

Island Foods

WINTER WONDER

deals!

look for great deals throughout the store!



Great Valu Markets

Visit us at www.islandfoodsgreatvalu.com

Our Butchers Cut Fresh Beef & Pork Daily



4.99 lb.

**Boneless
Shoulder
Roast**

USDA Choice Beef



5 lb. box

Easy To Peel

**Seedless
Clementines**

6.99



Fresh Leafy
**Collard Greens
Or Kale**

.99 lb.



2.79 lb.

**Amick Farms
Boneless
Chicken Thighs**



6.99

**Smithfield Marinated
Pork Tenderloins**
Selected Varieties - 18.4 oz. pkg.



9.25-13.24 oz. pkg.
Selected Varieties

**Taylor Farms
Salad Kits**

2.99

EASY MEAL solutions!



**75% Lean
Ground Beef**
Fresh

2.99 lb.



**Perdue
Ground Chicken**
Fresh, Grade A - 16 oz. pkg.

2.99



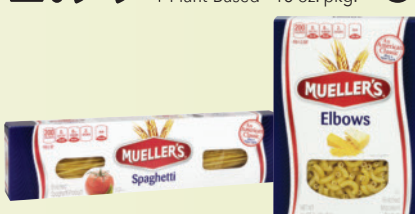
**The Beyond Beef
Ground Meat**
Plant-Based - 16 oz. pkg.

6.99



**Ragu
Pasta Sauce**
Selected Varieties - 16-24 oz. jars

2/\$5



Mueller's Pasta
Selected Varieties
12-16 oz. boxes

4/\$5



Quaker Cereal
15.4-20 oz. Cap'n Crunch
Or 18 oz. Life

2/\$7



**Welch's
Concord Grape Jelly
Or Jam**
30 oz. jars Or 20 oz. squeeze btls.

2/\$5

**Progresso
Vegetable Classics
Soups**

Selected Varieties - 18-19 oz. cans
**Essential Everyday
Saltine Crackers**
Salted Or Unsalted - 16 oz. boxes

2/\$3



**Starkist
Chunk Light
Tuna**
In Water Or Oil
5 oz. can

10/\$10

**Dunkin' Donuts
Whole Bean Or
Ground Coffee
Or K-Cups**

Selected Varieties
11-12 oz. bag Or 10 ct. pkg.
**1850 Ground,
Whole Bean Or
K-Cups Coffee**
Selected Varieties
12 oz. bag Or
10 ct. pkg.

5.99



**Campbell's
Red & White
Condensed
Soup**
Selected Varieties
10.5-11.25 oz. cans

4/\$5



**Maxwell House
Ground Coffee**
Selected Varieties
24.5-30.6 oz. ctn.

4.99

**Tropicana
Pure Premium
Or Trop 50
Orange Juice**

Selected Varieties
Or Red Grapefruit
52 oz. btls.



