



# Edison Football Parent Packet



July 30, 2018

Dear Parent and Student Athlete,

Congratulations on choosing to be a part of the Edison High School interscholastic athletic program. Contained in this packet is information to help make the season an enjoyable one.

Attached are the following:

1. Coaches letter
2. Interscholastic Extracurricular Eligibility
3. Athletic Code of Behavior
4. Coaches Rules and Permission Slip (MUST BE RETURNED)
5. Student Responsibilities
6. Communication Guide
7. Ohio High School Athletic Association General Regulations in Brief on your sport
8. Schedule and Important Dates
9. Steroid Use Warning

The Athletic Department's goal is to offer an organized, balanced athletic program. Our commitment is to you, the student athlete. If you have any questions with regard to our interscholastic athletic program, please feel free to contact the Athletic Office.

Sincerely,

Tom Jeffery  
Athletic Director



# Edison Football Parent Packet



## Mission Statement

Participation in the Edison Football Program will help our students grow, learn and enjoy themselves while they use their personal, physical and intellectual skills. The Edison football program values the lessons that have long been taught by athletic participation:

- the pursuit of excellence through personal development and teamwork,
- ethical and responsible behavior on the field and off,
- adherence to the spirit of rules as well as to their letter,
- leadership and strength of character,
- sportsmanship – respect for one's opponents, acceptance of victory with humility, and acknowledgement of defeat with grace.

While winning is not an end in itself, we believe that the efforts by our student-athletes to be their best will lead them to succeed throughout their lives.

## Keys to Success

Winning football contributes greatly to the amount of enjoyment a participant derives from the game. To maintain a successful program, we all must approach our job with intensity, enthusiasm, and a sense of urgency. We believe the following concepts are paramount to our continued success:

<b>Character</b>	You know the difference between right and wrong so <u>CHOOSE</u> to <b>Do Right</b> . It's right to be honest, on time, coachable, supportive of teammates, give your best effort at all times, be a positive role model, put the team first, etc. People who have great character understand that regardless of circumstances, they must always choose to do right!
<b>Attitude</b>	Attitude is a choice. You choose how you respond to adversity. You choose how you approach life. Your attitude is the most important character trait in determining your success.
<b>Passion to Win</b>	If your passion is strong then there will be no obstacle that will keep you from being a success. You will pursue, persevere, and endure. You will sacrifice and have no excuses.
<b>Purpose</b>	Your purpose is your WHY: the reason why you are pursuing your goals. You need to have clear objectives and be surrounded by those who will help you achieve them.
<b>Mental Toughness</b>	Adversity is something you will face all your life. If we react to setbacks more quickly and positively than our opponents then we will gain a distinct advantage.
<b>Fundamentals</b>	The team that blocks, tackles, protects/handles the ball, executes, and plays with discipline and enthusiasm is going to win games. These are the skills we will emphasize each day.



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## Edison Charger Football Coaching Staff

Head Coach:	Jim Hall	QB-WR/DB	29 years
Assistant Coach:	Jason LaCivita	OL/DL	21 years
Assistant Coach:	Matt Clum	HB/OLB	21 years
Assistant Coach:	Dean Shelley	RB/ILB	21 years
Assistant Coach:	Kyle Cory	OL/DL	7 years
Assistant Coach:	Andy Neuberger	WR/DB	16 years
Volunteer Coach:	Bob Butler	QB/DB	29 years
Volunteer Coach:	Ryan Codeluppi	OL/DL	7 years

\* All our players (9-12) will be coached by these coaches at their positions.



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## Team Rules

**“Discipline is not something you do to someone,  
it is something you do for someone.”**

The following are rules and penalties that will apply to our team. The coaches and players are all after the same goal, to make us a championship football team. Having certain team policies will help us reach that goal. The following is a list of what is expected of you and the consequences that will result in not abiding by the given policies.

### **I. Code of Behavior for Extracurricular Athletics**

Along with the given guidelines for player conduct, if a player commits any act, on or off the football field that reflects poorly on the image of our communities, Edison High School, and the Football program, the player is subject to discipline by the Head Coach.

The consequences of a breach in the Player Code of Conduct will be solely at the discretion of the head coach and may include DRR's, loss of playing time or dismissal from the team.

### **II. Use of Tobacco, Alcohol, or Illegal Drugs**

Any member of the team who receives a school suspension for possession of or use of tobacco, alcohol, or drugs; or is found to be in possession of or using the same off school property by a member of the coaching staff or administration will lose his eligibility for a length of time to be determined by the coaching staff and administrators.

