Lompoc Senior Health Expo



Friday
May 18, 2018
9 a.m. – Noon

Dick DeWees
Community & Senior Center
1120 West Ocean Ave., Lompoc

FREE

For information call 805-875-8098
or visit city website.

For Your Enjoyment

Kiwanis BBQ Lunch, Door Prizes, Entertainment and Cooking Demo

For Your Health

Cholesterol & Blood Sugar Check (fasting required), Blood Pressure Check, Skin Cancer Screening, Vision Check, Bone Density Check

For Your Information

Community Resources, Medicare Information, Fraud & Scam Prevention, Fall Prevention, Alzheimer's Disease & Dementia, Diabetes Info, Advance Directives

Free Transportation provided by COLT.
See schedule on website.






Sponsors

Area Agency on Aging | San Luis Obispo and Santa Barbara Counties

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MERIDIAN SENIOR LIVING

LOMPOC VALLEY MEDICAL CENTER
Lompoc Healthcare District

GENERATIONS HEALTHCARE
Lompoc Skilled Nursing & Rehabilitation Center

CITY OF LOMPOC RECREATION DIVISION
Creating Community Through People, Parks and Programs

Dignity Health

Santa Barbara County Promotores Network

Assisted
Hands to Help, Hearts to Care®

Lompoc Senior Health Expo



EXPOSICIÓN de la SALUD de las Personas Mayores en LOMPOC

Viernes

18 de Mayo, 2018

9 a.m. – Mediodía

Dick DeWees
Community & Senior Center
1120 West Ocean Ave., Lompoc

Gratis

Para más información llame
805-875-8098 o visite el sitio web
de la ciudad.

Para su Deleite

Almuerzo Kiwanis BBQ, Premios, Entretenimiento y Demostraciones de Cocina

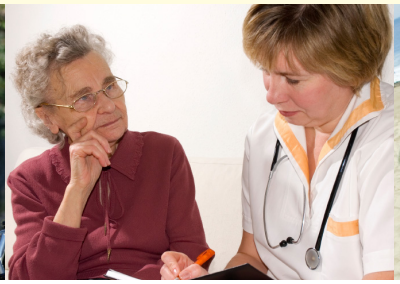
Para su Salud

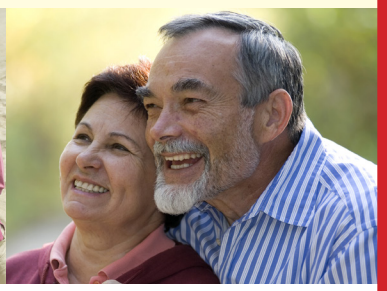
Análisis del Colesterol y Azúcar en la Sangre (ayuno requerido), Chequeo de la Presión Arterial, Evaluación de Cáncer de Piel, Examen de Visión, Control de la densidad ósea.

Para su Información

Recursos de la comunidad, información de Medicare, prevención de fraude y estafa, prevención de caídas, la enfermedad de Alzheimer y Demencia, información sobre Diabetes, Disposiciones anticipadas (Testamento biológico).

Transporte gratuito proporcionado por COLT.
Ver horario.



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