2/\$6

**Tropicana Essentials
Probiotics Juice**
Selected Varieties
32 oz. btls.



**Essential Everyday
Almondmilk**
Selected Varieties
64 oz. ctns.

2/\$5



**Turkey Hill
Drinks**
Selected Varieties
64 oz. btls.

2/\$3



**Yoplait
Yogurt**
Selected Varieties
4-6 oz. cups

10/\$5



**Turkey Hill
Ice Cream**
Selected Varieties,
All Natural Not Included
48 oz. ctns.

2/\$6



**Essential Everyday
Waffles**
Selected Varieties
10 ct. 12.3 oz. boxes

2/\$3



**Lean Cuisine
Bowls**
Selected Varieties
11-12.5 oz. pkgs.

4/\$10



**Stouffer's
Homestyle
Dinners**
Selected Varieties
14-20 oz. boxes

4/\$10

PRICES GOOD JANUARY 13 - JANUARY 19, 2021

BUY 4 PARTICIPATING
GENERAL MILLS ITEMS,
SAVE \$2



See Store
For Additional
Selected
Varieties

**General Mills
Cereal**
8.9 oz. Cheerios Or
10.8 oz. Honey Nut Cheerios

**2 FOR
\$6**



**Pillsbury
Crescents Or
Cinnamon Rolls**
Selected Varieties
8-13 oz. tubes



**Pillsbury
Toaster Strudel
Or Scrambles**
Selected Varieties
7.2-11.7 oz. pkgs.

**2 FOR
\$4**



**Betty Crocker Or
Mott's Fruit Snacks**
Selected Varieties Gushers,
Fruit By The Foot
Or Roll Ups
4.5-8 oz. boxes

**2 FOR
\$5**



**Progresso
Traditional,
Rich & Hearty
Or Light Soups**
Selected Varieties
18-19 oz. cans

**2 FOR
\$4**



**General Mills
Treat Bars**
Selected Varieties
6.8 oz. pkgs.

**2 FOR
\$5**



**Nature Valley Or
Fiber One
Granola Bars**
Selected Varieties
4.10-8.94 oz. boxes

**2 FOR
\$5**



**Betty Crocker
Hamburger, Tuna Or
Chicken Helpers**
Selected Varieties
4.7-7.6 oz. boxes

**3 FOR
\$5**

© General Mills MSO-13430

**SCAN and GO! Use the Great Valu APP
and scan your barcode at checkout
to receive these EXTRA Savings.**

BUY 4 PARTICIPATING
GENERAL MILLS ITEMS,
SAVE \$2

Participating items include: General Mills cereals Honey Nut Cheerios 10.8oz, Cinnamon Toast Crunch 12oz, Cheerios 8.9oz, Lucky Charms 10.5oz, Reese's Peanut Butter Puffs 11.5oz, Nature Valley and Fiber One Bars 5.3-8.94oz, Betty CockerFruit Snacks 4.5-8oz, Treat Bars 6.8oz, Helpers 5-7.6oz, Progresso Traditional, Rich & Hearty, Reduced Sodium & Light Soups 18-19oz, Pillsbury Crescent and Sweet Rolls 8-13.9oz, Pillsbury Toaster Strudel and Scrambles 7.2-11.7oz.

Cheerios™ can help lower cholesterol* as part of a heart healthy diet. Three grams of soluble fiber daily from whole grain oat foods, like Cheerios Cereal, in a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. Cheerios provides 1 gram per serving.

WHEN YOU USE OUR GREAT VALU APP

PRODUCE

 Minneola Tangelos, Navel Or Cara Cara Oranges Fancy .99 each	 Wild Twist Apples Crisp - 2 lb. pouch 2.99	 Tropical Ripe Mangoes Sweet & Juicy 4/\$5	 Tri Color Peppers Great For Stir Fry 3 ct. pkg. 4.99
 Green Giant Baby Cut Carrots 1 lb. bag 1.29	 Green Giant Baby Bella Mushrooms Whole Or Sliced - 8 oz. pkg. 1.99	 Wholly Guacamole Minis Selected Varieties - 4 ct, 2 oz. cups 3.49	 Bolthouse Farms Drinks Selected Varieties - 15.2 oz. btls. 2/\$5

SNACKS

 Lay's XL Potato Chips Selected Varieties - 5-8 oz. bags 2/\$4	 Frito Lay's Kettle Cooked Potato Chips Selected Varieties - 6.5-8 oz. bags 2/\$4	 Nabisco Family Size! Oreo Cookies Or Thins Selected Varieties - 12.2-20 oz. pkg. 3.99	 Nabisco Family Size! Ritz Crackers Regular, Fresh Stacks Or Whole Wheat 17.8-20.5 oz. box 3.99
 Cheez-it Crackers Original Or White Cheddar 7 oz. boxes 2/\$5	 Tastykake Pies, Cookies, Donuts Or Pecan Swirls Selected Varieties - 2-6 oz. pkgs. 5/\$10	 Keebler Sandwich Cracker Packs Selected Varieties - 11 oz. pkgs. 2/\$5	 Little Debbie Mini Donuts Selected Varieties 7.74-10.5 oz. pkgs. 2/\$4
 Martin's Old Fashioned Real Butter Bread 18 oz. loaves 2/\$5			

 Kashi Cereal 13.1 oz. Original Go Rise Or 14 oz. Honey Almond Flax Crunch 2/\$8	 Stok Cold Brew Coffee Unsweetened 48 oz. btls. 2/\$9	 Califia Farms Almondmilk Selected Varieties 48 oz. btl. 3.49	 Califia Farms Almond Or Coconut Creamer Selected Varieties 32 oz. ctn. 4.99	 Celestial Seasonings Teas Selected Varieties 18-20 ct. pkgs. 2/\$6
 Bear Naked Cereal Selected Varieties 11-12 oz. pkgs. 2/\$8	 Kodiak Cakes Instant Oatmeal Selected Varieties 10.58 oz. boxes 2/\$9	 Blue Diamond Almond Breeze Yogurt Cups Vanilla With Chocolate Flavored Almonds and Dark Chocolate Chips 5.3 oz. cup 2/\$3	 Planet Oat Oatmilk Original, Vanilla Or Extra Creamy 52 oz. ctns. 2/\$6	 Swanson Crafted Or Organic Broth Or Stock Selected Varieties 32-48 oz. ctn. 2.99

 Fanta Or Minute Maid Drinks Selected Varieties - 2 ltr. btls. 5/\$5	 Barefoot Family Wines Assorted Varieties - 750 ml. btl. 7.49	 Budweiser Or Bud Light Beer 24 pk. 12 oz. cans 21.99
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FREE ITEM THIS WEEK!

HAMBURGER HELPER
Selected Varieties, 4.7 - 9.2 oz.

It's EASY to get a FREE ITEM every week! Just download the **Great Valu app** Check your email on SATURDAY, January 16th, and download your digital coupon. It's THAT EASY!

Visit us on the web www.greatvalu.com	 6277 Cleveland Street, Chincoteague, VA PHONE: 757-336-5829	PRICES GOOD JAN. 13 - JAN. 19 STORE HOURS: Everyday 7:30 am - 9 pm We Reserve The Right To Limit Quantities. No Sales To Dealers. No MVP Card Required.
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