### **III. Academic Requirement**

All participants must meet the eligibility guidelines as outlined by the Ohio High School Athletic Association, and the weekly eligibility requirements established by Edison High School.

Weekly Eligibility:

Lows:	100 yds. DRR's per low
F's:	100 yds. per day for the week of ineligibility.

### **IV. Attendance**

Members of the team are expected to attend all scheduled meetings, practices, and contests. Excused absences will be determined by the Head Coach and must be made in advance unless an emergency prevails.

If you must miss a team function then **YOU** must contact your position coach or Coach Hall.

1 <sup>st</sup> Unexcused Absence:	Make-Up Conditioning
2 <sup>nd</sup> Unexcused Absence:	Make-Up Conditioning + DRR's
3 <sup>rd</sup> Unexcused Absence:	Dismissal from Team.

### **V. Quitting**

Any player that quits or is dismissed from the team after the official start date will forfeit any awards for the season, and will not be permitted to condition or practice with another team until the football season is completed.

**You will not be given a second chance to quit.**



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## **INTERSCHOLASTIC ATHLETICS**

Edison High School is a member of the Sandusky Bay Conference, consisting of the following schools: Clyde, Edison, Huron, Margaretta, Oak Harbor, Perkins, Port Clinton and Sandusky St. Mary's. Regular schedules are established in basketball, football, volleyball, softball, baseball, golf, tennis and soccer. The league also sponsors tournaments in cross country, boys and girls golf, wrestling and track.

### **CODE OF BEHAVIOR FOR EXTRACURRICULAR ACTIVITIES, ATHLETICS AND CLUBS**

Participation in extracurricular activities, athletic programs and clubs at Edison High School is a district privilege and made available to only those students enrolled full-time at Edison High School. The expectation for all participants is to act in a positive manner and to set a good example for all to follow. In order to earn this privilege and keep it, students must obey basic rules, regulations and guidelines. Students not willing to abide by these rules, regulations and guidelines will forfeit their privilege to participate.

#### All participants:

1. Shall not engage in any criminal activity or violation of civil law. Any student charged by any law enforcement agency is obligated to inform their coach/advisor of such charge. Note: Should an incident occur that requires a criminal investigation please be notified that student information including recorded video images that are requested be applicable law enforcement agencies will be provided to these agencies.
2. Shall not use and/or possess tobacco in any form (i.e. cigarettes, cigars, snuff, chewing tobacco, etc.)
3. Shall not sell, distribute, use and/or possess drugs (narcotics, steroids, hallucinogens, intoxicants or counterfeit drugs), controlled substances, alcohol, or other intoxicants at any time. Alcohol representations are also prohibited.
4. Shall behave in a manner which reflects positively on the school and the activity.
5. Student-athletes are responsible for information contained in written or electronic transmissions (e.g., e-mail, text messages, twitter) and any information posted on a public domain or social network (e.g., Internet website, chat room, Facebook, You Tube, MySpace). Inappropriate or embarrassing information or pictures should not be posted in any public domain. Student-athletes are not precluded from participation in such online social network sites; however, student-athletes should be reminded that they serve as representatives of Edison Local Schools. Any individual that is identified on a social networking site which depicts illegal or inappropriate behavior will be considered a violation and is subject to athletic discipline, suspension or expulsion.
6. Shall comply with all additional training rules and other requirements established by the coach/advisor/director of the activity. In addition, students participating in programs that require physicals must have a current physical packet on file in the athletic office prior to actual participation.
7. Students must attend school in order to participate in any extracurricular activity. Students must be in school prior to 9:44 AM the day of an activity. The next school day after an activity, students are expected to be in school. A doctor's medical excuse is the only exception.



