. EPA calculates the AQI for five major air pollutants regulated by the Clean Air Act: ground-level ozone, particle pollution (also known as particulate matter), carbon monoxide, sulfur dioxide, and nitrogen dioxide. For each of these pollutants, EPA has established national air quality standards to protect public health. Ground-level ozone and airborne particles are the two pollutants that pose the greatest threat to human health in this country.

### How Does the AQI Work?

Think of the AQI as a yardstick that runs from 0 to 500. The higher the AQI value, the greater the level of air pollution and the greater the health concerns. For example, an AQI value of 50 represents good air quality with little potential to affect public health, while an AQI value over 300 represents hazardous air quality.

An AQI value of 100 generally corresponds to the national air quality standard for the pollutant, which is the level EPA has set to protect public health. AQI values below 100 are generally thought of as satisfactory. When AQI values are above 100, air quality is considered to be unhealthy-at first for certain sensitive groups of people, then for everyone as AQI values get higher.

### Understanding the AQI

The purpose of the AQI is to help you understand what local air quality means to your health. To make it easier to understand, the AQI is divided into six categories:

#### Air Quality Index

(AQI) Values	Levels of Health Concern	Colors
When the AQI is in this range....air quality conditions are: ...		as symbolized by this color:
0-50	Good	Green
51-100	Moderate	Yellow
101-150	Unhealthy for Sensitive Groups	Orange
151 to 200	Unhealthy	Red
201 to 300	Very Unhealthy	Purple
301 to 500	Hazardous	Maroon

(Continued page 7)

(Air Quality Index: Continued from page 6)

Each category corresponds to a different level of health concern. The six levels of health concern and what they mean are:

"Good" AQI is 0 - 50. Air quality is considered satisfactory, and air pollution poses little or no risk.

"Moderate" AQI is 51 - 100. Air quality is acceptable; however, for some pollutants there may be a moderate health concern for a very small number of people. For example, people who are unusually sensitive to ozone may experience respiratory symptoms.

"Unhealthy for Sensitive Groups" AQI is 101 - 150. Although general public is not likely to be affected at this AQI range, people with lung disease, older adults and children are at a greater risk from exposure to ozone, whereas persons with heart and lung disease, older adults and children are at greater risk from the presence of particles in the air. .

"Unhealthy" AQI is 151 - 200. Everyone may begin to experience some adverse health effects, and members of the sensitive groups may experience more serious effects. .

"Very Unhealthy" AQI is 201 - 300. This would trigger a health alert signifying that everyone may experience more serious health effects.

"Hazardous" AQI greater than 300. This would trigger a health warnings of emergency conditions. The entire population is more likely to be affected.

More information can be found at [www.weather.com](http://www.weather.com), [www.weatherbug.com](http://www.weatherbug.com) or [www.airnow.gov](http://www.airnow.gov)

## Hiddenbrook Pool Dues

**Don't forget the Swim & Tennis Club dues deadline was April 15th. The \$40 late fee will soon be in effect and the amount required will be \$480. If you have not already done so, please send your dues in as soon as possible. Also, please be aware that if you have unpaid late fees on your account this year or from previous years, you will not be admitted to the pool without payment in full. We currently have accounts that fall into both of these categories. The lifeguards have been given strict instructions to enforce this requirement.**

**This policy may seem harsh to some but it's unfair to those members who pay on time, or have paid their late fees, that others be admitted to the pool with a balance on their account. The facilities manager will be sending out a reminder shortly to anyone who has outstanding dues or late fees on their account so members have a chance to resolve them before the season starts. It is best for all concerned that you make sure your account is up to date before the pool opens at the end of May.**

**Thank you and we look forward to a great season at the pool!**

## Folly Lick Park Clean Up

My name is Jim Palmer, I live in the Kingston Chase neighborhood and each spring I organize a trash pick-up in the Folly Lick Branch Stream Valley Park, the county park that is adjacent to our neighborhoods. Our trash pick-up is done in coordination with the Alice Ferguson Foundation Potomac-wide trash pick-up each spring. We have been doing this for the past 7 years or so and have had volunteers join in from Kingston Chase, Hiddenbrook, Herndon Chase, and the town of Herndon.

We held another pick up on April 5<sup>th</sup> and had several Hiddenbrook residents join in. Thank you to all Hiddenbrook residents for your efforts to keep our park clean!





# May 2014

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