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8. Financial obligations resulting from equipment fees, replacement of lost or stolen equipment, and/or unpaid balances from sales projects, must be paid prior to participation in any present or future extracurricular activity, athletic program or club.
9. Students have the responsibility to notify the coach/advisor if they are unable to attend a scheduled activity.
10. Coaches/advisors/directors are responsible for the administration of the programs to which they are assigned. In this capacity they also have the option to make judgments and decisions on items and procedures not specifically designated in these guidelines which they believe are necessary to insure the continued high ideals of the extracurricular activities, clubs and athletic programs of Edison High School. General guidelines apply to the school year with the exception designated to those activities which begin earlier with an official starting date, i.e. fall sports, band, cheerleading, etc.
11. An athlete or cheerleader who quits a team after the first contest (scrimmage, game, etc) may not go out for another sport during the same season or lift or condition with another sport until the original team's regular season is completed.
12. All participants will discipline themselves and display exemplary behavior to much greater degree than non-participants and willingly abide by all established rules, regulations and guidelines.
13. Any student who is denied participation for fighting, tardiness, truancy or any other breaches of school policy forfeit the privilege to practice, play or participate in any scheduled activity during their denial.
14. Any student that violates any of the rules of behavior that are published in the **Charger Guide** will be subject to additional disciplinary action by the appropriate coach/advisor/director and may be denied the privilege to participate.
15. Cheerleading is considered a sport, not an activity.
16. Bus behavior for activity trips:
  - \* Participants are to ride school transportation to and from all activity destinations. Exceptions to this must be followed by the normal school policy, which is a note to the principal for approval a day in advance of the contest. The advisor/coach/director may use his own discretion if asked personally by the participant's parent.
  - \* No walking around on the bus.
  - \* Everyone must be quiet while crossing railroad tracks.
  - \* No food on the bus.
  - \* Behavior at away activities is expected to be of high standard.
  - \* Respect is to be shown for other's school property and equipment.
17. Curfews may be established by coaches/advisors/directors for program participants. All participants must adhere to established curfews.



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## Use or Possession of Drugs/Alcohol

Specific guidelines for participant's use or possession of alcoholic beverages, alcohol representations, use or possession of drugs or counterfeit drugs:

### \*Self-Referral (one time grades 9-12)

If a student or his/her parent/guardian without any prior knowledge of usage by coaches, advisors, directors, police authorities or other school authorities, voluntarily refers himself/herself to an assessment program and follows through with the assessment recommendations there will be NO Denial of Privilege to Participate. Failure to follow through with the assessment program and/or program recommendations will result in the Denial of Privilege to Participate in all extracurricular programs for 90 school days.

### \*First Offense

Any student known to be involved in the use or possession of alcohol or drugs can expect a Denial of Privilege to Participate in all extracurricular activities for a period of 90 school days. If the student agrees to seek an assessment at a recognized treatment facility, follows through with the assessment program and program recommendations, participates in a student-school service program for a period of 30 school days and agrees to meet periodically with a school counselor, the Denial of Privilege to Participate will be reduced to 30 school days. Should the student not perform in accordance with reduction criteria, the 90 school days denial will be enforced beginning with the date the student stopped the reduction criteria.

### \*Second Offense

Any student known to be involved in use or possession of alcohol or drugs for a second time during his/her high school career can expect a Denial of Privilege to Participate for 180 school days. The student will be expected to seek an assessment at a recognized treatment facility, follow through with the assessment program and program recommendations, participate in a student-school service program for a period of 60 days and agree to meet periodically with a school counselor. Failure to adhere to these guidelines will result in the student being denied the privilege to participate an additional 90 school days in any extracurricular activities.

### \*Third Offense

Student is denied the privilege to participate in any extracurricular activities during his/her attendance at Edison High School grades 9-12.

Violations of any extracurricular rule carry over from year to year until the student graduates, permanently leaves, or is no longer eligible to participate. Violations may also mean the forfeiture of certain awards due to non-participation.





## Use or Possession of Tobacco

### \*First Violation

The student will be denied the privilege to participate in the next contest, show, play, activity, meeting and face disciplinary actions as determined by the coach, advisor or director.

### \*Second Violation

The student will be denied the privilege to participate in the next two contests, two shows, drama productions, activities and meetings. The student may also face possible disciplinary actions as determined by the coach, advisor, or director.

### \*Third and Subsequent Violation

The student will be denied the privilege to participate for 90 school days.

Coaches, advisors, and directors are responsible for administering their respective programs. In all cases where a Denial of Privilege to Participate is considered there will be a conference between the coach/advisor/director, and the student. Denials may be appealed to the principal.

Violations of any extracurricular rule carry over from year to year until the student graduates, permanently leaves, or is no longer eligible to participate. Violations may also mean the forfeiture of certain awards due to non-participation.





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## Interscholastic Extracurricular Eligibility

### “Scholastic Eligibility Requirements”

The administration, directors and coaches of Edison High School believe that scholastic endeavor is the most important part of the educational program. Therefore, minimum academic standards shall be established for students participating in extra-curricular activities. This includes, but is not limited to all athletic teams, academic teams, cheerleaders, chargerettes, speech/debate teams and performing groups. Performing groups include stage band, pep band, participants in plays, musicals and other similar groups as determined by the building principal. Students participating in extra-curricular programs shall be required to meet certain academic standards to be eligible to participate in contests, programs or performances.

Students in grades 9-12 participating in interscholastic extracurricular activities including cheerleaders, chargerettes and academic teams, must have received passing grades in a minimum of five, one-credit courses or the equivalent, which count toward graduation, the preceding grading period to maintain eligibility for the next grading period. Additionally, students must maintain a minimum grade point average of 1.0 per grading period.

Students in grades 7-8 must have passed 75 percent of those subjects carried in the preceding grading period and have maintained a minimum of 1.0 grade point average for the same grading period to be eligible to participate in interscholastic extracurricular activities.

In all cases of eligibility the Ohio High School Athletic Association standard will apply.

Student eligibility will be monitored on a weekly basis. Any student receiving a failing grade on the weekly eligibility will be rendered ineligible until the failing grade is raised to passing status. Audit class work will not be considered when tabulating eligibility.

- \* Eligibility lists shall be passed out to all teachers on a weekly basis starting no later than two weeks following the beginning of the school year.
- \* Eligibility will be calculated on an accumulative basis.
- \* If a student drops a class and was at the time passing the class, the student will be eligible immediately. If the student drops a class and at the time was failing the course, the student will be rendered ineligible for an additional two week period.
- \* The principal reserves the right to have discretionary power to waive any of the above regulations if the student is eligible under the OHSAA requirements.

(A waiver form is required to be initiated by the student athlete.)



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## Expectations of Coaches

1. Fair and honest in dealing with players.
  2. Organized and detailed in teaching our system.
  3. Develop sportsmanship and teamwork.
  4. Teach fundamentals - player safety.
  5. Standard of Excellence.
- 

## Expectations of Players

1. Positive Attitude.
  2. **TEAM** first.
  3. Be Coachable and Enthusiastic.
  4. Hustle and Compete.
  5. Great Teammate.
- 

## Expectations of Parents

1. Allow your son to be coached.
2. Be supportive of all players.
3. Go through the proper channels.
4. Be respectful of coaches.
5. **NEVER** approach a coach after a game.



# Edison Football Parent Packet



## Edison Local Schools Communication Guide

### A Presentation of the Department of Athletics

#### Introduction

We are very pleased that your son or daughter has chosen to participate in the Edison Local School District interscholastic athletic program. Our goal is to provide our student-athletes with the most rewarding experience possible. We believe that this goal may not be realized without appropriate lines of communication available to all parties involved. This "Communication Guide" has been developed to help coaches, parents, administrators, and athletes communicate more effectively.

#### Communication You Should Expect From The Coach

- Philosophy of the coach
- Expectations the coach may have for your child and team
- Locations and times of all practices and contests
- Team requirements (attendance, off-season conditioning, fees, equipment, eligibility, etc.)
- Procedure should your child be injured
- Athletic Code of Behavior policy and any additional rules that may affect your child's participation

#### Communication The Coach Expects From Parents And Student-Athletes

- Notification of scheduling conflicts well in advance
- Special needs of the athlete that may not be apparent to the coach
- Concerns expressed directly to the coach first

#### Appropriate Concerns To Discuss With A Coach

- The mental and/or physical treatment of your child
- Concerns about your child's behavior
- Ways to help your child improve

#### Concerns Not Appropriate To Discuss With A Coach

- Playing time/ Position Assignment
- Team strategy/Play calling
- Matters concerning other student-athletes

#### Procedure For Addressing Appropriate Concerns With A Coach

- Encourage your child to address the concern with the head coach
- Contact the head coach to set up an appointment
- If the head coach cannot be reached after a reasonable amount of time, call the Athletic Director. An appointment with the head coach will be arranged for you.
- **Important!** Please **do not** attempt to confront a coach before or after a contest or practice session. These can be emotional times for both the parent and coach. Meetings of this nature do not promote resolution and in fact often escalate the situation.



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## **What If The Meeting With The Coach Did Not Provide A Satisfactory Resolution?**

- Although total agreement may not always be reached, a meeting affords the opportunity for productive discussion and better understanding. If a parent desires further discussion, please call the Athletic Director to set up a meeting.
- The Edison Local School District in conjunction with the Athletic Department follow the chain of command listed below. We ask that you observe the order of this line of communication if you elect to pursue any concern you may have in regard to the athletic program.
  1. Head Coach
  2. Athletic Director
  3. Building Principal
  4. Superintendent
  5. Board of Education

## **Parents' Role In Interscholastic Athletics – Communicating With Your Child**

- Make sure your children know that win or lose, scared or heroic, you love them, appreciate their efforts and are not disappointed in them. This will allow them to do their best without fear of failure. Be the person in their life they can look to for constant positive reinforcement.
- Try your best to be completely honest about your child's athletic ability, competitive attitude, sportsmanship, and actual skill level.
- Be helpful, but don't coach them. It's tough not to, but it is a lot tougher for a child to be flooded with advice and critical instruction.
- Teach your child to enjoy the thrill of competition, to be "out there trying," to be working to improve their skills and attitudes. Help them develop the feeling for competing, for trying hard, for having fun.
- Try not to relive your athletic life through your child in a way that creates pressure. Remember, you were frightened at times and were not always heroic. Your child needs your support. There is a thinking, feeling, sensitive, free spirit in that uniform who needs a lot of understanding, especially when things don't go their way. If they are comfortable with you win or lose, then they are on their way to maximum enjoyment.
- Don't compete with the coaches. If your child is receiving mixed messages from two different authority figures, he or she will likely become confused.
- Don't compare the skill, courage, or attitude of your child with other members of the team.
- Get to know the coach. Then you can be assured that his or her philosophy, attitudes, ethics, and knowledge are such that you are happy to have your child under his or her leadership.
- Always remember that children tend to exaggerate, both when praised and when criticized. Temper your reaction and investigate before overreacting.
- Make a point of understanding courage and the fact that it is relative. Some of us climb mountains and are afraid to fly. Some of us will fly, but yell and scream when a bee approaches. Everyone is frightened in certain areas. Explain that courage is not the absence of fear, but a means of doing something in spite of fear and discomfort.

Ohio High School Athletic Association (n.d.). Parents – Communicating With The Coach. Retrieved January 24, 2007 from <http://www.ohsaa.org?RTG/Resources/fairplay/parents2.htm>

Ohio High School Athletic Association (n.d.). Parents – Communicating With Your Children. Retrieved January 24, 2007 from <http://www.ohsaa.org?RTG/Resources/fairplay/parents1.htm>



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## Sandusky Bay Conference Sportsmanship-Ethics and Integrity Policy

The following are **ACCEPTABLE BEHAVIORS** at an athletic contest in the Sandusky Bay Conference:

- Applauding during introductions
- Cheerleaders leading fans in positive cheers in a positive manner
- Treating the game as a game and not a war
- Applauding the efforts of both teams at game's end
- Showing concern for an injured player regardless of team
- Encouraging, in fact, demanding sportsmanlike behavior from those fans near you
- Departing the game venue in a dignified and ethical manner
- Face painting and spirited costumes when not offensive or suggestive
- Loud positive noise in support of your own team.

The following are **CONSIDERED UNACCEPTABLE BEHAVIORS AND SUBJECT TO SANCTION** ranging from:

1. **WARNINGS**
2. **DISMISSAL**
3. **SUBSEQUENT SUSPENSION FROM ATTENDANCE.**

- Using an opponent's name or number in a cheer or chant.
- Profanity, Taunting, Trash Talking or Heckling.
- Wearing derogatory or offensive attire.
- Standing on seats or excessive bouncing up and down on the bleachers.



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## 2018 Varsity Football Schedule

Tuesday	Aug. 7	Keystone - scrimmage	H	10:00
Saturday	Aug. 11	Colonel Crawford - scrimmage	H	10:00
Friday	Aug. 17	St. Paul – preview	A	6:30
Friday	Aug. 24	Firelands	A	7:00
Friday	Aug. 31	Wynford	H	7:00
Friday	Sept. 7	Western Reserve	H	7:00
Friday	Sept. 14	Norwalk	A	7:00
Friday	Sept. 21	Woodward - Toledo	A	7:00
Friday	Sept. 28	Port Clinton – Homecoming	H	7:00
Friday	Oct. 5	Shelby	A	7:00
Friday	Oct. 12	Oak Harbor	H	7:00
Friday	Oct. 19	Vermilion	H	7:00
Friday	Oct. 26	Huron	A	7:00

## 2018 JV Football Schedule

Saturday	Aug. 25	Firelands	H	11:00
Saturday	Sept. 1	Open		
Saturday	Sept. 8	Huron	H	11:00
Saturday	Sept. 15	Norwalk	H	10:00
Saturday	Sept. 22	Woodward – Toledo	H	10:00
Saturday	Sept. 29	Port Clinton	A	10:00
Saturday	Oct. 6	Shelby	H	10:00
Saturday	Oct. 13	Oak Harbor	A	10:00
Saturday	Oct. 20	Vermilion	A	10:00

## 2018 Freshmen Football Schedule

Saturday	Sept. 8	Huron	H	9:00
Saturday	Sept. 15	Norwalk	H	9:00
Saturday	Sept. 29	Port Clinton	A	9:00
Saturday	Oct. 13	Oak Harbor	A	9:00
Saturday	Oct. 20	Vermilion	A	9:00

## 2017 Sandusky Bay Football Conference

### Lake Division

Bellevue  
Clyde  
Tiffin Columbian  
Norwalk  
Perkins  
Sandusky

### Bay Division

Edison  
Huron  
Oak Harbor  
Port Clinton  
Vermilion

### River Division

Danbury  
Gibsonburg  
Lakota  
Margaretta  
St. Mary's  
St. Joe's  
Tiffin Calvert  
Willard



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## ~ August 2018 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>30</b> Two-a-Day 7:00-1:30 Helmets	<b>31</b> Two-a-Day 7:00-1:30 Helmets	<b>1</b> Two-a-Day 7:00-1:30 Helmets & S.P.	<b>2</b> Two-a-Day 7:00-1:30 Helmets & S.P.	<b>3</b> Two-a-Day 7:00-1:30 Full Equipment <b>Picture Day: 1:10</b>	<b>4</b> Two-a-Day 7:00-1:30
<b>5</b>	<b>6</b> Two-a-Day 7:00-1:30	<b>7</b> <b>Scrim vs. Keystone</b> Home: 10:00-12:00	<b>8</b> Two-a-Day 7:00-1:30	<b>9</b> Two-a-Day 7:00-1:30	<b>10</b> Two-a-Day 7:00-1:30	<b>11</b> <b>Scrimmage vs Colonel Crawford</b> Home: 10:00-12:00
<b>12</b>	<b>13</b> Sr./Jr. – Lift 2:45-3:15 Practice 3:15-5:30	<b>14</b> So./Fr. – Lift 2:45-3:15 Practice 3:15-5:30	<b>15</b> Sr./Jr. – Lift 2:45-3:15 Practice 3:15-5:30	<b>16</b> So./Fr. – Lift 2:45-3:15 Practice 3:15-5:30	<b>17</b> Walk Thru – 8:00-9:00 <b>Scrim. @ St. Paul 6:30</b>	<b>18</b> Team - Mile/Film – 9:00-11:30
<b>19</b>	<b>20</b> <b>Staff Day</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>21</b> <b>Staff Day</b> Sr./Jr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>22</b> <b>1<sup>st</sup> Day of School</b> So./Fr. – Lift 2:55-3:25 Practice 3:30-5:30	<b>23</b> Pre-Game Practice 6-7:30 Team Meal 7:30-8:00	<b>24</b> <b>Varsity</b> <b>At Firelands 7:00</b>	<b>25</b> JV vs. Firelands 11:00 Var. – 9:00 Mile/Lift
<b>26</b>	<b>27</b> So./Fr. – Lift 2:55-3:25 Practice 3:30-5:30	<b>28</b> Sr./Jr. – Lift 2:55-3:25 Practice 3:30-5:30	<b>29</b> So./Fr. – Lift 2:55-3:25 Practice 3:30-5:30	<b>30</b> Pre-Game Practice 6-7:30 Team Meal 7:30-8:00	<b>31</b> <b>Varsity</b> <b>Home vs. Wynford 7:00</b>	

### TWO-A-DAY PRACTICES July 30<sup>st</sup> – August 10<sup>th</sup> (includes Saturdays)

Locker Room Opens by 7:00

7:30-10:00 1<sup>st</sup> Practice

10:00-11:00 Break (bring Food/Drinks – players are to stay)

11:00-1:00 2<sup>nd</sup> Practice

- ☞ Bring change of socks, shirt for 2<sup>nd</sup> practice.
- ☞ Always bring shorts (if practice attire is adjusted to short/shoulder pads)
- ☞ Times may be adjusted.

### IN-SEASON WEEKLY SCHEDULE

**2:50-3:30** Lifting/Film

**3:30-5:40** Practice

Monday Review Scouting Report, Install Game Plan, Conditioning

Tuesday Defensive Emphasis

Wednesday Offensive Emphasis

Thursday Pre-Game Practice 6-7:30, followed by Team Meal.

Friday Game Day

Saturday Varsity 9:00 Mile/Stretch/Lift, JV Game





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## ~ September 2018 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b> Open Varsity – 9:00 Mile/Lift
<b>2</b>	<b>3</b> <b>Labor Day</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>4</b> <b>Prof. Development</b> <b>No School</b> Sr./Jr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>5</b> So./Fr. – Lift 2:55-3:25 Practice 3:30-5:30	<b>6</b> Pre-Game Practice 6-7:30 Team Meal 7:30-8:00	<b>7</b> <b>Varsity</b> <b>Home vs. Western R.</b> <b>7:00</b>	<b>8</b> Fr. @ Huron 9:00 JV @ Huron 11:00 Varsity – 9:00 Mile/Lift
<b>9</b>	<b>10</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>11</b> Sr./Jr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>12</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>13</b> Pre-Game Practice 6-7:30 Team Meal 7:30-8:00	<b>14</b> <b>Varsity</b> <b>At Norwalk 7:00</b>	<b>15</b> Fr. vs. Norwalk. 9:00 JV vs. Norwalk 11:00 Varsity – 9:00 Mile/Lift
<b>16</b>	<b>17</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>18</b> Sr./Jr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>19</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>20</b> Pre-Game Practice 6-7:30 Team Meal 7:30-8:00	<b>21</b> <b>Varsity</b> <b>At Toledo Woodward</b> <b>7:00</b>	<b>22</b> JV vs. Toledo Woodward 10:00 Varsity – 9:00 Mile/Lift
<b>23</b>	<b>24</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>25</b> Sr./Jr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>26</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>27</b> Pre-Game Practice 6-7:30 Team Meal 7:30-8:00	<b>28</b> <b>Varsity</b> <b>Home vs. Port Clinton</b> <b>7:00</b> <b>Homecoming</b>	<b>29</b> Fr. @ Port Clinton 9:00 JV @ Port Clinton 11:00 Varsity – 9:00 Mile/Lift
<b>30</b>						



# Edison Football Parent Packet



## ~ October 2018 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>2</b> Sr./Jr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>3</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>4</b> Pre-Game Practice 6-7:30 Team Meal 7:30-8:00	<b>5</b> <b>Varsity</b> <b>At Shelby 7:00</b>	<b>6</b> JV vs. Shelby – 10:00 Varsity – 9:00 Mile/Lift
<b>7</b>	<b>8</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>9</b> Sr./Jr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>10</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>11</b> Pre-Game Practice 6-7:30 Team Meal 7:30-8:00	<b>12</b> <b>No School</b> <b>Walk-Thru 9:00-10:00</b> <b>Varsity</b> <b>Home vs. Oak Harbor</b> <b>7:00</b>	<b>13</b> Fr. @ Oak Harbor 9:00 JV @ Oak Harbor 11:00 Varsity – 9:00 Mile/Lift
<b>14</b>	<b>15</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30 <i><b>Breast Cancer</b></i> <i><b>Awareness Week</b></i>	<b>16</b> Sr./Jr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>17</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>18</b> Pre-Game Practice 6-7:30 Team Meal 7:30-8:00	<b>19</b> <b>Varsity</b> <b>Home vs. Vermilion</b> <b>7:00</b> <i><b>Breast Cancer</b></i> <i><b>Awareness Game</b></i>	<b>20</b> JV @ Vermilion 10:00 Varsity – 9:00 Mile/Lift
<b>21</b>	<b>22</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>23</b> Sr./Jr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>24</b> So./Fr. – Lift 2:45-3:15 Practice 3:30-5:30	<b>25</b> Pre-Game Practice 6-7:30 Team Meal 7:30-8:00	<b>26</b> <b>Varsity</b> <b>At Huron 7:00</b>	<b>27</b> Varsity – 9:00 Mile/Lift
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			



# Edison Football Parent Packet



## Game Day Procedures

- Game Jerseys are to be worn to school with Kaki Pants/Shorts. No 'extras'.
  - After school – rest, prepare mentally, eat a nutritious meal.
  - Arrive on time – times will be announced. (10-15 minutes early)
  - Game Attire:
    - Any clothing that can be seen under your uniform must be a complementary color.
    - Limit yourself to NECESSARY equipment.
    - Eye Black, digit taping, equipment decorating is not necessary!
    - Wristbands, Eye Shields must follow OHSAA guidelines.
    - Spatting – Black, white, orange or blue.
    - Socks: TEAM decision.
- 

## Breast Cancer Awareness Game

For those wishing to participate, we will be showing our concern for raising breast cancer awareness during our with Vermilion on October 19<sup>th</sup>. Players wishing to participate will be asked to make a donation to breast cancer awareness and then may wear pink accessories with their uniforms.

This is the only game we will allow players to wear pink as part of our uniform, so we hope all our players are willing to take part.

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## Absences and Participation in Extra-Curricular Activities

Students must attend school at least half-day in order to participate in extra-curricular activities after school or that night. **Students coming in late to school must report to the office PRIOR to 9:44 am in order to be eligible to participate.** Students who leave school after 9:44am because of illness may not participate after school unless a doctor's note is presented to the coach/advisor OR prior approval has been given through the office.



# Edison Football Parent Packet



## Athletic Training Services

The Edison Athletic Department has a contract with Firelands Hospital for athletic training services. As a result, our athletes will have the opportunity to receive the benefits of a certified trainer at no cost to the families of our athletes. The trainers will evaluate and care for our athletes as well as provide treatments and/or recommendations treatments for injuries that have occurred.

Trainer Rob Kunisch will be providing athletic training services for our players.

Two-A-Days: 7am – 2pm

In Season: 2:30-6:00

Game Coverage

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## Emergency Plan

### Player Injury:

In the event of an emergency at a practice or game, if a family member is not available, a member of the coaching staff will accompany the individual to the hospital. Efforts will be made at all times to notify the parents/guardians BEFORE any such action is taken.

### Weather Emergency:

In case of any inclement weather, players will be sheltered in the football field house. We will follow the guidelines of the OHSAA for any lightning sightings.

### External Threat:

In a case of external threat the players will be sheltered in the football field house.



# Edison Football Parent Packet



## Player Equipment

- I. All Players will be issued the following equipment. This equipment must be returned at the conclusion of the season. All our equipment is reconditioned and NOCSAE approved.
- ⦿ Helmet
  - ⦿ Shoulder Pads
  - ⦿ Practice Pants
  - ⦿ Knee Pads
  - ⦿ Home and Away Game Jerseys
  - ⦿ Game Pants
- II. Items that must be purchased **if needed**:
- ⦿ Practice Jersey
  - ⦿ Girdle
  - ⦿ Mesh Travel Bag
  - ⦿ Belt
- III. Additional equipment may be issued and also must be returned.
- ⦿ Shoulder Shocks
  - ⦿ Cowboy Collars
  - ⦿ Hip/Butt Pads
  - ⦿ Rib Pads
  - ⦿ Thigh Pads
- IV. Football Cleats must be white, black, orange or blue.



# Edison Football Parent Packet



## End of Season Banquet

It has become necessary to limit student-athletes' donations for coaches gifts to \$10, although a suggested amount would be \$5. This money should be used solely for coaches' gifts. In no instance should this money be used to purchase gifts for student-athletes. If gifts for student-athletes are going to be purchased they should be purchased using private money. In addition, if these gifts are going to be handed out at the awards banquet they must be pre-approved by either the Athletic Director or Principal. Thank You!

**The student-athlete must be in attendance at the end of the season banquet** or forfeit any awards they are to receive. Any excuses for not attending are to be discussed with the Head Coach or Athletic Director prior to the banquet.

*Keep in mind – the coach will have final say in all matters pertaining to their teams.*

Varsity Letter: Play in 20 Varsity Game Quarters (coaches discretion)

JV Letter: Play in 18 Junior Varsity Game Quarters (coaches discretion)

Participation Award: Complete the season but do not accumulate necessary qtrs.

Dan Fowler Pride Award

Senior Awards:



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## Locker Decoration Guidelines

Please follow the following guidelines when decorating student lockers:

NO SCOTCH OR DUCT TAPE – use masking tape only!

No Stickers attached directly to lockers.

No Balloons

No food/candy on outside of lockers.

No puffy paint.

No glitter or confetti that would leave a mess on the floors.



## WARNING

**“IMPROPER USE OF ANABOLIC STEROIDS  
MAY CAUSE SERIOUS OR FATAL HEALTH  
PROBLEMS, SUCH AS HEART DISEASE,  
STROKE, CANCER, GROTH DEFORMITIES,  
INFERTILITY, PERSONALITY CHANGES,  
SEVERE ACNE, AND BALDNESS.**

**POSSESSION, SALE, OR USE OF ANBOLIC  
STERIODS WITHOUT A VALID PRESCRIPTION  
IS A CRIME PUNISHABLE BY A FINE AND  
IMPRISONMENT.”**

Sections 3313.752, 3345.41 and 3707.50, Ohio Revised Code.





# Edison Football Parent Packet



## Acknowledgement of Rules

We have read the material contained in this sports information packet. I give my permission for my son to participate. We will cooperate with the coaching staff in the rules governing the student athlete.

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Parent / Guardian

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Student-Athlete

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Date

THIS FORM MUST BE SIGNED AND RETURNED TO YOUR COACH